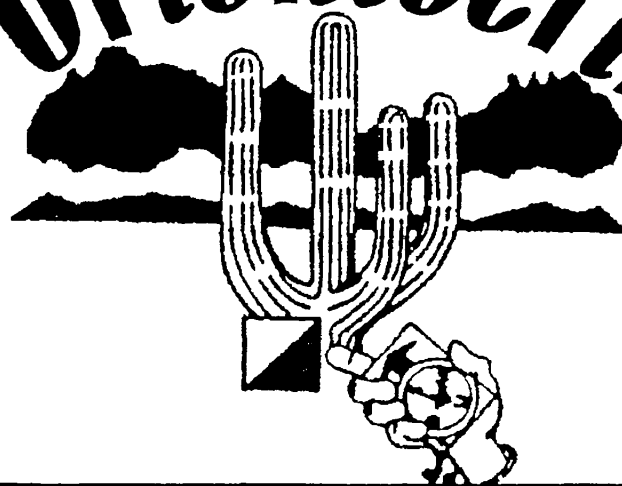


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# Tucson Orienteering Club



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November 2000

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## Jing - a - Ling!

—Kevin Gross

The November 19 meet in the Silver Bell mountains should be a splendid time for all. If you haven't been there before, the Silver Bells are a beautiful patch of desert hills, complete with lots of cactus waiting to stick to you. I've been out there about a half dozen times so far this fall, and I have not seen a soul yet.

Expect the standard fare for the course offerings: White, Yellow, Orange, Green, and Red. To add a special twist, there will be two mountain bike courses as well (one long and one short). If you plan on biking, bring a helmet (required). So for all you runners out there, come run one course and then bike the short course. All biking is on trails (of some kind or another) so you don't have to pedal through a field of cholla.

Alexandre Savine will be Meet Director. As always, help is appreciated. Please call him at 299-4540 to volunteer.

**Directions: From Tucson**—take the Avra Valley exit from I-10 North. Proceed west 21 miles on Avra Valley Road into the Silver Bell Mountains. After passing some of the tailings piles on your right, the paved road turns northwest toward the mine buildings. You will see a sign saying 'Red Rock via Silver Bell Road—25 miles'. Turn left on this nice dirt road (not like the Redington Road!). Follow the dirt road 7-7.5 miles as it curves west, then north to the saddle between the Silver Bell and West Silver Bell mountain ranges, to the meet headquarters. There will be orienteering signs posted.

**From Phoenix**—take the Red Rock exit from I-10, then follow Sasco Road west. This road turns to dirt after five miles. It is an additional 13 miles from this point to the meet site.

**Fees:** \$8/individual, \$10/team plus \$1 per map for color maps, when used. \$5 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person on all courses all meets is required to carry some type of safety whistle.*

### Schedule:

9:30 a.m. Registration opens. Beginners' clinic starts.  
10:00 a.m. Courses open.  
12:00 noon. Last time to start a course.

12 noon-2 p.m. Route choice reviews.

2:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

**Check-In.** To insure that all are safe, *everyone whether finished with the course or not* must check in formally at Start/Finish before leaving the meet site.

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 9:15 and 9:30 a.m.

**Route-Choice Reviews.** Between noon and 2 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Start/Finish area.

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## NEED HELP?

Do you feel like you're not getting anywhere fast? Does it seem like each time you come to an event it's almost like starting all over again? Are you frustrated at not progressing faster in the development of your "O" skills? If so, then some outside help in the form of a skills session will benefit you, almost certainly.

I recently heard of such difficulties from two orienteers who have been with the club for over a year. Those were the reasons they answered "probably not" when I asked if they would be at the next event. They were experiencing frustration at not being able to advance beyond the beginner/advanced beginner level. If you have the desire and can invest a little time, a few skills sessions will work wonders for you.

But where does one find skills sessions, you might ask. Read on.

The truth is that our club seems to be volunteer handicapped. Because our few volunteers have been stretched so thin, no one has even had the time to think about offering a skills session, much less set one up. I do not want to see us lose the potential of all those who want to get better but don't know where to turn for help. I'll help, but there are conditions.

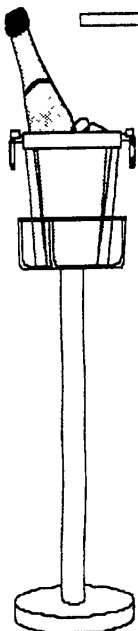
*First*, you must make yourself known to me. *Second*, you must coordinate among yourselves the dates of the sessions. *Third*, you must have a critical mass of participation (six participants) so there is a rich interchange of questions within the group. And....there is a cost. The cost to you will be to repay the club in volunteer hours equivalent to the hours of instruction you receive. Your satisfaction is guaranteed.

