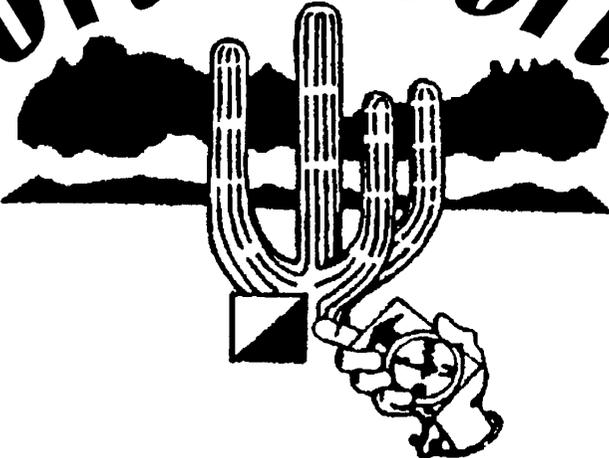

Wilson Orienteering Club



August 1996

Modified Motala at Palisades

—Jim Stamm

There are two “themes” to the August 18 meet: a series of progressively challenging and short beginner’s courses, and a Motala motif for the more advanced courses.

I have designed five short courses for beginners (especially children) that loop around the registration area (Ramada #3). The first barely gets out of sight of the registration ramada, and each course becomes increasingly difficult, so that Number 5 could be considered an Orange (intermediate) course. Numbers 4 and 5 include controls that were already visited, so that children will be traveling to familiar ground. This is a good opportunity to let the kids go out on their own or even “compete.” They should be able to easily return to the registration ramada if they get confused. I’ll be there to give them a “Refresher Beginner’s Clinic.”

Our more experienced and competitive orienteers will have six short courses, each with about

three controls in a little more than 1 km on average. The classes will be determined by the number of courses completed. Submit all six for Red, your five best “legs” for Green, or your best four for Brown. If you mess up on more than two controls, it had better be on the same leg. Preprinted maps will be posted as early as 9 a.m. as an aid in determining sequence, route choice, etc.

Recreational participants can get maps with all of the controls (nearly 30) on them, and run their own Score-O. With so many controls clustered in a small area, you will have to be precise in order not to be led to the wrong control by a more visible flag or other converging orienteers. Since all of the competitive legs bring runners back to the registration ramada after three or four controls, there are no water drops.

If enough people show interest, we will have a “Scramble Control Retrieval.” Competitors with master maps will start at 2

p.m. to bring back as many controls as they can get to first. The first person to touch a particular control “owns” it, and it must be removed immediately without damage to the control or to the vegetation. Whoever turns in the most controls wins. Ties are broken by time.

Peg Davis will be directing this meet, and volunteers will be much appreciated. Please call her at 628-8985 if you can help.

Map Hike: Details on page 4.

Camping: Camping available Saturday night at Showers Point Campground. There are plenty of tent sites. Arrive after 1 p.m. on Saturday. The campground hosts usually extend our checkout time to 3 p.m. on Sunday.

Directions: Take Catalina Highway about 20 miles up to Organization Ridge Road. (Actually, it’s only about one mile up; the rest is horizontal.) Turn left, and, bearing right, go about 0.4 miles to the gate

See **Palisades**, page 2.

Palisades, Continued

for Showers Point. The gate opens at 1 p.m. Saturday. Registration is at Ramada #3.

Fees: \$5/individual, \$7/team; \$2 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets*, is required to carry some type of safety whistle.

Schedule:

9:00 a.m. Registration opens. Maps posted.

9:30 a.m. Courses open. Beginners' clinic starts.

12 noon. Last time to start a course.

12 noon-2 p.m. Route choice reviews.

2:00 p.m. Courses close. Begin control retrieval (See paragraph above re "Scramble Control Retrieval.")

Check-In: To insure that all are safe, everyone, *whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Check in at the Registration Table and tell them you are entering for the first time. They will give you additional information. To allow time to register before attending the beginners' clinic, you should arrive between 9 and 9:15 a.m.

Route-Choice Reviews: Between noon and 2 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Registration or Results area.

**Golf Ball Score-O at Lincoln Park**

—Peg Davis

The Lincoln Park meet on Sunday, July 21, had just about the weather you'd expect—hot and sunny. People who hit the course right after the 7:45 a.m. opening got a little bit of cloud cover, but it was mostly toasty. The facilities, however, were terrific! Restrooms and drinking fountains were in the middle of most courses, and we had a great ramada for the start/finish area. Even though this natural vegetation park is smallish, there are plenty of places to put controls, especially if you hang them as low as I did.

