



# Tucson Orienteering Club

## February, 1992

---

### **TWO O-Events February 15-16 Cottonwood Wash Night-O and Whetstone Mtns. Meet**

**by Helen Deluga**

So you say you just don't know whether to go to Jamaica or Rio for your mid-February vacation? Why not make the choice easy and put the bucks towards your children's inheritance fund by attending the Cottonwood Wash/Whetstone Mountain gala orienteering meet instead.

Saturday, the Ides of February (that's the 15th for those whose studied Greek instead of Latin in their past lives), there will be a NIGHT-O at John Maier's private O-course and Country Club, Cottonwood Wash. Activities begin at 2:00 with a supplies-workshop/think-tank/social-hour where we'll work on equipment for the club and talk about exciting orienteering topics. No, this isn't a disguised business meeting. We'll discuss neat upcoming orienteering events like the Spaghetti-O, Nude-O, and Uh-Oh. At 5-6:30, there will be a dinner break for the eaters in the group. Registration for the event will take place from 6:30-7:30 with the course open from 7-9:30. This will be a regular event, not a score-O. The moon will be close to full so there should be plenty of werewolves out.

There is plenty of camping space at the site and also a limited amount of floor space inside for the people who are afraid of werewolves. Please bring enough drinking water for camping as supplies are limited and bring your warm jammies for the 5000' elevation.

Sunday's meet is just a hop, skip, and a high-clearance vehicle ride from Cottonwood Wash across State Route 90. Vehicles will be available to shuttle O-folks (and young-folks too) from Route 90 to the meet site from around 8:30 to 11:30. Volunteers for this would be appreciated (call Helen 882-6194). The car pool site is at the junction of I-10 and 90 at the SE corner. Those who choose to drive in should check the directions at the car pool site. (The meet is about 5 miles, 1/2 hour, past the car pool site). If you do drive, please help out by picking up anyone waiting or wait a few minutes for new arrivals. This is also a good road for mountain bikes and all bicycle riders are excused from picking up O-folks.

continued on p.2

## Creativity to be Rewarded

The World Orienteering Championships are being held in the U.S. in 1993. The awards to the champions will be quilts depicting Orienteering in the U.S. and pieced together at the USOF Convention in Seattle this July. What does this have to do with us? TOC has volunteered to contribute a quilt block, so we need to have a block designed.

To get a good design, we're running a contest. Get out your pencils, and design a quilt block (specifications given below). Bring or send your drawing to the State Champs meet on March 14. We'll display the designs and select one. The successful designer will win, at least, a TOC Club T-shirt. The winning design will be used for the quilt block and, perhaps, for awards for the ROGAINE or a later meet.

**Design specifications:** The design should be realistic, not abstract. Each block must contain a control marker and the block have the club name on it. Any quilting techniques, piecing, applique, embroidery, or trapunto(??) are acceptable. The finished size of the block is 12" square. The blocks will be surrounded by red sashing.

### **Anyone Know How to Make a Quilt Block?**

This is a cry for help! After we settle on a design, the block will need to be assembled. Anyone with expertise in this area or that just wants to help, give me a call! If you have expertise, but don't want to help, please call me with your advice. All help will be appreciated. Sue Roberts 577-8519.

## **Night-O/Whetstones Meet - continued from p. 1**

A Beginner's Clinic will be held at 9:00 or upon request. Start times are from 9:30-12:00 and the course closes at 2:00. Basic, Intermediate, and Advanced courses are available. It's an all-new site so come on out and check it out. The terrain is mostly open fields with mesquite/oak/juniper woodlands. There are gently rolling hills with a few trickling streams so be sure to bring a picnic too.

### **Directions:**

**COTTONWOOD WASH:** Take I-90 east from Tucson to State Route 90 (exit #302). Go south on 90 about 1.5 miles, then turn EAST on a good dirt road (0.25 miles south of milepost 291) Follow signs for about 2 miles to parking and camping area.

**WHETSTONES SITE:** From Tucson - Take I-90 east from Tucson to State Route 90 (exit #302). Go south on 90 about 100 ft to carpool site on east side of junction). Wait here for a ride or follow the posted directions to the site.

