

Tucson Orienteering Club



Issue 2010-3 <http://www.tucsonorienteeringclub.org/> Jul-Sep 2010

Tucson Orienteering Club History

2001 to 2005

2001:

Meets were held at Chimney Rock, Catalina State Park (2), Rosemont South, Cochise Stronghold (Slavin Gulch), Greasewood Park (2), Palisades, Potato Patch, Empire Ranch, and Silverbell Mountains, plus the annual Rogaine in May on the Mogollon Rim. The July meet at Lake Mary had to be canceled due to lack of volunteers. Very disappointing.

John Maier held several skills clinics, with Jeff Brucker and Ludwig Hill assisting.

Peg Davis started out the year as President, for the third year, but no one would volunteer to take on the dirty job, so we went through most of the year with no one in that position. (The club year ran from March 1 to February 28/29 each year.) The rest of the board included Jeff Berringer, Jeff Brodsky, Jeff Brucker, Mary English, Mike Thompson, Gary Thomas, and Lois Kimminau.

The Arizona State Champs was the December meet at Catalina State Park. State champs were: Peg Davis, Women's Elite; Pat Penn, Women's Veteran; Josh Stamm, Men 14 and under; Mark Everett, Men's Elite; Jeff Brucker, Men's Veteran.

Standard course hours were set by the Board at 9 a.m. to 11 a.m. for Starts and 12:30 p.m. for course closing, with exceptions for hot weather or special meets.

Course setters were as follows (meet directors in parentheses): Carl and Linda Moore, Jim Stamm (Liz Brace and Amy Boyd), Wilkey Richardson (Jim DeVeny), Mark Parsons, Ludwig Hill (Mike Thompson), Rogaine: John Maier (Peg Davis), Jeff Brucker (Pete and Judy Cowgill), Jeff Berringer (Alexandre Savine), John Maier (Peg Davis)-again!, Matt Chamberlain, Kevin Gross (Anne Gross), Max Suter, Roger Sperline, Sue Roberts (Jim DeVeny, Jeff Berringer).

2002:

In March, we finally got a Club president, and some other new volunteers: Jeff Brucker, President; Jeff Berringer, Sec./Treas.; Jeff Brodsky, Membership; Jerry Sims, Schedule Coordinator; David Barfield, Map Librarian; Mary English, Equipment; C. Michael Thompson, Permits; Peggy Rogers, Publicity; Peg Davis, Outreach; Jim Stamm, E-Group Moderator; and Lois Kimminau, Newsletter Editor. Many of these had been in these positions for several years, but there are some new names included there. Jerry Sims had to move out of town shortly after accepting the position of Schedule Coordinator, but Yen Chamberlain agreed to take over this post.

An article featuring our own Peg Davis and the "Thinking Man's (Person's) Sport" appeared in the *Arizona Daily Star* Accent section on Saturday, January 5. In addition to being a nice interview with Peg, it was great publicity for our club! Her description of orienteering as a sport to suit anyone who loves the outdoors, whether a super athlete and runner, or someone who just likes to get away in the desert for a nice stroll, evidently appealed to a lot of readers, as we had an excellent turnout for the January meet.

Club member Mark Everett was chosen for the USOF Standing Team 2002. This team represents the US at Elite orienteering events internationally.

Jeff Berringer and Sue Wenberg attended the 2002 World Rogaining Championship in the Czech Republic. They had many great and memorable experiences, interacting with Rogainers from all over the world.

Meets were held at Chimney Rock, Italian Trap, Rosemont South, Buenos Aires NWR, Greasewood Park, Lincoln Park (2x), Palisades Ridge, Maternity Well/Empire Ranch, Cave Creek, and Cat Mountain.

Course setters and meet directors: Jeff Berringer (Robert Miner), John Maier (Yen Chamberlain), John Little (Jim DeVeny), Jeff Brodsky (Helen Deluga), Ludwig Hill (Mike Thompson), Jeff Brucker and Matt Chamberlain (Pete and Judy Cowgill), Jeff Brucker (Ralph Prince), Mark Everett (Rachel Gelbin), Roger Sperline and Sue Roberts (Robert Miner), Chris North and Mark Everett (Emily Lane and Peg Davis), Ludwig Hill (Pat Penn).

The Board approved mailing newsletters first class beginning in March. This change was because sorting the newsletters for bulk mail and taking them to the bulk mail post office was very time consuming. The savings was not worth the work entailed.

Officers and Board 2010-2011

President Peg Davis
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Note: In all e-mail addresses, please substitute the "at" sign for the first " _ " and a period for the second " _ ".

Newsletter Submittals

The deadline for newsletter items for the fourth quarter 2010 issue is December 1. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

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Lois Kimminau, Editor

Also at this meeting, a new dues structure was approved: \$5/individual, \$8/team for members; \$10/individual, \$15/team for nonmembers.

