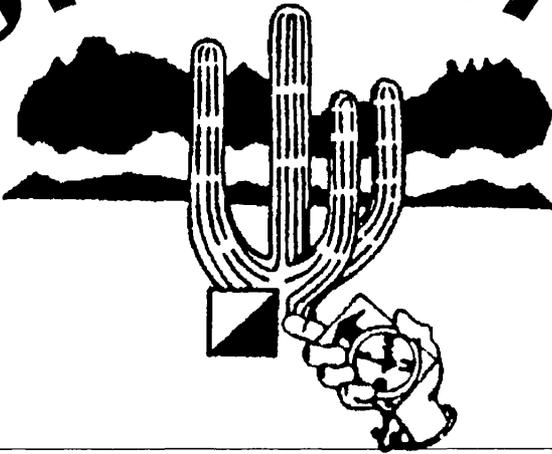

Tucson Orienteering Club



June 1997

COME AND "WALLOW," JUNE 15

Come join us at Bear Wallow on June 15. It'll be cooler than down in Tucson! This is a lovely area that the Club has always enjoyed. There was a slight problem this year with the permit because of environmental concerns, but we have been cleared to hold our meet with some restrictions as to areas we may go through. Please observe these restrictions carefully, so that we can continue to get permits for interesting sites.

Dan Cobbledick is planning to set three courses—White, Orange, and Red. Ann Haber and Rachel Gelbin will be meet directors. Please call Rachel (326-7504) or Ann (293-0262) if you can help on the day of the meet.

Come, and bring a friend!

Fees: \$5/individual, \$7/team; \$2 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets is required to carry some type of safety whistle.*

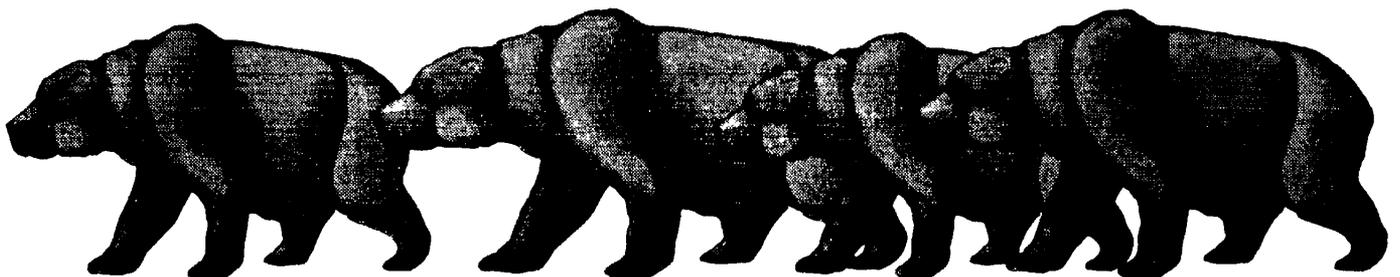
Schedule:

- 9:00 a.m. Registration opens.
- 9:30 a.m. Courses open. Beginners' clinic starts.
- 12:00 noon. Last time to start a course.
- 12 noon-2 p.m. Route choice reviews
- 2:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

Check-In: To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To allow time to register before attending the beginners' clinic, arrive between 9 and 9:15 a.m.

Route-Choice Reviews: Between 10 a.m. and noon, the course setter or an advanced orienteerer will discuss route choices with returning participants, probably near Start/Finish area.



Getting the Best Start

—Contour Line, March 1995

St. Louis Orienteering Club

Preparations before the Start:

- Put competition clothing on early (also sunscreen, insect repellent, headbands, etc.)
- Tape your shoe laces or get lace-covering gaiters.
- Check that you have the necessary equipment (compass, punch card case, whistle, magnifier, etc.).

At the Start area:

- Use your compass to check which direction is north.

On your way to the Start triangle:

- Keep relaxed.
- Orient the map.
- Find the Start triangle. note direction to first control.
- Fold the map in a suitable way.

