

December 2009

## Cat Mountain, December 20

—Cristina Luis

West of the city, tucked away in the Tucson Mountains, lies a beautiful basin filled with Sonoran Desert goodness—cacti, dry washes, boulders, trails, and plenty of room to run around! Join us in December to take advantage of the cooler “winter” weather to orienteer down at desert level. Cristina Luis and Melissa Trout are setting (at least) three classic courses on the Cat Mountain map.

Currently the plan is to have beginner (Yellow), intermediate (Orange) and advanced (Red) courses. Check back here for more information about course specifics. If there is demand for it (email Cristina) there may be another, shorter advanced course (probably Brown).

There will be online pre-registration for this event, and we will be using e-punching. Check back after the Catalina State Park event (Nov 15) for more information.

It is possible to run in this area with shorts, but if you don't like scratches then be sure to wear pants. The map will be printed in color at a 1:10,000 scale with non-standard 20 ft. contours.

**Motala:** The Tucson Motala is a three-stage course that will test and develop both your navigation and endurance skills. The stages may be run in any order desired and consist of a ~3-4k on/off trail loop (or “Yellow” loop), a more navigationally challenging ~4-5k off trail loop (Orange), and a more difficult ~6-7k off trail loop (Red). We recommend that you start the first stage by 9:15 a.m. The latest time to start the last stage is 11:30 a.m. (Red loop), 11:45 a.m. (Orange), or 12 noon (Yellow). Motala fees for members of the Tucson club or other recognized orienteering club are \$10/person + \$5/each additional team member for each event. Nonmember fees are \$15/individual + \$10/each additional team member for each event.

**Directions:** From Tucson, take Ajo Way (AZ 86) west to Kinney Road (4 miles west of Mission Road). Turn right at Kinney and go northwest 0.9 miles to Sarasota Blvd. Turn right at Sarasota and go northeast 0.4 miles to a dirt road branching to the right. Turn right on the dirt road and continue east 0.5 miles to unmarked parking area. There will be a not insignificant walk to the start—through the metal gate in the wire fence and up the foot/bike trail east 0.5 miles up to the pass.

**Fees:** Classic courses: \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. For motala fees, see the special section above. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

**Schedule:**

8:30 a.m. Beginners' clinic starts.

8:30 a.m. to 10:30 a.m. Registration.

9:00 a.m. Courses open.

12:00 noon to 1:00 p.m. Route choice reviews.

1:00 p.m. Courses close. Everyone must be back by then. Begin control retrieval (orienteering practice).

**Check-In:** To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before courses close and before leaving the meet site.

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the free beginners' clinic, arrive between 8:15 a.m. and 8:30 a.m.

**Route Choice Reviews:** Orienteers love to talk about alternate routes and their advantages and disadvantages. If you would like to discuss your choices after you do the course, there will be advanced orienteers near the Start/Finish area who would enjoy going over your route with you.

**December 20, 2009**

Cat Mountain

Course Setter: Cristina Luis

Meet Directors: Brad &

Yvonne Poe

**January 19-22, 2010**

Saguaro U Training? Week

Coordinator: Cristina Luis

**January 23-24, 2010**

Ironwood Park

Course Setter: Leif Lundquist

Meet Director: 1/23--Jeff

Brucker

1/24: Pete & Judy Cowgill

**February 21, 2010**

Empire Ranch (Mini-Rogaine)

Course Setter: Jeff Berringer

Meet Director: Max Suter

**February 28, 2010**

Catalina State Park

Special Training Event

Course Setter: Ludwig Hill

**March 20-21, 2010**

Slavin Gulch

Course Setter: Mark Parsons

& Nancy Potenza

Meet Director: Keith McCloud

**April 18, 2010**

Greaterville

Course Setter: Ludwig Hill

Meet Director: Jeff Brodsky

**May 15, 2010**

Bear Wallow

Course Setter: Art Cantrell

Meet Director: Kelly Morales

Meets are usually held the third Sunday of each month. Pick the month that you would prefer and volunteer to set some courses or direct a meet.

