

April 2007

## University of Arizona Campus Sunday, April 15, 2007

—Don Fallis

This orienteering event is a "Hash-O." That is, it will combine elements of hashing and orienteering (and GPS). Participants will be given an orienteering map of the University of Arizona campus and a control card. They should bring a compass (or a GPS unit) and a whistle. The course will alternate between hashing legs and orienteering legs.

At the start, participants will begin by following a "hash trail" consisting of chalk marks (and/or small blobs of white flour) placed at intervals of 10 to 20 feet. At various points along the trail, participants will come upon "decision points" where the trail branches out in several directions. Only one of these branches will be the "true" trail. (Some "bad trails" will terminate after only three or fewer chalk marks. Other bad trails will be marked with "BT" or "YBF" or three horizontal lines.) Participants will also come upon "check backs" which will be marked with "CB" and a number. Participants will have to count back that number of chalk marks and then look for where the trail branches off in some other direction.

At the end of the "true" trail, participants will find an orienteering map taped to some surface. The location of a control marker will be indicated on this map. (The GPS coordinates of the control marker will also be indicated.) Participants will use this information to find the control marker. When they reach the control marker, they will use the orange hole punch to punch their control card. A new hash trail will begin at the location of the control marker.

The control markers are all on the map (i.e., they are on campus). However, the hash trails may take participants off campus. (But they only cross the streets bounding the campus at tunnels or at crosswalks.)

There is only one course with 10 controls. But there will be three Hash-O events to choose from. In order to compete in the short event, return to the staging area after punching at least 4 controls. In order to compete in the medium event, return to the staging area after punching at least 7 controls. In order to compete in the long event, return to the staging area after punching all 10 of the controls. You can decide which event you want to compete in while you are on the course.

In hashing, members of the "pack" typically add marks to the hash trail to help people further back in the pack. In this event, no such marks will be allowed. So, for example, each participant will have to run out their own bad trails.

Participants can run or walk the course as groups or as individuals. Groups will have an advantage in that they can send different individuals to explore the different trails leading off from a decision point.

Warning: The streets on campus will be open to traffic. So, please be careful while you are on the course.

#### **Schedule:**

9:00 a.m. Basic instruction on hashing and/or orienteering.

9:00 a.m. Registration opens. 10:00 a.m. Course opens.

12 noon Last time to start a course.

1:00 p.m. Course closes. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 1 p.m. with the meet director.

Continued on page 2

### Continued from page 1

**Start Location:** The staging area for this event will be the open space on the south side of First Street between Vine Street and Cherry Street. Parking in the surface lots on campus is free on the weekends. There is a large parking lot at the north end of Vine Street (just north of First Street).

Fees: \$5/individual for members of any recognized orienteering club, members of the UA community, and members of the hashing community. For nonmembers of any of these groups, the fee is \$10/individual. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle. (Note: no GPS's are available for rent.)

**Check-In:** To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the instruction clinic, arrive between 9 and 10 a.m.

## First Tucson U-Set-It

### -Peg Davis

The May 19th and 20th meet will be up on the Mogollon Rim. The general plan will be for a few controls to be hung by each orienteer, a master map drawn, then courses designed for a weekend of fun. I'd like to have a Saturday afternoon event, a Saturday night event and a Sunday morning event.

What's that? You've never set courses and feel a little iffy about hanging controls for the first time? It's your lucky weekend! With all those other experts up there, I promise I will find you a mentor who will let you tag along. (Attention, mentors: I've found a new little sibling for you!) Since controls will be handed out not just by area but by skill level, we will be able to cover the map with controls you feel perfectly comfortable hanging.

Interested in orangey/greeney locations? Come with me.

Experts and previous attendees are invited to contact me at pegdavis@u.arizona.edu with suggestions of what they'd like to see at this meet.

To guarantee adequate map numbers for all, I'll be asking for email map reservations. Details next month.

This is one of our most lovely camp spots at the site of the 1998 Potato Patch Rogaine, with orienteering map improvements made later by John Maier.

Because it is a several hour drive, even for the Phoenicians, I am not just encouraging carpooling. I am offering rewards to carpoolers. The more people or club equipment arriving in one vehicle, the bigger the reward. I'll also help people find pools. Details next month.

That's the great thing about being meet director: you get to make up some limited rules. You should try it sometime - it's fun. The making up rules part, that is. The amount of meet directing fun varies from month to month. That depends on everyone coming back from the Night-O on time.

