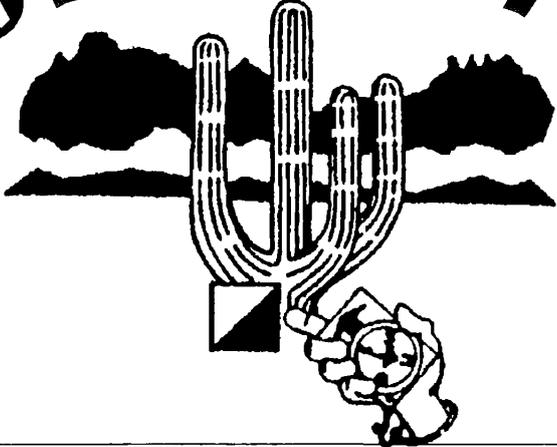

Tucson Orienteering Club



July 1997

Palisades Ridge in the Catalinas

—Jeff Brucker

On Sunday, July 20, we will be in the pine forest at a cool 8,000 feet. Last month at Bear Wallow it was downright chilly in the shade, even though it was 100° in Tucson, so I recommend at least a jacket to leave in the car.

We will have five courses: White, Yellow, Orange, Green, and Red. Clark Lohr will be setting the White and Yellow courses. We will both be careful to avoid placing controls near the newer trails and buildings in the Boy Scout camp which are not on the map. I will also avoid as much of the almost featureless steep hillsides as possible, but sometimes it's hard not to rationalize a feature here and there. The advanced courses, by necessity, will be relatively steep in parts, so the distances will be shortened to compensate.

Jim DeVeny and Maureen Jamieson (323-0936) will be meet directors and would appreciate some volunteers. Please call beforehand if you can help.

[Note: According to the Forest Service (670-4552), the Mount Lemmon Highway user fees are scheduled to go into effect around the middle of July. The exact date has not yet been determined. So be prepared to pay a fee, or call a few days before the meet and check.]

Camping: Showers Point is a developed campground with facilities, and we have reserved Group Campsite #2 for Saturday night. Check in after 1 p.m. Saturday; check out by noon Sunday.

Directions: Take Catalina Highway up about 20 miles to Organization Ridge Road. (It is just before the Palisades Ranger Station.) Turn left and curve right, following the main Organization Ridge Road. Continue about .4 miles. The Showers Point campground is on the right.

You may need to park on the main road. Follow the O signs into the campground.

Fees: \$5/individual, \$7/team; \$2 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets* is required to carry some type of safety whistle.

Schedule:

9:00 a.m. Registration opens.

9:30 a.m. Courses open. Beginners' clinic starts.

12 noon. Last time to start a course.
2:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

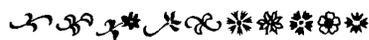
Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Continued on page 2

Continued from page 1

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To allow time to register before attending the beginners' clinic, arrive between 9 and 9:15 a.m.

Route-Choice Reviews: Between noon and 2 p.m., the course setter or an advanced orienteerer will discuss route choices with returning participants, probably near Start/Finish area.

**Joining? Renewing?**

Why should you join the Club or renew your membership? Well—you will receive a \$2 discount for meets, receive the monthly newsletter, and have voting and library privileges. And it's only \$8 for individuals or \$11 per household!

A membership form is included in the newsletter periodically. You can also join or renew at meets by filling out a registration form and paying your dues at the same time as you register and pay for the meet.

If you have any questions, call the Membership Chairman, Chris Kraft, at 885-1735.

Business/Planning Meeting

No meeting was held in June. The next meeting will be held at 7 p.m. on July 16 at Peg Davis's home, 2241 East Parkway Terrace. Take Tucson Boulevard south from Broadway about 1/2 mile; turn right on Arroyo Chico, and go to circle at the end of the block. Call Peg (628-8985) for information or questions.

Members are invited, welcome, and eligible to vote.

Training Tip: Relocating

—Joe Scarborough

Reprinted from Bay Area Orienteering Club Bulletin, Mar.-Apr. 1997

They say that what distinguishes better orienteers is in how quickly they relocate. At the same time, their locational problems are much less frequent and severe than for most of us. I would say that 90% of the folks running our advanced courses would benefit more from treating the causes of the problem rather than the symptoms. In other words, you should concentrate more on avoiding getting lost than on correcting afterwards. Nevertheless...

When you have to relocate:

I don't think there are any surefire tricks to doing it *quickly*, other than orienteering correctly to keep the errors small. When things get bad, there are just the standard text book techniques, best learned at the beginner and intermediate levels.

