



July 2008

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## Score-O at Palisades

—Ludwig Hill

On Sunday, July 20, we will be holding a Score-O at the Palisades area on Mount Lemmon. This Score-O is designed with all skill levels in mind and features a very simple scoring method: You will be given a 1:10,000-scale, 40-ft. contour map with pre-printed control locations. Your score will be determined from your finishing time for finding the requisite number of controls in your category. Your category will be based on how many controls you visit: 5 controls, 10 controls, 15 controls, 20 controls, or all 25 controls. Control difficulty will range from beginning level to advanced. You will be allowed up to a maximum of three hours, or until course closing, whichever occurs first, to complete the category course of your choice.

Bring your friends. This is a great opportunity to try out new orienteering techniques or introduce someone to this fun sport at elevations (7300 to 8000 feet), where the temperatures are expected to be 20 degrees cooler than Tucson.

The meet directors are Pete and Judy Cowgill. They are looking for helpers for registration, timing, and control retrieval (you will still be able to do a course). If you can help, please email them at [petecowgill\(at\)aol\(dot\)com](mailto:petecowgill(at)aol(dot)com).

**Directions:** Take Catalina Highway about 20 miles to Organization Ridge Road (just before the Palisades Visitor Center). Turn left and follow the O signs to the event site.

**Fees:** \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

**Schedule:**

8:30 a.m. Registration opens. Beginners' clinic starts.

9:00 a.m. Courses open.

11:00 a.m. Last time to start a course.

12 noon-1:00 p.m. Route choice reviews.

1:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 1 p.m. with the meet director.

**Check-In:** To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:15 a.m. and 8:30 a.m.

**Route Choice Reviews:** Between 12 and 1 p.m., an advanced orienteer will be available near the Start/Finish area to discuss route choices with returning participants.

**Street-O**  
**Sunday, June 29**  
**See Page 2.**  
**Yes, we mean**  
**June 29, not July.**  
**Late notice, but**  
**you can make it.**

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## Street-O on Sunday July 29, 2008

—Peg Davis

Let's try a Street-O. This will be a Score-O held in a central Tucson residential neighborhood. The map will be an aerial photograph assembled by Ludwig Hill from 12 orthophoto tiles available on the Pima County website. No controls are hung; you will answer a question about the control site on your control card instead of punching. All locations will be easily visible from public property. Your responsibility: stay off private property and watch out for cars.

Since you won't be battling hostile vegetation or wild animals, feel free to dress lightly. I'm hoping the early hours will keep orienteers from overheating. No water will be on the course, so bring a bottle or your high tech hydration system.

Why should the Tucson Orienteering Club experiment with a Street-O?

1. We're creative people who just can't resist a new format.
2. An incredibly easy-to-reach site.
3. New areas for courses without intensive map development.
4. Greatly lowered demand for volunteers—but I do need two: one for the clinic, one to cover a table until 7:29. (Contact Peg Davis, meet director and course setter, 628-8985 or email [pegdavis@u.arizona.edu](mailto:pegdavis@u.arizona.edu))
5. Frankly, I hope we make money with this format.
6. Easy introduction to our sport for neophytes.
7. You can still make it to the late church service.

**Directions:** To reach the start, from the corner of Tucson Boulevard and Broadway Boulevard, drive south to 15th Street and turn west (right). We will be in the shade along the street. There should be plenty of on-the-street parking, but if the street is crowded with cars, look for the orange and white orienteering signs.

If you are going to bring more than one new person with you, please let me know so that I can have enough maps.

**Schedule:**

6:15 a.m. Registration opens, beginner clinic starts.

6:30 a.m. Course opens.

7:30 a.m. Latest course starts.

8:30 a.m. Course closes.

No control retrieval!

**Fees:** \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

**Check-In:** To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 6 and 6:15 a.m.

*Think you can't afford to set or direct a meet? Did you know that, at the last Board meeting, the Board voted to reimburse course setters and meet directors 35 cents a mile for travel to and from the meet site?*

### E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: [TucsonOrienteering-subscribe@topica.com](mailto:TucsonOrienteering-subscribe@topica.com). To send a message, simply address it to: [TucsonOrienteering@topica.com](mailto:TucsonOrienteering@topica.com). It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at [JimStamm@ComCast.net](mailto:JimStamm@ComCast.net).