A cool green weekend in the woods with my favorite people doing my favorite thing: hurry up, May! I can't wait.

Peg, May Ringmaster

## **Club Library**

Did you know we have a club library? And that any member can check out a book? OK, so it's not a very big library, but we do have several copies of "Armchair Orienteering" plus "Orienteering Skills and Strategies" by Ron Lowry and Ken Sidney, "Orienteering Instructor's Manual" by Jim Gilchrist and Jack Lee, "Orienteering Handbook" by Anne Anthony, "Teaching Orienteering" by Jim Gilchrist, "Orienteering Training and Performance" by Ron Lowry and Ken Sidney, "Be Expert With Map and Compass" by Bjorn Kjellstrom, "Map Making for Orienteers" by Robin Harvey, and a USOF Sanctioning Booklet (possibly outdated).

If you would like to borrow any of these books, please contact Lois at <a href="loiskim@aol.com">loiskim@aol.com</a>. Be sure to put "TOC Library" in the e-mail subject box.

### **E-mail Discussion Group**

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an email based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: <u>TucsonOrienteering-subscribe@topica.com.</u> To send a message, simply address it to: <u>TucsonOrienteering@topica.com.</u> It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <a href="http://www.topica.com/lists/TucsonOrienteering">http://www.topica.com/lists/TucsonOrienteering</a>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

## **Chimney Rock Results**

#### -Rick Medina

Beautiful weather, interesting terrain, lots of runners, and lots of fun is the best way to describe the Chimney Rock "O" meet! Many runners, including some fellow club members from San Diego, came out to participate in the festivities. We even had a couple of youngsters come out with their Dad as "Team Triple D." They whipped through the White course together and the children had a great time!

The drive into Chimney Rock was where all the fun started. Lumpy, bumpy, Bellota Ranch Road proved to be a chore for some of the passenger cars and a blast for some of the trucks. The good news is that we all made it to the event and had a great time.

We had one brave soul take on the "Adventure Race" Motala event and the rest of the field stuck to the standard "O" courses. Most courses toured runners through some diverse terrain ranging from tree-filled bosques to rocky "moonscape" like terrain. Many of the advanced runners decided to NOT avoid cat claw brush just to shave a few precious seconds from their finish times. You know who you are with your bloodied shins! The competitive spirit was certainly alive!

After some of the first runners finished up their courses, we learned that the labels on two of the controls had been swapped, so those controls were mislabeled. The good news is that the control placement was "spot on" in correlation to the map, so most runners that encountered this knew right away that they had been mislabeled. The course-setter apologizes and begs your forgiveness.

I learned a lot about orienteering and what it takes to be a volunteer. The most valuable lesson I learned is the amount of work that goes into having an orienteering club. Volunteering is critical...and is only difficult and time consuming when there are only a couple of members helping out. Based on this experience, I will definitely be contributing more often during meets.

Speaking of volunteers, we had a tremendous turn out of volunteers at the meet! I'd like to thank the following individuals for stepping up and helping out: **Mike Wilke:** You volunteered to help me hang bags...I appreciate your coordination and flexibility. I appreciate your help...thank you.

Gee Gee Larrington: You came out first thing in the morning when I just about started drowning in registration. I asked you for help and you didn't hesitate. I very much appreciate your help...thank you.

Mark: You pretty much got 90% of the runners started. You really helped a ton and I appreciate it tremendously....thank you.

**Ludwig**: I asked for help with control retrieval and you did not hesitate to offer your help especially since you volunteered to pick up some of the more distant controls. I appreciate your help...thank you.

**Brad and Yvonne Poe** (my Adventure Racing buddies!): You volunteered to retrieve controls without even being asked. As a matter of fact, that is the first thing you both said when you arrived at the meet! To top it off, you both volunteered to retrieve the most distant controls! I appreciate your help...thank you.

**Team King Star:** All three of you also came to the meet ready to volunteer!! Thanks much for helping us retrieve controls!!! I appreciate your help...thank you.

**Rich Parker:** One of our visiting San Diego Orienteering club members! You helped us retrieve controls also! Thanks for helping out in your home away from home! I appreciate it...thank you.

Max Suter: You graciously agreed to help with the time keeping table when you were done with your run. Thank you for spending the time and keeping finishers motivated to "run to the finish!" I appreciate your help...thank you.