A new mentoring program was established in an effort to get more volunteers. (I believe this is still in place, but I am not sure how many have taken advantage of it.) An experienced course setter or meet director should be available to help anyone who is interested in helping the club by setting courses or directing the meet.

Arizona state champions were determined at a meet at Cave Creek in December. The champions were: Fleur Keough, Women's Elite; Pat Penn, Women's Veteran; Peter Zurcher, Men's Elite; Jeff Brucker, Men's Veteran, and Josh Stamm, Men's Junior.

2003:

Club officers from the prior year carried on, with the exception of Permits, which David McElroy accepted, and Publicity, which was taken over by Sistine Castellini.

Meets were held at Silver Bell, Slavin Gulch, the Little Rincons (Rogaine), Brady Wash, Bear Wallow, Palisades, Lincoln Park, Lake Mary (state champs), Greasewood Park, Catalina State Park, Santa Rita foothills, and Cat Mountain.

Courses were set and directed by Wilkey Richardson, Mary English, and Lois Kimminau (Greg Guerrero); Mark Parsons (Cristina Luis); Matt Chamberlain (Yen Chamberlain); Jim Stamm (Mike Huckaby); Emily Lane-North (Don Baker); Cristina Luis (Ralph Prince); Jeff Brucker (Jeff Berringer); Ludwig Hill (Peg Davis); Josh and Jim Stamm (Mike and Val Thompson); Chris and Emily North (Peg Davis and Team Mudhens); Ludwig Hill (Gary Hinman).

Jeff Berringer was in a serious accident in December 2002, but he was a trooper and carried on his officer's duties even while in rehab.

Leif Lundquist, a "snowbird" from Sweden, had been attending (and winning!) our events for a few years, and he must have talked up orienteering in the desert a lot back home, because his club, Auravagens Orienterings Klubb (AOK), decided to come to join us for a meet in February. Several events were held to welcome them, including a BBQ, a map tour of Catalina State Park, the meet at Slavin Gulch, and a potluck party.

The March Rogaine at the Little Rincons was quite a success, but many comments were made about how rugged the terrain was, most of us got well soaked, and the most often statement overheard was, "We must be crazy." In other words, it was a lot of fun.

In August this year, we lost our Equipment chair of more than 10 years, Mary English. The position had not been filled at year end.

TOC had six members in the Pacific Area Rankings: Ludwig Hill, Cristina Luis, Peg Davis, Max Suter, Jeff Brucker, and Dave Kreider.

2004:

Meets were held at Chimney Rock, Empire Ranch, Silverbell Mountains, White Mountains (World Rogaine Championships), Lincoln Park, Lake Mary, Greasewood, Kentucky Camp, and Cat Mountain.

Course setters and meet directors included: Leif Lundquist (Bob and Amy Lutz); Peg Davis (Brad and Yvonne Poe); Jason Bowman (Gregg and Pat Townsend); John Maier (Peg Davis); Max Suter (Pete and Judy Cowgill); Jeff Brucker (Jeff Berringer); Ludwig Hill (Ralph Prince); Ludwig Hill (Peg Davis and Alexis Mills); Beckie Copeland (Mike Willke).

The World Rogaine Championship 6 meet in May was a huge success, with entries from all over the world.

Talk of including orienteering in the Olympics was mentioned in *USA Weekend*, reporting that its chances were "promising." However, it was grouped with other "possibles" such as Bridge (a sport?), Tug of War, Korfball, and Dancesport. That's insulting!

Margrit McIntosh took over as Webmaster, and Mike Thompson accepted the Equipment position. Jeff Berringer became Vice President, in addition to Sec./Treas.

The Highway 83 mapping project was well underway, under the direction of Ludwig Hill. The Kentucky Camp map was being field checked for use at the November meet.

2005:

Meets were held at Kentucky Camp (2x), Cave Creek, Empire Cienega, Potato Patch, Palisades, Lincoln Park, Greasewood Park, Silverbell, and Catalina State Park. The Potato Patch meet in May was a U-Set-It.

Course setters and directors were: Leif Lundquist (Barb Bryant), Jeff Berringer (Jeff Brucker), Max Suter (Sue Wenberg), U-Set-It (Peg Davis), Peter Johnson (Rachel Johnson), Max Suter (Brad and Yvonne Poe), Ludwig Hill (Pete and Judy Cowgill), Jeff Brucker, Mark Everett (Beckie Copeland, Nadine Gruhn, Jeff Brucker), Dale Cole (Pat Penn and Margrit McIntosh).

The November meet at Kentucky Camp was the Arizona State Champs meet. 2005 Champs were: Marten Bostrum, Men's Open; Peg Davis, Women's Open; John Maier, Men's Veteran; Matleena Ojapalo, Women's Junior; Jeff Brucker, Men's Super Veteran; and Judy Cowgill, Women's Super Veteran.

