



April 2009

## Classic O and Motala at Box Canyon Sunday, April 19, 2009

—Ludwig Hill

Orienteers of all skill levels will enjoy five classic courses and an adventure race Motala in the Coronado National Forest in the eastern foothills of the picturesque Santa Rita mountains.

The White, Yellow, Orange, Green, Red, and Tucson Motala courses will traverse through grassy open and lightly forested rolling terrain that is quite different from the Sonoran desert of Tucson. Practically all of the grass seeds will be gone by this time of the year, so the running through undergrowth should be pleasant and the visibility good. The color map for all courses will be 1:10,000 scale with a 5m contour interval.

Club members will be able to register through express check-in. There will be a free beginners' clinic at 8:30 a.m.

The meet directors are Margrit McIntosh and Pat Penn. Call Margrit at (520) 300-0555 or email memcinto at gmail period com if you have questions about this meet. Please offer to help out with registration, timing, or control retrieval. The fees collected at each event only cover the costs for permits, insurance, transportation, map printing, supplies, and equipment used at the event. They don't cover planning, organizing, or running the event. It is only through the generous volunteer effort of us club members by which these events can happen!

**Motala:** The Tucson Motala is a three-stage course that will test and develop both your navigation and endurance skills. The stages may be run in any order desired and consist of a ~3-4k on/off trail loop (or "Yellow" loop), a more navigationally challenging ~4-5k off trail loop (Orange) and a more difficult ~5-6k off trail loop (Red). **We recommend that you start the first stage by 9:15 a.m. The latest time to start the last stage is 11:30 a.m. (Red loop), 11:45 a.m. (Orange), or 12:00 p.m. (Yellow).** Motala fees for members of the Tucson or other recognized orienteering club are \$10/person + \$5/each additional team member for each event. Nonmember fees are \$15/individual + \$10/each additional team member for each event.

**Directions:** From Tucson, drive east on I-10 to SR 83 (Exit 281). Then drive south on SR 83 for 17 miles to Greaterville Road. Turn right on Greaterville Road and drive 4.8 miles to the junction with Box Canyon Road (FS 62) which forks to the right at the end of the asphalt paving. Take Box Canyon Road 0.9 miles to the trail crossing for the Arizona Trail, which is the event site. It takes about an hour to get to the meet site from downtown Tucson.

**Informal Camping:** Some of us will spend the night before this event at the February 2006 Greaterville event site. The turnout to this site, which is near the small power substation, is located on the left-hand side of the Greaterville Road about 1/4 miles before you get to the end of the pavement (at the junction with Box Canyon Road). You are welcome to join us.

**Fees:** Classic courses: \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. For Motala fees, see the special section above. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets, must have some type of safety whistle.

### Schedule:

8:30 a.m. Beginners' clinic starts.

8:30-10:30 a.m. Registration.

9:00 a.m. Courses open.

12:00-1:00 p.m. Route choice reviews.

1:00 p.m. Courses close. Everyone must be back by then. Begin control retrieval (great orienteering practice).

**Check-In:** To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before courses close and before leaving the meet site.

Continued on page 2

**April 19, 2009**

Box Canyon

Course Setter: Ludwig Hill

Meet Directors: Pat Penn and

Margrit McIntosh

**April 20, 2009**

Board Meeting at 7 p.m.

See notice on page 2.

**April 27, 2009**

Newsletter deadline. See

submittal information on

page 2.

**May 16-17, 2009**

Mogollon Rim ROGAINE

Course Setter: John Maier

Meet Director: Needed

**June 20, 2009 (Saturday)**

Lincoln Park Night-O and

Annual General Meeting

**July 19, 2009**

Bear Wallow

Course Setter: Needed

Meet Director: Needed

**August 16, 2009**

Palisades

Course Setter: Needed

Meet Director: Needed

*Have you noticed how many meets "Needed" is directing? Wouldn't you like to see your name there instead?*

**YOU are needed!**

Meets are usually held the third Sunday of each month. Pick the month that you would prefer and volunteer to set some courses or direct a meet.

Experienced course setters and meet directors are happy to mentor you if you are nervous about volunteering for the first time. Just call Jim Stamm at 575-0830 to volunteer.