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# Weekend Escape: White Mountains

## June 14-15

—Peg Davis

John Maier worked like a maniac—even skipping a night’s sleep—to get maps made and controls hung for a beautiful set of events in the cool mountains near Springerville. This was part of the area used for the World Rogaine Champs in 2004, but we were using a special map made in 2006 by Ludwig Hill of an aerial photo with superimposed white contour lines. This year John added roads which were a huge help, though the drainages in the area are iris-strewn paths of delight. The Score-O format allowed for both strong speedy runners to deal with forests and climb or those uninclined for inclines to stroll through clearer areas without great elevation changes.

For those who missed the event, nighttime lows for the onsite campers were around 40 degrees. Yum! Sadly, a lot of people missed the event. Perhaps they were daunted by the 260 mile drive from Tucson. I can’t believe they were daunted by the event price: \$15 for all the orienteering you could stand. We were happy to be joined by Martin, a temporary Phoenix summer resident from Florida. Martin, when you leave Florida for the summer, you’re supposed to move someplace that’s cooler, not hotter, than Florida.

I’d like to thank John Maier, Ron Birks, Ludwig Hill, Cristina Luis, Pete & Judy Cowgill, Martin Dinitrov, Glenn Haselfeld, and me for control retrieval. Why, isn’t that everyone at the meet? Yes, it is. As we dallied around the start/campsite on Sunday morning, Ron Birks said “I think none of us are really up for the planned four-hour event, so we should all run the two-hour option, then come back and get assignments for control retrieval, thus enabling us to get home before dark.” And verily, we made it so. Pretty much everybody also kindly pitched in on manning the tables, too.

Thanks, Wolfsong, for your massive efforts setting up a beautiful weekend both for orienteering and hanging with some of our favorite people in a jewel of a setting. (John did part of the meet directing work, too!)

**Saturday Score-O**

**3 hour division**

Ludwig Hill	170
Peg Davis	50

**6 hour division -**

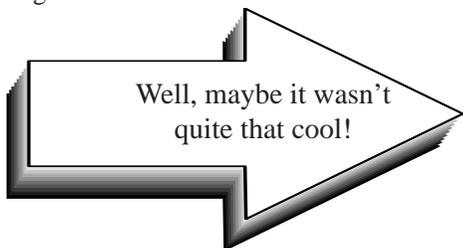
Cristina Luis	280
Ron Birks	260
(10 pt. penalty)	
Martin Dimitrov	150
Beauty and ....	110

**Saturday Night-O Score-O**

Ron Birks	90
Cristina Luis	70
Martin Dimitrov	50
Peg Davis	30

**Sunday 2 hour Score-O**

Ron Birks	130
Ludwig Hill	130
Glenn Haselfeld	100
Martin Dimitrov	90
Cristina Luis	89
(1 point penalty)	
Peg Davis	89
(1 point penalty)	
Beauty and ....	REC



# U.S. Rogaine Championships

(At the request of President Peg Davis, Jeff Brucker shared a description of his participation in the U.S. Rogaine Championships.)

My partner was Bud Laird from BAOC. We did well, 16th out of 39 for the 24 hour (1380pts vs 2530pts). 2nd in MSV (1380pts vs 1630pts).

Our strategy was slow and never stop, and we did exactly that, no rest breaks needed, just 5 minutes refuel every 2 hours. We covered 57km and 5700 ft. climb (probably a lot more hidden climb) for a performance total of 74pkm. Seventy percent was totally off-trail in deep forest, 15% vague trail in deep forest, 15% good trail and/or road (mostly during the last hour).

It thunderstormed at hour #3 and then rained or misted almost the whole time thereafter. Even when the rain stopped, the forest dripped. Our feet were pretty much waterlogged the whole time.

We never saw a full view of the sky until the last hour, all forest.