For more information: Call Helen Deluga, Meet Director (882-6194)  
John Maier, Course Setter (1-602-586-7300 Benson)

## **Phoenix Championships - An Extra Weekend of Orienteering**

The Phoenix Orienteering Club will be holding their Championship meet on Sunday, March 1st at Lake Pleasant, 30 miles north of Phoenix and well away from the crowds. John Maier and Mark Parsons both called the Lake Pleasant meet their favorite winter event last year. That plus the fact that this is the same group that put on the wonderful three-event weekend near Flagstaff last summer bodes well for some swell orienteering.

The map is 1:15000 scale with 20 foot contour intervals (lots of 'em!). Dave Helmsley will have five courses set. That's right, something for everyone, from rank novice to seasoned expert. The site is very challenging desert wilderness four miles west of the lake with exquisitely detailed terrain. Dave also reports that the ability to dodge cholla will be an advantage.

To reach the meet, travel north on I-10, then I-17 through Phoenix to the Carefree Highway, exit 233 (Lake Pleasant turnoff). Then west on the Carefree Highway to State Route 74. Take S.R. 74 approx 1.4 miles past the Lake Pleasant turnoff. Turn right on an unsigned paved road about 0.5 miles west of milepost 18. The site is about 0.75 miles further on this road. Courses may be started between 9:30 AM and Noon. Courses close at 2 PM. Beginner's clinics will be available at 9 AM and on request. Costs are \$4/individual, \$6/team. Unimproved camping is available at the site. If you need more information, call Dave at (602) 275-5385 (Phoenix).

In addition to the orienteering, Wilkey Richardson will be leading a 14 mile loop hike through west Boulder Canyon in the Superstitions near Apache Junction on Saturday. For more information, call him at 529-1105.

Let's arrange some car pools to this meet. Sign up at our February meet or call Peg Davis 628-8985 to get on the list. Peg has a copy of the map, call her if you'd like to see it.

Ed. Note: This must be a great meet, three articles about it were submitted for the newsletter. Thanks to Mark Parsons, John Maier, and Peg Davis.

## **Bay Area Orienteering Opportunity - by Tom Wade:**

Las Trampas two-day A meet, April 11,12, Dublin, CA. Bay Area OC.

There is a \$98. round trip airfare available on America West, Tucson to Oakland, using an ABCO promotion. I already have my ticket. Flight leaves Tucson Saturday morning at 5:35 a.m. One return flight leaves Oakland Sunday night about 6 p.m.. another leaves at 11:03 p.m.

Sharing hotel room and rental car expenses could make this a relatively inexpensive trip and provide an opportunity to compete on totally new terrain.

**CAVEAT EMPTOR:** America West filed Chapter 11 bankruptcy last year.

## **The Competitive Edge - by John Maier**

The best thing you can do to improve your meet day performances and gain consistency is to log more hours in the terrain. There is no substitute for experience gained through trial and error, no shortcuts, no quick-fix solutions. If you're serious about improvement, you must also be serious about setting aside time for practice. Otherwise it just will not happen and you will not make serious progress. If guidance is helpful, go to training sessions and you will get it. Otherwise get out on your own or make plans with a friend to work at it together. Set goals for yourself and decide how to attain them. Periodically evaluate your performances - especially on meet days - to measure progress or identify difficulties that need attention.

Train in conditions as close to the actual meet conditions as possible. This means getting out on the map. Choose a map having the scale and contour intervals used at the meet. Our next three events will be on maps having 40 foot contour intervals. February and March will be at a scale of 1:15000; April will be 1:10000; the rogaine (a special 8-hour event in early April) will be 1:24000, so train accordingly.

If you can't get out on the right map, it's still much better to get out on a topo map (map with contours) than to just jog trails, and it's better to jog trails than streets, and it's much better to jog streets than to be a couch potato. If you're jogging trails you can take a map or even a book along to read as it will improve your ability to think and concentrate while on the move. I don't advise that method for jogging streets however unless you're on a deserted country road.

