



January 2009

Two days of Valentine Loops, Butterflies, and a Sprint!

—Leif Lundquist

Join us at Ironwood on February 14 and 15 for a Tucson Orienteering Club weekend in Tucson's busiest month (Gem Show, golf tournament, rodeo, and.....two days of ORIENTEERING!

Bring a picnic and enjoy the Sonoran desert just west of Tucson. We will use the new Ironwood map and there will be three events featuring **e-punching**, which will allow us to provide results in real time, including splits (times between controls). At the beginning of each day there will be an Orienteering clinic covering orienteering basics, maps, compass use, and with special attention given to the use of SI-cards for e-punching. They're very easy to use, and there will also be several experienced users to ask.

We kick off Saturday—the 97th birthday of the Valentine State—with a set of single loop Classic courses: Red (7 km), Green (5 km), Orange (4 km), Yellow (3 km), White (2 km). Sunday morning we'll have the same course colors, but shorter and on a different part of the map. The layout Sunday morning will be several loops in a butterfly configuration, where you will visit the same hub-nexus-nest control many times coming from different directions. By popular request, the final run on Sunday will be a Sprint giving aficionados a chance to pick up national Sprint points.

Maps: Pre-printed for each course, 1:10,000 for the Classic courses and 1:5,000 for the Sprint.

Ludwig Hill's new map of Ironwood is very good, but with its many dry stream beds the open flat desert areas present a unique and enjoyable challenge.

Registration: Generally directly on-site, but you can speed up the process and help the meet directors by sending an e-mail including your name, selected courses, SI-card number if you have your own, age (this year), and gender (W, M) to barb.bryant@gmail.com by noon on Wednesday February 11th. (Please also include number of available seats in your car or request for a ride, and home/pickup/dropoff address.) On arrival, please check in at the registration desk and pay the appropriate fees.

Notifying us ahead of time by e-mail speeds the on-site registration process and helps us in printing the right number of maps.

Directions: From the frontage road along I-10 (Exit 257 is closed due to construction) drive west on Speedway Blvd. After approximately 5 miles Speedway Blvd. becomes Gates Pass Rd. Continue another 5 miles through Gates Pass until reaching the T-intersection with Kinney Rd. Turn left on Kinney Rd. and drive south 1.5 miles until reaching the entrance gate to the Ironwood Picnic Area on the right. Follow the orienteering signs to the event registration area. The trip time from I-10 and Speedway Blvd. to the event site is about 30 minutes.

Parking: Only in designated areas. Space is limited, so please car pool as much as possible. (See note above under "Registration.")

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Notice the new URL for our Club website.
It has been changed to:
<http://www.tucsonorienteeringclub.org>



February 14-15, 2009
Ironwood Park
Course Setter: Leif Lunquist
Meet Director: Luis Family

February 23, 2009
Newsletter deadline. See
info on page 2.

March 14-15, 2009
Slavin Gulch--Arizona
State Championships
Course Setter: Mark Parsons
Meet Director: Needed

March 22, 2009
Ironwood Training Event
Course Setter: Ludwig Hill
Meet Director: Ludwig Hill

April 19, 2009
Box Canyon
Course Setter: Ludwig Hill
Meet Director: Needed

May 16-17, 2009
Mogollon Rim ROGAINE
Course Setter: John Maier
Meet Director: Needed

June 20, 2009 (Saturday)
Lincoln Park Night-O and
Annual General Meeting

(See proposed schedule for
July 2009-June 2010 on page 2.)

*Have you noticed how many
meets "Needed" is directing?
Wouldn't you like to see your name
there instead?*

YOU are needed!

Meets are usually held the third
Sunday of each month. Pick the month
that you would prefer and volunteer to
set some courses or direct a meet.

Experienced course setters and
meet directors are happy to mentor you
if you are nervous about volunteering
for the first time. Just call Jim Stamm
at 575-0830 to volunteer.

Officers and Board 2008-2009

President	Peg Davis pegdavis@u.arizona.edu 628-8985
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Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: loiskim1@cox.net

US mail: 10633 E. Mary Stephey Place
Tucson, Arizona 85747.