Experienced course setters and meet directors are happy to mentor you if you are nervous about volunteering for the first time. Just call Jim Stamm at 575-0830 to volunteer.

## Officers and Board 2008-2009

<b>President</b>	<b>Peg Davis</b> pegdavis@u.arizona.edu 628-8985
<b>Vice President</b>	<b>Jeff Berringer</b> jaberringer@earthlink.net 512-4685
<b>Secretary/Treasurer</b>	<b>Jeff Berringer</b> jaberringer@earthlink.net 512-4685
<b>Membership Chair</b>	<b>Jeff Brodsky</b> jabrodsky@cox.net 275-9351
<b>Schedule Coordinator</b>	<b>Jim Stamm</b> jimstamm@comcast.net 575-0830
<b>Map Librarian</b>	<b>David Barfield</b> david77barfield@hotmail.com 514-5777
<b>Equipment</b>	<b>Pat Townsend</b> ptownsend@pima.edu
<b>Permits</b>	<b>Jim Stamm</b> jimstamm@comcast.net 575-0830
<b>Webmaster</b>	<b>Yvonne Poe</b> poe-y@att.net 398-9801
<b>Publicity, Outreach, &amp; Education</b>	<b>Brad Poe</b> brad.poe@att.net 398-9801
<b>Newsletter Editor</b>	<b>Lois Kimminau</b> loiskim@aol.com 296-2108
<b>E-Group Moderator</b>	<b>Jim Stamm</b> jimstamm@comcast.net 75-0830

### Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

E-mail: loiskim1@cox.net

US mail: 10633 E. Mary Stephey Place  
Tucson, Arizona 85747.

*Lois Kimminau, Editor*

## Another Victim of the Recession?

This is the last edition of the Tucson Orienteering Club monthly newsletter. No, it's not really a victim of the recession. Yes, the Club can save money on printing and postage, but the primary reasons for the change are the fact that the number of members who wanted a paper copy has dwindled, and everyone seems to have access to the internet.

Beginning January 1, all meet announcements and information, results of meets, and any other important and timely information for members will be posted on the website. Members will receive a monthly e-mail to remind them of the meet dates and will be able to find all the information online. There will be a quarterly 'magazine-type' newsletter, which will have some training tips, meet pictures, news about members, "at-a-boys" for volunteers, and links to other clubs' websites for information about interesting upcoming events. All members are invited to contribute, and it won't be successful unless you do. Suggestions for anything else that should be included are welcome.

Thanks to Ludwig Hill and Cristina Luis for the redesign of the website, which makes it much easier to get around and find the information you want.

I started editing the Club newsletter in 1991. That means I've been doing it for 18 years. That's a very long time, but I have really enjoyed it. The first years, I took it to the printer, picked it up, labeled and stamped the copies, sorted them for bulk postage, and took them to the post office. That got to be overwhelming, and I requested and received help with the labeling, stamping, and mailing. I want to thank all of you who helped me over the years, although I can't remember all of your names.

The last four or five years, we have used a printing service that also took care of the mailing. That was a tremendous relief. I thank the Board for approving that expenditure.

I'd also like to thank all of you who have helped me by submitting articles, announcements and results, and pictures.

I really wanted to make the LAST ISSUE something special. Alas, I returned from a 3-1/2 week vacation on December 3, so the issue was already late, and I have not had the time to do more than get out the news. So.....here it is. See you around.

*Lois Kimminau, Editor*

## Orienteering in Schools

*(Note from Donna Fluegel at USOF)* At the Board meeting in June, USOF agreed to take on the task of pushing O in Schools and College Development to the next levels.

O in Schools is geared towards elementary thru high school age students. I'm looking for people to help with getting orienteering into the schools across the country. Yes, that's right, every school, in every state. It could be part of gym class or math class or an after-school club. I know there are many of you who have already done this in your local communities, but we need to share this information across the USOF community so we're not reinventing the wheel with each school. If you have school-age kids or work in a school, I especially need to hear from you. You already have contacts in the schools.