I like to target training sessions for special skills development or "O" problems. If you would like a particular skill or problem covered, let me know, and I will include it in one of the sessions. Club training sessions are a good place to get personalized attention since the group size is normally small ( 6-10 people). Speak up, get out, train, improve, and have fun at the same time.

## **From the Mailbox by Peg Davis**

TOC gets newsletters from many other orienteering clubs. These newsletters are displayed at our meets. Included in these newsletters are listings of upcoming events. If you're travelling, you may be able to include a little orienteering in your trip. Check the rings at the next meet. At the 1989 USOC convention, the newsletter editors swore an oath to steal from other newsletters - giving credit of course. Last year, several of John Maier's Competitive Edge articles and Dan Cobbleddick's acronyms for orienteering behaviors were reprinted in other clubs' newsletters. Returning the favor, here are some tidbits of information:

The Rocky Mountain OC needed two pages to cover all the business from a recent meeting. Whew! This makes our meetings look brief. RMOC is beginning to rank club members based on finishes at their club meets. One may ask not be included in the rankings.

continued on page 5

## **It Really Was a Mystery - by Peg Davis**

At Greasewood Park on Sunday, January 19th, everybody was running every which way This month when people handed their cards in at the timing table, they really had to ask "How did I do?" and the timers really couldn't tell them anything definitive. The Mystery-O and the Anything G-O-es courses had almost everyone scratching their heads. Some were out on the course scratching for over three hours. In keeping with TOC tradition the rules were changed in the middle of the game and partial credit began to be offered for the Anything courses. These courses were set up purely for fun, so look at the rankings of results purely for fun. We had a bumper crop of first timers and many of them went out on two courses. They looked great out on the courses and were good sports. Y'all come back!

Course setters Roger Sperline and Sue Roberts festooned the park from end to end with controls and do-dads - my favorite was the grave marker stating 'No one forgets where he buried the hatchet'. After all the setting up, they then worked all morning explaining rules. They were also willing to give advice to those who came back to the start to beg for help - a surprisingly frequently used, though new, orienteering technique. Mark Harkness gave four, count 'em, four beginner's clinics. Laurie Fellows worked registration. Wilkey Richardson found himself giving several compass explanations. Keith McLeod, Ann Haber, Mike Kessler and April Bahl helped retrieve controls. It seemed as if someone was chipping in to help almost all the time, so I've probably missed someone. Even the meet directors (Peg and the can't-get-a-word-in-edgewise Beverly Burwell) did a little work. Thanks everyone. I've heard rumors that next month's meet may be a bit more "regular" but I enjoyed the irregularity at Greasewood!

### **Mystery-O Solution - Sue Roberts**

The mystery-O wasn't as devious as it was intended to be, nor as devious as most people thought. Although I'd intended it to be a logic puzzle, I found out too late that my logic wasn't logical, and it turned into an elimination problem. All but one competitor, stolen item, and problem were listed at controls on the course and simply by eliminating what you saw you could find the solution. Unfortunately, there was a fair share of misinformation given out on meet day about this, so I've disconnected the mystery-O from the score O in the final results. Winners of the score-O will be those who punched (or gave themselves a star) at the most controls. Ties are broken by time. A separate award is given to the four teams who correctly solved the mystery-O.

The correct solution is:

Competitor and new Champion

Item Taken:

Problem it caused:

Mona

Plastic Baggie (Map Case)

Stefano's map got destroyed while he was in the cholla forest, the took a wrong reentrant and spent too much time looking for a control.

# Greasewood Park Results

## Basic Course: (1.8 km, 100 ft)

1M	Wilbur Liebson	35:22
1T	Brendo	38:40
2T	Farmer	40:24
1W	Molly Parsons	50:30
3T	Hansens	53:16
4 I	McMitt	57:00
5T	The Chollas	61:05
6T	The Moms	67:16
7T	Sisters	71:15

## Recreational Entries:

Apex	Anything Goes
Knapman	Chris Hannum
We Be Otters	Linda Sedze
Goswami	Glen Hutchinson
Egad	Wallace
All of Us	Frank Royball