Over 50 people showed up for the meet. Many of them were beginners who caught **Roger Sperline's** continuous loop beginners' clinic. They responded well to urgings to run competitively, and many of them will be receiving richly deserved ribbons. Several of them ran more than one course. They were enthusiastic and fun, and I think some of them are ready to move up a course next month.

Brad Woltman and **Audrey Brooks** ran registration while **Sue Roberts** ran the timing table. **Randy Bennett** and **Kathy Cardone** finished their courses and turned around and went right back out to retrieve controls. **Wilkey Richardson** snagged a few, too, while **Chris Kraft** rode herd on registration. Thanks, y'all.

Only two entries found all 24 controls. Michal Lebl did it in 68 minutes on the Memory-O. (That means NO MAP in hand while in the park). Los Perdidos did it with a map in 91 minutes. One course setter worry is that the course will

be too easy. For a Score-O, that would mean finding all the controls in less than the maximum time, so it looks like I put out almost enough.

Well, it was enough for me. As both course setter and meet director for both this month's and last month's meets, and meet director for next month's meet, I am now officially declaring the club's initials to be the PDOC instead of the TOC. Aren't you glad that *everyone* didn't get burned out at the Sun Fest?

How could this meet have gone better? If I could do this meet over again, I would loudly announce the golf ball rule (1 point added to your score for every golf ball found in the park, from the golf course and driving range nearby, and brought back to start) and the over-time rule (1 point deducted for every minute or fraction thereof over the stated length), instead of just listing them on the map. I would also put the correctly coded control at the ruin. I appreciate what good sports people were about my mistake. I would make the control cards out of the heavier card stock we usually use; runners should not have to worry about a flimsy control card falling apart. I would also have set out the announcements board to explain Score-O rules.

Next month at Palisades, you'll have a chance to see if I've improved as meet director! (Note: Peg, does this mean you'll continue to repeat until you get it *perfect*?)

See results, page 3.

Lincoln Log: 7/21/96

			Overtime	Controls	Golfballs	Total
White, 8 controls						
1T The Slobbering Dogs	41:51					
1F Nicole Capdoret	43:43					
1M Glenn Huckey	65:14					
2M Tom Daley	66:51					
2T The Leopards	90:20					
Brooke Team	DSQ					
The Wanderers	Rec.					
Cindy Wesley	Rec.					
Carole Smythe	Rec.					
Yellow, 7 controls						
1F Cindy Wesley	58:07					
1T The Vill-Inns	80:14					
The Slobbering Dogs	Rec.					
Orange, 45-minute Score-O						
1T Lost in the Desert			-3	11	0	8
2T Erik & Carole			-3	9	0	6
2T The Sonics			-5	11	0	6
Orange, 90-minute Score-O						
1T O'MayCardone			0	18	14	32
2T High Entropy			0	19	8	27
3T Wally			0	20	4	24
4T Los Perdidos			-1	24	0	23
1M Bud Farmer			0	18	0	18
1F Lois Kimminau			0	14	0	14
5T The Beenes			-3	14	0	11
6T Bev & Fran			-8	15	0	7
6T Solar Wind			-9	16	0	7
Young & Stanley						Rec.
Green, 90-minute Memory Score-O						
1M Jeff Brucker			-3	15	36	48
2M Michal Lebl			0	24	2	26

Officer Profile



Hi! I'm Chris Kraft, your new membership chairperson. I became aware of Tucson Orienteering Club activities through my membership in the Southern Arizona Hiking Club. Last November I went to my first meet, at Cat Mountain. I loved it, joined, and have been coming ever since.

When I first read about the need for helpers at meets and for new board members, I thought, "Not me! I'm new. I don't know enough about orienteering. How can I be any help?" But I finally took the plunge and volunteered. I've enjoyed meeting orienteering people. Every single one has been friendly and enthusiastic.

Show your support of our club with your time, energy, and money. Please join and **volunteer!**

TSN MEMBERSHIP APPLICATION

Check one: New Member Renewal Date on label: _____
 Check one: Individual (\$8) Household (\$11)

Name: _____ Telephone: _____

Address: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter and a \$2 discount per club meet.
 They have voting privileges and can borrow books from the club library.
 Make check payable to Tucson Orienteering Club and send it
 with this application to P. O. Box 13012, Tucson, AZ 85732.

Pre-Palisades Meet Map Hike

On Saturday, August 17, Peg Davis will lead a map hike leaving promptly from the Showers Point campground at 5 p.m. This will be a clinic for people who want to move from the basic to the intermediate courses or those who still feel a little shaky on the intermediate course (Hint: this is for those who have orienteered before. Beginners' clinics will be offered Sunday morning.) We will be working on pace counting, using a compass, and squeezing every drop of information out of your map.

