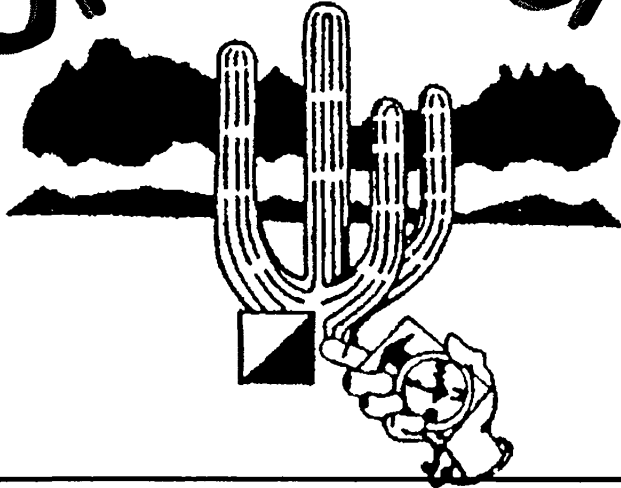

Tucson Orienteering Club



June 2005

Cool Palisades in June

—Peter Johnson

Everyone is invited to Mount Lemmon on June 19, 2005, where the Tucson Orienteering Club will hold its monthly meet at Palisades. The temperatures are about 20 degrees cooler than Tucson and creeks are still flowing (slightly). This meet will feature White, Yellow, Orange, Brown, Green and Red courses. A preprinted 1:10,000 map with 40 foot contours will be given to each participant at the start.

The courses open at 9 a.m., but plan to arrive earlier to complete the registration process. There will be a beginners' clinic at 8:30 a.m. for those new to orienteering or who would like a refresher on the basics of map reading.

Elevations range from 7,300 to 8,000 feet above sea level, in an Aspen fire-thinned ponderosa pine forest. Undergrowth is minimal except in low-lying areas where ferns are the only things impeding your progress. As a word of caution, there are numerous rock outcrops and cliffs with precipitous drops, so be careful when running your course. Additionally, these are the mountains and the terrain is reflective as such, so some of the courses will feature steep terrain and a slippery bed of pine needles.

Rachel Johnson will be our Meet Director. Please volunteer to help with registration, timing, or control retrieval.

Directions: Take Catalina Highway about 19.8 miles to Organization Ridge Road (just before the Palisades Visitor Center). Turn left and, bearing right, go about 0.4 mile to the gate for Showers Point. Watch for the O signs.

Fees: \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

Schedule:

8:30 a.m. Registration opens. Beginners' clinic starts.

9:00 a.m. Courses open.

11:00 a.m. Last time to start a course.
12 noon-1:00 p.m. Route choice reviews.

1:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 1 p.m. with the meet director.

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:15 a.m. and 8:30 a.m.

Route Choice Reviews: Between 12 and 1 p.m., an advanced orienteer will be available near the Start/Finish area to discuss route choices with returning participants.



GPHXO Lake-to-Lake, June 11-12, 2005

—Richard Dewey, VP, GPHXO

We'll be meeting at Bear Canyon Lake (directions below) around noon on Saturday, June 11, for those who want to camp overnight. We'll have a beginners clinic around 3 p.m. Hot dogs, potato salad, and sodas will be available in the evening for those camping overnight. You're on your own for all other meals.

We'll be heading out on the hike by 8 a.m. on Sunday with Richard Dewey and Peter Neubauer leading (we'll supply maps for everyone), eating lunch out on the hike, ending up at Knoll Lake by around 3 p.m., and shuttling everybody back to our camp at Bear Canyon Lake. Please bring a compass, a whistle, water (1 gal. recommended for the hike), and all meals other than Saturday night. The hike is expected to be moderate to strenuous, for 5 to 7 miles, so plan accordingly.

Also, we may need volunteers to use vehicles to shuttle folks back to camp Sunday afternoon, so please mention if you can help when you RSVP.

Please RSVP to Richard Dewey at 480-236-5706 as soon as possible.