Lois Kimminau, Editor

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Fees per day: Members \$7 per individual, \$10 per team for members of any recognized orienteering club. Non-members: \$12 per individual and \$17 per team. \$2 discount on Sunday if you also participated on Saturday. SI-card rental: \$1. Compass rental: \$1. Safety whistles to keep: \$1. Every person, regardless of course, will be required to carry some type of safety whistle.

Schedule, Saturday:

9:15 a.m. Orienteering clinic starts.

9:30 a.m. Registration opens.

10:00 a.m. Courses open.

12:00 noon Last start.

2:00 p.m. Courses close.

All runners must return to Start/Finish by 2 p.m.

2:00 p.m. Control retrieval begins—Please volunteer with the meet director!

Schedule, Sunday (notice changes from Saturday):

Classic

9:00 a.m. Orienteering clinic starts.

9:00 a.m. Registration opens.

9:30 a.m. Classic courses open.

11:00 a.m. Last Classic start.

1:00 p.m. Classic courses close. *All Classic runners must return to Start/Finish by 1 p.m.*

Sprint

To make the Sprint more exciting, we'll assign starts every minute.

1:00 p.m. Sprint registration opens—get your start time!

2:00 p.m. Registration for Sprint closes

2:00 p.m. Sprint course opens.

4:00 p.m. Sprint course closes. *All Sprint runners must return to Start/Finish by 4 p.m.*

4:00 p.m. Control retrieval begins—Please volunteer with the meet director!

Check-In: To insure that all are safe, every runner, whether finished with the course or not, must check in at the Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. For Orienteering clinic start times, see above.

Route choice reviews: Orienteers love to talk about alternate routes and their advantages and disadvantages. If you would like to discuss your choices, there will be advanced orienteers available near the Start/Finish area.

Hiking: Group hiking trips arranged upon request for Friday, Monday, or Tuesday. Contact Barb.

Other questions: Please contact the meet directors.

Saturday/overall: Cristina Luis at (520) 400-3719 or cristina.luis@gmail.com.

Sunday: Barb Bryant at (617) 661-9579 or barb.bryant@gmail.com

Calendar, Continued from Page 1

July 19, 2009

Bear Wallow

August 16, 2010

Palisades

September 20, 2009

Potato Patch U-Set-It

October 18, 2009

Italian Trap

November 15, 2009

Catalina State Park

December 20, 2009

Cat Mountain

January 10, 17, or 24, 2010

(depending on Anza-Borrego meet), Ironwood

February 21, 2010

Empire Ranch (mini-rogaine with Jeff Berringer)

March 21, 2010

Down Route 83

April 18, 2010

Slavin Gulch

May 16, 2010

Chimney Rock

June 20, 2010

White Mountains

Pick one of these dates, and let an officer know you'd like to set or direct. You'll be a hero!

Volunteer!

(Please?)

A Club Worth Imitating!

This exchange was on the USOF clubnet listserv. Though the info concerns BAOC, there are generalizations to be drawn that might give perspective on how clubs get things done.

Alex Finch wrote: BAOC produced 33 days of events last year using e-punch (out of a total of 44 days worth of events): 6 days of A meets (2 sprint, 2 middle, 2 long, plus a trail-o), 5 days of Ski-O, 10 days of B meets, 23 days of C meets (sprints, juniors, NOD, a goat, a bike-o, a night-o, etc.)

Jim Huggins wrote: Please help me get this straight. You offered some sort of O activity for 44 days in one year? If that is what you are doing - that has got to be a record - as well as being absolutely fantastic. Maybe I misunderstand your message. If so - forgive. If I understand you - you and yours deserve some sort of major recognition.

Following from Brad, BAOC Event Coordinator:

Just a couple comments. It is a group effort. We are fortunate to have a fairly large pool of volunteers, plus there were 2-3 area event coordinators that help the primary event coordinator keep the schedule full. (Basically, this means rounding up volunteers and coordinating with the parks for open weekends. Sometimes the job does itself, sometimes it's herding cats.)