We'll be back around 6:30 p.m. for an evening of socializing at the campground. If you've never camped out before a meet, don't be shy. It's a very casual way to get to know a really enjoyable group of not-noisy, fairly early-to-bed people. They will also tell you everything they know about orienteering at the drop of a hat.

Any questions? Call Peg Davis at 628-8985.

Colorado Four-Day Meet

—Peg Davis

The Colorado Four-Day Meet in early July was a special success for the Tucson Orienteering Club. Three members are now the U.S. Long-O champions in their classes. Mark Parsons rules in M50-A, John Maier in M45-A, and Peg Davis in F40-A. These are normal orienteering courses in every way but length. The Green course, for example, was a 9.6K.

The day of the competition was especially hot and sunny, and Arizona hardness may have been a factor.

This week of O-fun in the Rockies will also be held next July and will feature several more national championships. It is one of the best ways to spend a vacation imaginable, so expect more propaganda in the spring.



I really think I deserve a gold medal for the 100 miles or so that I ran between TV and computer, trying to watch the Olympics and get the newsletter finished!

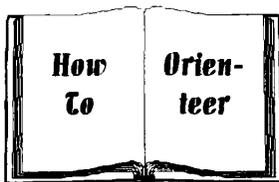
Your Editor

Attend Your Club Meetings!

All members are welcome and invited to attend the club's business/planning meetings, to take part in discussions, and to vote on decisions. Mapping problems and opportunities, site selection, course-setting ideas, and meet organization and scheduling are the usual topics. If you have ideas for the club, but can't attend a meeting, talk to any officer or send a note to the club mailing address.

(The next meeting will be held August 12.)

Check It Out



The club's new lending library is now part of the equipment that meet directors bring to regular club meets. There are about a dozen titles, most of which have been provided by John Maier. He

has given some of the books to the club outright, and he is lending several others for our use.

The collection has handbooks for experienced competitors as well as for novices, technical guides for mappers and course setters, and teaching manuals with ideas for variations on the point-to-point, cross-country format.

Circulation is limited to current members of the TSN O Club. (Are your dues paid up?) The loan period is one month. Look for the library in a 9x12" file box at the Registration table.

Club Calendar

August 12, Business/Planning Meeting

Peg Davis's house, 2241 East Parkway Terrace. Potluck at 6:30 p.m. and meeting at 7. Call Peg at 628-8985 for directions.

MEET

August 18, Palisades Ridge Meet

Santa Catalina Mountains, with Showers Point group campsite reserved 1 p.m. Saturday to noon Sunday.
Courses: Jim Stamm (575-0830)
Director: Peg Davis (628-8985)

August 26, September Newsletter Deadline

See submittal information below.

September 15, Rosemont Junction Meet

Santa Rita Mountains
Courses: _____??
Director: Ann Haber (293-0262)

October 19-20, 1996 Arizona State Championships

Organized by Phoenix O Club
Near Florence, Arizona

November 17, Chimney Rock Meet

Redington Pass
Courses: John Maier (Benson, 586-7300)
Directors: _____??

December 15, Cat Mountain Meet

Tucson Mountains
Courses: _____??
Directors: _____??

1997

January 19, Catalina State Park Meet

Courses: _____??
Directors: _____??

March 1-2, North American ROGAINE Championships

Empire Ranch, organized by Tucson Orienteering Club
Course Designers: Wilkey Richardson and Roger Sperline
Director: Wilkey Richardson

TSN Club meets are held regularly on the third Sunday of the month, year-round. Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized. Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.



**Do we have to sit up and beg?
WE NEED COURSE SETTERS AND MEET DIRECTORS
IF THIS CLUB IS GOING TO SURVIVE.**

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

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US mail 9055 Calle Bogota
Tucson, Arizona 85715
—Lois Kimminau, Editor

1996-97 Tucson Orienteering Club Officers

President	Wilkey Richardson	529-1105
Vice President	POSITION OPEN	
Secretary/Treasurer	Helen Deluga	795-6005
Membership	Chris Kraft	885-1735
Mapping	Pat Penn	326-2339
Equipment	Mary English	881-4786
Publicity/Education	Peg Davis	628-8985
Newsletter Editor	Lois Kimminau	296-2108

August 1996

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12 Business & Planning Meeting	13	14	15	16	17 Camping & Map Hike
18 Palisades Ridge Meet	19	20	21	22	23	24
25	26 Newsletter Deadline	27	28	29	30	31

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Correction Requested



August 17 and 18
Palisades Meet
and Map Hike