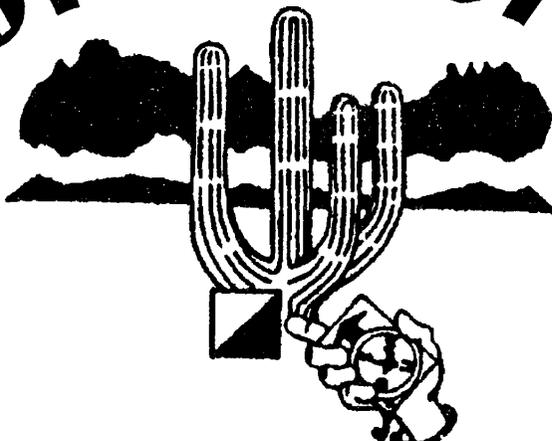

Tucson Orienteering Club



November 1996

Chimney Rock in November

—John Maier

Sunday, November 17, treat yourself to the delights of Arizona's best "O" map, only a stone's throw from Tucson. Returning to this site at Redington Pass for the first time since the unveiling of our new map last February, you can anticipate some quality time on a quality map. Quality at a location near you!

The map, made to U. S. Orienteering Federation standards, primarily through the efforts of Chris Wilmott, Roger Sperline, and Plamen Djambazov, is truly a work of art. The scale is 1:10,000, rendering 7.8 square kilometers of terrain onto 1.6 square feet of paper. The contour interval of 5 meters refines the definition of terrain to dependable accuracy. The abundance of detail—cliffs, boulders, vegetation, etc.—depicted in five colors makes map-reading a joy. Come for the map!

Choose your level of challenge from among five course offerings covering the spectrum from rank beginner to hardcore elite. The courses will be designed by the graduates of this fall's intensive course-setting clinic (see notice elsewhere in this newsletter) and will adhere to the best USOF standards of course design. Come for the courses!

To allow you to experience some of the best of the map, we'll have a remote start location. Please allow 20-30 minutes to reach it from parking.

As always, volunteers will be welcomed and appreciated. Please call Clark Lohr, meet director, at 298-8290, if you can spare an hour or two.

Bonus opportunities for this month's event, occurring the evening before, include partaking in the club's business and planning meeting (7 p.m. around the campfire), the cook-out (before), and the camp-out (after). Please note in the directions that these bonus activities will take place at a slightly different (but nicer) location than the parking location for Sunday's event. Also take note that there are no amenities at this location. Bring your everything. Rustic! Primitive! Yes!

Chimney Rock, page 2

September Results, Rosemont Junction Page 6
October Results, Arizona State Championships Page 3

Chimney Rock, continued

Directions to Event Site (Sunday): Follow Tanque Verde Road east out of Tucson. The name changes to Redington Road and the pavement changes to dirt. Continue up the dirt road until you see the rustic wooden corral, about seven miles past the end of pavement. Parking is 0.2 mile beyond this on the north side of the road. Watch for the "O" signs. Allow 30 minutes to travel this primitive dirt road. Normal clearance passenger cars will have no problem, but drive slowly.

Directions to Camp-out/Business Meeting (Saturday): From the corral, continue 0.5 mile to Bellota Ranch Road on the left. Follow it north 0.4 mile to camping spot on right.

Fees: There will be a surcharge of \$1 per map for this event. You'll agree the map is worth it! Therefore, fees are \$6/individual, \$8/team (one map, \$1 for each extra map); \$2 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

Schedule:

9:00 a.m. Registration opens.

9:30 a.m. Courses open. Beginners' clinic starts.

12:00 noon. Last time to start a course.

12 noon-2 p.m. Route choice reviews

2:00 p.m. Courses close; participants plan to check in by this time.

2:00 p.m. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site. Until the last Start time, any entry can go out on a second course,

recreationally, at no extra charge.

Newcomers: Go directly to Registration and ask for instructions and introductory information. To allow time to register before attending the beginners' clinic, you should arrive between 9 and 9:15 a.m.

Route-Choice Reviews: Between noon and 2 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Registration or Results area.