At the Start triangle:

- Turn in direction of the first control.
- Hold map so first control lies straight ahead.
- Check that the map is oriented.
- Plan your route to the first control.

Key words for planning:

- Attack point (plan backwards to your location)
- Handrails, large features, significant contour features
- Simplify the map
- Judge runnability
- *Plan ahead!*

NEVER RUSH AWAY—10 seconds of planning could give you a good investment. The first control is the "key" to the whole course.



Some people make things happen; some people watch things happen; some people wonder, "What happened?"

In Tucson Orienteering Club, we have a rather small group who have been "making things happen" for quite a while. We have a large group who have been watching things happen. And before long we will have this same large group wondering what happened.

Contrary to popular opinion, the TSN leadership *does* have a life beyond orienteering, even though it may be our favorite pastime. We have spouses, friends, children, jobs, and other interests. We cannot continue to "do it all." When there is no meet to attend because the leadership is burned out, are you going to be one who says, "What happened?"

TSN needs YOU.

◆ We need a president and a secretary/treasurer.

◆ We need more course setters to work with our old dependables, to get experience so they can set courses themselves in the future.

◆ We need LOTS of meet directors. Look at the calendar and see all the "Open" spaces.

Other than course setting, none of these positions require a lot of experience. There are written step-by-step instructions for meet directors, and there are lots of members willing to help out for an hour or two on the day of the meet. Can't you direct a meet at least once every two years? Call Peg Davis at 628-8985 and let her know when you can help.

May Business/Planning Meeting

—Wilkey Richardson

Meeting was held May 13 at Chris Kraft's house. Attendees were John Maier, Peg Davis, Chris Kraft, Wilkey Richardson, and Mark Parsons.

◆ Mark discussed his proposal to develop a new site in the Chiricahua Mountains near Rustler Park. No formal action was taken.

◆ Discussed lending equipment to Mile High Adventures for a meet the day before the Bear Wallow Meet. The Board voted to do this, on the following conditions: (1.) Mile High Adventures must obtain the Forest Service permit and must provide liability insurance which indemnifies the Club; (2.) They must submit written proof of same to the Board before the meet; (3.) If this event is not to be open to the public, Mile High Adventures must pay a \$100 rental fee for equipment.

◆ There will not be a June meeting. The next meeting will be held at 7 p.m. on July 16 at the home of Peg Davis.



Rosemont Junction, Our First "Goat"

—Peg Davis

A beautiful afternoon rain gave us cool, creosote-scented camping on Saturday night in the Santa Ritas. On Sunday, May 18, those who could get up really early drove out for the 7 a.m. mass start of the first "Billygoat" style orienteering event in Arizona. Fifteen people ran out to find any 12 of the 13 controls set, with the first runner back declared the goat-i-est of them all. Three runners skipped control #1, two skipped #5, one skipped #12, and three skipped #13. Comments were enthusiastic about the style of event and the course—except for the dreaded #10. Even though course-setter Mark Parsons warned us about the oddly mapped roads in that area right at the edge of the map, almost all of us spent some time being tourists near the control.

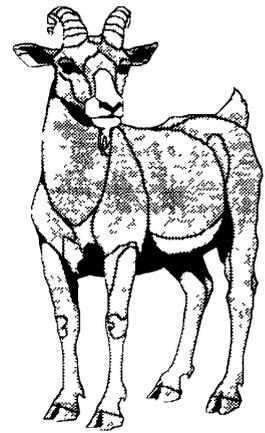
I thought this was an exciting style of orienteering and hope it becomes at least an annual event. The controls were set at a little more than Orange skill level, so many people in the club have the skills needed. Several entries were a little reluctant to try a "harder" course, but they bravely went out with the crowd. Remember that it's always OK to quit a course in the middle, as long as you turn in your control card when you get back.

