



March 2005

Two Goats Sited at Cave Creek

—*Jeff Berringer*

Head for the hills on March 20, 2005, for a choice of two Goat courses on the rugged Cave Creek map. Jeff Brucker has graciously volunteered to handle the meet director responsibilities. To enable everybody to run in the event, we're making some provisions: a map reservation is required, no late starts are permitted, and no other courses are offered. Read on for the details.

The Goat events are long-distance point-to-point orienteering courses with some twists. The courses are set at the intermediate level, and they emphasize longer individual legs. The Goat should be suitable for orienteers who consistently complete Orange courses, rogainers, and others with excellent cross-country navigation skills. Only your feet, a compass, and the specially designed map are permitted—no vehicles, GPS, pedometers, altimeters, or other aids are allowed.

The Cave Creek map is ideal for the Goat format, with large, rugged features, steep canyons, and plenty of elevation change. The 40-foot contours provide elevation data more typical of a standard topographical map than a classic orienteering map—if a feature's mapped, it's probably pretty distinctive.

Preliminary course design has the Championship Goat at 11-13 km and the Short Goat at 7-8 km. The preliminary design also shows a climb ratio of more than the four percent upper limit typically used for classic orienteering courses. Be prepared for stream crossings if it's been raining—they were flowing rapidly during my recent site visits.

There are some unique aspects to the Goat format:

- Both courses have a mass start at 9:30 a.m. Because the director is also running the course, we are unable to accommodate any late starts. Plan on arriving early to ensure time to complete registration.
- The courses are set at an intermediate level, with longer legs, more climbing, and much more distance than classic orienteering courses. The two courses will have some shared legs and control points. Control descriptions will be provided in IOF symbols and English.
- Both courses have a three-and-a-half hour time limit to qualify as a "finisher." The goal of course design is to have approximately 70 percent finish within the time limit. The courses will formally close 30 minutes after that; please ensure you're signed off the course at that time, even if it means heading back without finishing the course.
- A forked control is included on each course. One control will have a choice of a right or left control. The fork you pick will influence the leg leading into the control and out of the control. Each individual's fork choice will be reported in the results.
- Each competitor is allowed to skip one control. Any control on the course can be chosen—including the forked control. There are a variety of tactics and theories on how to select the optimal control to skip. The control skipped by each runner will be reported in the results.

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- Following is allowed. You may follow other competitors on the course, but beware of losing contact with the map during your pursuit. A wily competitor may wait for a navigationally difficult part of the map before giving you the slip.

- Everybody registers as an individual. Running as a small informal group is possible because of the following rule above, but each participant must still register as an individual.

Map Reservation: You must reserve a map by March 16th in order to be guaranteed a pre-marked map. No provision to copy maps will be made on-site. To reserve your map, e-mail or phone Jeff Brucker at jeffbrucker@comcast.net or (520) 886-2528. Please provide the following information: (1) your name, (2) your course (Championship Goat or Short Goat). To help keep our event fees low, please notify Peg if, after pre-registering for this event, you subsequently determine that you will not be able to attend.

Registration: A special table for express member sign-in will be set up. You must be a member with exact change to use this service.

Directions: From Tucson, take I-10 to Exit 281 (SR83). Drive south approximately 18 miles on Highway 83 to the signed junction with Gardner Canyon Road (FS92). Turn west (right) here; follow FS92 and the "O" signs to the meet site. *Note: The Cave Creek crossing may cause problems for cars with low clearance.*

Schedule:

8:30 a.m. Registration opens.
 9:15 a.m. Registration closes.
 9:25 a.m. Course setter comments (if required).
 9:30 a.m. Mass Start.
 1:00 p.m. Last time to "finish" a course. (Finish time will be adjusted to be 3 and ½ hours after Mass Start if start is delayed.)

1:30 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Sign up at the finish table to volunteer.

Fees: \$5 for members of any recognized orienteering club, \$10 for nonmembers. *No team entries permitted this meet.* Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets, is required to carry some type of safety whistle.

Check-In: To ensure that all are safe, everyone, whether finished with the course or not, must check in formally at the Start/Finish before leaving the meet site.

Newcomers: Ensure you reserve a map (see above) and go directly to Registration. If you lack experience with cross-country navigation, we recommend you join us for one of our other meets before attempting a Goat.

[Note: Because of the difficulty of the course, we will not offer our standard beginners' clinic at this meet.]

Route Planning Discussion: The leg length, forked control, and skipped control provide plenty of route planning topics for discussion. Be sure to discuss your choices and rationale with others at the Finish area. Participating in a post mortem of the course is a great way to improve your orienteering skills and find out how elite runners think and navigate. And brag. And commiserate.

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

Send a blank message to: TucsonOrienteering-subscribe@topica.com to subscribe.

To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@ComCast.net.

Did you know that this month's meet was almost canceled? Meets will be canceled if no one offers to set a course or direct a meet. The decision to cancel this meet had been made, due to the lack of a meet director, when Jeff Brucker stepped up and offered to do it. As you all know, Jeff worked very hard for several years as our club president, and has also set several courses. Jeff Berringer set the courses for this meet; he is also vice president and secretary/treasurer.

**Are you
doing
your
fair share?**

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

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US mail: 10633 E. Mary Stephey Place
Tucson, Arizona 85747.

Lois Kimminau, Editor

Kentucky Camp, February 20, 2005

—*Barb Bryant*

Peg, Sue, and I had made plans Saturday morning to camp out at the orienteering site. But Saturday evening when the hail started accumulating and the arroyo rose above the street level, I realized we were going to have a cozy dry night at Peg's house instead.