Great meet folks...you all made it happen!!! OH...wait! How could I forget that crazy gaiter-wearing course setter! **Jeff Brucker!** Thanks a million, Jeff, for your help and patience with mentoring a budding Meet Director! I also had a lot of fun vetting your course. I appreciate your help...thank you.

Place	Name Elaps	sed Time
Motale	1	
	Sasha Savine	4:32:38
White		
1F	Kim Kirkpatrick	0:55:57
1T	Triple D(great job kids!!)	
Yellow		
1F	Karen Dennis	1:10:30
1T	Team Ramrod	1:38:49
1M	David Irving	1:51:47
2F	Kris Klewin	1:56:00
3F	Kim Kirkpatrick	1:58:31
2T	Reluctant Trio	2:17:08
Orang	e	
1 <b>M</b>	Elliot George	2:12:06
2M	Schwiegerling	2:18:32
1F	Kay Mathiesen	2:22:10
2F	Becky Copeland	2:25:05
1T	Lucy and the Lizard	2:31:47
2T	McElroy	2:43:21
Rec	Gee Gee Larrington	
DNF	Nadine Gruhn	
OVT	Lois Kimminau	
Green		
1M	Rich Parker	1:45:30
1T	Gurevich	2:15:18
1F	Pat Penn	2:25:35
2T	Beauty and the Beast	2:35:47
3T	King Star	2:36:55
2F	Pam Hoyt	2:38:51
3F	Yvonne Poe	2:44:12
4F	Margrit McIntosh	2:48:45
4T	The Anglos	3:24:15
DNF	Alexis Mills	
DNF	Michael Rule	
Red		
1 <b>M</b>	Ludwig Hill	1:18:02
2M	Max Sutter	1:32:29
3M	Leif Lundquist	1:36:42
4M	Don Fallis	1:43:35
1F	Christina Luis	1:45:53
5M	Jeff Brodsky	1:55:51
1T	KGP's	1:57:17
6M	Evilmendo	1:58:15
7M	Brad Poe	2:02:05
2F	Peg Davis	2:51:37
Rec	Team Won	

And
a great time
was had by all!

### A View From the Ground

## The Chimney Rock Congregation Prays at Red Control Seven

### —Leif Lundquist

This rock is nice and warm! – Aaah, how nice to stretch out my full length and let the spring sunshine warm my cold blood. I've been asleep for a long time; I woke up now and then and poked my nose out from my winter hole, but the cold scared me right back to sleep. But now it's time to get warm; later I'll roll around and get that itchy skin off me and go looking for a nice juicy desert rat.

Boom, boom! The ground's shaking! I look up and see two big feet coming thundering toward me. I can't see the top of the biped, but now it stops, bows, and changes direction. This is too upsetting – I think I'll go back to sleep.

No chance of that! More ground-shaking noise – there must be a whole herd of them! I look up, and they are all congregating around a red and white hive hanging from a tree. It must be a holy hive; one biped in blue clothes with a funny hat covering his ears reverently mumbles, "Right control!" They all bow and a little red bat comes out from the hive; its tiny fangs bite their offerings.

But what now? The first one is coming my way again – is there no way a simpatico snake minding his own business can get some peace and quiet? I'd better shake my tail a little! That stopped the biped dead in his tracks, but now the others are coming! I'll rattle some more – now they're all confused and start milling around. This is getting to be too much; maybe I'll make a dignified exit into the shade of a boulder!

Boom, boom! The herd thunders past my boulder and soon it's quiet again. Time to get back to my nice flat rock, stretch out, and take another snooze. The holy hive is quiet; the little red bat is hanging under the hive by his tail – he's probably sleeping it off as well. Zzzzzzzzz!

### **Membership Meeting**

The next business meeting of the Tucson Orienteering Club will be on Wednesday, May 2, at 7 p.m. Though this will be the night of the full moon, we will not sprout fur and howl until after the meeting is adjourned. All interested parties are invited to join the board of directors for discussion and submit topics for the agenda. The meeting will be held at Peg's house. Call for directions (628-8985).

## **LAOC A Meet Coming Up**

The Los Angeles Orienteering Club is planning an A meet, currently scheduled for October 27-28, 2007, at Camp Scherman in Idyllwild. The meet director is Kim Pincus and the course setter is Clare Durand. Lodging will be available at a charge to be announced later. A website will be created for this event and will be up as soon as sanctioning is complete.

Watch for further information on this at:

http://www.LosAngelesOrienteering.org.

