



December 2008

U-Set-It at Silverbell Sunday, December 21, 2008

—Peg Davis

Course Setter: You

We begin by each person going out Sunday morning on a quadrant of the map to hang a few controls at his/her skill level. Those who do not hang controls will not qualify to participate in the Score-O. Then we'll put all the controls on the master map and copy the locations on our own maps.

We'll go out on **Score-O** at 10:30. For the first hour, this will be a regular Score-O format. Find and punch any controls you like in any order.

At 11:30, it's **Scavenger-O!** The same controls become fair game. Retrieve the control, bring it back to the start and get even more points. Of course, no one would consider untying a control before 11:30 a.m. However, it is kosher to stand by a control and wait for the clock to turn to 11:30, then retrieve. Point values for each control will be listed at the start.

Not too confident about hanging controls by yourself? Come anyway. We only ask you to hang controls at your level of comfort. White controls are welcome.

Beginner? Sorry, no beginner clinic this month.

Almost a beginner: Would this be your second meet? Get to the meet a little early and find someone about your speed (walk, fast walk, ½ walk/ ½ run, very fast) and request to accompany them as they hang controls. Merely observing what they do will improve your skills. For example, Peg will take a fast walker or two with her.

There will be no water on the courses. Bring some way to carry your own water while on the course. Also needed: a watch for the Score-O.

Save gas and driving by car pooling.

Primitive camping available on site Saturday night. While the Geminid meteor showers will be over, the sky should still provide beautiful viewing, far from the light pollution of town.

Contact **Rick Medina**, Meet Director (rick at monsoonadventures dot com) to volunteer to help a little at a table. You can still run the course. Please send him a note if coming to event to help us prepare map numbers—not required, but we'd appreciate it.

Directions: Exit I-10 at Avra Valley Road. (Exit 242). Follow Avra Valley Road west approximately 18 miles, until you see the sign "Red Rock via Silverbell Road." Turn left on the dirt road past the sign. Follow this road, which is OK for all but lowest clearance passenger cars (i.e., low riders) for 7.5 miles to the meet headquarters. Signs will guide you to the meet headquarters.

Fees: Members: \$5/individual, \$8/team for members of any recognized orienteering club. Nonmembers: \$10/individual, \$15/team. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

Schedule:

8:30-9:00 a.m. Registration opens. Choose your map quadrant and name the course level of the controls you'll be hanging (White, Yellow, Orange, Green, Red).

9:00-10:00 a.m. Hang controls.

10:00 a.m. Be back to meet headquarters, record control locations on master map.

10:30 a.m. Score-O starts.

11:30 a.m. Score-O ends, Scavenger-O begins.

12 noon Scavenger-O ends.

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally by noon at Start/Finish.

If you don't hang, you don't run!

December 21, 2008

Silverbell U-Set-It

Course Setter: YOU

Meet Director: Rick Medina

January 25, 2009

Arthur Park City Park

Course Setter: Mark Parsons

Meet Director: Needed

February 15, 2009

Ironwood Park

Course Setter: Leif Lunquist

Meet Director: Needed

March 14-15, 2009

Slavin Gulch--Arizona

State Championships

Course Setter: Mark Parsons

Meet Director: Needed

April 19, 2009

Box Canyon

Course Setter: Ludwig Hill

Meet Director: Needed

May 16-17, 2009

Mogollon Rim ROGAINE

Course Setter: John Maier

Meet Director: Needed

Have you noticed how many meets "Needed" is directing? Wouldn't you like to see your name there instead?

Meets are usually held the third Sunday of each month. Pick the month that you would prefer and volunteer to set some courses or direct a meet.

Experienced course setters and meet directors are happy to mentor you if you are nervous about volunteering for the first time. Just call Jim Stamm at 575-0830 to volunteer.

A Thought for Today:

The lame man who keeps the right road outstrips the runner who takes a wrong turn. The more active and swift the latter is, the further he will go astray.

—Francis Bacon, *essayist, philosopher, and statesman (1561-1626)*

Officers and Board 2008-2009

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Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: loiskim1@cox.net

US mail: 10633 E. Mary Stephey Place
Tucson, Arizona 85747.

Lois Kimminau, Editor

Arthur Pack Training Event

—Ludwig Hill

Sunday, November 23, was a fine day for Orienteering! We had a nice group of orienteering fun seekers exploring the desert washes and mostly benevolent vegetation of the Sonoran desert.

The training event format used for this meet was a big success, as everybody was a great sport and did their part to help things flow smoothly. The meet format essentials included pre-registration, a self-help sign-in station, a mass briefing, and a 3-stage start gate, followed by some thrilling orienteering on a short classic course.