The weather on Sunday was just fine for an orienteering meet. It started out cool and windy, and became a bit more temperate in the afternoon. I heard many positive comments about Leif's course setting.

It is a truly pleasurable area to orienteer in: open running and incredible views; you Tucson folks are so lucky! And to have a foot-O in February—what a treat! (I'm from Boston, for those who don't know...)

Thanks to all the meet helpers! **Leif Lundquist** set courses, hung controls, and prepared pre-printed maps. **Coyote, Mark Parsons, and John Maier** worked the timing table. **Jeff and Jim Stamm** worked registration, and **Jim** got the permit. **Mark Everett, John Little, Max Suter, Sue Wenberg, and Mark Parsons** offered to help with control retrieval. **Mike Thompson** got the waivers in place and helped me figure out the storage locker. And **Peg Davis** ran the beginner training, and made it possible (and desirable) for me to visit from back east! Thanks for the driving, housing, and dinner, Peg!

And Leif would also like to add his thanks for the help he received from **Pat Penn** who completed the last parcel on the map for him to OCAD, and to **Ludwig Hill** who integrated it into the completed digital Kentucky Camp map. Also to **Wilkey Richardson**, who vetted some of the more remote controls and helped him carry out some water.

It was fun to meet people I'd not yet met, and to see those I already knew. Ah, yes, and lastly: Would any of you like to direct a NEOC meet this year?

White Course

Rec Andrew & Rachel Johnson
Rec T.J. Lee

Rec Sue Wenberg
Rec Team Sabkha
Rec Margrit McIntosh
Rec T.J. Lee
Rec Coyote
Rec Sherry Litasi

Yellow Course

Rec St. Gregory
Rec Tucson Mountain Trio
Rec Robert Dunn

Red Course

1M Mark Everett 51:38
2M Max Suter 65:43
3M Ludwig Hill 72:06
4M Wolfsong 75:38
5M Jeff Brucker 89:17
6M David Marks 89:45
7M Jeff Brodsky 96:11
8M Peter Johnson 96:15
9M Peter Dunn 102:12
1T Team Tubac 103:06
10M Windy Spillane 108:55
11M Paul Hoyt 124:10
1F Pam Hoyt 130:00
2F Peg Davis 135:40
2T Team X 185:25

Orange Course

1T Candle Burners 79:00
2T Mike & Shelly Mikelby 91:03
3T Mike & Val Thompson 122:18
DNF Mike & Nik Koenig
Rec City Girls
Rec Beauty and.....
Rec Lois Kimminau

Green Course

1M Mark Parsons 64:55
2M John Little 68:08
3M Jeff Berringer 96:26
1F Pat Penn 138:36
1T Team Casa 168:59

Officers and Board Members

Do you ever look at the officers' box which appears each month on the last page, along with the club calendar? Take a good look. See how many people appear on there more than once. If you can remember from past issues, think how many have appeared on this list for several years. Isn't it about time for some new names? How about yours? Wouldn't it look good there?

If you are a member and your name has not appeared on this page, either in the calendar section or in the board box, in the last two years, then you are not doing your part.

March Board Meeting

The next board meeting will be held on March 9, 2005, at the home of Peg Davis, 2241 E. Parkway Terrace. Please call Peg at 628-8985 for directions. The meeting will begin promptly at 7 p.m. All members are invited and encouraged to attend, and are eligible to vote. To place an item on the agenda, please call or e-mail Peg Davis.



Message from the President

The Tucson Orienteering Club today seems to be at its best and worst.

- + The Route 83 mapping project is an amazing collection of skill and organization.
- + The club has world renown in the rogaining community.
- Our meet permit granting organizations have never been harder to work with.
- The meet schedule shows few course setters and fewer meet directors.

Happily, we have a loyal and diligent board of directors. We are becoming a tax-exempt organization, as required by the United States Orienteering Federation.

I begin my term as president knowing the high and low points of the club. I believe that orienteering is such a great sport that it's worth our efforts. Since we are an all volunteer organization, all improvement will come from our efforts.

As most of you already know, I never hesitate to ask people to help, so be ready. That is, be ready to say yes. Or don't even bother waiting to be asked. Step right up with your contribution. I'll never ask you to work harder than I do.

Peg Davis



Saints of Orienteering: 2004 Edition

Here are the people who made the meets possible last year. We thank them once again for their efforts. One notable trend is the number of married couples who directed meets. If you are single and feel the urge to meet direct, please get married; it seems to help.

Course setters: Max Suter twice, Ludwig Hill twice, Leif Lundquist, Jeff Brodsky, Jason Bowman, John Maier, Jeff Brucker, Mark Parsons, Beckie Copeland, Carl Moore

Meet directors: Peg Davis twice, Jim DeVeny, Bob & Amy Lutz, Brad and Yvonne Poe, Gregg and Pat Townsend, Pete & Judy Cowgill, Jeff Berringer, Ralph Prince, Alexis Mills, Mike Wilke

Special kudos go to the 80% of club members who worked on the World Rogaine Champs in May. Not only did they spend long hours serving chili or totaling scores, they also drove to the other end of the state to do it. Thanks and we promise not to host another WRC....for awhile.



*Mark Parsons, John Maier, and Meet Director Barbara Bryant at Kentucky Camp, February 2005
(Courtesy of Leif Lundquist)*