# What difference could a few sprints make?

### —Peg Davis

The rankings of the US Sprint series updated after our February 17 & 18 meets at Kentucky/Greaterville were Tucson-heavy. As easily predicted, the brutal Barbara Bryant scored the full sixty points available by winning both sprints in the women's division. This placed her 15th in the national rankings. Peg Davis limped to a 17th place nationally while GeeGee Larrington might be a bit surprised to find herself ranked 19th of 73 competitors on a list she hadn't heard of previously.

Continuing the men's duel in the sun begun at Anza-Borrego, Ludwig Hill squeaked past Max Suter to claim 14th place of 224 competitors, leaving Max at 15<sup>th</sup>. With Jeff Brucker at 42nd, Jeff Brodsky at 46th, Don Fallis at 91st, John Maier at 119th and Keith McLeod at 128th, Tucson may be at its 2007 peak for dominating the sprints.

Eighteen sprints have been run around the country already this year, so the rankings are bound to change profoundly as dozens more races are run. Perhaps if a few more sprints were tacked on at our regular events, Tucson could retain its grip on the standings. Let me just email a few course setters.....

#### **Newsletter Submittals**

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108
Fax: (520) 290-8071
E-mail: loiskim@aol.com
US mail: 10633 E. Mary Stephey Place
Tucson, Arizona 85747.
Lois Kimminau, Editor

### **CLUB CALENDAR**

2007	Location	Course Setter	Meet Director	
Apr. 15	UA Campus	Don Fallis	Kay Mathieson	
Apr. 23	Newsletter deadline for May 2007 issue. See	submittal information on page 4.	Lois Kimminau (296-2108)	
May 19-20	Mogollon Rim Potato Patch	"U-Set-It"	Peg Davis	
Jun. 16 (Sat.)	Lincoln Park Night-O/Annual Meeting			
Jul. 15	Greasewood Early-O		Brad & Yvonne Poe	
Aug. 19	Palisades or Bear Wallow			
Sep. 16	Lake Mary	(Baghanger/vetter needed.)		
Oct. 21	Box Canyon			
Nov. 18	Catalina State Park	John Pascal	Chris Capurro	
Dec. 16	Arthur Pack Regional Park	Ludwig Hill		

Lots of spaces here for your name!

Pick your site to set courses or to meet direct and call Jim Stamm. Meet sites can possibly be changed, if you want to set a particular type meet at a particular place. Talk to Jim (575-0830).

# LAOC A Meet, October 27-28, 2007. See article on page 4. Watch for more news about our A Meet being planned for February 2008 at Kentucky Camp..

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Jim Stamm at 575-0830 if you can help with any of these meets.

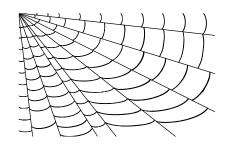
### 2006-2007 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

	President	Peg Davis	pegdavis@u.arizona.edu	628-8985
	Vice President	Jeff Berringer	jaberringer@earthlink.net	512-4685
	Secretary/Treasurer	Jeff Berringer	jaberringer@earthlink.net	512-4685
	Membership	Jeff Brodsky	jabrodsky@cox.net	275-9351
	Schedule Coordinator	Jim Stamm	jimstamm@comcast.net	575-0830
	Map Librarian	David Barfield	david77barfield@hotmail.com	520-514-5777
	Equipment	Pat Townsend	ptownsend@pima.edu	
	Permits	Jim Stamm	jimstamm@comcast.net	575-0830
	Webmaster	Yvonne Poe	poe-y@att.net	520-398-9801
	Publicity, Outreach, & Education	Brad Poe	brad.poe@att.net	520-398-9801
	Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108
	E-Group Moderator	Jim Stamm	jimstamm@comcast.net	575-0830
/				

Tucson Orienteering Club P. O. Box 13012 Tucson, AZ 85732

Address Service Requested





Check out the Tucson Orienteering Club web site!

Type http://www.tucsonorienteering.org

Also, for links to all the West Coast club sites,
just type http://www.geocities.com/o\_sconet

or for Pacific Region rankings, type

http://go.to/pacreg

	Tucsoi	n Orient	eering Club Me	mbersh	nip Application	
Check one: Ne			Renewal Household (\$15)		Date on label	
Name:					Telephone:	
Address:						
City, State, Zip	:				E-mail:	
	Ca	ın you help	staff a club meet?		Yes, call me.	
		\$5 discour	•	cks payab	leges and access to Club library le to Tucson Orienteering Club , AZ 85732.	