



January 2009

Arthur Pack Regional Park

—Mark Parsons

On January 25, 2009, we will host the first-ever Lake George (*a la* Mikel Platt) style Sprint and Chase. This is two races for the price of one in a well-mapped and beautiful setting. The left-wild part of Arthur Pack is sufficiently vegetated and gently sandy washed to provide confusion while being hemmed in by development for catching.

The first event with all orienteers going out on the same 2100-meter course of Orange to burnt-Orange colored controls on two-minute intervals will be followed by a second race at 10:30 to 11:30 (meet-director's discretion) led off by the winner of the first race. Everyone else will follow by how many minutes behind that person their sprint course time was. The second map may have an easier control or two, but will for sure have twice as many controls as the first map, and will be 2.5 to 3 times as long a course (5 to 6K). We will have a "spectator" control in the chase.

This could be a fun event to introduce a runner to orienteering because following is expected. The terrain is excellent for speed and quickly getting lost.

There will also be a White course offered all morning.

Registration: Preregistration is available and desired, especially for groups. Maps will be pre-printed, so preregistration is appreciated. E-mail with name, course, and to volunteer at orienteeringmark@yahoo.com or call Mark at 520-432-2817.

Directions: At I-10 Exit 250, go east on Orange Grove Road and, after crossing under the railroad tracks, turn left on Thornydale Road. After driving north three miles, turn left at the Overton Road traffic light (there's a Walgreen Drugstore at the NE corner). Then drive west about 0.2 miles, or just before the road bends to the right, and turn right into parking. Trip time from I-10 and Orange Grove to the event site is about 15 minutes.

Schedule:

8:30 a.m. Registration opens (be prompt). Beginners' clinic starts.

9:00 a.m. First Sprint start.

10:00 a.m. (approx.) Sprint course closes (after last starter).

10:15 a.m. (approx.) Chase starts.

11:15 a.m. Remaining Chase runners start en masse. (Last time to start for any course).

1:30 p.m. All courses close. Control retrieval begins. All runners must check in.

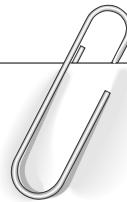
Fees: Members: \$5/individual, \$8/team for members of any recognized orienteering club. Nonmembers: \$10/individual, \$15/team. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Remember: Control retrieval is an excellent training tool. Support your local course setter.

Board Meeting

Monday, January 26, 2009, will be the next Tucson Orienteering Club board meeting. All board members are humbly requested to show their faces; all club members and their ideas are welcome. Meeting starts at 7 p.m. at Casa Peg. Please call 628-8985 for directions.



January 25, 2009

Arthur Pack City Park
Course Setter: Mark Parsons
Meet Director: Needed

January 26, 2009

Board meeting. See notice this page.

January 28, 2009

Newsletter deadline. See info on page 2.

February 15, 2009

Ironwood Park
Course Setter: Leif Lunquist
Meet Director: Luis Family

March 14-15, 2009

Slavin Gulch--Arizona
State Championships
Course Setter: Mark Parsons
Meet Director: Needed

March 22, 2009

Ironwood Training Event
Course Setter: Ludwig Hill
Meet Director: Ludwig Hill

April 19, 2009

Box Canyon
Course Setter: Ludwig Hill
Meet Director: Needed

May 16-17, 2009

Mogollon Rim ROGAINE
Course Setter: John Maier
Meet Director: Needed

YOU are needed!

Meets are usually held the third Sunday of each month. Pick the month that you would prefer and volunteer to set some courses or direct a meet.

Experienced course setters and meet directors are happy to mentor you if you are nervous about volunteering for the first time. Just call Jim Stamm at 575-0830 to volunteer.

Volunteer!

(Please?)

Officers and Board 2008-2009

President pegdavis@u.arizona.edu	Peg Davis 628-8985
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E-Group Moderator jimstamm@comcast.net	Jim Stamm 75-0830

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: loiskim1@cox.net

US mail: 10633 E. Mary Stephey Place
Tucson, Arizona 85747.

Lois Kimminau, Editor

The Big Event of 2009

—Peg Davis

The club will host the 2009 North American Rogaine Championships on the Mogollon Rim over the weekend of May 16 and 17. This is our first 24-hour rogaine since the 2004 World Rogaining Champs. John Maier will be setting the course.

Last year our signature event was the A meet and Western States Orienteering Champs at Kentucky Camp.

Why do we do meets like this? Two reasons: these highly anticipated events are our way to give back to our sports community. Just as we get all excited about going to the Anza-Borrego or Wyoming meets, others come here to get a chance to run a high quality event on our best maps and compete with their national—and international—peers. Also, this is the only way the club stays afloat financially. A year of purely local events is a year we lose money. To produce maps like those down Route 83 takes a lot of that green stuff. Putting on a high quality, well attended event provides our harvest.