## Mystery Score-O.

### Basic Entries:

1T	Green Poodles	180	73:09
2T	The Colts	170	67:27
3T	99	170	
1W	Mary Silver	155	
4T	Brooke & Kari	50	
5T	Haley's Comet	45	(late)

### Intermediate Entries:

1T	Flemings	180	52:08
2T	Apex	180	55:05
3T	McDodd	180	57:30
4T	D & D	180	64:05
5T	Kurt & Pia	180	67:00
6T	The Bears	180	68:47
1M	James Haby	180	68:50
7T	Terrible Twos	180	69:34
8T	Legion of Doom	180	73:30
1W	Beverly Burwell	160	
9T	Crawford/Fackett	160	
10T	MC Orienteer	150	
11T	Big Dogs	140	
12T	TA	130	
13T	Packers		very late

## Recreational Mystery-O Entries

Wallace	Farmers
Kiang/Baker	Mav & Mike
US	Paula Meek
Liebson	Crusaders

## Mystery Score-O Correct Solutions:

Green Poodles  
The Colts

Apex  
Terrible Twos

## FEBRUARY TRAINING SESSIONS

### **Double Shot Training/Mapping Session:**

**Saturday, February 8, Redington Pass. Skill Level: Intermediate/Advanced**

**Morning (9-12):** Orienteering drills done individually or in pairs at a competitive pace. Emphasis on route choice, decision making, and execution. 1:15000 scale map, 40-foot contour interval, not field checked, site of the March Arizona Championship Meet.

**Afternoon (1-5):** Initial field work session for getting the map ready for the meet next month. Mostly locating and mapping fences. You can be of great help even if you haven't done any mapping before. This is very good training.

**Directions** From Tucson, take Tanque Verde Rd east, its name will change to Redington Rd. From the end of the pavement continue on dirt road 7.0 miles to wooden corral with a great view of the Rincons on the right. Meet there.

Come for one or both halves of this Double Shot Session. Rain will cancel, clouds will not. If we get sun, it may feel hot, through probably not too hot. **Leader: John Maier (1-602-586-7300).**

### **For Basic Level Orienteers**

**Saturday, February 29, Lincoln Park. Skill Level: Basic/Intermediate**

John Maier frequently holds training sessions for intermediate and advanced orienteers to learn and refine navigational skills. These great lessons usually require travel to some out of the way place and last the better part of a day. Are there any beginning orienteers interested in training sessions? Our first outing will be at Lincoln Park on Saturday, February 29th at Lincoln Park. We'll cover the basics of route choices, estimating distances, and orienting the map. **Leader: Marilyn Cleavinger (795-2081) and Sue Roberts (577-8519).** Call if you're interested.

**Directions:** Enter the park from Escalante Road, east of Pantano Road. Meet at the south end of the parking lot at 10 a.m. and plan to practice until noon. We'll cover the basics of choosing a route, estimating distances, and orienting the map.

### **Mailbox - continued from page 4**

San Diego OC includes a list of our events and address in their newsletter. It's really appreciated! The wife of an A-meet director has written a recipe for an A-meet; it's two pages long and emphasizes how much work really goes into an A meet. (HVOA)

**Bay Area Orienteering Club** is starting a Big O' Brother/Big O' Sister program to match less experienced orienteers with a club member to use as a coach. This sounds like a great idea - but John Maier would probably find himself with a very big family.

Other clubs are having mystery-O meets, vampire O-meets, Easter egg O's, and other non-standard events. These are not only fun, but make good use of "easy" sites like Greasewood and let non-runners have a chance to place a little higher.

Many newsletters carry accounts of meets members have attended in other states, or countries. At least three other clubs printed the same "O" brainteaser we did (stolen from DVOA.)