Notes From the Editor



As you may have noticed, I use quite a few "Training Tips" from the Bay Area Orienteering Club Bulletin. Most of them are written by Dennis Wildfogle and are aimed primarily at beginner and intermediate orienteers. Since I'm in that class myself, I find them very interesting, and I hope they are useful to others as well. I've never met Dennis, but I thank him for all his well written articles and hope that he doesn't mind my using them.

An article in their Sept.-Oct. 1996 issue about safety made me think about our own procedures. I'm very happy to say that we are already following the procedures that were suggested by them, i.e., requiring whistles for all, asking for the car license plate number on the registration blank, and instructing meet directors to make sure that all are accounted for before leaving the meet site. All participants are told that they must check in with the finish table before leaving, even if they haven't finished their course, but occasionally someone forgets to do it. This puts a real burden on the meet director, so please, everyone, check in.

If there are any members who are interested in doing the newsletter occasionally, I would appreciate talking to you. My husband and I like to travel, and some months it has been very difficult to plan around getting out the newsletter. I enjoy doing it, but it would be nice to have a "backup" to be called on once or twice. I am presently doing it in PageMaker 5.0, but, until July of this year, it was done in WordPerfect, and it could be done in almost any word processing program.

All members are encouraged to submit orienteering-related articles for publication, whether opinion, suggestion, or anecdote. Let's keep this newsletter more than a list of events and results. While they are necessary, and are probably the prime reason for having a club newsletter, they sometimes make for pretty dry reading.

Let me hear from you.

—Lois Kimminau, Editor

ARIZONA STATE CHAMPIONSHIPS

The 1996 Arizona State Championship meet was hosted by the Greater Phoenix Orienteering Club on October 20 and 21 at a site near Florence Junction. The weather was quite warm on Saturday, but, thanks to a rain overnight, it was considerably cooler on Sunday.

The Phoenix club worked very hard to put on this meet, and the turnout was a bit disappointing, possibly because of the weather. Quite a few camped out overnight on Saturday and seemed to have a good time, in spite of the rain. The refreshments tent at the Finish site, with apples, bananas, bagels, Gatorade, and beautiful, cool, clear water was an ingenious, and greatly appreciated, touch. The meet site was beautiful but rough terrain, with lots of our favorite control descriptions: reentrants.

Our 1995 female state champ was DNF on Sunday (wha' happen, Peg?), but Pat Penn and Marley Beard brought the first- and second-place ribbons home to Tucson. Our TSN men made a great showing too, with Roy Parker, Max Suter, and Jeff Brucker bringing home first, second, and third place on the Red course, and Dave Graser and Jason Luurs first and third on the Orange. Judy Bodkin and Pete Cowgill also brought home first-place Team (only-place Team, actually!). Congratulations, All.

It will be TSN's turn to host this meet in 1997. It's not too soon to start thinking about it and training for it.

WOMEN

NAME	CLASS	COURSE	DAY 1	DAY2	TOTAL	PLACE
Capdarest, Nicole	F Open	White	00:44:09	00:47:59	01:32:08	1
Smyther, Carol	Maphike	Org./Whit	DNF	01:48:38	N/A	
Larrington, Gee Gee	Maphike	White/Org	Rec.	Rec.	N/A	
Donaldson, Judy	F Open	Orange	N/A	DNF	N/A	
Penn, Pat	F Open	Red	02:06:32	02:49:59	04:56:31	1
Beard, Marley	F Open	Red	02:50:48	04:36:26	07:27:14	2
Davis, Peg	F Open	Red	02:00:17	DNF	N/A	
Staples, Robin	F Open	Red	02:25:11	DNF	N/A	