## Officers and Board 2008-2009

<b>President</b>	<b>Peg Davis</b> pegdavis@u.arizona.edu 628-8985
<b>Vice President</b>	<b>Jeff Berringer</b> jaberringer@earthlink.net 512-4685
<b>Secretary/Treasurer</b>	<b>Jeff Berringer</b> jaberringer@earthlink.net 512-4685
<b>Membership Chair</b>	<b>Jeff Brodsky</b> jabrodsky@cox.net 275-9351
<b>Schedule Coordinator</b>	<b>Jim Stamm</b> jimstamm@comcast.net 575-0830
<b>Map Librarian</b>	<b>David Barfield</b> david77barfield@hotmail.com 514-5777
<b>Equipment</b>	<b>Pat Townsend</b> ptownsend@pima.edu
<b>Permits</b>	<b>Jim Stamm</b> jimstamm@comcast.net 575-0830
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<b>Publicity, Outreach, &amp; Education</b>	<b>Brad Poe</b> brad.poe@att.net 398-9801
<b>Newsletter Editor</b>	<b>Lois Kimminau</b> loiskim@aol.com 296-2108
<b>E-Group Moderator</b>	<b>Jim Stamm</b> jimstamm@comcast.net 75-0830

### Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: loiskim1@cox.net

US mail: 10633 E. Mary Stephey Place  
Tucson, Arizona 85747.

*Lois Kimminau, Editor*

### Continued from page 1

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the free beginners' clinic, arrive between 8:15 a.m. and 8:30 a.m.

**Route Choice Reviews:** Orienteers love to talk about alternate routes and their advantages and disadvantages. If you would like to discuss your choices after you do the course, there will be advanced orienteers near the Start/Finish area who would enjoy going over your route with you.

## The Box Canyon Map

Box Canyon is the newest map to be completed by the Tucson Club! Although some western portions of the map had been mapped by late 2005, the final areas in the far eastern reaches were not field checked until very recently—March 2009. During this multi-year period, various club members have helped to develop this map. Many thanks to **Jeff Brucker** who field checked a handful of parcels and **Jason Bowman**, who did a ton of the OCAD work. A whopping part of the field checking credit is due to **Leif Lundquist**, who knocked out 14+ parcels (field checking and OCAD drafting). **Jeff Brodsky, Peg Davis, Pat Penn, and John Maier** also helped with one parcel each. **Ludwig Hill** did the remaining field checking and OCAD drafting. Each Box Canyon field checking parcel covered an area of terrain about one quarter of a square kilometer in size and took anywhere from three to five hours to field check.

**A big thank-you to all who helped!**

## Board Meeting

The next board meeting will be held on April 20th at 7 p.m., at the home of Peg Davis. Call Peg at 628-8985 for directions. All members are invited and encouraged to attend, and are eligible to vote. To place an item on the agenda, or to determine the location, please call or e-mail Peg Davis, President (e-mail [pegdavis@u.arizona.edu](mailto:pegdavis@u.arizona.edu)).

## A THOUGHT FOR TODAY:

*Conscience is a man's compass,  
and though the needle sometimes deviates,  
though one often perceives irregularities  
when directing one's course by it,  
one must still try to follow its direction.*

-Vincent van Gogh, painter (1853-1890)

### Proposed Calendar 9/1/09-6/30/10

**September 20, 2009, Potato Patch U-Set-It**

**October 18, 2009, Italian Trap**

**November 15, 2009, Catalina State Park**

**December 20, 2009, Cat Mountain**

**January 10, 17, or 24, 2010, Ironwood Park**  
(date depends on Anza-Borrogo meet)

**February 21, 2010, Empire Ranch**  
(mini-Rogaine with Jeff Berringer)

**March 21, 2010, Down Route 83**

**April 18, 2010, Slavin Gulch**

**May 16, 2010, Chimney Rock**

**June 20, 2010, White Mountains**

Pick one (or more!) or these dates, and let an officer know you'd like to set courses, vet courses, or direct the meet. **You'll be a hero!!**

### E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: [TucsonOrienteering-subscribe@topica.com](mailto:TucsonOrienteering-subscribe@topica.com). To send a message, simply address it to: [TucsonOrienteering@topica.com](mailto:TucsonOrienteering@topica.com). It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at [JimStamm@ComCast.net](mailto:JimStamm@ComCast.net).