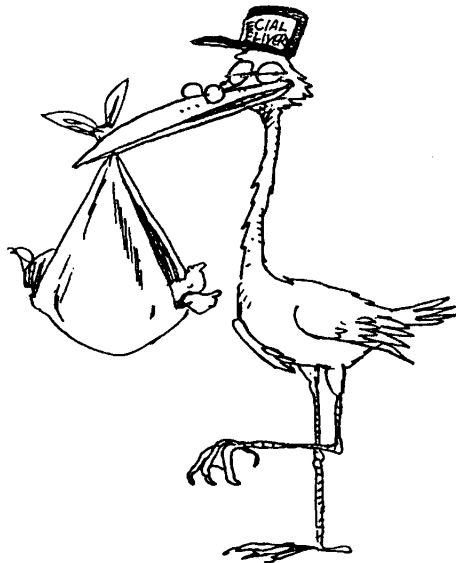
Directions: From Payson, head East on Hwy 260 for approx. 29.5 miles and turn left at the Woods Canyon Lake turnoff, FR300. Head West on FR300 for approx. 12.5 miles and turn right (North) on FR89. Stay on FR89 for approximately 2.1 miles to the FR89A turnoff to Bear Canyon Lake. We expect to be on the left before the junction. Look for the orange and white orienteering sign.

Note: all above mileages were extracted from the TOPO program and may have some error.

Girl Scouts: You can make them sprout!

At National Orienteering Day on September 18, we will have groups of Girl Scouts participating in the beginners and compass clinics we'll be offering. Let's grow some future orienteers by giving some good instructions and courses to help them earn their orienteering merit badges.

If you have fond memories of your scouting days or your days as a scout leader, or just love to bring orienteering to new groups, please leave a message with the meet directors, Pete and Judy Cowgill (887-1514), to volunteer to help lead a clinic or work at timing or registration.



Announcing New Orienteering Competition Category

Remember the lovely Emily Lane? She had her first baby (also Chris North's first baby) about 3 months ago. I noticed in the Los Angeles Orienteering Club newsletter (they now live in LA) that she had taken her daughter Ngaire out on a course when Ngaire was only 15 days old. That's pretty impressive until you think back to the Bear Wallow meet two years ago, when Yen Chamberlain took HER darling daughter Kiera out on a course at the age of 11 days.

Therefore when Matt, Yen, and Kiera Chamberlain took their new addition Corey out on a course at Potato Patch in May, we all yawned as if unimpressed because their son Corey was an elderly three weeks old before he grasped map and compass for the first time.

What drives these Australians' behavior? Yen says she believes in "getting back to doing things soon after the baby arrives."

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

May Potato Patch results

—Peg Davis, Meet Director

Holy guacamole, what a weekend! Absolutely everyone got their money's worth: there was much orienteering done and nobody paid much for any of it. There was no charge for control hanging or retrieval, one course credit given for control hanging and rather lax record keeping for the rest, so factoring in the newly allowed gas allowance for the meet director, the club made about \$17.

Participants were quite happy about the weekend's offerings. We should do this next year at some site appropriate for a two-day meet. It was great to see so many Phoenixians. Perhaps they were drawn partly by the cool Mogollon Rim weather as a chance to escape 100 degrees in Phoenix. The forest was cool, quiet and lovely.

Saturday morning control hanging: Ludwig Hill, Peg Davis, Max Suter, Jeff Brodsky with Gail Brodsky and Yvonne Poe, Peter Neubauer, Jeff Brucker with Brad Poe, Ben Scrivener, Mike Franklin, and Pat Abbott

Everyone wandered out on Saturday morning to find likely control locations. What looked good on the map didn't necessarily look good in the terrain. However, there were no control placement challenges as the courses were run; everything seemed to be hung with lovely accuracy. Max Suter designed White and Yellow courses to guarantee that beginners would have an appropriate choice of controls.

Saturday afternoon classic courses with one control skipped:

Red

Name	Skipped #	Time
Max Suter	4	91:46
Team Tubac	5	97:42
Jeff Brucker	none	99:06
Jeff Brodsky	5	104:42
Forest Brown	5	150:05
Cliff Schweigert	5	OVT

Green

Ludwig Hill	4	44:18
Mike Franklin	4	113:03
Peg Davis	4	REC

Orange

Ben Scrivener	5	43:03
Walt Smith	5	63:23
GeeGee Larrington	3	125:34
Dianne Haselfeld	5	151:01

Yellow

Four Chamberlains	none	70:30
Ketsy Smith		REC
Peter, Rob and Raf		REC

Choosing from the controls hung out in the morning, Jeff Brucker designed the Green course, Ludwig Hill designed the Red course, and Peg Davis designed the Orange course.