Congratulations to Mark Everett, who spiked first place on the Short Green course, with Max Suter and Mark Parsons flying into the finish area only 3 and 5 minutes after. Jaxon Rickel smoked the Short Orange course, with Phoenicians Luke and Merrilea Tanner both snapping up second place.

I want to thank all the participants who followed the self-help process from sign-in to finish—it made the whole event a successful one. I was concerned that we wouldn't be able to process all 25 orienteers within the 20-minute window that was set aside for starts, but everybody was well-versed, alert, and primed to go when their whistle blew at the start gate. As a result, the last runner was able to start a short 17 minutes after the first did. Special thanks to **Jesse Laplante, Mark Parsons, Jaxon Rickel, Jodi Rickel, and Max Suter** for retrieving controls.

Short Yellow (2.6 km)			Short Green (4.0 km)		
1M	John Rickel	0:40:53	1M	Mark Everett	0:36:16
1F	Jodi Rickel	0:40:57	2M	Max Suter	0:39:01
	Jonathan Rickel	DNF	3M	Mark Parsons	0:40:58
Short Orange (3.4 km)			4M	Don Fallis	0:58:36
1M	Jaxon Rickel	0:32:18	1F	Peg Davis	1:36:56
2M	Luke Tanner	0:47:43T	5M	Jim Stamm	1:58:05
1F	Merrilea Tanner	0:47:43T		Michael Thompson	DSQ*
2F	Kay Mathiesen	1:19:08		Jesse Laplante	REC
3F	Claudia Rickel	1:34:20			
3M	Art Cantrell	1:35:38T			
4F	Kelly Moralles	1:35:38T			
5F	Kris Klewin	1:51:28T			
5F	Deb Michel	1:51:28T			
	Lois Kimminau	DNF			
	Dave Barfield	REC			
	GeeGee Larrington	REC			
	Gregg Townsend	REC			
	Pat Townsend	REC			

*Lost his punch card.

[T=went as team]

O Meet Travels

Planning your exciting trips for 2009? Don't forget the January 17-19 Orienteering Extraganza at California's Anza-Borrego State Park. These three days are our closest drive to a multi-day event. Details soon at <http://sandiegoorienteering.org/>.

Already booked up for 2009? How about a trip to Colorado for the 2010 Rocky Mountain Orienteering Festival July 17-25, 2010, with new maps adjacent to Saylor Park to the east, Manitou Lake (by 4x), and Lake George.

Or do you prefer visiting Canada? The 2010 North American Orienteering Festival June 26 - July 11th, 2010, features the North American Orienteering Championships, Whistler Barebones, and a number of other major events. Spectacular scenery and World Class orienteering featuring the first ever International Orienteering Federation-sanctioned North American Regional Championships. Full details of events will be available at <<http://naoc2010.com>>www.naoc2010.com in the coming months.

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

Catalina State Park Results

November 16, 2008

—Margrit McIntosh

Mild, beautiful weather, a new map, and superb courses—what more could you ask for? (OK, well, maybe not the intense grass-sticker action out on the dry hills and washes of the park.) But with both the St. Gregory's School Outdoor Club and the Southern Arizona Backpackers Meetup Group in attendance (Peg's marketing skills came into play in this regard, I believe), this meet at Catalina State Park saw huge masses of orienteers, many of them first-timers. In one of our biggest meets ever, a total of 22 teams and 25 individuals (many running more than one course) ran a total of 64 courses!! It Was. INCREDIBLE!!

We had to run two simultaneous beginner clinics; thanks to **Peg Davis and Ludwig Hill**, who jointly took the mass of first-timers under their wings. Two Motala runners rounded out the field. People seemed to enjoy the courses and many first-timers commented that they would be back soon for more!

The Rickel tribe were especially prominent out on the courses, and in the final standings. I can tell you that as I was running Orange, and approaching control #4, only a few yards away from the control, Jaxon Rickel passed me going at a fast run and punched ahead of me. By the time I did my punch and looked up, less than a minute later, he was cresting the top of the next ridge over and instantly zoomed out of sight. I suppose you speedsters on Red see this kind of travelin' all the time, but it blew me away! He finished the entire course in about half an hour, less than half the time of the next finisher! AND THEY'RE ALL LIKE THAT!! To cap it off, they all helped with control retrieval too, which helped us finish things up briskly.

Thanks to **John Pascal** of Farmington, New Mexico, for his course-setting skills and hard work setting it all up. The new in-progress map by **Ludwig Hill** was excellent as always. **Peg Davis and Ludwig Hill** did the beginners clinics, **John Pascal and Pat Penn** did Start and Timing, with **David Barfield** calculating all of the elapsed times, and yours truly strove mightily at registration to deal with the mobs. Control retrieval was handled by yours truly, **Jesse LaPlante, Ludwig Hill, Peg Davis, Jaxon Rickel, John Rickel, Jonathan Rickel, and David Barfield**.