Most officers accepted another year in position, but President Jeff Brucker found it necessary to resign due to extra work pressure. Peg Davis consented to serve as president for the 2005-2006 year.

Secretary/Treasurer Jeff Berringer took care of the paperwork and filings to become a tax-exempt organization, which is a requirement of USOF. This included the necessity to incorporate as a nonprofit organization, and adopt a set of Bylaws. The bylaws were posted online and approved by the members, so we're now official.

National Orienteering Day brought a new type course at Greasewood Park for the advanced orienteers, called a Mirror-O, in which the map is a mirror image of a standard map, which of course requires the competitors to flip it back over in their minds. Only three were brave enough to attempt this, but two, Peter Johnson and Jeff Brodsky, finished in decent times.

An article from the Columbia River Orienteering Club newsletter, written by Philip Kollas, gave suggestions for some books to help orienteers improve mind and body to prepare for actually running the courses. For inspiration, "The Long Walk" by Slavomir Rawicz. For a new perspective on reading the land and any other visible features, "The Last Navigator" by Steve Thomas is a great story of ancient navigation. To get in shape, try Steve Bird's "Get Fit for Orienteering." Other navigation assistance may be provided by "Finding Your Way: The Art of Natural Navigation" by Jennifer Owings Dewey, or "Never Get Lost: The All New Method to Stay Found (Not Lost) Anywhere" by Don Paul.

A short orienteering history was also included in the September issue, as follows:

Orienteering began in Scandinavia in the nineteenth century. It was primarily a military event and was part of military training. It was not until 1919 that the modern version of orienteering was born in Sweden as a competitive sport. Ernst Killander, its creator, can be rightfully called the father of orienteering. In the early thirties, the sport received a technical boost with the invention of a new compass, more precise and faster to use. The Kjellstrom brothers, Bjorn and Alvan, and their friend, Brunnar Tillander, were responsible for this new compass. They were among the best Swedish orienteers of the thirties, with several individual championships among them. Orienteering was brought into the US in 1946 by Bjorn Kjellstrom. (This is from a website, www.4orienteering.com, which has a great deal of information about the sport.)

2006:

This is going to wait for the next quarterly newsletter. I'm tired! And it's time to get the newsletter compiled for publishing. Till then.....

Club Founder Speaks of the Early Days

—*John Maier*

I have enjoyed reading Lois' recounting of the history of our club as found in our old newsletters, with the exception of a couple items which are incorrect. In some cases this may be due to the authors of those pieces making false assumptions, or maybe just being too loose with the facts, and in a few cases even typos could distort the truth. For the most part, reading that old history brought back a lot of fond memories. Thank you, Lois, for the trip down memory lane.

I'd like to set the record straight on one particular item which is very dear to my heart and that is the club founding. Anyone who was here at the time knows that this was a one-man effort from day one through to the founding of the club.

For the first six events, all the organizing, permit getting, mapping, course setting, and publicity were done by me, and that is the truth. When the sixth event garnered over 60 participants, I felt that critical mass had been achieved and called a meeting, held in my house, for the purpose of forming a club. That would've been May 1984.

From that point on, it was no longer a one-man show, but up to that point it was. This is not to detract from the contributions of Keith or Dennis who were stated as having formed our club (perhaps the author meant to say chartering of the club), but let's give credit where credit is due. Keith in particular has an infectious enthusiasm for orienteering and is responsible for bringing many new people to the sport as well as volunteering for many tasks—one of the biggest was being director of our first A-meet. But his contributions came after the founding. Here follows my story of the planting of the seed that gave birth to our club.

Returning from Peace Corps in 1973, I became an avid hiker/backpacker. I spent three weeks in the Grand Canyon and the remainder of the summer in the Sierras, spending not a single night in any other habitation than a tent. Then in fall 1974, I moved to Tucson from Michigan, and with map and compass, took to exploring the Sky Islands of southern Arizona, joining the UA Ramblers hiking club two years later to gain a circle of hiking friends. Especially enjoyable to me was going off trail and enticing others to join me on these adventures.

In 1982, while teaching map and compass skills through the Tucson Free University, I first heard the word "orienteering" and became aware of this incredible sport. I immediately wrote to the USOF address in the article to learn the location of the nearest club. The response was not encouraging: San Diego. For Arizona: zip. San Diego was clearly too far away for someone on my limited budget. What next?

After considering this predicament in conjunction with my wish to stay in Arizona, the only viable option seemed to be to start a club myself. Sure, it would take time and a lot of effort, but eventually it would pay off and I would be able to compete myself. So that became my goal.