Don't:

- ◆ Continue running, hoping to see a marker.
 - ◆ Force the map to agree with your idea of where you are.
- The mind can play tricks on you when you are desperate.
- ◆ Blame your problems on the map or, worse, the compass.
 - ◆ Wander aimlessly.
 - ◆ Panic and blow your emergency whistle.

Try to:

- ◆ Be sure your map is oriented and try to identify obvious features or patterns.
- ◆ Reconstruct your route from the last definite point.
- ◆ Look for parallel and other possible errors.
- ◆ If you had a good attack point and are near the control, make a couple of circles before bailing out.
- ◆ Bail out to a dominant nearby feature, preferably a line feature.
- ◆ Select a good attack point. Try a different one if the first did not work.
- ◆ In complex terrain or thick vegetation—walk.

Greater Phoenix Orienteering Club**1997 Calendar of Events**

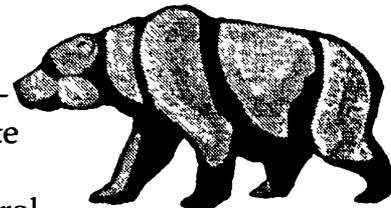
| | | |
|---------------------|-----------------------------|--|
| July 13 | Lynx Lake | Orienteering Meet |
| August 3 | Lower Lake Mary | Training Clinic |
| September 6-7 | Bear Canyon Lake | Lake-to-Lake Hike |
| October 11-13 | Land Navigation Class | Three-day class with Reevis Mountain School |
| November 2 | Lake Pleasant | Orienteering Meet |
| December 6 | Bombay Mine | Map Hike |

For information, call Fred Padgett, (602) 956-7522.

Results From Bear Wallow

—Ann Haber

The June 15 meet at Bear Wallow was remarkable for several reasons. First, it was a cameo appearance for one of the club's most highly regarded course setters, **Dan Cobbledick**. After once again directing a meet for Dan, I can only echo what Pat Penn so eloquently wrote on the Feedback for Course Setter sheet, "More courses by Dan!"



Only one control wasn't where it was supposed to be, and that control had been stolen by a would-be juvenile delinquent. Fortunately, one of our orienteers (I believe it was Jeff Bonneville—thank you, Jeff!) caught the kid, instructed him to return the control from whence it came, and to report immediately to Rachel Gelbin and apologize to the club, which he did! Who says orienteering doesn't build character?!

I'm generally not one for compiling statistics. However, I was impressed by the number of entrants who opted to go out on a second course after they finished their first. In all, 11 teams or individuals did this. (Note: there is no charge to go out on a second course. However, the second course must be recreational, not competitive.)

I was also impressed by the number of people who joined the Club at this meet. We now have five new members. Welcome, all!

As usual, this meet could not have been run without volunteer help from many of our members. Not only did my co-meet director, **Rachel Gelbin**, recruit volunteers for the meet, she also almost single-handedly ran the Start/Finish table. Other help came from: **Peg Davis** (many beginners' clinics), **Audrey Brooks**, **Garey Cash**, **Keith McLeod** (registration); **Jeff Brodsky** (scoring); **Mike Huckaby** (beginners' clinic impromptu); **Keith McLeod**, **Chris Kraft**, **Jim DeVeny**, **John Jamieson**, **Dave Askew**, **Meg Barthelman**, **Rachel Clay**, **Larry Cochran**, **Mike Huckaby**, **Audrey Brooks**, **Michael** and **Heather Collins** (control retrieval).

All help was greatly appreciated by me. It was a pleasure to co-direct this meet because of Dan and all of the people who helped. Thank you!

Green Course

| | | |
|------|-----------------|--------|
| 1M | Max Suter | 67:07 |
| 2M | John Little | 71:29 |
| 3M | Jeff Brucker | 74:40 |
| | Dave Askew | 90:19 |
| 1W | Pat Penn | 97:44 |
| 1T | Savine | 101:02 |
| 2W | Peg Davis | 128:09 |
| 2T | Desert Dwellers | 208:19 |
| DNF | Mike Huckaby | |
| Rec. | Holly Hartmann | |

