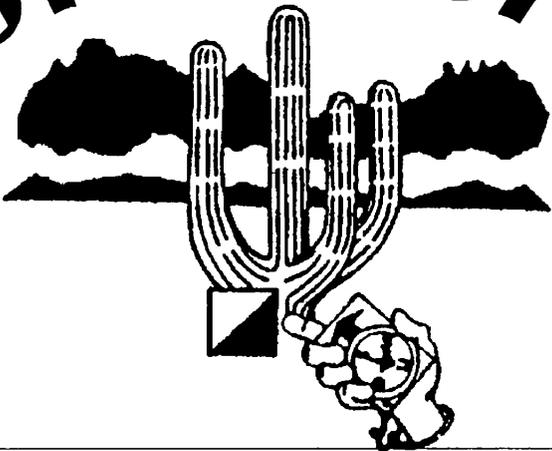

Tucson Orienteering Club



February 1998

February: Cat Mountain Bike-O

—Mark Parsons

On February 15, Keith McLeod and I will host a meet near Tucson, on the map we still use of an area at the south end of the Tucson Mountains called Cat Mountain.

The main event will be a Score-O for bicyclists and hikers/runners. The controls will have varying point values, and a participant's score will be a total of the points arrived at by visiting as many controls as possible, in any order, in 90 minutes. The higher point value controls will be at an advanced level of difficulty. Points will be deducted for each minute of time over 90 minutes.

I will also offer just a red course in the usual point-to-point format.

Keith has enlisted some of our veterans (Rachel Gelbin, Roger Sperline, Peg Davis) to lend a hand for the meet. Assisting them is a great way to help run a meet and to pick up some orienteering tips. Give Keith a call at 529-1808 and he'll partner you with them. Volunteers are always needed.

With the surrounding development, this may be our last meet at Cat Mountain. Be sure to attend, and bring a friend.

Directions: Drive west on Ajo Road (AZ 86) to Kinney Road (4 miles west of Mission). Turn right on Kinney. Go north one mile to Sarasota Boulevard, and turn right. Sarasota is clearly marked. Follow it east 0.9 mile past the pavement's end, then turn right onto the dirt road. Go south 0.5 mile and find a parking spot. To reach the registration area, go through the wooden gate in the fence and follow the trail through the pass 0.5 mile to the site.

Fees: \$8/individual, \$10/team; \$5 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1.

Safety whistles sell for \$1. *Every person, all courses, all meets* is required to carry some type of safety whistle.

Schedule:

9:00 a.m. Registration opens.

9:30 a.m. Courses open. Beginners' clinic starts.

12:00 noon. Last time to start a course.

12 noon-2 p.m. Route choice reviews

2:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

Check-In: To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To allow time to register before attending the beginners' clinic, arrive between 9 and 9:15 a.m.

Route-Choice Reviews: Between noon and 2 p.m., the course setter or an advanced orienteerer will discuss route choices with returning participants, usually near Start/Finish area.

January Business/Planning Meeting

—GeeGee Larrington

The meeting was held on January 13 at the home of Peg Davis. Members present were: John Maier, Mark Parsons, Chris Kraft, Peg Davis, Lois Kimminau, Mary English, and GeeGee Larrington.

The following motions were made and passed:

- All maps will have a safety bearing. It will be the responsibility of the course setter to provide the safety bearing on the back of each map copied for the event.
- This year's ROGAINE profits will be divided equally between the Map Fund and the Regular Account.
- A new single task position was created: Permit Coordinator. Responsibility will be to obtain permits for events and maintain the Permit Manual. John Maier has volunteered to fill this position for the new year.
- Mark Parsons was charged with obtaining from USOF a description of what our liability insurance covers.

Other Business:

- Orienteers Carl and Linda Moore are coming to Tucson in March and will set (i.e. plan and design) some courses for upcoming events already scheduled. Another person will actually set the controls for the event following their design.
- With the updated O-Cad program, maps can be continuously and easily updated. A current map can be printed for a meet. This will reduce printing costs, with no need to stockpile maps.
- Ann Haber has volunteered to train meet directors at the March meet.

Planning for Election of Officers:

- Some current officers have agreed to serve another year. The positions of Vice President, Map Chair, and Membership Chair need to be filled. Volunteers will be sought.
- If any positions have more than one candidate, ballots will be in the March newsletter.