For College Development, this involves getting orienteering clubs started in colleges. This may be a bit more difficult, but hey, so is orienteering at times, and you know we all love a challenge. Teach college? You're my man or woman! Face it, having West Point win the Intercollegiate every year is getting a bit old, don't you think?

So, give me a yell. Really, take the plunge and get more involved in promoting the sport in the schools and helping our new Executive Director, Glen Schorr, in his goal of not always having to explain what he does for a living (come on, aren't you a little tired of hearing, "you do what on the weekends?").

### E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: [TucsonOrienteering-subscribe@topica.com](mailto:TucsonOrienteering-subscribe@topica.com). To send a message, simply address it to: [TucsonOrienteering@topica.com](mailto:TucsonOrienteering@topica.com). It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at [JimStamm@ComCast.net](mailto:JimStamm@ComCast.net).

## Catalina State Park Results

—Margrit McIntosh & Pat Penn

On November 15, the weather was perfect for our meet at scenic Catalina State Park, sunny, no wind, and cool temps. Since this was National Orienteering Day, we promoted the event more than usual and had the biggest turnout since the A meet at Kentucky camp over a year ago. There were 43 individual and 11 team registrants, with 83 entries in the timing log. Many people were having so much fun they went out on two or three courses. Two scout teams were there earning badges and two large family groups, the Rickels from the Tucson club, and the Shahbazians from Chicago. We also had a few other competitors from out of town.

John Pascal, again this year, set nice courses (we hope it is a tradition now!), vetted by Cristina Luis, on a map updated by Ludwig Hill—a big thanks to them and the following volunteers. The group that called and emailed members we had not seen in a while to remind them of this event included **Peg Davis** (who also ran the beginners clinic), **GeeGee Larrington**, **Ludwig Hill**, **Cristina Luis**, **John Maier**, **Yvonne Poe** and **Max Suter**. Some of these folks plus others, such as **Jim Stamm**, also posted fliers announcing the meet and National Orienteering Day. Control retrievers included **John Maier**, **Ludwig Hill**, **Jaxon Rickel**, **Margrit McIntosh**, **Judy and Troop 5565**, and **Rich Parker**. We appreciate everyone being patient and organized with registration and start timing as we dealt with the large crowd. We had fun too!

Congratulations to our winners:

**White:** Jonathan Rickel (1M), Megan Reiter (1F), Team Tool (1T)

**Yellow:** Jodi Rickel (1F), Robert Shahbazian (1M), Boyd & Roth (1T)

**Orange:** Art Cantrell (1M), Kay Mathiesen (1F)\*, Team Phillips (1T)

**Green:** Jaxon Rickel (1M), Claudia Rickel (1F)

**Red:** Mark Everett (1M), Peg Davis (1F)

**Motala:** Charlie Shahbazian (1M)

Note: All courses have now been posted to RouteGadget.

### White (1.77 km, 5m climb, 8 controls)

1M	Rickel, Jonathan	0:13:28
1F	Reiter, Megan	0:14:15
2M	Shahbazian, Jack	0:20:20
3M	Barney, David	0:23:45
1T	Team Tool	0:26:50
2T	Larson Clan	0:27:45
3T	Fedyk, Tatiana (team)	0:29:55
	Troop 297 A	0:30:30
	Rickel, Jaret	0:43:14
	Troop 297 B	0:44:00
	Team Barleycorn	Rec

### Yellow (2.85 km, 70m climb, 9 controls)

1F	Rickel, Jodi	0:29:00
1M	Shahbazian, Robert	0:30:40
2F	Kuo-Speck, Chia-Chi	0:31:18
1T	Boyd & Roth	0:33:26
2M	Shahbazian, Raffi	0:37:35
3M	Shahbazian, Mathew	0:37:45
2T	Team Haley	0:55:00
3T	Troop 5565	1:37:50
	Bean, Matthew	DSQ
	Taylor, Tisha	DSQ
	Shahbazian	Rec
	Larson Clan	Rec
	Barney, David	Rec
	Reiter, Megan	Rec
	Troop 297 A	Rec
	Troop 297 B	Rec
	Team Barleycorn	Rec
	Fedyk, Tatiana (team)	Rec