No major errors, just four 10 minute relocations (not errors), three involving vertical adjustments on hill-sides after long contours, all at night, one locating a vague ski trail, also at night.

We only ran maybe 15 minutes at the end when our main MSV competitors showed up at our last control just a couple of minutes behind us, so we ran to the finish ahead of them in case we were tied on points.

At night, we saw a shiny spot in the grass ahead, and we discovered it was a fawn. We were close enough to have reached down and touched it, but it never moved.

Great fun.

*Congratulations, Jeff. We're all proud of you.*

# Orienteering Opportunities in New Mexico

—*Judy Opsahl, NMO*

Two events of interest coming up in New Mexico are:

**August 23:** 10 a.m. to 2 p.m., standard orienteering meet. This will be our first meet on a brand new map of the DOE transfer land in lower Rendija Canyon. Start and Finish will be at the Pajarito Trailhead parking lot on North San Ildefonso Road, near the Gun Club, in Los Alamos.

Starts will be between 10 a.m. and 1 p.m. Beginning, advanced beginning, intermediate, and advanced courses will be offered. As always, instruction will be available for newcomers.

Advance registration is NOT required. I will be directing this meet. For further information, contact me at 505-662-9404 or at [opsahl@losalamos.com](mailto:opsahl@losalamos.com), or the NMO website, [www.nmorienteers.org](http://www.nmorienteers.org).

**October 25:** 10 a.m. to 2 p.m., mini-rogaïne. A rogaïne is a form of orienteering where there are no set courses. Controls are scattered all over the map, each with a point value reflecting the difficulty level of that control. Participants go out for a set period of time and get as many points as they can within that time period. There are penalties for coming back late.

This mini-rogaïne will offer a two-hour and a four-hour option. The map will be a combination of the Rendija South map and the new DOE transfer land map. There will be a mass start of all 4-hour rogainers at 10 a.m. and another mass start of all 2-hour rogainers at 12 noon. All participants must be in by 2 p.m.

PRE-REGISTRATION IS REQUIRED. The website ([www.nmorienteers.org](http://www.nmorienteers.org)) will be set up to take on-line registration, plus have mail-in registration forms. Meet directors are Garth Reader (505-662-1966 or [lisaandgarth@cs.com](mailto:lisaandgarth@cs.com)), and Don Siebe (505-662-7882 or [dsiebe@lanl.gov](mailto:dsiebe@lanl.gov)).

Start and Finish will be at the Pajarito Trailhead parking lot on N. San Ildefonso Road near the Gun Club. There will be refreshments at the Start/Finish.

The October event is still in the planning stages, so there may be additional information as we complete planning. We'll let you know of any changes. For example, we may add some kind of event for the next day, or we may increase the mini-rogaïne to have a six-hour option. We have to see the new map (so far we have a rough draft) to make final decisions. We will help anyone coming from out of town to find housing/hotel/B&B/camping reservations.

Hope you can come see us!

## Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: [loiskim1@cox.net](mailto:loiskim1@cox.net)

US mail: 10633 E. Mary Stephy Place  
Tucson, Arizona 85747.

*Lois Kimminau, Editor*

## Notes on February A Meet

**Max Suter:** While in Tucson for some few days, I took a chance to move some remaining A-meet items to the club storage, including surplus map bags, the heat sealing machine, surplus sealed competition maps (to be given away at club meets?), three clipboards and scissors, four poles for start and finish banners, and a box with lost-and-found items.

I would like to thank once more everybody involved in organizing the meet. Regards, Max Suter

**Cristina Luis' Response to Max:** Thank you for all your hard work with the A-meet. It really was a fabulous event, and I left thinking, "when do we get to do it again?"

I've heard a lot of really good things from out-of-towners who traveled to our meet. I meant to share them but hadn't gotten around to it, and just today got one more. So, here are a few that came in text form:

**Barb Bryant:** "A completely fun and wonderful event - thanks Tucson!"

**Tori Campbell (West Point coach):** "USMAOC is finally home as of 1030 Monday morning...what a haul. But thanks so much to all the folks who put this great event on. We had some really good discussions after each course about route choice because there were several legs with quite a variety, and about parallel errors because you set us up so well to make them. Great courses, and great, well-run competition. And, of course, we enjoyed seeing old friends and meeting new ones!"