The next business meeting will be held on Monday, March 2, 1998, at 6:30 at the home of Peg Davis (2441 East Parkway Terrace—from Broadway Boulevard, turn south on Tucson Boulevard, past church and school; turn right on Arroyo Chico one long block). Call Peg at 628-8985 for other information.

On the agenda for the March meeting are the following: the 1998 ROGAINE; how to ensure vetting of all courses; discussion of a motion related to misplaced or mislabeled controls and/or mismarked maps; review of the end-of-year financial report; annual review of past year's motions.

NOTICE

Interested in 10 years of *Orienteering/North America* back issues? Due to space restrictions, John Maier will be forced to recycle these unless someone comes to their rescue right quick (by February 15 at the latest). Includes numerous tips for improving your orienteering. Yours free for a phone call to (520) 586-7300.

Meet Director Workshop

If you have ever been interested in being a meet director, but have been too timid to try, here's your opportunity. Ann Haber will be directing the March meet at the Buenos Aires Wildlife Refuge, and she will also be giving an in-service to anyone interested in learning how to direct a meet and what it involves. Volunteer to be a co-director with her for the March meet, and she will teach you all you need to know to direct a future meet on your own. Please call Ann at 293-0262 for further information.

Catalina State Park, January 18

—Chris Kraft

Catalina State Park, plus a sunny, mild January day, plus record attendance equaled a wonderful day of orienteering. The course was set up in a different format, which frustrated some and delighted others. We had 61 entries/116 people. In my book, the meet was a great success.

Welcome to all those new to orienteering. We'll be looking forward to seeing you back at Cat Mountain.

In case anyone is wondering in what order the course setter thought the course should be run, here's what Jim Stamm had to say: "I reduced the distance of the entire course by trial and error to 6.5 km, and then remembered some math principle where an inner loop and an outer loop give minimum travel. The order of the controls that I selected was: 13, 14, 8, 5, 9, 2, 1, 3, 4, 7, 10, 6, 11, 16, 15, 12."

It was a bit of a challenge to compile the results. In order to qualify for the advanced level, you had to get all 16 controls. If someone tried to get 16 but only got 15, they, in most cases, spent more time getting those 15 and ended up in the intermediate level with those who got 12 controls. Even though the time was the final determinant of your placement, I decided to list the number of controls along with the times to give a better idea of how everyone did.

Those who placed first, second, or third in Men, Women, and Team categories in each level will receive a ribbon. Pick up your ribbons near the timing table at the next meet.

There were a few entrants with incorrect punches in the boxes or punches in the wrong boxes. Rather than disqualify the whole thing, I decided to throw out only the incorrect punches, which had the effect of putting those entries in the next level down. One entry got disqualified because there were less than 7 total punches.

As many of you were aware, the parking situation was a problem. I appreciate those who used the shuttle from the group use area. A big, huge "Thank You" goes to **George** (last name unknown), the camp host at the Equestrian Center, who patiently and politely directed people to parking spots and got the most out of the space we had. I don't know what I would have done without his assistance!

Thanks to all the volunteers who donated an hour (or more) of their time making the meet run so well. **Sabra Castle and her Girl Scout Troop 508** helped at Registration and also with control retrieval. I think the girls and the adult leaders had fun working, in addition to learning map reading and compass skills. **Peg Davis** ran the Beginners' Clinic; **Rachel Gelbin, Pat Madea, Doug Maus, and Ann Haber** ran Registration; and **Ted Norris** spent the day working the Timing/Results table, along with **Helen Deluga, Jeff Brodsky, and Clark Lohr**. **Jim Stamm, Yuri Beregovski, Jeff Brucker** and **Troop 508** collected all the controls. Thanks to all these volunteers—they made directing this meet EASY.

If you're thinking you might try directing a meet, Catalina State Park is the one to put your name down for.

Last but not least, grateful thanks to **Jim Stamm** for his dedication as course setter. I know he spent many hours designing the course, printing maps, and setting up and picking up the controls and water stations. [Please read Jim's "Course Setter's Notes" on page 4.]

Advanced (16 controls)			5M Gary Thomas	184:32	2M Roger Sperline	14 80:58
1M Roy Parker	61:50	6M Alexander Perlis	204:44	1T Beauty and...	12 83:35	
2M Ult Andre	75:50	7M Robert Offerle	227:27	2T Slobbering Catalina Dog	12 97:13	
1T Three Psychos	96:55	3T Desert Terminators	227:30	2W Ann Haber	12 98:15	
2T Age Before Beauty	101:25			3T Slothmeisters	12 101:35	
3M Keith McLeod	120:08	Intermediate (minimum of 12 controls)			3M Jeff Brucker	14 103:35
1W Pat Penn	141:24	1M Dan Coombs	15 64:00	4M Don Fallis	15 110:19	
4M Yuri Beregovski	172:36	1W Peg Davis	13 74:45			

Continued on page 6

Saints of Orienteering

—Peg Davis

Here's the 1997 Hall of Fame. The number of days a person directed, co-directed, set, or co-set were totaled for all 1997 TSN meets.