My methods may have seemed a bit unorthodox. First I would select a site and get permission, then I would publicize the date of the event and place flyers in stores and on kiosks and bulletin boards on campus. Only then would I commence the mapping effort, which was mostly adding or editing trails and fences, or a few point features, such as mine shafts. Finally came the course setting and making the competition maps. It was always down to the wire with me. On the day of the event participants would show up to find.....nobody in charge! But within 10-15 minutes, I would jog into view, having hung the last cardboard control marker (that's what we used before having nylon bags) and putting out the water. Many times I would hang the controls beginning at midnight or 2 a.m., because I always ran a little behind schedule and I knew I had to be ready for the crowds. In my optimism I hoped for, even anticipated, crowds.

The first event was held in the Tucson Mountain unit of Saguaro National Monument at Ez-kim-in-zin picnic area in late March 1983. I was anticipating 100 people for this first event, which is the number entered on the permit. I was a bit disappointed that only 19 showed up. There were two courses from which to choose, which was typical for all meets in the early days. Now the inexperience factor figures in. My long course was five miles long with a remote start several miles away to which competitors had to drive or be driven by me. The controls were about half a mile apart. Two of these controls had control sitters (thank you, Rambler hiking buddies) and 5-gallon water depots. Only five people did this course, so they had enough water to bathe with! The short course was about half that length with controls closer together. The maps I had printed at 1:24,000 scale were fine for hiking but, as I later learned, inappropriate for orienteering. However, to me the greatest glitch was not providing map protection as evidenced by ink that partially dissolved in sweaty hands. In spite of it all, nearly everyone wanted to know when they could do it again, so this gave me great hope.

Early May is too hot to orienteer in the desert, so for the second event I chose Spencer Canyon campground/picnic area in the Catalinas. I made necessary adjustments but still had one unconventionality. I pasted the maps onto poster board figuring it would be much easier to use with a compass, then covered them with clear contact paper to protect the maps. Other than that everything was normal with the map scale now 1:15,000, water needs downgraded, no control sitters, and no remote starts. Attendance was up 50% and they wanted more events. Well, sorry, but that would have to wait till fall.

Simultaneous to my interest in orienteering was my interest in bike touring, and I soon left for the summer, as would be my custom for the next five years, to discover America by bicycle. Five thousand miles later, I was back home from my first bike touring adventure (and how!), rejuvenated and ready to continue the odyssey.

I put on four more orienteering events and made three more maps before leaving again the next summer. These events were typical of events put on by any small club in USOF. Though we were not yet a club, I subscribed to some literature put out by USOF. They had a bulletin that helped open my eyes to what others were doing around the country. At each of these events attendance rose; a good portion of the newcomers learned of orienteering from their friends who had tried and liked it. When that last event drew over 60, I knew it was time for the next step and called a meeting. The hundreds upon hundreds of hours of organizing, mapping, and setting events were beginning to pay off.

This meeting to found our club drew a small group, but it was enough to get the job done. One of those in attendance was Keith McLeod who had attended the very first event as a visitor from Wisconsin and also this last event as a Tucson resident. It didn't take long to see in him a valuable volunteer for orienteering. Keith is actually a former USOF board member, though I didn't know it at the time. It was his suggestion that we elect officers right then and there, but it was not a real election, rather it was an agreement by those present to hold office. Only two chose not to: Keith and myself. And the reason is obvious. Keith likes to delegate responsibility to others in order to involve them in the sport. My own reason was logistical; I wasn't going to be around till fall.

Four months later, after putting another 7,000 miles on my bike, including a cross continental ride, I would return home, no longer the sole force of the club.

Incidentally, near the end of my summer away, while pedaling through Massachusetts, I got my first chance to orienteer as a competitor at a score-O event set by Peter Gagarin at Quabbin Hill. Boy, was it fun! More orienteering adventures awaited me upon my return home, as the club had not remained dormant during my absence. I returned to find us a USOF-chartered club, thanks to Keith, plus we had a new event site (Catalina State Park).

[Ed. Note: I evidently misinterpreted some of what I read in the very earliest newsletters, and in addition, there were some missing, which might have given me the facts of the matter. I really appreciate John's taking the time to set the matter straight, and I also found it very interesting to learn how the club actually came about. What a lot of determination and work he put in! We all appreciate it, John.]

What's Been Happenin'.....

Lake Mary Results, June 26, 2010

—Ludwig Hill

With the fires burning north of Flagstaff, there was concern that the air would be hazy with smoke this weekend. However, the sky currents favored us; the skies over our Lake Mary course area were a clear, deep blue every day we were camped out there. The only air quality issue we had was fine, powdery dust that came off the road leading into the camp and Start area. But everybody was courteous enough to slow down when driving through our area, so the wafting dust was kept to a minimum.

The temperatures were in the 40's at night and 70's during the day—ideal for orienteering within the large areas of alternating Ponderosa forests and open meadows. The terrain was ideal—generally rolling, the ground alternately covered with pine needles and short grasses and wildflowers, with small areas of stony ground and a few, low rock outcrops. The runability was quite good, if your lungs were ready to deal with the high 7000' elevation.