## Calendar

February 8	*	Training/Mapping Session	Redington Pass
February 11	*	Business Meeting/Pot Luck	Peg Davis' House
February 14	*	Night-O	Cottonwood Wash
February 15	*	TOC Meet	Whetstone Mtns
February 29	*	Training Session	Lincoln Park
March 1	*	Phoenix Championships	Lake Pleasant
March 14-15		Arizona Championships	Redington Pass
April 4	*	The Arizona ROGAINE	Cave Creek
April 11-12	*	Las Trampas A-Meet (BAOC)	Dublin, CA
April 19		TOC Meet	Helvetia

\* See article elsewhere in newsletter

### TOC OFFICERS, 1992

President:	Pat Penn	326-2339
Vice-President(s):	John Maier	586-7300
	Mike Kessler	888-4034
	Wilkey Richardson	529-1105
Secretary/Treasurer:	Steve Personett	741-0849
Membership Secretary:	Helen Deluga	882-6194
Equipment Chairman:	Roger Sperline	577-8519
Map Chairman:	Peg Davis	628-8985
Publicity Chairman:	Sue Roberts	577-8519
Newsletter Editor:		

### Newsletter Stuff

Submit articles to: Tucson Orienteering Club Newsletter, P. O. Box 13012, Tucson, AZ. 85732. Articles received later than one week after the regular event may not appear in the next newsletter. Contributors to this issue are: John Maier, Peg Davis, Mark Parsons, Thom Wade, Roger Sperline, Sue Roberts, and Helen Deluga.

### February Pot Luck/Business Meeting

Our next business meeting will be Tuesday, Feb. 11, at 7:00 P.M., following a pre-business pot luck dinner at 6:30 P.M.. According to Peg, the meeting will be finished, or stragglers will be thrown into the street at 9 p.m.

**Location:** Peg Davis' house, 1229 E. 13th St - look for the fish on the mailbox. All members are welcome and urged to attend.



## January Anything Went - by Roger Sperline

'Greasewood - This royal throne of kings, this scepter'd isle/ This earth of majesty, this seat of Mars,/ This other Eden, demi-paradise;/ Seems I doth make it too hard.' (Richard II.A.II.S.I) We had to try something to keep the place interesting. The COURSE NOTES posted before the start said that help could be obtained without penalty. The few who asked were helped; the rest were too pig-headed, I guess.

Only Dan Cobblepick got to all the controls, but he missed one of the required treasures (found by others later). Because none of the others got times, we scored on number of correct punches (or stars) plus credit for treasures. The first trick map was reversed and could be read by holding it up to the sun. Inter-mediate already had a right-side-up version from the previous leg and only had to transfer the next control to the right-side-up map, if anyone noticed the ruse.

From fixed control #9, the instructions said to "GO STRAIGHI IN THAT DIREC-TION", which did not mean taking the paths! "SECOND STAR ON YOUR RIGHT AND ALL THE WAY TIL 'MORNING'" was a reference to Peter Pan and the movie "HOOK", for the information of all you shut-ins. "MORNING" did not mean EAST, although that was very clever of those who thought of it; by that point everyone was looking for tricks in the clues. On the second loop, in the upper left corner of the map, had been cut out, rotated 180 degrees and repasted. The clues were that all the numbers within one area were upside-down, and most of the contours stopped abruptly. You'd already had one tricked-up map. Why was no-one suspicious of this map?

### Anything G-O-es Results Intermediate:

1M	Gregg	9
1T	Killer Guinea Pigs	9
1W	April Bahl	8
2M	John Clark	8
2T	The Cranes	8
3T	Barb & Pete	6
3M	Scott Hill	4
4M	Charlie Massion	3

### Advanced:

1M	Dan Cobblepick	11
	Helen Deluga	10
2M	Mark Harkness	10
2W	Pat Penn	8
3M	Mark Harkness	8
1T	Mighty Suppositories	6

---

**REMEMBER  
STATE CHAMPS, REDINGTON PASS  
MARCH 14-15, 1992**

Address Correction Requested

Tucson AZ 85732  
P.O. Box 13012  
Tucson Orienteering Club

## MEMBERSHIP FORM

Check One:  New Member  
 Renewal \_\_\_\_\_ Date on Mailing Label

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Check One:  Individual \$8.00  
 Family \$11.00

Members receive a monthly newsletter, have voting privileges, and receive a \$1.00 discount per major meet. Make checks payable to: Tucson Orienteering Club, and send to P.O.Box 13012, Tucson, AZ, 85732.