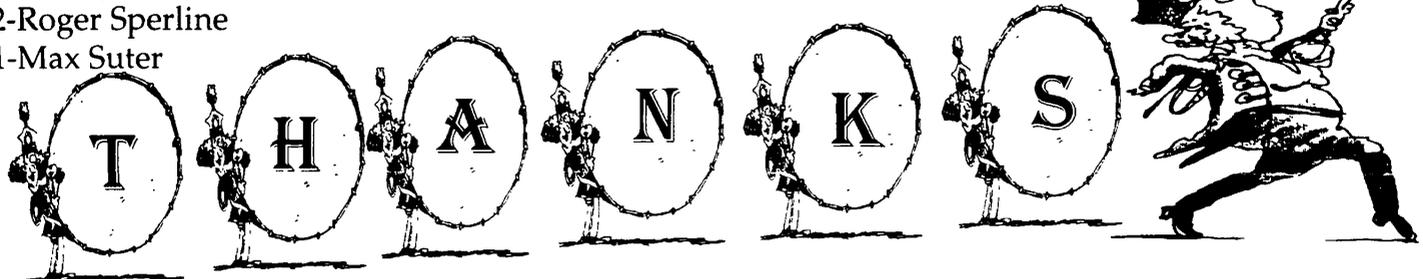
Course Setters

1-Jeff Brucker
2-Marilyn Cleavinger
1-Dan Cobbledick
3-Dan Coombs
1-Clark Lohr
1-Francisco Luttmann
2-John Maier
1-Margrit McIntosh
1-Mark Parsons
1-Pat Penn
4-Wilkey Richardson
2-Roger Sperline
1-Max Suter

Meet Directors

1-Marley Beard
8-Peg Davis
1-Jim DeVeny
1-Rachel Gelbin
2-Ann Haber
1-Maureen Jamieson
1-Jill Luttmann
1-Wilkey Richardson
1-Sasha Savine

*Your name
could be
here next
year!*



January Course Setter's Notes

—Jim Stamm

Regarding the January 18 meet at Catalina State Park, I wanted to (1) comment on competitive placement, (2) apologize for not having control #3 in the correct place, and (3) compliment Chris Kraft on her meet directing.

(1) All of the beginner and intermediate competitors did better than their placement indicates. For example, advanced runners who did very well were placed in the intermediate level because they did not get all of the controls. Be proud that you ran against some of the best. Also, because the levels were completely mixed (there were no "beginner" controls, "intermediate" controls, or "advanced" controls, per se), many beginners visited more controls and harder controls than they normally would have. At least one first-timer, Yuri Beregovski, punched all 16 squares correctly. (He then helped with flag retrieval!)

(2) Jeff Brucker (and others) went to #3 with me, and pointed out that the control should be ON a map feature, and not "surveyed" from more distant trails and washes. The circle should have been located one-half diameter to the west. I know that this hurt a number of participants and I apologize to everyone affected.

(3) Even with the course problem and the parking problems, Chris managed to make this meet run as smooth as any I've seen, and the number of participants was a record. Thanks, Chris, for doing such a fine job on your first meet director assignment.

The Arizona Mogollon Rim ROGAINE

May 2-3, 1998

—*John Maier*

Continuing TSN's proud tradition, the Arizona ROGAINE will again have a new site. This year's event will explore new heights at 7,000-8,000 feet elevation on the scenic Mogollon Rim, north-east of Payson in the Rim Lakes District of Apache-Sitgreaves National Forest. In terms of vegetation, this means pine/fir forests will dominate. Prior experience navigating through cacti, catclaw, and shindagger will offer no competitive advantage, as we'll be above the desert, not in it. Our early May date for this event will give us the jump on the hordes of summer-time users who flock to this getaway for camping, fishing, and boating.