This joint Tucson/Phoenix orienteering weekend went smoothly and featured three separate orienteering events. The first event, set skillfully by **Glenn Haselfeld**, with **Dianne Haselfeld** helping with hanging, was a classic set of courses ranging from Yellow to Red. The winners were **Austin Ringnes** (Orange), **Team Tubac** (Green), and **Ludwig Hill** (Red), with everybody on the Yellow course going recreational.

Erik Ringnes definitely gets special points while he was out on the Red course for hitching a car ride back to the start so he could return his family's dog back to the Start area after she followed him without his consent a kilometer through the woods before getting too tired to continue with him. He then hitched his ride back to continue where he left off on the Red course.

The Night-O event (also set by **Glenn Haselfeld**) was a joy to run, and some of the newer folks mentioned that it was their best experience of the weekend. The winners were **Team Ringnes** (Intermediate) and **Ludwig Hill** (Advanced).

The third event of the weekend was something new: a Re-Shuffle-O. On Saturday, after the classic event, each participant was assigned two controls from the former classic courses to relocate a small distance (~100 m or less). The participants decided as a group whether they wanted to do the Re-Shuffle-O as a set of classic courses (using the same control sequence in reverse order) or to go with a Score-O. They decided on the Score-O, with each control being worth one point and a 1 point penalty for each minute late past two hours. Then everybody went out and relocated controls during the relaxed afternoon while waiting for the sun to set for the Night-O. A large-scale map and a large blank clue sheet with control codes alphabetically pre-listed was posted at the Start area so that as each "re-shuffler" returned from relocating their controls they could add their changes to the master map and clue sheet. The Night-O controls were also discretely added to the master map and clues.

Sunday morning (at sunrise) the participants were allowed to copy the Re-Shuffle-O map and clues and given time to plan their routes. A mass start added to the feeling of fun, festivity, and competition. The first place winner was **Ludwig Hill**, who snagged 37 out of 39 possible controls. **Glenn Haselfeld** bagged 36 for second place and would have easily beat out Ludwig (due to a significantly faster time) had he not missed copying a control onto his map which was close to the start/finish area. **Erik Ringnes** hooked third place with 34 controls. A special recognition should be made to all of the participants who re-shuffled controls because all those controls were spot on! Great job!

Overall, this was a hugely successful event with everybody having a wonderful time and a great weekend in the cool, forested hills near Flagstaff.

The Folks Who Made It Happen

Course Setter: **Glenn Haselfeld**

Assistant Course Setter: **Dianne Haselfeld**

Meet Director: **Ludwig Hill**

Beginner's Class: **Erik Ringnes**

Registration (Classic-O & Night-O): **Glenn Haselfeld & Ludwig Hill**

Timing (Classic-O & Night-O): **Glenn Haselfeld & Ludwig Hill**

Timing (Reshuffle-O): **Forest Brown**

Control Re-shufflers **Ryan Ekre, Barnaby Fletcher, Glenn Haselfeld, Ludwig Hill, Mike & Shelby King, Tyler Matney, Erik Ringnes, David Wright**

Control Retrievers Forest Brown, Pete & Judy Cowgill, Dianne & Glenn Haselfeld, Ludwig Hill, Mike & Shelby King, Brad & Yvonne Poe, Erik & Austin Ringnes

Day 1 (Classic-O) Results

Yellow (3.4 km, 70 m, 12 controls)

Gary and Andrew	REC
Valerie and Dianne	REC
Shaun Endres	REC
T-Birds	REC

Orange (3.9 km, 115 m, 11 controls)

1M Austin Ringnes	67:02
1T Shike	70:55
2T Beauty and Beast	107:45
O'Leary	DNF
Team Brown	DNF
Gary and Andrew	REC
Shaun Endres	REC
Spring Boks	REC

Green (5.4 km, 100 m, 12 controls)

1T Team Tubac	89:46
Shike	REC

Red (7.0 km, 150 m, 14 controls)

1M Ludwig Hill	80:14
2M Erik Ringnes	99:22*
3M Rob Morden	131:40
1T We Follow Topo	161:55

*Erik's total time includes several extra minutes needed to take his dog back to the start after she chased him into the woods.

Day 1 (Night-O) Results

Intermediate Night-O (2.4 km, 70 m, 12 controls)

1T Team Ringnes	64:48
2T Team Brown	85:40
Dianne Haselfeld	REC

Advanced Night-O (4.1 km, 115 m, 11 controls)

1M Ludwig Hill	43:36
1T We Follow Topo	67:21
2T Team Tubac	72:00
3T Team Brown	85:40
Mike and Dave	94:30
Lunatic Fringe	MSP
T-Birds	DNF

Day 2 (Reshuffle-O) Results

Re-Shuffle-O (39 controls, 2-hr time limit):

1M Ludwig Hill	37	112:41
2M Glenn Haselfeld	36	109:59
3M Erik Ringnes	34	117:05
1T Team Tubac	32	117:18
2T Shike	26	109:40
3T Beauty and Beast... Team Sophie	21	112:20 REC

E-Mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica and is an e-mail based service. You must be subscribed before you can read or send messages. To subscribe, send a blank message to:

TucsonOrienteering-subscribe@topica.com.