# The Slavin Gulch Two-Day March 14-15, 2009

—Mark Parsons

Seventy-five lucky orienteers enjoyed the near perfect running conditions in the boulders and on the grassy flats of the Dragoon Mountain foothills. Sunday's Orange course was on a 1:5000 map and took the orienteers and hikers through the heart of the rocks, past the caves of the ancients, and small groves of large oaks.

Half of the participants were from clubs other than Tucson and everyone agreed this is our most beautiful orienteering venue. Most of our guests said they hope we can someday host an A meet on an improved map of the area.

Many people helped me with the event. Ludwig Hill and my wife Nancy Potenza worked with me on updating the old map. On Saturday, the registration table was run by Bill Dennis, Carolyn Mantel, and their patrol of boy scouts, Aron, Montel, Croft, and Dennis. On Sunday, the table was handled by Alexis Mills and Nancy. Timing was done by Keith McCleod, Max Suter, and Leif Lundquist. Jim Stamm obtained the permits and Peg Davis ran the beginners' clinic. Control retrieval (where great orienteers hone their skills with alternative routes to the controls) was handled by Bill and his patrol, Max, Leif, Ludwig, Glen Hasselfeld, Mike King, Ann Mullins, Allen Kren, Margaret, Longstreth, Marina Keating, and Joe Maffei.

My thanks to the half dozen or so people that rode the cow trails on mountain bikes on the 8K MBO loop.

## White Course

		Saturday 2k, 10m	Sunday 2K, 8m	Total
1M	Jonathon Rickels	19:37	22:19	41:56
	Jarrett Rickels	Rec	30:20	
	Mia Parsons		Rec	

## Yellow Course

		Saturday 2.8K, 15m	Sunday 2.8K, 10m	Total
1F	Jodi Rickels	31:32	28:15	59:47
	Team Aron, Montel, Croft, and Dennis	35:30		

## Orange Course

		Saturday 5.1K, 25m	Sunday 3.2K, 30m	Total
1M	Jaxon Rickels	28:48	35:26	64:14
2M	Jonathan Rickels	90:08	62:05	152:13
1F	Claudia Rickels	67:59	90:24	158:23
	Ludwig Hill		40:17	
	Alexis Mills	DNS	71:23	
	The Labradors	107:55		
	Ann Mullins	127:47		
	Mike King	64:41	DNS	
	Diane Hasselfeld	Rec		
	Gee Gee Larrington		Rec	

## Brown Course

		Saturday 4K, 40m	Sunday 3.9K, 40m	Total
1F	Pat Penn	76:44	87:38	164:22
2F	Margarit McIntosh	109:24	160:05	269:29
	Mike King	60:54	DNS	
	Joe Maffei	61:00	DNS	
	Lois Kimminau	Rec		
	Jim & Matt Stamm		108:00	

## Green Course

		Saturday 5.4K, 100m	Sunday 5.5K, 100m	Total
1M	Leif Lundquist	57:18	74:52	132:10
2M	Michael Lebl	78:15	94:22	172:37
3M	Moss Aubrey	101:35	117:53	219:28
1F	Trish Krantz	79:47	95:12	174:59
2F	Polly Lebl	78:15	104:35	182:50
	Brad Poe	59:37	DNS	
	Jeff Brucker	57:54	DNS	
	Marina Keating	112:18	DNS	
	John Rickels	145:21	DNS	

## Green Course (Continued)

		Saturday 5.4K, 100m	Sunday 5.5K, 100m	Total
1	Alan Kren	DNS	80:02	
	Larry Lamb	DNS	123:40	
	Ann Mullins	DNS	OVT	
	Michael Gurevitch	DNS	OVT	

## Red Course

		Saturday 6.4K, 130m	Sunday 6.4K, 120m	Total
1M	Kristaps Jaudzems	35:30	50:32	86:02
2M	Ludwig Hill	50:50	67:32	118:22
3M	Max Suter	58:58	61:56	120:54
4M	Ron Birks	47:52	74:37	122:29
5M	Dan Felitsky	69:57	58:59	128:56
6M	Jan Urban	57:21	87:30	144:51
7M	Joe Maffei	66:00	83:28	149:28
8M	Glen Hasselfeld	85:35	97:28	183:03
1F	Peg Davis	95:33	124:16	219:49
2F	Margaret Longstreth	116:20	125:30	241:50
	Don Fallis	58:13	DNS	
	Cristina Luis	64:17	DNS	
	Jeff Brodsky	DNS	96:50	
	Marina Keating	DNS	OVT	



*Pictures in this issue were taken at Slavin Gulch in March, courtesy of Mark Parsons.*

# Ironwood Training Event

## March 22, 2009

—Ludwig Hill

We had a great turnout and wonderful weather for this fun-filled and challenging orienteering event at Ironwood Picnic Area in the Tucson Mountain Park.