I'm so convinced that you will make noticeable progress that I can make this guarantee. If you don't show progress, you owe nothing. If you already give a lot to the club, you can take these sessions free. Fair enough?

Details: The first sessions will cater to those of you at the beginner/advanced beginner level. After that it will be any level, on demand. The first session already has two people signed up (before it was even announced!). They have volunteered to coordinate the date of the first session. Kristina or Vicki may call you. But first we must know you're interested. To express interest notify me at 520-586-7300 or <wolffsongg@juno.com>. Don't act surprised, even I had to get an e-mail address one day just so as to stop people from nagging because I didn't have one. Might even have an answering machine by the time you read this, so there. But with the goods comes a new identity so be forewarned.

—*Wolffsong*

In the most recent issue of *Orienteering North America* is a photo of the American competitors at the World Cup. Emblazened across frequent Arizona Rogaine competitor Peter Gagarin's chest was our own emblem on a t-shirt. Tucson goes to the World Cup of Orienteering one way or another!



### CORRECTION:

For the September event on the Mogollon Rim, Jeff Brucker was listed as the top finisher on the Night-O *Beginner* course, when in fact he was the top finisher on the *Advanced* course, and the only one on either course to get all the controls. Waaaaaay to go, Jeff!

### Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071 E-mail: loiskim@aol.com US mail: 9055 Calle Bogota, Tucson, Arizona 85715.

*Lois Kimminau, Editor*

## Empire Ranch—Site of Champions

—Peg Davis

The 2000 Arizona State Championships were held October 14 and 15 at the Empire Ranch Airport map site. Perfectly placed meteorologically, we spent a lovely weekend barely after the end of a blistering summer and just a whisker before the rain damage of a very wet October.

Mark Everett, AKA Golden Boy, is Men's Champ (under 50 running Red). Peg Davis (her again?) is Women's Champ (under 50 running Green), Jeff Brucker (Comes-From-Behind) is Men's Veteran Champ (over 50 running Green), and Pat Penn (thanks for staying off Green) is Women's Veteran Champ (over 50 running Orange).

The chase start on Sunday provided the tension in the men's vet division with Jeff Brucker pulling up from seven minutes behind John Little, then sneaking barely a minute ahead to win.

Saturday's courses produced the only DNF-less day I remember at a Tucson meet, even with newcomers going out on Yellow courses and strangers to the desert dealing with new and bizarre terrain. Sunday's courses began with the leg from hell—up to 1.5 k to the first control in the vague landscape to the northeast, producing two DNFs and much wailing and gnashing of teeth.

These two days will be included in the Pacific Ranking Series. By running only two more days (for example, at Carrizo Canyon in December—see details in this issue), you can compare yourself to the finest California and Arizona have to offer.

Thanks to all the wonderful volunteer helpers

Control retrieval: Wilkey Richardson, John Little, Mark Everett, Paul Hoyt, Emily Lane North and Chris North, Carl Moore, Linda Moore, Ludwig Hill, Don Fallis, Gary Thomas, Rich Jerrard. Organized by Mark Parsons. Registration and Timing: Gary Thomas, Carl Moore, Linda Moore, Jeff Berringer, Jeff Brodsky, Pat Penn, Ludwig Hill, Pete Cowgill, Judy Cowgill. Chase start: Sue Roberts. Beginners' Clinics: Wilkey Richardson, Roger Sperline. Courses set by Dan Coombs. Vetted by Mark Parsons.

Whew! Is there anyone in Christendom left to thank for their contributions to the State Champs? But many hands made light work and no one seemed burned out by this two-day meet, even the meet director! Thank you very much, and especially for volunteering instead of waiting to be asked. Special kudos for the out-of-towners who helped.