MEN

Bowman, Bruce	M Open	White	00:53:10	01:04:49	01:57:59	1
Lohr, Clark	M Open	White	00:48:10	N/A	N/A	
Graser, Dave	M Open	Orange	01:34:44	01:49:31	03:24:15	1
Zinsli, Peter	M Open	Orange	01:42:34	01:42:11	03:24:45	2
Luurs, Jason	M Open	Orange	01:39:03	02:40:14	04:19:17	3
Schulz, Stephan	M Open	Orange	N/A	02:14:31	N/A	
Steinhagen, Scott	M Open	Orange	N/A	01:40:26	N/A	
Parker, Roy	M Open	Red	01:03:49	01:53:28	02:57:17	1
Suter, Max	M Open	Red	01:17:41	01:46:29	03:04:10	2
Brucker, Jeff	M Open	Red	01:27:38	01:48:42	03:16:20	3
Little, John	M Open	Red	01:33:12	01:50:52	03:24:04	
Maier, John	M Open	Red	01:14:34	02:22:07	03:36:41	
Hall, Ben	M Open	Red	01:27:45	02:15:27	03:43:12	
England, Tim	M Open	Red	01:54:01	02:36:06	04:30:07	
Donaldson, Bruce	M Open	Red	N/A	DSQ	N/A	
Hensley, Dave	M Open	Red	N/A	04:39:04	N/A	
Myers, Skip	M Open	Red	02:28:17	N/A	N/A	
Williams, Colin	M Open	Red	01:09:45	N/A	N/A	

Championships, page 4

Bay Area Orienteering Club Event

The Bay Area Orienteering Club sent a couple of flyers to specifically invite TSN members to join them at some of their upcoming events. Unfortunately, since we didn't have a newsletter in October, it is too late for the BAOC Golden Goat, a special long-distance orienteering event held November 3. It sounded like a lot of fun.

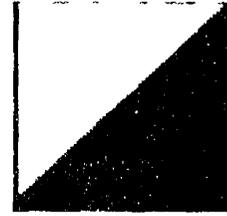
The next event offered is the California Redwood Orienteering Weekend at Big Basin Redwoods State Park, Boulder Creek, CA, on November 23-24, 1996. This is a USOF-sanctioned A meet.

Call me (Lois Kimminau, 296-2108) for a copy of the flyer, or call the BAOC information hotline for further information (408-255-8018).

Championships, continued from page 3.

TEAMS

NAME	COURSE	DAY 1	DAY2	TOTAL	PLACE
Frederick	White	N/A	Rec	N/A	
Green/Andrade/Kirschbaum	White	01 18:45	N/A	N/A	
Keller/Curtis	White	Rec	N/A	N/A	
Luttman	White	N/A	02 25 10	N/A	
Markus	White	DNF	N/A	N/A	
Perkins/Curow	White	01 06 23	N/A	N/A	
Ramirez	White	01:06:29	N/A	N/A	
Skinner	White	01 37.09	N/A	N/A	
Bodkin/Cowgill	Orange	01 52:50	02 50 37	04.43:27	1
English/Kimminau	Orange	DNF	DNF	N/A	
Flagstaff Dingos	Orange	N/A	03 06 21	N/A	
Team Opel	Orange	DNF	N/A	N/A	



To find the control is the name of the game.

Third Sunday each month, it's more of the same.

Reentrants and saddles, streambeds and spurs,

Through catclaw and shindaggers, socks full of burrs,

Sunburned and scratched, yet ahead of the bunch,

Exhausted but triumphant, "I got every punch."



TRAINING TIP: GO THROUGH THE WOODS

—Dennis Wildfogel

Over the past year, I've watched several friends start orienteering and progress up to the Orange course. While going over with them the routes they have chosen on Orange courses, I noted how often they took circuitous routes to stay on trails or to run through open areas and thereby avoid going through the woods. So, here's this issue's tip for intermediates and advanced beginners: go through the woods, don't avoid them!

Orienteering is a sport that takes place in the woods. Unfortunately, our terrain in the Bay Area has much less forest than the orienteering venues in most of the rest of the world. Since visibility is obviously greater in open areas, beginners feel more comfortable in those open areas and thus tend to stay out of the woods. But by doing that (or by following trails), one doesn't develop the skills necessary for "real" orienteering. So, even though the woods might be a bit scary, if the shortest route to a control is through the woods, go through! That's the only way you're going to improve. And remember, don't think of every meet as a competition, for then you only do those things with which you already are comfortable. Since we rarely have orienteering practice, you must use at least some of the meets to work on those things that are difficult for you.