With a mass start and all runners on the same course, we have an opportunity to compare TSN members on both skill and speed. Since I feel that running more and faster on courses is the surest way to improve my performances, this event inspired me to haul a little more vigorously than usual. Even with more running and hitting most of the controls accurately, the evil Pat Penn still kept appearing as I blazed across the course. I had chosen to leave #13 as my skipped control as I started the event, because that would leave me with a road run to the finish. The evil Pat Penn was right with me at control #12, so as soon as I punched, I took off and ran as fast as I could for the finish. To my extreme delight, Pat needed to visit control #13, so I made it back well before she did. I hope you enjoyed that play-by-play analysis of orienteering.

While the Bike-O received four positive comments on the "remarks to course setter" sheet, only one team and the control collector actually biked it. What does this mean? Maybe we need to have the Bike-O on a Saturday and the Foot-O on Sunday to get more usage out of the courses.

I declared myself "de facto" meet director and did the absolute minimum possible, since it's the third month running that I've done this. The course setter and meet director shortage has been improved by some recent volunteers, but slots still remain open. Please call me if you can fill one (628-8985).

This month, we actually went out to look for one entry on the Billygoat after everyone else was back. Four hours after the mass start seemed like a reasonable time to do some checking. While the lost sheep was actually nearly back when we started looking, this would be a good time to talk about course closings. At most of our meets, the courses close at 2 p.m. All entries should have returned to Start/Finish by then, not just be heading back. Control retrieval starts at 2 or even earlier, so what you're looking for is probably not going to be there any more. In case a different schedule is used at a meet, like this month, make sure you know the closing time before you leave. As a meet director, I worry when someone hasn't appeared.



Continued on page 4

Continued from page 3

This month's search on foot, bike, and car was organized and carried out by **Mark Parsons, Dan and Connor Cobbledick, John Maier, Margrit McIntosh, and Pat Penn**. I thank them very much for their efforts. Also helping out were **Chris Kraft** (is her name on this list every single month?), **Wilkey Richardson, Clark Lohr and Jill Luttmann**. And, of course, the largest thanks go to the person who did the most important job, course setter **Mark Parsons**. So pretty much everybody at the meet did a little something and I appreciate every bit.

May this be the first of many Goats!

Goatie-O

1M	Dan Coombs	71:30
2M	John Maier	73:22
	Alexandre Savine	(74:01)
	ran counterclockwise	
1W	Peg Davis	100:06
2W	Pat Penn	108:03
3M	Jim Stamm	114:30
4M	Francisco Luttmann	116:45
1T	Stobbering Goat Dogs	167:24
3W	Margrit McIntosh	190:28
	GeeGee Larrington	9 controls
	Bev & Fran	6 controls
	Kat McLellan	4 controls
	Lois Kimminau	2 controls

Bike-O

1T	John Andrews Team	102:08
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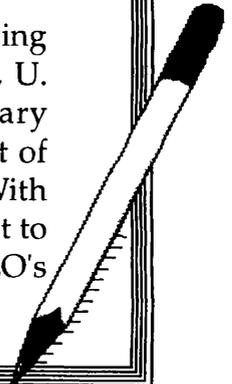
White Course

1M	Clark Lohr	34:25
1T	Jill Luttmann Family	109:13

No business/planning meeting will be held in June. The next meeting will be on July 16 at the home of Peg Davis. Call Peg at 628-8985 for further information.

CORRECTION!

The article in the May 1997 newsletter "Growing a Club in Florida" was written by **Gary Kragt**, U. S. Orienteering Federation president, not Gary Knight. (Sorry, Gary! Great article.) Also, part of the last line was omitted. It should have read, "With a little more publicity and true effort to reach out to first-timers, every club in the country can rival FLO's spectacular growth."



TSN MEMBERSHIP APPLICATION

Check one: New Member Renewal Date on label _____
 Check one: Individual (\$8) Household (\$11)

Name: _____ Telephone: _____
 Address: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting and library privileges, and receive a \$2 discount per meet. Make checks payable to Tucson Orienteering Club, and send to P. O. Box 13012, Tucson, AZ 85732.