The top finishers were **Jonathan Rickel** (White), **Art Cantrell** (Short Orange), and **Claudia Rickel** (Short Green). Congratulations!

I'd like to thank these generous volunteers who helped: **Leif Lundquist** set a fun White course which introduced some new young people to our sport. **Peg Davis, Lois Kimminau, Mike King, Leif Lundquist, Keith McLeod, Rob Morden, and Mark Parsons** helped retrieve controls.

There were a lot of DNF's on the Short Green course. That's not something the course setter likes to hear after he thinks he's set some pretty good courses. Many of those DNF'ers couldn't find Short Green CP #2 and most of them became totally lost while looking for it and while en route to it. **Peg Davis** graciously offered to verify the control marker placement after the event. With the aid of knowing the exact location of a Short Orange control that she could then use as a strong attack point, she found the vexing control (CP#2) exactly where it was shown on the map, but she mentioned that it was hung only 6" above the ground. Her point is well taken and one I hope to be respectful of in my course setting; i.e., making sure that the control marker is equally visible for all reasonable approaches, that it can be spotted immediately when at the proper control feature as shown on the map and in the clues, and that there is no unfair advantage for a person seeing a competitor punching the control versus another person seeing only the control marker by itself. Having said that, I also believe that the DNF'ing parties can take home some good lessons from having had to confront a challenging advanced-level leg that was both long (>700m in this instance) and required vigilant navigation throughout its entire length and that had neither close, obvious attack points nor nearby catching or bailout features. For those individuals who found CP #2 through skillful attentiveness and orienteering deftness, job well done!

### White (1.7 km)

1M	Jonathan Rickel	16:03
	Jeff Brucker	REC
	Jonus, Lyra, Degan	
	(All with Brucker)	REC
	Felix Larsson	REC
	Jared Rickel	REC

### Short Orange (3.5 km)

1T	Art Cantrell	1:19:38
1T	Kelly Morales	1:19:38
1F	Kay Mathiesen	1:26:24
2F	GeeGee Larrington	1:28:32
1M	Keith McLeod	1:33:33
	Lois Kimminau	DNF
	Mike Thompson	DNF
	Melissa Trout	DNF
	Dave Barfield	REC

### Short Green (4.4 km)

1F	Claudia Rickel	1:23:14
1M	Don Fallis	1:39:59
2M	Mark Parsons	1:43:06
	Peg Davis	DNF
	Mike King	DNF
	Shelby King	DNF
	Mike Koenig	DNF
	Nick Koenig	DNF
	Cristina Luis	DNF
	Leif Lundquist	DNF
	Margrit McIntosh	DNF
	Rob Morden	DNF
	Bill Dennis	DNS

## Get Ready for the May Rogaine at the April Meet!

While Rogaine controls are set at an Orange (intermediate) level of difficulty, think about using our April meet at Box Canyon as training by running the Red course to build some endurance. Or to really build endurance, run the Motala: the Yellow, then the Orange, then the Red courses.

If you're a non-orienteer getting ready for the Rogaine, running the Motala will be a great way to test your navigational abilities by running progressively more difficult courses. This will also get you used to the symbols and language used in orienteering, how to manage your map, and the best way to handle your punch card. Little advantages build up over the course of a 24-hour event!

## Help.....Equipment Needed

Holding a Rogaine requires a lot of equipment. We'd like to borrow as much as possible from club members. If you could loan us any of the following, we'd really appreciate it. Contact Peg at pegdavis at u dot arizona dot edu. We'll ask you to drop them off at a member's house about May 13 and pick them up in the same place May 19.

- Coleman stoves
- Propane tanks from barbecues
- Sturdy tables
- Propane burners (used for brewing beer, etc.)
- Fold up picnic tables
- Pop up canopies

## Help.....Workers Needed

Lots of help is still needed for set-up, hauling equipment to the meet site, registration, timing, and the Hash House. Remember, you can orienteer the short category (4-hours) for free if you work at the Rogaine.