WHITE COURSE	Sat.	Sun.	Total	GREEN COURSE 4.8 K	Sat.	Sun.	Total
W Beckv Houge	31:30			M Jeff Brucker	53:36	41:24	95:00
M Don McDonough		37:30		M Carl Moore	49:02	46:26	95:28
M John Bell		50:04		M John Little	47:13	48:55	96:08
				W Nancy Pistole	52:07	52:10	104:17
<b>YELLOW COURSE</b>				W Linda Moore	60:40	48:31	109:11
W Jackie Cicola	43:51			M Ludwig Hill	73:10	54:10	127:20
W Beckv Houge	55:10			W Abby Wolte	69:09	63:31	132:40
M Don McDonough	66:42			W Peg Davis	72:38	86:40	159:18
W Petra Gronenberg		94:28		W Diana Tung	97:33	64:36	165:09
W Slobbering Dogs		93:25		M Pete Shufflett	90:00	84:08	174:08
				W Rosemarv Johnson	100:38	94:47	195:25
<b>ORANGE COURSE</b>				W Marsha Jacobs	91:13	109:48	201:01
M Paul Hoyt	34:35	28:15	62:50	M. Richard Jerrard	171:38	75:54	247:32
M Keith McLeod	40:45	32:14	72:59	T Beauty and	95:40	DNF	
M Gary Thomas	45:00	34:40	79:40	M Geiry Goss	48:41		
W Pat Penn	52:30	43:36	96:06	W Stacy Goss	88:15		
W Carol Brucket	74:31	59:56	134:27	T Gila Rangers	101:58		
W Lois Kimminau	89:23	87:15	176:38	T Free Rangers	118:24		
W Mary English	116:45	97:13	213:58	M Jeff Berringer		67:40	
T Ties Amigos	106:27			W Helen Deluga		78:36	
W Petra Gronenberg		51:59		W Sue Roberts		96:05	
T Gators		75:11					
W Jackie Cicola		108:10					

Continued on page 6

Continued from page 3

RED COURSE 7.1 K	Sat.	Sun.	Total
M. Mark Everett	43:23	34:37	78:00
M. Thorsten Graeve	49:31	47:00	96:31
M. Chris North	52:47		
M. John Maier	60:24	48:18	108:42
W. Annabel	58:48	63:49	122:37
Fernandez-Valledor			
M. Lluís Cumellas	63:20	77:40	141:00
W. Emily North Lane	64:30		
M. Don Fallis	77:54	65:04	142:58
M. Wilkey Richardson	92:51		
M. Jeff Brodsky	116:05	66:44	182:49
M. Roger Sperline		61:27	
M. Larry Lamb		DNF	

## Carrizo Canyon Meet

—Peg Davis

Carpooling is being arranged to the Carrizo Canyon Meet December 9 & 10 near Palm Springs, California. This Pacific Ranking event is a wonderful opportunity to broaden orienteering horizons by seeing how other clubs run meets. Even better, it's a chance to orienteer for two days in a row! If those charming people from San Diego aren't enough of a draw, there are hot pools convenient to the meet site.

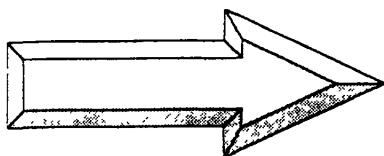
Phoenicians and Tucsonans will rendezvous on Friday, December 8, where Route 85 meets I-10 west of Phoenix. Call Peg at 520-628-8985 or email [pegdavis@u.arizona.edu](mailto:pegdavis@u.arizona.edu) to set it up.

## Cat Mountain in December

There will not be a regular newsletter in December, due to planned travel by ye olde editor, so this is advance notice to keep open the third Sunday in December, the 17<sup>th</sup>, for the always-popular meet at Cat Mountain. Jeff Brucker will be setting the courses at this nice site close to town. WE NEED A MEET DIRECTOR!! Ple-e-e-e-z! Call Peg Davis at 628-8985 or e-mail her at [pegdavis@u.arizona.edu](mailto:pegdavis@u.arizona.edu) if you can help, or if you would like to discuss it.

Schedule, Fees, and other meet information will be the same as the November meet.

You will receive a reminder postcard in early December with directions and any last minute information you may need. See you there! (Bring your jing-a-ling from Silver Bells.)



## Important Notice

## Orienteering, Walking Mag. Style

There was actually an article on orienteering in *Walking Magazine*, October 2000! I enjoy a lot of the articles in this magazine and eagerly turned to the article, "North by Northwest," by Ann Hood, to see what she had to say about my favorite sport. Well, the lead-in was enough to turn me off. "Orienteering is the sport of finding your way across unfamiliar terrain. Just don't forget to take your cell phone."

The author goes to a meet on a rainy Sunday (obviously a magazine assignment), and several of her cousins decide to go with her. "Chip ties plastic bags on his feet to keep them dry. Cousin Tony appears in his father's fishing waders. We stop at Starbucks for double no-foam grande caffè lattes. Thus armed, we head for the woods."

She had tagged along with Karl Stephens of the New England Orienteering Club when he set courses for the meet. He explained the object of the sport, which she describes accurately, along with a short history of the sport.