**Robin Shannonhouse:** "I meant to tell you, Steve and I had a blast in Tucson. Not only a good A-meet, but the city itself is great. So many things to see and do, we gave ourselves 3 "tourist" days and could have used 3 more."

**Mikell Platt:** "I love that picture at the Tucson web site of the "A" meet terrain we ran in earlier this year--that was so much fun. I'd go back any February."

So.....February 2010 anyone?

# CLUB CALENDAR

TSN Club meets are held regularly on the third Sunday of the month, year-round.  
 Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.  
 Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.  
 Please call Jim Stamm at 575-0830 if you can help with any of these meets.

2008	Location	Course Setter	Meet Director
June 29	Early Street	Peg Davis	Peg Davis
July 20	Palisades	Ludwig Hill	Pete and Judy Cowell
July 28	Newsletter deadline. Send info. to Lois Kimminau at loiskim1 at cox dot net		Phone: 296-2108
Aug. 16-17	Lake Mary		
Sep. 20-21	Mogollon Rim	U-Set-It	
Oct. 19	Chimney Rock	Jeff Berringer	
Nov. 16	Catalina State Park	John Pascal/J. Brucker, Vetter	
Dec. 21	Presidents	Peg Davis	pegdavis@u.arizona.edu 628-8985
2009-- Tentative	Vice President	Jeff Berringer	jaberringer@earthlink.net 512-4685
	Secretary/Treasurer	Jeff Berringer	jaberringer@earthlink.net 512-4685
Feb. 15	Memberships	Leif Lundquist	jabrodsky@cox.net 275-9351
May 9-10	Schedule Coordinator	Jim Stamm	jimstamm@comcast.net 575-0830
	Map Librarian	David Barfield	david77/barfield@hotmail.com 520-514-5777
	Equipment	Pat Townsend	ptownsend@njma.edu
	Permits	Jim Stamm	jimstamm@comcast.net 575-0830
	Webmaster	Yvonne Poe	poe-y@att.net 320-398-9801
	Publicity, Outreach, & Education	Brad Poe	brad.poe@att.net 520-398-9801
	Newsletter Editor	Lois Kimminau	loiskim@aol.com 296-2108
	E-Group Moderator	Jim Stamm	jimstamm@comcast.net 575-0830

## 2008-2009 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

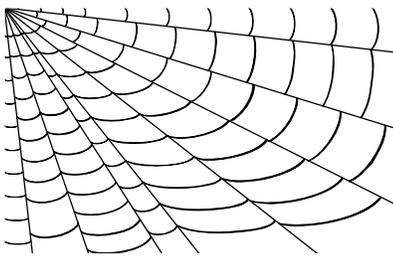
*Lots of spaces here for your name!*  
 Pick your site to set courses or to meet direct and call Jim Stamm. Meet sites can possibly be changed, if you want to set a particular type meet at a particular place. Talk to Jim (575-0830).

Tucson Orienteering Club  
P. O. Box 13012  
Tucson, AZ 85732

Address Service Requested



Go high to cool off!  
Palisades, July 20



Check out the Tucson Orienteering Club web site!

Type <http://www.tucsonorienteering.org>

Also, for links to all the West Coast club sites,

just type [http://www.geocities.com/o\\_sconet](http://www.geocities.com/o_sconet)

For the Rolling Rankings of the United States Orienteering Federation (USOF), go to <http://www.usof-rankings.org/>, or for the US Orienteering Sprint Series, <http://www.sprintseries.org>.

### Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

\_\_\_\_\_

Check one: Individual (\$10)

Household (\$15)

Name:

\_\_\_\_\_

Telephone:

\_\_\_\_\_

Address:

\_\_\_\_\_

City, State, Zip:

\_\_\_\_\_

E-mail:

\_\_\_\_\_

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.