Orange Course

| | | |
|----|--------------------|-------|
| 1T | David & Lizzie Sam | 59:14 |
| 1W | Holly Hartmann | 60:30 |
| 2T | Lost & Don't Care | 62:47 |
| 3T | Collins | 63:41 |
| | Luttman Family | 77:28 |
| 1M | Larry Cochran | 78:40 |

| | | |
|------|--|--------|
| 2W | Margrit McIntosh | 81:15 |
| 2M | Jim DeVeny | 82:50 |
| | Slobbering Bear Dogs | 84:36 |
| 3M | Keith McLeod | 85:28 |
| | Dave Graser | 85:52 |
| | The Fast Frogs | 95:34 |
| | John Jamieson | 113:05 |
| | The Weintraubs | 124:06 |
| | Gary Thomas | 124:28 |
| | Malo | 180:25 |
| | Bev & Fran | 210:20 |
| DNF | Bob Zavala, Jeff Bonneville | |
| Rec. | Frozen Fingers, The Pathfinders, Chuck & May, The Caribineers, Bird, Jon Baker, Which Way Did He Go?, Jeff Brodsky | |



Yellow Course

| | | |
|----|----------------------|-------|
| 1M | Jon Baker | 22:03 |
| 2M | Chuck Richards | 23:30 |
| 1T | Sagebrush | 28:34 |
| 2T | Bird | 36:34 |
| 3T | The Wildcats | 38:44 |
| | The Slow Snails | 40:42 |
| | Which Way Did He Go? | 42:58 |
| | Baraboa | 46:03 |
| 1W | Chris Kraft | 49:52 |
| 2W | Paula Bentley | 58:13 |
| | The Pathfinders | 58:28 |
| | Malan/Kleiner | 61:18 |
| | Frozen Fingers | 66:33 |
| | Luttman Family | 70:19 |

Rec. Caribineers, Tobin's Turtles, Annina Lavee, Kansas, Kennedy, Chris Suter, Mary Horvath, Kelly Soma & Friends, K & M Cook, Team Buffington, First Timers

Comments From Our Members



Petition Re Land Exchange

—Peg Davis

Some of you saw and signed a petition at the Bear Wallow meet. This petition protested the proposed land exchange between the Forest Service and the mining company ASARCO, Inc. The proposed exchange would open the Rosemont Ranch area of the Santa Rita Mountains to mining.

Why should orienteers, of all people, be concerned about this?

The club has two maps which would either be on this portion of land or quite close: Rosemont and Cave Creek. These are two of our largest maps, which is why meets are listed as Rosemont North and Rosemont South, for example. The Cave Creek map is also large enough to have separate yet not overlapping meets. These are two of our easiest-to-reach sites—I drove from my house to the start point of the May meet in 45 minutes, and any passenger car can navigate the road.

Perhaps a mine in this area along designated Scenic Route 83 would make no difference. Perhaps you don't notice the existing ASARCO mine as you drive on I-19 north of Green Valley.

However, if you have worries about preserving the recreational integrity of this area, you might want to write and share your views with the supervisor of Coronado National Forest at this address:

John McGee, Supervisor
Coronado National Forest
300 West Congress, 6th Floor
Tucson, AZ 85701

The map you save may be your own course!

Missed Opportunity

—Keith McLeod

Having been involved with our sport for close to 2-1/2 decades, I receive numerous calls for information and help, ranging from individuals wanting to try orienteering to the press, boys/girls clubs, scouts, Rotary, Kiwanis, schools, and outdoor groups.

Recently I received a call from an officer of the Mile High Club who wanted to introduce orienteering to their members. She said they are an adult singles group of several hundred members that plans programs and excursions locally to around the world. Could we arrange a program for Saturday, June 14, because they were unable to reschedule for our June 15 meet on Mount Lemmon? They would be glad to pay a fee to our club.

Since her schedule (Australia) and mine (Florida) wouldn't mesh, I called Rachel Gelbin and asked her to take charge—as she does so well. Dan Cobbleddick volunteered to run our Mount Lemmon Meet and readily agreed to having everything in place to accommodate the Mile High Club and benefit our Club. I agreed to pitch in when I returned.

Between our meet and my phone call with the officer, there was a Club Business Meeting. Instead of enthusiasm for potential new members and income for our Club, a new policy was devised: charge \$100 for the use of equipment (being used by Club members for the benefit of the Club), obtain their own insurance (which they have), and obtain a separate permit (that should be our responsibility).

Sadly, no Saturday program occurred.

I believe we should be looking for ways to be inclusive with our sport. I believe orienteering adds value and enriches people's lives.

I read in our last newsletter that we need people to put on meets and to become Club officers. I wonder how many of these spots would be filled by the Mile High Club had they the opportunity to experience orienteering?

Commit Random Acts of Kindness....

—Lois Kimminau

I've never figured out the rest of that saying. What is a "senseless act of beauty"? If I were to pause in the middle of an intersection and do a couple of ballet jumps and twirls, it would certainly be senseless, but beautiful???