For those of you who have not had the pleasure of experiencing a ROGAINE, let me introduce you to the basics. It is a long-duration, team orienteering event using the score-O format, whereby you have a set time limit to get as many controls as you can. But the controls are much further apart than at your typical O-event and your map covers a much larger area. Controls are set at the intermediate level, so you must be of intermediate skill or better to do well. You will start and finish at a centrally located base camp to which you may return as often as you wish during the event to restock supplies, rest, or eat.

The primary difference from a typical O-event is that a ROGAINE tests your stamina and endurance in addition to your other O-skills. Speed is not so important. Pacing yourself to last the distance is. Most participants favor a hiking pace. It's a team event with most teams having two people. More than four is rare. If you cannot find a partner, the event organizers will do their best to match you up with someone compatible.

The ROGAINE idea originated in Australia and was introduced by three people named Rod, Gail, and Neil. In addition to incorporating the first letters of their names, the term is an acronym for "Rugged Outdoor Group Activity Involving Navigation and Endurance."

Although a purist would not consider an event shorter than 24 hours worthy of the term, and many feel it should include some night navigation as an integral element, today we see events as short as three hours labeled as ROGAINES. The attraction of ROGAINE-ing comes from the camaraderie of the participants in an outdoor activity, from the extended length of the activity, from the numerous decisions which must be successfully dispatched in order to optimize team performance, and from the sense of achievement that participants feel long after the event is over.

For our Mogollon Rim ROGAINE, you may choose from three lengths (6-, 12-, or 24-hour) and six categories (Men, Women, or Mixed in either Open or Masters divisions). Masters must have an average age of 45 years or more. The entry fee is \$30 per person by the April 14 (postmark) deadline and includes multiple color maps at 1:24,000, camping, and food. After the April 14 deadline, there will be a late fee of \$10 per person.

Head chef will be Mark Parsons, who won accolades for the food service he provided at the Parker Canyon Lake ROGAINE and the Rosemont Canyon Champs Event.

All courses will start simultaneously at 10 a.m. Saturday, May 2, with maps handed out two hours prior for course planning. Participants will have the option of changing their course length, after beginning, to accommodate unforeseen energy reserves or depletion.

Additional information and the complete entry form will be included in the Tucson Orienteering Club's March newsletter. Information will also be available by accessing the TSN web page at <http://www.bayside.net/users/cbsites/tocl/>, or by calling me at (520) 586-7300.

Continued from page 3

4T	Catalina Javelinas	12	115:04
5T	The Monsters	12	118:47
6T	Blazers	12	136:55
5M	Steve Vierek	12	138:15
3F	Margrit McIntosh	12	143:00
7T	Fourier Fan Club	12	158:10
6M	Jim Hays	12	160:03
8T	Nite Lizards	13	166:43
9T	Desert Rattlers	14	173:06
10T	Pathfinders	15	193:17
4F	Lois Kimminau	12	201:57
5F	Mary English	12	213:19
11T	Allen & Marie	15	235:00

Beginner (minimum of 7 controls)

1T	Pathfinders II	7	46:25
2T	Armageddon	7	53:08
1M	Michael Collins	11	66:37
2M	Jeff Small	8	88:07
1F	Sue Roberts	10	88:22
3M	Josh Stamm	7	89:13
3T	Bulldogs	7	98:55
4T	Wanderers	7	99:08
2F	Cathy Gaskins	9	106:58
4M	Andre Lehovich	11	132:48
5T	D&D	11	135:23
6T	Gila Monsters	7	136:09
7T	Wild Horses	7	136:44
8T	McGregors	10	138:00
9T	Bad Boys	7	138:28
10T	Cobras	11	142:53
11T	Lisa Melead/John Paul	11	163:04
DSQ	Bev Parks		
Rec	Webelos, Pat & Jamie, Cocoa, Kathy Mathiesen, Chris Suter, Max Suter, Wegrzniak, Hiking Scorpions, The Evil Mendu, Mike Berger		

Plan an Orienteering Summer!

—Peg Davis

Two big, and I mean really *big*, meets are coming up this summer. Either of them would make an orienteering-O-riffic vacation. Here in Tucson, we only get to orienteer once a month. Running multi-day events will boost your skills like nothing else I've experienced. These meets draw participants from all over the country and the world. The combination of competition, fun, and fresh air just can't be beat.

The multi-day Colorado meet, previously held in July, moves to a new month and state this year. The Rocky Mountain 1000 Day will be near Laramie, Wyoming, from August 15 to 23. Running the four days of A-meet courses will allow you to be nationally ranked. As if that were not enough, a team relay, a motala, a sprint, a 16-K goat, and the national Night-O champs will be padding out the week. This new area means new maps! The entire week of events will only cost \$60 if you register by the first of March.