Creating a 24-hour event is a lot of work. Lots of it happens long before the event—starting now!—while a different sort of work happens at the meet site, then there's still some more after the event ends. I bet you know what I'll be saying next. Yes, I'll be asking all of you for help. So mark the weekend of May 16-17 on your brand spanking new calendar. Even if you're competing in the event, you can make an important contribution.

Here are some of the roles you can choose from: onsite meet director, hash house (food for competitors), results, vetting, procurement, meet facilities and equipment. Claim your slot now. The club has a lot of experience and history with this sort of event, so experts are available to advise you.

Contact Peg at pegdavis at u dot arizona dot edu to get started.

Saints of "O" 2008

Let us honor those who have given the club our monthly meets. Is your name not on this list? Sounds like material for a good New Year's resolution!

Course Setters: Ludwig Hill (4), John Maier (3), Everyone at U-Set-Its in September and December (2), Max Suter, Leif Lundquist, Mark Parsons, Jeff Berringer, Peg Davis, John Pascal, Cristina Luis (1 each).

Meet Directors: Peg Davis (6), Max Suter (2), Mike Wilke, Pete and Judy Cowgill, Jeff Brucker, Ludwig Hill, Pat Penn and Margrit McIntosh, Rick Medina (1 each).

Thank you for being the engine that makes the club run.

And how about another big thank you for all those listed in the column to the right? Some of them have been doing these or other jobs for the club for many years.

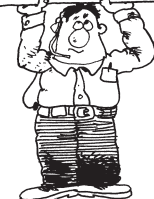
APPLAUSE!



APPLAUSE!



APPLAUSE!



Anza-Borrego Desert O-Fest 2009

Experience orienteering in January at the Anza-Borrego Desert O-Fest on Martin Luther King weekend. Two days of B-meet classic courses and a Maze-O. Three events in two days! Register now at http://sandiegoorienteering.org/events/SDO_20090117.asp

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

Sunshine, Silverbell, and the Fabulous 7

—Rick Medina

The weather was perfect and so was the mood of the “fabulous 7” runners and one volunteer who came out to the Silverbell “U-Set-It” meet.

The meet started with everyone taking between 3 and 5 controls and then heading into the desert for one hour to set the course. I was happy to see everyone come back empty-handed . . . 22 controls were set. Everyone then plotted their control locations on five master maps and then copied all control locations onto their map for the retrieval. We had a mass start and everyone scattered into the brilliant topography to find the controls.

The runners had one hour to find as many controls as they could find in one hour, earning them five points for each successful punch. After the first hour, the event turned to a scavenger O. Now runners had to run around and retrieve as many controls as possible and earn five points for every control they returned to the time-keeping table! Of the 22 controls that were set, 20 were returned. Great stuff!

Everyone agreed the placement was spot on, so hats off to all seven participants for a superb job. Now we know you are ready to volunteer as course setters, vetters, and control retrievers in future meets!

Shout outs: Congrats to **Jeff Brodsky** for earning the most points and the fastest time. Thanks to all participants for coming all the way out to Ironwood/Silverbell for a nice day in the hills. Special thanks to **Art Cantrell** who drove 1.5 hours just to volunteer! He kept me company retrieving the last two controls left in the field and ran the timekeeper’s table. See you at the next meet!

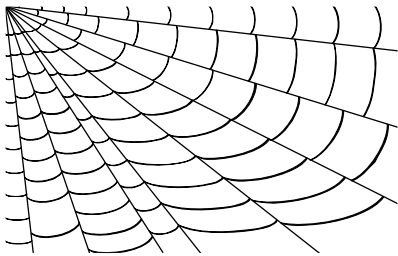
Name	Time	Score-O	Scavenger-O	Total Points
Jeff Brodsky	1:45:58	90	30	120
Jaxson Rickel	1:53:25	95	10	105
Claudia & Jodi Rickel	1:45:10	40	35	75
Pat Penn	1:49:00	50	10	60
Margrit McIntosh	1:35:54	45	10	55
Gail Brodsky	1:18:13	30	5	35



Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

**Start the year out right!
Orienteer in January!**

Address Service Requested



Check out the Tucson Orienteering Club web site!

Type **<http://www.tucsonorienteering.org>**

Also, for links to all the West Coast club sites,

just type **http://www.geocities.com/o_sconet**

For the Rolling Rankings of the United States Orienteering Federation (USOF), go to **<http://www.usof-rankings.org/>**, or for the US Orienteering Sprint Series, <http://www.sprintseries.org>.

Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

Check one: Individual (\$10)

Household (\$15)

Name:

Telephone:

Address:

City, State, Zip:

E-mail:

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.