As I've repeated often, without our volunteers, we won't have much to offer as a club. If everyone looks to/waits for someone else to do it, we won't have much to do.

We encourage everyone capable of running an advanced course to set at least once per year. Those that can't CS should help by Event Directing. We try to provide Co-ED/Co-CS or assign mentors for first-timers, so that their first attempt isn't quite so intimidating.

Of course, there are so many others giving a lot in other areas:

Epunch, equipment, membership, registration, etc. There are some members that just take, but we have a lot that give and give.

Some go the extra 1.6 km (mile) or two. Take our COOL (juniors) league now in its second year. Jay Hann has done a great job of offering additional events and finding staffing. Tony Pinkham has made a weeklong Ski-O festival a regular part of our schedule. Rex Winterbottom finds time to ED or CS multiple events over the year. And I have the utmost respect for anyone who puts on a multiday A meet. We had two last year, we hope for two this year. There's just so many people that could be listed here.

Anyway, I was also a relatively new member to the club when I agreed to help out as Event Coordinator. The thing that impressed me most was how many different people took the time to give back to the sport and club they seem to love so much.

The one bad thing about having a lot of events during the year, is that if you want to put on a new event, there's not many weekends to choose from. I thought about having my Holiday Lights Orienteering (Street-O) the weekend *AFTER* Christmas.

Ultimately, that's a good position for a club to be in! :)

In my opinion, the energy of a thriving club makes it be something people want to be a part of. And it starts with having events.

Brad

Bay Area Orienteering Club

P.S. DVOA (East Coast) also has a large number of events. I think they are more active than we.

Anza-Borrego, January 2009

—Peg Davis

San Diego Orienteering Club held their annual event at Anza-Borrego State Park on January 17 and 18. A dozen Arizona orienteers made the pilgrimage west of the Salton Sea to run the dunes and cliffs. Tucsonans nabbed four of the top five spots on the Green course, and five of the top nine spots on the Maze-O. Complete results can be found at <http://sandiegoorienteering.org/results.asp>.

The weather could not have been more perfect, the terrain is stark and striking, and we got a chance to relax and enjoy the labors of the San Diego club. Yes, we went to another state for an opportunity to socialize with each other.

Orienteering two days in a row is a chance to build skills. Too often, what we learn on a course one day is forgotten by the next time we orienteer at our local meets. Multiday meets provide the opportunity to reinforce that learning and practice new skills. Therefore, we should all be geniuses after the multi-day events in February and March, eh?

GPHXO Events

The Greater Phoenix Orienteering Club will be holding a two-hour Score-O event on Sunday, February 8, 2009, at the Bomboy Mine area, east of Phoenix. There will be large number of controls scattered over several square kilometers of desert terrain, including some very easy ones for beginners.

A March meet is planned at First Water.

They will also be sponsoring a Land Navigation Class on April 9 and 11.

For more information about the Phoenix club and their events, see their website at: <http://www.gphxo.org>.

Results from the January 25th meet at Arthur Pack Regional Park will appear in the March issue of the newsletter. It was held later than normal, which made it too close to the newsletter deadline.

E-mail Discussion Group

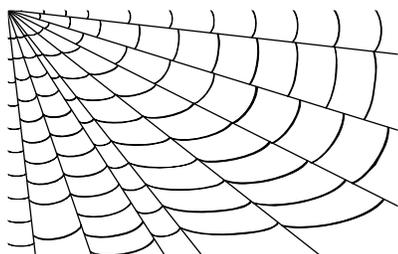
Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages. To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

**Three events in two days!
Join us February 14 & 15
for lots of fun.**



Check out the Tucson Orienteering Club web site!

Type **<http://www.tucsonorienteeringclub.org>**

Also, for links to all the West Coast club sites,

just type **http://www.geocities.com/o_sconet**

For the Rolling Rankings of the United States Orienteering Federation (USOF), go to **<http://www.usof-rankings.org/>**, or for the US Orienteering Sprint Series, <http://www.sprintseries.org>.

Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

Check one: Individual (\$10)

Household (\$15)

Name:

Telephone:

Address:

City, State, Zip:

E-mail:

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.