The Sage Stomp in British Columbia fits into the July 25-August 9 extravaganza in the Pacific Northwest. This meet will feature the *WORLD ROGAINE* Championships. 'A' meet events are \$20/day while the *ROGAINE* will be \$80/person.

Both of these will feature spectacular scenery and cool, cool temperatures in the middle of summer. Complete information with registration forms can be found on the Net. (I like to access this by calling up www.us.orienteering.org and clicking on the appropriate location on the map.) If you're not an online kind of person, just phone me at 628-8985 and I'll send you a printout of all the information.

There's one more event I'd like to mention. The Alaska Range 24-Hour *ROGAINE* will be held in the southern foothills of Denali on July 25-26, 1998. OK, it's far away, but nothing is going to top the amount of daylight or the view on this one.

TSN MEMBERSHIP APPLICATION

Check one: New Member Renewal Date on label _____

Check one: Individual (\$10) Household (\$15)

Name: _____ Telephone: _____

Address: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club, and send to P. O. Box 13012, Tucson, AZ 85732.

Club Calendar

February 15, 1998, Cat Mountain, Tucson Mountains
 Course Setter: Mark Parsons (520-432-3013)
 Meet Director: Keith McLeod (529-1808)

February 23, Newsletter Deadline
 See submittal information below.

March 2, 1998, Business/Planning Meeting
 Home of Peg Davis, 2441 E. Parkway Terrace
 See Business/Planning Meeting, page 2.

March 15, Buenos Aires National Wildlife Refuge (new map)
 Course Setter: John Little (327-8973)
 Meet Director: Ann Haber (293-0262)

April 19, Chimney Rock, Redington Pass
 Course Setter: Jeff Brucker (886-2528)
 Meet Director: VACANT

May 2-3, ROGAINE, Mogollon Rim Near Payson, Arizona
 Course Setter: John Maier (520-586-7300)
 Meet Director: Mark Parsons (520-432-3013)

May 17, Greasewood (City) Park
 Course Setter: Peg Davis (628-8985)
 Meet Director: VACANT

June 20-21, Lincoln (City) Park, Night-O and Early-O
 Course Setter: VACANT
 Meet Director: VACANT

July 19, Bear Wallow, Santa Catalina Mountains
 Course Setter: VACANT
 Meet Director: VACANT

August 16, Palisades, Santa Catalina Mountains
 Course Setter: VACANT
 Meet Director: VACANT

September 20, Not Determined

October, Arizona State Champs
 Arranged by Greater Phoenix Orienteering Club

November 15, Brady Wash (new map)
 Course Setter: Wilkey Richardson (529-1105)
 Meet Director: VACANT

December 20, Empire Ranch, north of Sonoita
 Course Setter: VACANT
 Meet Director: VACANT

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.

1997-98 TUCSON ORIENTEERING CLUB OFFICERS

President	VACANT		
Vice President	Peg Davis	pegdavis@ccit.arizona.edu	628-8985
Secretary/Treasurer (Acting)	GeeGee Larrington	larring@azstarnet.com	297-8797
Membership	Chris Kraft	tmax@azstarnet.com	885-1735
Mapping	Pat Penn	penn@ccit.arizona.edu	326-2339
Equipment	Mary English		881-4786
Publicity/Education	Pam Michalowski		882-0965
Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 FAX: 290-8071 E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota, Tucson, Arizona 85715

—Lois Kimminau, Editor

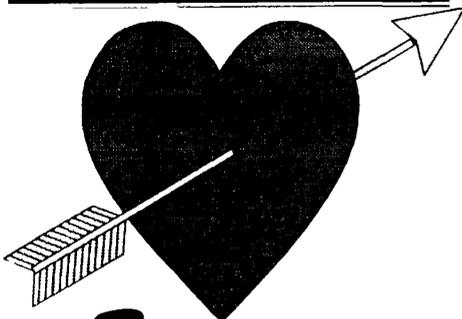
February 1998

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Groundhog Day	3	4	5	6	7
8	9	10	11	12	13	14 Valentine's Day
15 MEET AT CAT MOUNTAIN	16  President's Day	17	18	19	20	21
22	23 Newsletter Deadline	24	25	26	27	28

Don't forget the March 2 business/planning meeting.

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested



*Bring your
Valentine to
Cat Mountain
February 15.*