To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at [JimStamm __ ComCast __ net](mailto:JimStamm__ComCast__net).

Toumey Park Street-O, July 11, 2010

—Margrit McIntosh

Seventeen street-wise orienteers got themselves all hot and bothered in the San Clemente historic neighborhood on this warm morning. The weather was about as good as you can expect in early July, and, although conditions were quite humid, we enjoyed a light breeze throughout the morning.

When we arrived at 7 a.m., we were treated to the sight of a family of Cooper's Hawks, who had come to drink and bathe in the puddles of water remaining from the morning sprinklers. They continued to hang out in the big pines around the start, occasionally swooping after pigeons and doves feeding nearby. We did not witness any successful predation events.

In answer to the "social networking virtual bonus points" question: Number 22 was the control at the house of a famous local orienteer. Unfortunately, this control was not mapped correctly, so as a result, we accepted any one of the three answers to this question as correct. The intended correct answer was "saddle." A corrected version of the map will be posted on the website shortly, so that those who could not be here can run the course at their leisure.

One other note about results: in the meet description, we said "there will be a penalty of 10 points per minute late." We did NOT count a fraction of a minute as a minute, so Michael Rule had a clean time

Please feel free to email the course setters, Margrit McIntosh and Pat Penn, memocinto@gmail.com with questions about the course or results. And, for the record, a "Ristra" is a string or bunch of chiles.

Place	Name	Elapsed Time	Time Penalty	Controls Visited	Incorrect Answers	Control Points	Total Points
1-Hour Course Results							
1M	Don Fallis	0:55:16		22	0	220	220
2M	Jaxon Rickel	0:50:00		22	1	210	210
3M	Ludwig Hill	0:58:45		21	0	210	210
1T	Jonathan & Jodi Rickel	0:59:26		17	1	160	160
1F	Katie Ziegweid	0:53:02		14	0	140	140
	Michael Rule	1:00:08		14	0	140	140
	Joey Tarleton	0:49:58		6	0	60	60
1.5 Hour Course Results							
1T	Lost with Pat	1:13:33		22	0	220	220
1F	Claudia Rickel	1:21:43		19	0	190	190
2F	Peg Davis	1:26:58		21	2	190	190
3F	Kay Mathiesen	1:21:54		11	0	110	110
1M	Michael Thompson	1:34:40	40	16	1	150	110
Rec.	Walter Pickett	1:33:32		18			
Rec.	Jeff Merrell	1:37:17		17			
Rec.	GeeGee Larrington	1:43:51		19			

University of Arizona Results, 8/22/10

—Kay Mathiesen

"It was a dark and stormy night".....no, not really.....actually it was a sunny, hot, and humid morning on the UA campus. Don and Kay moved the start to under the shade of some cactus and palo verde trees (giving people a little orienteering warm up as they tried to find the start). UA was scheduled to start classes the next day and all the students had moved into the dorms for the year. As the morning wore on, students wandered by checking out their new surroundings (and the strange orienteers).

We had about 35 participants. Lots of members, but also a number of newbees, including three teams of JROTC students from Sahuarita. They seemed to have a good time running around the campus. Registration went smoothly—**Kay Mathiesen** greeted everyone with a smile and only short-changed one team (she corrected it later). **Don Fallis** ran the timing table and **Peg Davis** ran a beginners' clinic and supplied the delicious grapes. **Mopsy** was in charge of security and scared off some random passersby with his barking.

The course was a Score-O (set by **Don Fallis**) consisting of 34 locations with 10 points per location visited. Orienteers had the option of taking 60 minutes or 90 minutes, with a 10-point penalty for each minute late. At each location, the orienteer had to answer a multiple-choice question about the location. Some orienteers had quibbles about the answers to the questions, reaching into the culinary, architectural, botanical, etc. "Is Dirtbags really a restaurant?" "What constitutes an 'arch'?" "Do fruit trees count as 'evergreens'?" "When are you on the 'top' landing?" There were also some questions about whether it was fair to take an elevator to the top of the parking structure, rather than walking or running up.

In setting up the course, Don spent a number of hours running around the UA campus to find interesting locations and questions to ask about them. Kay vetted the course and suggested some changes and additions, thereby leading to many of the above quibbles. We would thank people for control retrieval, but there were no controls to retrieve! But we do want to thank **Ludwig Hill** for helping carry equipment back to the car.

[Note from the course setter: Sorry about the "painted lions" control. Up until a few days ago, one of the lions was clearly doused in blue paint and the other was clearly doused in white paint. However, as part of its preparation for the start of classes (and without notifying me!), the fraternity apparently decided that they both needed to be gold. So, I counted any answer for that control as correct.]