BAOC Bulletin, Sept.-Oct. 1996

INTENSIVE COURSE-SETTING CLINIC

—John Maier

If you've thought you might like to try course setting for an event but didn't feel qualified, now is your chance. This intensive clinic will be packed into one evening session plus a weekend; even busy people may be able to find the time to capitalize on this opportunity. Participants will be taught the fundamentals necessary for setting good courses and then set courses for November's event at Chimney Rock, our best TSN map, located at Redington Pass. Follow-up advice will be available upon request.

The idea of this clinic is to help anyone interested in being a course setter get off to a good start. The club always has a need for new blood.

There are a couple of prerequisites for this clinic:

(1) You must be serious about wanting to be a course setter.

(2) You must be able to determine an exact position on a map.

(3) You must commit to setting courses at a regular event in the six months following this clinic.

If you are interested in taking part, please notify the instructor ASAP, so he'll have the materials you need prior to the first class. It is essential that participants be present for each segment of the clinic; it's a short clinic, but it is intensive. Course setters desiring a refresher course are welcome to join in.

Schedule: Thursday, November 7, evening class, 6:30-9 p.m. at Clark Lohr's house (Pantano & Wrightstown Rd., call Clark at 298-8290 for directions); Saturday and Sunday, November 9-

10, 9 a.m.-4 p.m. field sessions at Redington Pass.

Instructor: John Maier, (520) 586-7300, 1491 W. Jennella Drive, Benson, AZ 85602. For further information or to sign up, call or write me. Hope to see you there!

How to
Hide a
Control



OCTOBER BUSINESS/PLANNING MEETING

—Helen Deluga

The October meeting was held October 8, 1996, at the home of Peg Davis, Wilkey Richardson, president, presiding. Attendees included Roger Sperline, Peg Davis, John Maier, Mike Huckaby, Garey Cash, and Helen Deluga.

The 1997 North American ROGAINE was discussed. It was decided to raise the entry fee to \$35 for 24-hour entries because of the higher cost of providing maps for the greater area. The fee will include all meals. Fees for the 12- and 8-hour entries will be \$15 plus meals on an a la carte basis.

Orienteering North America will try to provide a free article advertising our 1997 ROGAINE. However, we will have to pay to get the entry form printed in the magazine.

The possibility of printing a ROGAINE T-shirt was discussed. This would be sold at the ROGAINE, but we would provide an interest box on the registration form to get an idea of how many to print. Anyone with a design in mind should bring it to the next meeting. The usable area will be about 13" x 13" and will have no more than three colors.

The next meeting will be held at the Redington Pass meet site on Saturday, November 16, 1996, the evening before the meet. We will hold a potluck at 6 p.m. with the meeting at 7. Come out, camp, and socialize under the starlight. (More information in the Chimney Rock meet article on pages 1 and 2.)

ROSEMONT RESULTS

—Ann Haber

We had 55 entrants for our picture-perfect Rosemont Junction meet on September 15. Everybody seemed to have a good time out on the courses, which were expertly set by **Roger Sperline** and vetted by **Mark Parsons**. Roger set the courses in a way that minimized the usual steep climbs inherent at this site. At the same time, all courses were intended to challenge your route-choosing abilities, especially on the Green and Red maps.

This meet went very smoothly, thanks to everyone who pitched in to help. In addition to Roger and Mark, I'd like to thank **Peg Davis** for her Beginners' Clinics; **Marley Beard** and **Audrey Brooks** for Registration; **Garey Cash**, **Roger Sperline**, **Wilkey Richardson**, and **Greg Starr** for Start/Finish; and **Clark Lohr**, **Pat Penn**, **Keith McLeod**, **Jeff Brucker**, **John Little**, **Greg Starr**, and **Wilkey Richardson** for control retrieval, 35 controls!

Incidentally, collecting controls at the end of a meet is an excellent way to get practice and gain confidence in your orienteering skills. If you are an intermediate orienteer and want to improve your skills, volunteer for control pick-up next meet.