Club Calendar

June 15, Bear Wallow, Santa Catalina Mountains

Course Setter Dan Cobble Dick (881-5484)
Meet Directors Ann Haber (293-0262) and
Rachel Gelbin (326-7504)

June 23, Newsletter Deadline

See submittal information below

July 16, Business/Planning Meeting

Peg Davis's home, 2241 E Parkway Terrace, 7 p m
Call Peg at 628-8985 for directions

July 20, Palisades Ridge, Santa Catalina Mountains

Course Setter Open—**HELP!**
Meet Directors DeVenv & Jamieson (323-0936)

August 17, Greasewood (City) Park

Course Setter Francisco Luttmann (577-6970)
Meet Director Jill Luttmann (577-6970)

September 21, Cave Creek, Santa Rita Mountains

Course Setter Open
Meet Director Open

October 18-19, Empire Ranch, near Sonoita

AZ State Championships (two days)
Course Setters Mark Parsons and Mike Huckaby
Meet Director Marilyn Cleavinger (795-2081)

November 16, Chimney Rock, Redington Pass

Course Setter Dan Coombs
Meet Director Open

December 21, New Site in Silverbell Mountains

Course Setter Wilkey Richardson
Meet Director Open

January 18, 1998, Catalina State Park

Course Setter Jim Stamm
Meet Director Open

February 15, 1998, Cat Mountain, Tucson Mountains

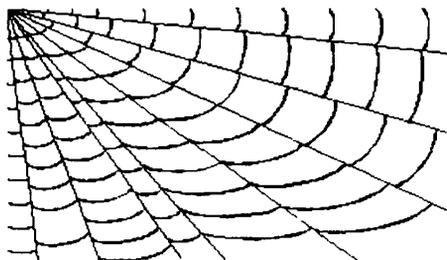
Course Setter Keith McLeod
Meet Director Open

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.



Check out the Tucson Orienteering Club web site!

<http://www.bayside.net/users/cbsites/toc/>

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone 296-2108

FAX 290-8071

E-mail loiskim@aol.com

US mail 9055 Calle Bogota

Tucson Arizona 85715

—Lois Kimminau Editor

1997-98 TUCSON ORIENTEERING CLUB OFFICERS

President (Acting)	John Maier	(520) 586-7300
Vice President	Peg Davis	628-8985
Secretary/Treasurer (Acting)	GeeGee Lamington	297-8797
Membership	Chrs Kraft	885-1735
Mapping	Pat Penn	326-2339
Equipment	Mary English	881-4786
Publicity/Education	Pam Michalowski	882-0965
Newsletter Editor	Lois Kimminau	296-2108

June 15 - July 26, 1997

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Jun 15</i> Bear Wallow Meet	<i>Jun 16</i>	<i>Jun 17</i>	<i>Jun 18</i>	<i>Jun 19</i>	<i>Jun 20</i>	<i>Jun 21</i> Summer begins
<i>Jun 22</i>	<i>Jun 23</i> Newsletter deadline	<i>Jun 24</i>	<i>Jun 25</i>	<i>Jun 26</i>	<i>Jun 27</i>	<i>Jun 28</i>
<i>Jun 29</i>	<i>Jun 30</i>	<i>Jul 1</i>	<i>Jul 2</i>	<i>Jul 3</i> Colorado 1000-Day Begins	<i>Jul 4</i> Independence Day	<i>Jul 5</i>
<i>Jul 6</i>	<i>Jul 7</i>	<i>Jul 8</i>	<i>Jul 9</i>	<i>Jul 10</i>	<i>Jul 11</i>	<i>Jul 12</i>
<i>Jul 13</i>	<i>Jul 14</i>	<i>Jul 15</i>	<i>Jul 16</i> Business/Planning Meeting	<i>Jul 17</i>	<i>Jul 18</i>	<i>Jul 19</i>
<i>Jul 20</i> Palisades Ridge Meet	<i>Jul 21</i>	<i>Jul 22</i>	<i>Jul 23</i>	<i>Jul 24</i>	<i>Jul 25</i>	<i>Jul 26</i>

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Correction Requested