**Don't forget to Register for the Rogaine!**  
**May 16-17, 2009**



## Interview With a Winner

—Peg Davis

Following is an interview with Claudia Rickel after the training meet at Ironwood on March 22.

*Peg: When did you start orienteering?*

Claudia: I was introduced to the sport when my husband signed me up for the White course at the Western States Orienteering Championships in Sonoita in 2008.

*P: Which is your favorite map?*

C: My favorite place to orienteer around Tucson is Chimney Rock. (I don't have a favorite map yet.)

*P: What has helped you progress as an orienteer?*

C: I have progressed as an orienteer by just doing it, getting out there and experiencing it!! I still get lost plenty of times, or take 20 minutes to find one control. However, I can't fail to learn something new every time.

*P: How many Green courses have you run?*

C: This was my first time on a Green course.

*P: Could you talk about your route from control 1 to control 2 at Ironwood?*

C: This being my first time on a Green course and feeling miserable with a head cold and allergies, I decided I better just walk the entire way. With Peg's encouragement that there is no way to get lost if I go slowly, I was off. I figured out the direction I needed to go and picked a point on the mountain peaks that I could remember. (Saguaros don't work for me because they look too much alike.) Then I made sure that every smaller wash, as well as larger wash, was accounted for, looking for curves and splits in the washes to make sure I was on course. I had trouble with the 1:5000 map on the second-day course at the Dragoon Mountains, overshooting the majority of controls. Ludwig warned me ahead of time that this map would be the same scale. So, this time, I was especially careful not to go too far. I learned how to count paces from Barb Bryant during a beginner's clinic I attended with my younger sons at Ironwood in February. It is a great technique for beginners to learn to judge distances. After crossing the last wash, I counted paces, stopped, and looked around. Sure enough, I was close enough to see the control. What a great feeling! A year ago I would have been utterly lost.

*P: How did the rest of your course go?*

C: It went very smoothly.

*P: How do you train (physically or intellectually) for orienteering?*

C: I like to go hiking on the weekends at nearby Sabino Canyon. As a mother of 7, I have very little time to do anything else.

*P: What are your future goals as an orienteer?*

C: My only goal is to have fun and learn something new each time. The sport is so addicting! I look forward to new challenges.

*P: What would you like to see the club do more of? Less of?*

C: My kids really like the electronic punching and the instant results.

*P: Any pet orienteering topics you'd like to take this opportunity to express yourself about?*

C: I didn't believe my husband John when he said the sport was 50% mental and 50% physical. Now I believe him. You don't have to be in top physical condition to enjoy orienteering. I didn't believe Ludwig when he told me I was the first to finish successfully and never mentioned it to John. When John looked up the results on Monday, he just sat in front of the computer shaking his head in total disbelief! I don't think he's gotten over it yet.



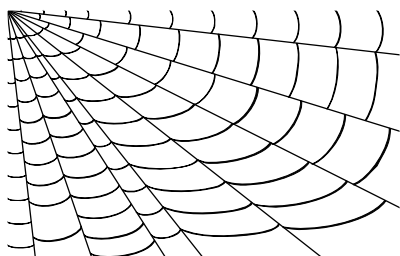
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Tucson Orienteering Club  
P. O. Box 13012  
Tucson, AZ 85732

Address Service Requested

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A great site and a  
"new and improved" map  
at Box Canyon on April 19.



Check out the Tucson Orienteering Club web site!

Type **<http://www.tucsonorienteeringclub.org>**

Also, for links to all the West Coast club sites,

just type **[http://www.geocities.com/o\\_sconet](http://www.geocities.com/o_sconet)**

For the Rolling Rankings of the United States Orienteering Federation (USOF), go to **<http://www.usof-rankings.org/>**, or for the US Orienteering Sprint Series, <http://www.sprintseries.org>.

### Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

\_\_\_\_\_

Check one: Individual (\$10)

Household (\$15)

Name:

\_\_\_\_\_

Telephone:

\_\_\_\_\_

Address:

\_\_\_\_\_

City, State, Zip:

\_\_\_\_\_

E-mail:

\_\_\_\_\_

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.