She and her cousins did the "easiest course," evidently White, but still managed to get separated and lose one member of the team for 15 minutes. They couldn't remember his cell phone number, so called all their relatives to try to get the number. Eventually he showed up, and they managed to get home in time for their spaghetti dinner.

I usually have a pretty good sense of humor, but I would definitely have appreciated more of a plug for our sport instead of an article designed to get laughs. At least they gave the web site and snail mail addresses for the United States Orienteering Foundation for people who wanted more information.

## CLUB CALENDAR

### November 19 (& maybe 18), Silver Bell Mountains

Course Setter Kevin Gross (326-0739)  
 Course Vetter *First Time Setter Needs a Vetter*  
 Meet Director Alexandre Savine (299-4540)

### November 27, Newsletter Deadline

Submittal information on page 2

### December 17, Cat Mountain

Course Setter Jeff Brucker (886-2528)  
 Course Vetter Vacant  
 Meet Director Call Peg at 628-8985 or  
 e mail (address below) to volunteer PLEASE!

### January 21, Chimney Rock at Redington Pass Short Rogaine

Course Setter Carl Moore  
 Course Vetter Vacant  
 Meet Director Vacant

### February 18, Catalina State Park

Course Setter Jim Stamm (575-0830)  
 Course Vetter Vacant  
 Meet Director Vacant

### March 18, Down Route 83

Course Setter Wilkey Richardson (529-1105)  
 Course Vetter Vacant  
 Meet Director Vacant

### April 15, Open! Your idea goes here!

Course Setter Vacant  
 Course Vetter Vacant  
 Meet Director Vacant

### May 5 & 6, North American Championship Rogaine on the Mogollon Rim

Course Setter John Maier (520-586-7300)  
 Course Vetter Vacant  
 Meet Director Peg Davis (628-8985)

### May 20, National Orienteering Day at Greasewood Park

Course Setter NEEDED!  
 Course Vetter Vacant  
 Meet Director Vacant

### June 9 & 10, Map field checking at Lake Mary

### June 17, On Mt. Lemmon

Course Setter Jeff Brucker (886-2528)  
 Course Vetter Vacant  
 Meet Director Vacant

### July 15, (Tentative) State Champs at Lake Mary

Course Setter Vacant  
 Course Vetter Vacant  
 Meet Director Vacant

### September 16 & 17, Potato Patch on the Mogollon Rim

Course Setter Vacant  
 Course Vetter Vacant  
 Meet Director Vacant

*TSN Club meets are held regularly on the third Sunday of the month year-round  
 Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices  
 who want to learn to set courses If there is enough interest, separate training for course setting can be organized.  
 Directing a meet consists essentially of setting up and supervising the Registration and Timing areas,  
 with help from other volunteers Teams of two are encouraged  
 Please call Peg Davis at 628-8985 if you can help with any of these meets*

### 1999-2000 TUCSON ORIENTEERING CLUB OFFICERS

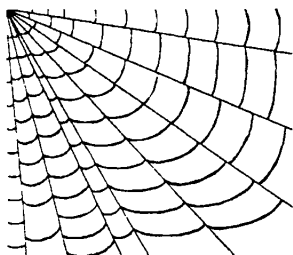
President	Peg Davis	pegdavis@u.arizona.edu	628-8985
Secretary /Treasurer	Jeff Berringer	jaberringer@westraytheon.com	512-4685
Membership	Jeff Brodsky	jabrodsky@worldnet.att.net	886-6304
Mapping	Jeff Brucker	jeffbrucker@prodigy.net	886-2528
Equipment	Mary English		881-4786
Permits	C Michael Thompson	cmthomps@email.arizona.edu	743 9687
Publicity /Education	Carol Brucker	carolbrucker@prodigy.net	886-2528
Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108

Tucson Orienteering Club  
P O Box 13012  
Tucson AZ 85732

Address Service Requested



Get your  
Pre-Thanksgiving  
exercise at  
Silver Bells  
November 19



Check out the Tucson Orienteering Club web site!  
<http://www.fortunecity.com/greenfield/bypass/733/>  
or type <http://go.to/tucsonorienteering>  
Also, for links to all the West Coast club sites,  
just type <http://go.to/sconet>

### Tucson Orienteering Club Membership Application

Check one New Member  Renewal  Date on label \_\_\_\_\_

Check one Individual (\$10)  Household (\$15)

Name \_\_\_\_\_ Telephone: \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

Can you help staff a club meet?  Yes, call me

Members receive a monthly newsletter, have voting privileges and access to Club library,  
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club  
and send to P. O. Box 13012, Tucson, AZ 85732.