I have in mind a club project that I think would be a non-random act of kindness *and* a sensible act of beauty. That is: leave every meet site in better condition than we found it. Not only would we be doing something for our environment, but also we would win "brownie points" from the Forest Service! A win/win situation!

My idea is that we carry plastic bags with us and pick up trash as we see it when doing our courses, and also around the Start/Finish area. Naturally those who run the advanced courses wouldn't take the time to do this while on course, but for those of us who walk, I don't believe it would make much of a difference in our times. (I'm not talking about going out *looking* for trash, just picking it up when we see it.)

I had in mind using the plastic grocery bags with handles. These should be easy to carry, and two or three thicknesses should be sturdy enough even for broken glass. They would be free, as I'm sure most of us have plenty of these to recycle every month.

One drawback is that someone would have to be responsible for seeing that the filled bags made it to a dumpster somewhere. Meet directors already have a lot of responsibilities, so perhaps this would require another volunteer.

The trash I saw on the course at Bear Wallow (and a conversation with a new orienteerer) made me think of this. Some of our other meets are also held in areas that have seen a lot of use and could use a good cleaning. Shall we give this a try?

Club Calendar

July 16, Business/Planning Meeting

Peg Davis's home, 2241 E. Parkway Terrace, 7 p.m.
See meeting notice, page 2.

July 20, Palisades Ridge, Santa Catalina Mountains

(Camping available Saturday, July 19)

Course Setter: Jeff Brucker (886-2528)

Meet Directors: Jim DeVeney & Maureen
Jamieson (323-0936)

July 28, Newsletter Deadline

See submittal information below.

August 17, Greasewood (City) Park

Course Setter: Francisco Luttmann (577-6970)

Meet Director: Jill Luttmann (577-6970)

September 21, Cave Creek, Santa Rita Mountains

Course Setter: Open

Meet Director: Open

HELP!

October 18-19, Empire Ranch

1997 AZ State Championship Meet (two days)

Course Setters: Mark Parsons and Mike Huckaby

Meet Director: Marilyn Cleavinger (795-2081)

November 16, Chimney Rock, Redington Pass

Course Setter: Dan Coombs (792-3910)

Meet Director: Open

December 21, Silverbell Mountains (new site/map)

Course Setter: Wilkey Richardson (529-1105)

Meet Director: Open

January 18, 1998, Catalina State Park

Course Setter: Jim Stamm (575-0830)

Meet Director: Open

February 15, 1998, Cat Mountain, Tucson Mountains

Course Setter: Keith McLeod (577-0570)

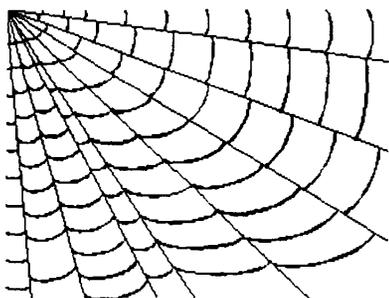
Meet Director: Open

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.



Check out the Tucson Orienteering Club web site!

<http://www.bayside.net/users/cbsites/toc/>

Or, take a look at the ROGAINE home page:

<http://florawww.eeb.uconn.edu.rogaine/rogaine.htm>

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone 296-2108

FAX: 290-8071

E-mail loiskim@aol.com

US mail, 9055 Calle Bogota

Tucson, Arizona 85715

—Lois Kimminau, Editor

1997-98 TUCSON ORIENTEERING CLUB OFFICERS

| | | |
|------------------------------|------------------|----------------|
| President (Acting) | John Maier | (520) 586-7300 |
| Vice President | Peg Davis | 628-8985 |
| Secretary/Treasurer (Acting) | GeeGee Larnngton | 297-8797 |
| Membership | Chris Kraft | 885-1735 |
| Mapping | Pat Penn | 326-2339 |
| Equipment | Mary English | 881-4786 |
| Publicity/Education | Pam Michalowski | 882-0965 |
| Newsletter Editor | Lois Kimminau | 296-2108 |

July 1997

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|------------------------------|---------|--------------------------------------|----------|---|-----------------------------------|
| | | 1 | 2 | 3 | 4  Independence Day | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 Phoenix Meet, Lynx Lake | 14 | 15 | 16 Business Plan- ning Meeting | 17 | 18 | 19 Camping at Showers Point |
| 20 Palisades Ridge Meet | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 Newsletter Deadline | 29 | 30 | 31 | | |

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

Cool Catalinas
Palisades Ridge
July 20, 1997