1.5 hour course				1.5 hour course							
	Time	Points		Time	Points		Time	Points			
1T	Bray-Durfey	61:09	330	4T	Bluto	84:26	280	1M	Mark Everett	51:52	320
1M	Ludwig Hill	64:13	330	5T	Save the Whales	83:47	230	1F	Cristina Luis	57:54	320
2T	Lost with Pat	79:42	330	5M	Walter Pickett	84:16	230	2F	Jodi Rickel	54:51	240
2M	Mark Martin	63:54	320	6M	C. Michael Thompson	78:37	220	2M	John Rickel	59:18	210
3T	Nobu Brave	74:21	310	6T	The Mavericks	85:03	180	1T	Peas & Carrots	58:12	160
1F	Peg Davis	83:31	310	2F	GeeGee Larrington	113:59	80	2T	Cactus Cats	58:57	150
3M	Joe Plassman	67:49	290	7T	Las Mexicanas	82:25	50	3M	Jonathan Rickel	51:04	130
4M	Jeff Brodsky	78:56	280					3F	Margrit McIntosh	53:20	120

Reid Park Results September 19, 2010

by Mark Everett

Tucson Orienteering Club joined many other clubs from around the country this weekend for National Orienteering Day (courses and meet direction by **Mark Everett**). This annual day is an effort to promote orienteering, and to help grow participation in the sport.

For its part, Tucson O' Club hosted a pair of Sprint-O courses at Reid Park in central Tucson. The club also promoted a "Try-O" course, a very short "example" course around the meet headquarters and attempted to recruit park visitors into trying orienteering for the first time.

The Course 1 sprint was a traditional course with regular controls to punch and the Course 2 sprint was set without physical controls, but rather questions to answer based on a visit to the control feature (e.g., "What animal is featured on the WEST side of the easternmost wall?").

I received a lot of help in putting on this meet. **Ludwig Hill** helped with questions I had about producing the new map. Registration was run by **Melissa Trout**, **Ludwig**, and **Cristina Luis**. The beginners' clinics were run by **Peg Davis**. Refreshments were provided by **Cristina** and **Melissa**. The Try-O course was run by a group that included **Jim Stamm** and **Ludwig** among others. Control retrieval was done by **John Campbell**, the **C-squared Team**, and **Cristina**.

Many club members pitched in to help set up the meet headquarters, answered questions, and provided encouragement to newcomers. We hope to see some new orienteers at our next few meets based on their experiences this day!

Course 1 (2.5km)

Cristina Luis	16:15
Don Fallis	17:55
C-squared	18:23
Ludwig Hill	18:31
Bluto	20:55
David Follete	21:50
Sunny D	23:11
Jeff Brodsky	25:35
Lost with Pat	26:14
Ann Revill	26:50
Melissa Trout	29:49
Peg Davis	30:02
Save the Whales	30:29
Jeff Berringer	31:42
Laura Flynn	32:02
Mike Byers	32:53
Joey Tartelon	38:03
Adam Contrades	40:08
Kay Mathieson	45:42
Eubanks #2	46:08
Cholla JROTC #2	47:28
GeeGee Larrington	47:56
Team Dasher	50:28
Eubanks #1	52:13
Las Mexicanas	52:58
2 x 2	55:00
Gail Brodsky	64:30
Lilia Lopez	DNF
John Campbell	MSP

Course 2 (2.2km)

John Campbell	15:13
Cristina Luis	15:57
Don Fallis	17:20
C-squared	20:17
Sunny D	20:52
David Follete	21:11
Ludwig Hill	21:21
Bluto	21:34
Peg Davis	28:24
Ann Revill	30:55
Las Mexicanas	32:37
Joey Tartelon	35:35
Adam Contrades	36:35
Lost with Pat	38:09
Mike Byers	38:42
Save the Whales	44:17
GeeGee Larrington	46:18

Try-O Participants

Mike Byers
Steve Spiece Group
Team Dasher
Lilia Lopez

Improving Your Orienteering Skills

(Suggestions from Mike Minium and Rich Dekany from the Sconet website)

1. Volunteer to pick up controls after an event. Walk and take your time navigating precisely. Use "thumbing" (moving the tip of your thumb or corner of your compass to track precisely where you are at any given time).
2. Assist in course setting for events. Recognizing where you are without having the control to confirm your accuracy forces you to pay more careful attention to detail and check parallel features to be sure you are correct.
3. Volunteer to help the club update an older map (or just take an older map and try to make corrections). Map making helps my technical skills as much or more than just about any other activity, because you are learning to think like a mapper (How would I show this object? Is it important enough to show?)
4. Read everything you can. There are several good books with general beginner and intermediate info, coaching manuals, and "Armchair" orienteering activity books. (Our Club library has some of these.)
5. Spend time training on maps when you can. Even when you can't be on a map, try to visualize how the land around you would be mapped while walking, driving, etc.
6. Try map memory activities. Even with a street map of an unfamiliar neighborhood, try to memorize the turns, then don't refer back to it until you either reach your destination or need to relocate. On an orienteering map, try memorizing one or two easy control locations and then visiting them by memory. Then try harder locations, or doing 2, 3, or more consecutive controls at once by memory.