Night-O Score-O

Max Suter		18
Jeff Brucker		17
Peter Neubauer		16
Ludwig Hill		14
Team Tubac	(returned 8:54)	12
Ben Scrivener	(returned 8:55)	12
Walt Smith		11
Mike & Dana		8

Night-O Yellow

Jeff Brodsky	37:32
GeeGee Larrington	56:19
Peg Davis	56:49

Lots of people found lots of the closer controls for the night-O. Once again, the start time was slightly miscalculated and racers began in only semi-darkness. Those wanting a more classic experience ran the Yellow course set by Max. How embarrassingly hard! How sneaky those controls get after dark!

Sunday Control Retrieval

Results for Sunday's control retrieval event are listed below. The participants, after deciding what skill level they wanted, were each assigned a group of controls to retrieve. The "adjusted distance" for each group of controls was based on the sum of the course distance (straight-line distance between controls on the best possible point-to-point course for the group of controls) and 10 times the climb (for the optimum route along the course). For example, a 4 km course with 150 m of climb has an adjusted distance of 5.5 km. The calculation for this is $4.0 + (10 * 0.15) = 5.5$. The "performance" is the participant's time divided by his adjusted distance. We switched to this format instead of a Scavenger-O when we realized that we had no one to collect "un-scavenged" controls in the afternoon. Next year's meet

director will try to find someone for this position before the event.

Since Peter Neubauer was a new acquaintance, we decided to treat him with our usual hospitality: by having someone else inadvertently collect one of his assigned controls. After poor Peter attacked the control location for about an hour, he finally gave up and came back to the camp, whereupon we all yelled "April Fool!" No word yet if Peter will ever come to another Tucson meet. We do hope so and promise only to play new tricks on him, never another control retrieval trick. (Distance shown has been adjusted.)

Name	Time	Distance	min/km
Beginner Level			
Gail Brodsky			Rec
Dana Smith/Mike Walsh			
/Ketsy Smith			Rec
Intermediate Distance			
Ben Scrivener	40:42	3.6 km	11.3
Peg Davis	63:45	3.5 km	18.2
Mike Franklin	86:51	4.2 km	20.7
Austin & Eric			
Ringnes	87:15	3.4 km	25.7
Walt Smith			Rec
Pat Abbott			Rec
Advanced Distance			
Jeff Brodsky	89:40	7.5 km	12.0
Brad/Yvonne			
Poe	175:15	8.6 km	20.4
Max Suter			Rec
Forest Brown			Rec
Peter Neubauer			Rec

Volunteering Made Easy

—Peg Davis

One evening's volunteer time needed for two separate tasks:

1) We now have some new orange and white free standing signs to mark the route to the start of O meets, but all they are is orange and white. They need to be labeled "orienteering" and have directional arrows added. If you have a steady hand and a keen eye, could you take the signs home after the Bear Wallow meet and finish them up?

or

2) Our club owns many controls and quite a few of them need some grooming. Some are missing two letter codes and/or reflectors, and all of them need to be organized with a master list and punch key. Could you take them home from the Bear Wallow meet and lick them into shape?

Contact pegdavis@u.arizona.edu to claim your task.

USOF Application

From time to time, we have urged you to look into joining the United States Orienteering Federation. Below is an application if you are interested.

APPLICATION FOR MEMBERSHIP IN THE

United States Orienteering Federation

P.O. Box 1444 • Forest Park GA 30298

New Member
 Renewal
 Address Change

I hereby apply for USOF membership. I understand that I am entitled to a one-year subscription to *Orienteering North America*, voting rights, and membership in the International Orienteering Federation (IOF). (This form may be photocopied.)

PLEASE PRINT. MAKE CHECKS PAYABLE TO USOF.