### Orange (3.56 km, 135m climb, 7 controls)

1M	Cantrell, Art	0:39:21
2M	Dennis, Bill	0:56:10
3M	Townsend, Greg	0:58:10
4M	O'Donnell, James	0:58:59
5M	Stamm, Jim	0:59:30
1F	Mathiesen, Kay	1:20:30
1T	Team Phillips	1:23:04
2T	Guacamole	1:26:40
2F	Larrington, GeeGee	2:02:49
	Shahbazian, Robert	DNF
	Falter, Bill	Rec
	Roth, Andy	Rec
	Kuo-Speck, Chia-Chi	Rec
	Kerr, Bob	Rec
	Troop 297 A	Rec
	Barney, David	Rec
	Boyd, Elizabeth	Rec
	Shahbazian, Raffi	Rec
	Taylor, Tisha	Rec
	Shahbazian, Mathew	Rec

### Motala: Yellow + Orange + Red

(12.15 km, 365m climb, 26 controls)

		<i>Yellow</i>	<i>Orange</i>	<i>Red</i>	<i>Combined</i>
1M	Shahbazian, Charlie	0:28:12	0:36:59	1:18:49	2:24:00
2M	Birks, Ron	0:26:05	0:35:39	1:44:25	2:46:09
3M	Beracy, Derrick	0:27:48	0:49:08	1:35:07	2:52:03
4M	Follette, David	0:27:35	0:46:19	1:43:25	2:57:19
	Wilke, Mike	0:24:20	0:44:33	DNF	DNF
	Martin, Mark	0:42:50	0:59:30	DNF	DNF

### Green (4.75 km, 110m climb, 10 controls)

1M	Rickel, Jaxon	0:45:45
2M	Gurevitch, Michael	1:57:22
1F	Rickel, Claudia	2:52:33
	McLeod, Keith	DNF
	Townsend, Greg	Rec
	Guacamole	Rec

### Red (5.74 km, 160m climb, 10 controls)

1M	Everett, Mark	0:43:23
2M	Hill, Ludwig	0:55:20
3M	Parker, Rich	1:20:55
4M	Brodsky, Jeff	1:32:30
5M	Wolfsong	1:35:18
6M	Parsons, Mark	1:43:40
1F	Davis, Peg	2:04:28
7M	Florence, Bill	2:35:30
2F	Brutlag, Kate	2:38:20
	Fallis, Don	DNF

## Saguaro U. Training? Week January 19-22, 2010

—Cristina Luis

Thaw out in the desert with four days of technical and physical training in sunny Tucson, AZ, in the middle of winter! Average high in mid-January is 65F.

Bracketed by the Anza-Borrego O-Fest in CA and the Ironwood 2-Day, this week will give you a great chance to get in some quality training when you'd otherwise be shoveling the snow off of your car!

Check the schedule and other information on our website: <http://www.tucsonorienteeingclub.org>.

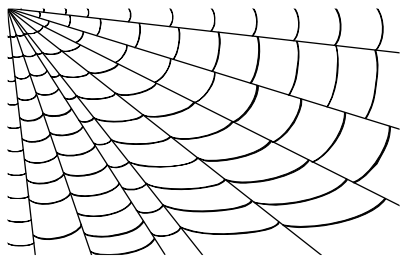
---

Tucson Orienteering Club  
P. O. Box 13012  
Tucson, AZ 85732

Address Service Requested

---

**Merry Christmas and  
Happy New Year!**



Check out the Tucson Orienteering Club web site!  
Type <http://www.tucsonorienteeringclub.org>

### Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

\_\_\_\_\_

Check one: Individual (\$10)

Household (\$15)

Name:

\_\_\_\_\_

Telephone:

\_\_\_\_\_

Address:

\_\_\_\_\_

City, State, Zip:

\_\_\_\_\_

E-mail:

\_\_\_\_\_

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,  
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club  
and send to P. O. Box 13012, Tucson, AZ 85732.