White, 1.4k, 50m, 8 controls

1W	Nicole Capdaret	22:40
2W	Cathy Hinman	32:55
1T	Over the Hill Gang	41:31
2T	Sarah & Tricia	43:47
3T	Leopards	64:24
Rec.	Art Wells, Judy Bodkin, Connie Rose Bonnie, Bev Parks, Carol Smyth, Frank & Beth Bumb	

Orange, 3.0k, 110m, 13 controls

1W	Sue Clark	86:50
1M	Kelly Cook	93:29
2M	Indy J.	97:03
2W	Margrit McIntosh	101:29
1T	Catalina javelinas	103:55
2T	Dave & Sandi	114:44
3M	Art Wells	125:25
3T	Slobbering Dogs	128:49
3W	Tracy Baynes	139:19
4W	Kat McLellan	158:26
4T	Tacoma	187:17
DNF	High Entropy, Chris Kraft, POJA, Cathy Hinman, Mami Dadi, Nicole, Bev Parks	
Rec.	Sue, Carol Smyth, Clark Lohr, Sarah & Tricia, Larrington	

Green, 4.2k, 170m, 12 controls

1M	John Little	66:14
2M	Dan Cobblepick	73:21
1W	Peg Davis	86:33
3M	Keith McLeod	107:55
4M	Jim Stamm	129:22
5M	Larry Lamb	137:36
6M	Dave Graser	142:56
7M	Pete Cowgill	145:48
1T	MALO	290:48
DNF	Marley Beard, Ken Wilkenson	
Rec.	Francisco Luttmann, Sue Clark	

Red, 5.9k, 195m, 16 controls

1M	Martin Grenier	70:34
2M	Max Suter	90:54
3M	Collin Williams	94:43
1W	Pat Penn	129:20
4M	Jeff Brucker	137:31
DNF	Dan Coombs, N. Van Wyck	
Rec.	Wilkey Richardson	



Mark the dates now: March 1-2, North American ROGAINE Championships at Empire Ranch.

Due to circumstances beyond our control (fire danger), we had to cancel the 1996 ROGAINE, so let's support this one with *double* the usual enthusiasm.

Club Calendar

1997

November 16, Business/Planning Meeting

After cookout/potluck at Chimney Rock site, meeting will begin at approximately 7 p.m. All TSN Club members are invited and eligible to vote.

MEET

November 17, Chimney Rock Redington Pass

Courses: John Maier
(Benson, 586-7300)
Director: Clark Lohr
(298-8290)

January 8, Advance Registration (Postmark) Deadline for North American ROGAINE Championships
(See flyer in this issue.)

January 19, Cat Mountain Meet

Tucson Mountains (Note change of site)
Courses: Max Suter (797-8850)
Directors: _____ ??

November 25, December Newsletter Deadline

See submittal information below.

December 15, Catalina State Park

(Note change of site)

Courses: _____ ??

Directors: _____ ??

March 1-2, North American ROGAINE Championships

Empire Ranch, organized by Tucson Orienteering Club
Course Designers: Wilkey Richardson and Roger Sperline
Meet Director: Wilkey Richardson

DID YOU NOTICE THERE IS NO COURSE SETTER OR MEET DIRECTOR FOR THE DECEMBER MEET AT CATALINA STATE PARK? ISN'T IT TIME FOR YOU TO CALL?

December 23, January Newsletter Deadline

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108

FAX: 290-8071

E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota

Tucson, Arizona 85715

—Lois Kimminau, Editor

1996-97 TUCSON ORIENTEERING CLUB OFFICERS

President	Wilkey Richardson	529-1105
Vice President	POSITION OPEN	
Secretary/Treasurer	Helen Deluga	795-6005
Membership	Chris Kraft	885-1735
Mapping	Pat Penn	326-2339
Equipment	Mary English	881-4786
Publicity/Education	Peg Davis	628-8985
Newsletter Editor	Lois Kimminau	296-2108

November 1996

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5  Election Day	6	7 Course-Setters Clinic	8	9 Course-Setters
10 Course Setters	11  Veterans Day	12	13	14	15	16 Business/Planning Meeting
17 CHIMNEY ROCK MEET	18	19	20	21	22	23
24	25 Newsletter Deadline	26	27	28  Thanksgiving	29	30

Tucson Orienteering Club
P O. Box 13012
Tucson, AZ 85732

Address Correction Requested