Name _____ F M Home phone _____

Address _____ Year born _____

City _____ State _____ Zip _____ E-mail _____

If this is a family membership, please list other family members below:

Name	Year born
_____ <input type="checkbox"/> F <input type="checkbox"/> M	_____
_____ <input type="checkbox"/> F <input type="checkbox"/> M	_____
_____ <input type="checkbox"/> F <input type="checkbox"/> M	_____

Member of a USOF chartered club? Club name: _____

\$30 individual member of chartered club;
 \$5 junior (18 & under, no vote, no magazine) school
 \$35 family (members of chartered club)
 \$600, individual life
 \$15 student (21 and under) school
 \$700 family life (incl. children under 18)

FOR MAILING OVERSEAS (except APO & FPO):
 surface, \$5 extra
 airmail \$25 extra

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108
 Fax: (520) 290-8071
 E-mail: loiskim@aol.com
 US mail: 10633 E. Mary Stephey Place
 Tucson, Arizona 85747.
Lois Kimminau, Editor

TOC Draft Bylaws Reminder

Don't forget— June 15th is the last day to make your comments on the Draft Bylaws!

See www.tucsonorienteering.org to review them. You may e-mail your comments to tocbylaws@earthlink.net.

Loss to Arizona Orienteering

We regret to report the death of Fred Padgett in May. Fred was the mainstay of the Phoenix Club for years during the 1990's. His efforts helped the club survive and grow in its early years. Our condolences to his friends and family.

CLUB CALENDAR

2005	Location	Course Setter	Vetter	Meet Director
Jun. 19	Palisades	Peter Johnson		Rachel Johnson
Jun. 27	Newsletter deadline. See submission information box on page 4.			Lois Kimminau(296-2108)
Jul 17	Lake Mary--State Champs	Ludwig Hill (299-9041)		
Aug. 21	Lincoln Park Early-O			Brad & Yvonne Poe
Sep. 18	Greasewood	Ludwig Hill (299-9041)		Pete & Judy Cowgill
Oct. 16	Silberbell	Coursesetters: Look at all these great sites to pick from! Pick your date and site and call Jim Stamm (575-0830) to make it official. Meet Directors: You can get your choice of date and site if you sign up early. Call now. We need ALL of you to make this a successful orienteering club, and a successful orienteering season. VOLUNTEER NOW!		
Nov. 20	Kentucky Camp			
Dec 18	Catalina State Park			
**For information on GPHXO events, check their website at http://www.geocities.com/phxo, or e-mail them at gphxoc@yahoo.com. Let's support our sister club.				

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Jim Stamm at 575-0830 if you can help with any of these meets.

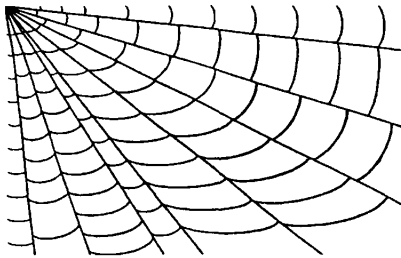
2005-2006 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

President	Peg Davis	pegdavis@u.arizona.edu	628-8985
Vice President	Jeff Berringer	jaberringer@earthlink.net	512-4685
Secretary/Treasurer	Jeff Berringer	jaberringer@earthlink.net	512-4685
Membership	Jeff Brodsky	jabrodsky@cox.net	275-9351
Schedule Coordinator	Jim Stamm	jimstamm@comcast.net	575-0830
Map Librarian	David Barfield	david77barfield@hotmail.com	
Equipment	Mike Thompson	oclubmike@cox.net	743-9687
Permits	Jim Stamm	jimstamm@comcast.net	575-0830
Webmaster	Margrit McIntosh	memcinto@email.arizona.edu	
Publicity			
Outreach & Education	Peg Davis	pegdavis@u.arizona.edu	628-8985
Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108
E-Group Moderator	Jim Stamm	jimstamm@comcast.net	575-0830

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

Be cool!
Palisades June 19



Check out the Tucson Orienteering Club web site!
Type <http://www.tucsonorienteering.org>
Also, for links to all the West Coast club sites,
just type <http://go.to/sconet>
or for Pacific Region rankings, type
<http://go.to/pacreg>

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____

Check one: Individual (\$10) Household (\$15)

Name: _____ Telephone: _____

Address: _____

City, State, Zip: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.