Note to people/teams who ran more than one course: only your first course counts as an official, competitive result. Subsequent courses are recreational only. However, because we had so many teams and individuals who braved the stickers/grass to go out a second time, I am reporting the times, while noting that these were REC (recreational).

Thanks, everybody! See you next time!

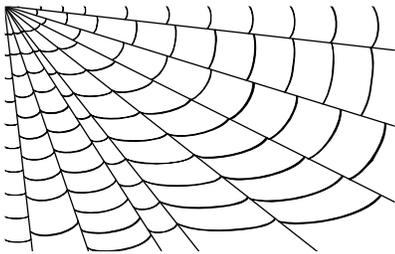
Red (5.52k, 200m)			Yellow (2.64k, 30m)			White (1.92k, 3m)		
1M	Ludwig Hill	1:13:19	1M	John Rickel	0:37:18	1M	Jonathan Rickel	0:14:38
2M	Jeff Brodsky	1:42:57	2M	Luke Tanner	0:45:26	1T	The Speedies	0:20:59
3M	Don Fallis	1:56:52	1T	ABC Girls Team	0:46:40	2T	The Noahs	0:22:06
			2T	Team Cuda	0:51:06	3T	Margo's Mangos	0:22:51
Green (4.6k, 180m)			3T	Meetup Mavens	1:05:23	4T	SG Hawks	0:29:40
1M	Mark Parsons	1:14:53	3M	Quinton Gleason	1:17:03	5T	Cool Aid	0:31:50
2M	Bob Walsh	1:36:38	4T	Phoenix Suns	1:05:52	6T	The Obamas	0:33:40
3M	Michael Gurevich	2:27:22	5T	Team Trevor	1:42:50	7T	Coyote Chaos	0:36:49
DNF	Peg Davis		REC	Jodi Rickel	0:28:42	8T	2 Dukes & 3 Duchesses	0:43:45
			REC	Shadow Mounties	0:44:52	9T	Jodi Rickel Team	0:45:55
Orange (3.70k, 115m)			REC	Jonathan Rickel	0:46:18	10T	Shadow Mounties	0:46:45
1M	Jaxon Rickel	0:33:58	REC	The Speedies	0:47:53	11T	Cheetahs	0:49:42
1T	Team Viper	1:11:11	REC	Team Shahbazian #1	0:56:57	1W	Maureen DeVeney	1:01:42
2T	Beauty and...	1:14:05	REC	Margo's Mangos	0:58:01	2W	Mia Parsons	1:03:58
3T	Lost With Pat	1:14:54	REC	The Obamas	0:58:07	12T	Shahbazian Team #2	1:21:40
1W	Margrit McIntosh	1:38:38	REC	Cheetahs	0:59:03	REC	Sean & David	0:14:26
4T	Gregg & Pat	1:42:24	REC	Coyote Chaos	1:08:05	DSQ	Shahbazian Team #1	
2W	Jeanne Walsh	2:14:00	REC	SG Hawks	1:12:43			
3W	GeeGee Larrington	2:16:32	REC	Maureen DeVeney	1:19:44			
2M	W. Falter	2:31:33	REC	2 Dukes & 3 Duchesses	1:26:36	Motala		
3M	Jesse LaPlante	2:42:13	DNF	Matthew Shahbazian		1M	Charlie Shahbazian	
REC	Jim Stamm (Bicycle)	1:24:22					CS Yellow	0:21:09
DNF	Lois Kimminau						CS Orange	0:44:43
DNF	Nancy Melvill					DNF	CS Red	1:30:02
							Derrick Beracy	

Note: Nearly 40 beginners attended clinics and ran courses at Catalina. We hope every single one of them will come back for more events and bring their friends with them. While the December meet is not the best format for those quite new to orienteering, read the meet announcement carefully for options. The January 25th meet at Arthur Pack Park will be very suitable: the natural vegetation park is in town and easy to reach while surrounded by roads: challenging orienteering but impossible to get really lost. The subtle terrain will test and improve your map reading skills. Birdlovers: this park is crazy with avian activity!

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

Silverbell U-Set-It
December 21, 2008
Merry Christmas!



Check out the Tucson Orienteering Club web site!

Type **<http://www.tucsonorienteering.org>**

Also, for links to all the West Coast club sites,

just type **http://www.geocities.com/o_sconet**

For the Rolling Rankings of the United States Orienteering Federation (USOF), go to **<http://www.usof-rankings.org/>**, or for the US Orienteering Sprint Series, <http://www.sprintseries.org>.

Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

Check one: Individual (\$10)

Household (\$15)

Name:

Telephone:

Address:

City, State, Zip:

E-mail:

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.