Start'em out young.
AJ & Jessie Kimminau at Cave Creek.
OK, I'm prejudiced. My grandchildren in 2003. They're now 14 and 19.

Check your knowledge of
orienteering control descriptions at:
www.fortnet.org/icd/
It's fast and fun.

No Ordinary Family

[Ed. Note: The title I picked may be pirated from the current TV program, but I think the Rickel family deserves this title.]

The article below was written by John Rickel. The Rickel family often compete in our local meets, and every one of them usually ends at least in the top three, if not #1. We can certainly be proud to have them in our Club.]

Jaxon, Jodi, and Jonathan Rickel took a long car trip with their father this summer, attending several orienteering events of the North American Orienteering Festival. Their first stop was Spokane, WA, and the United States Orienteering Championships, then on to Cranbrook, BC, and the North American Orienteering Championships, back to Tucson for a few days rest, and finally to Colorado Springs for the Western States Championships and the US Orienteering Ultra Long Championships.

They garnered 20 total medals (photo does not show Western States and US Ultra Long medals).

Jaxon:

US Long Championship – Gold
 US Sprint Championship – Gold
 NAOC Middle – Silver
 NAOC Long – Silver
 Western States – Gold
 US Ultra Long Championships – Gold

Jodi:

US Middle Champs – Gold
 US Long Champs – Gold
 US Sprint Champs – Gold
 NAOC Middle – Silver
 NAOC Sprint – Bronze
 Western States Champs – Gold
 US Ultra Long Champs – Gold

Jonathan:

US Middle Champs – Gold
 US Sprint Champs – Gold
 NAOC Middle – Silver
 NAOC Long – Silver
 NAOC Sprint – Gold
 Western States Champs – Gold
 US Ultra Long Champs – Gold



Jodi, Jaxon, and Jonathan with some of the medals.

RUNNER'S SPOTLIGHT: JAXON RICKEL

Thanks in part to a background in orienteering, Jaxon Rickel navigated his way to the top of his age group in the XTERRA SoCal Trail Run Series in 2010.



Rickel, 16, had an impressive first year in the SoCal Series, placing in the top 10 overall in the three races he entered. His most impressive performance came at the XTERRA Boney Mountain Xduro Trail Run at Thousand Oaks, Calif., in January. He placed third overall among a field of around 300, beating several elite-level runners.

Rickel started trail running just three years ago as an alternative to orienteering – a sport that requires navigating from point to point on an unknown course with the use of a map and compass.

"He was really good at orienteering, so I said why don't you just run the trails already," his father John explained. "He did really well at his first (trail run) and been doing it ever since."

Jaxon entered just three races in the SoCal Series in 2010, but he had good reason for missing the others. For one, he's still in high school, a junior at St. Gregory's College Prep. Second, he lives in, and attends school, in Tucson, Ariz.

Getting to the SoCal races required an eight-hour drive with his family.

"It was worth it," Jaxon said. "Those races are so big, there are more people to run with. A lot of other places have smaller races and there's not as much competition."

Now, Jaxon is looking for more competition. He recently joined the cross country team at St. Gregory's. Oddly enough, he never ran cross country prior to this year.

"Yeah, it's weird how it worked out," he said. "I did the trail running first and now I'm going to try cross country."

He will also compete at the XTERRA Trail Running National Championship at Bend, Ore., on Sept. 18. It will be his first time running at Bend.

"I'm excited to see what it's like; what the competition is like," he said.

Regardless of how he does in Bend, he said he will continue trail running in 2011, and will get to do it closer to home. The XTERRA Arizona Trail Run Series will make its debut in October, and Jaxon said he plans to enter.

"It'll be like a two-hour drive, so that will be easier than the eight hours we were driving to (SoCal)," he said.

What's Coming Up???

Fall & Winter Events

Well, we made it through the summer. There MUST be some cooler weather coming soon. Good orienteering time in Tucson coming up!

This winter: two very technical events. If it's a good map and boulder-filled terrain you are looking for, then Catalina State Park will be your event for November. Finally, as the year wraps up in December, look to O among the Saguaro cacti of Arthur Pack Park. This delightful natural urban park will test your skill at paying close attention to detail.

October 17, Bisbee Ultra Street-O, set and directed by Mark Parsons.

November 21, Catalina State Park

December 19, Arthur Pack Regional Park

Details on all these events are available on our website, www.tucsonorienteeringclub.org.