



---

November 2005

---

## Arizona State Orienteering Championships Kentucky Camp, November 19 & 20, 2005

—*Mark Everett*

Register soon and mark your calendar for the 2005 Arizona State Orienteering Championships, a 2-day B-meet at Kentucky Camp! This meet is also part of the Pacific Region Ranking Series. State Champion honors are awarded to the top Arizona residents on certain courses for different age categories (see below). Each day's results will be submitted to be included in the Pacific Region rankings (see <http://go.to/pacreg/> for more information on that).

We will set White, Yellow, Orange, Green, Red, and Blue courses for each day. Saturday's courses will be set to typical lengths while Sunday's will be shorter than usual.

The terrain consists of grassy ridges and valleys on the east side of the Santa Rita Mountains. Some areas are covered with oak, mesquite, and juniper trees that range from forest density to widely-scattered. The terrain allows fast running most of the time. A few areas, especially on north-facing slopes, contain dense undergrowth, including catclaw. Many areas in the terrain show impacts from agricultural and mining activity.

We will use 5-color 1:10,000 color photocopy maps with 5m contours, field-checked by TOC members during 2004. The map and terrain is among the best available in the Tucson area.

To preregister for a premarked map: send an email to [pegdavis@u.arizona.edu](mailto:pegdavis@u.arizona.edu) by November 16th with your name and the courses you will be running each day. Those who do not preregister will be copying controls onto their maps on the clock. Those who preregister and do not show up will be listed as DNFs.

Volunteers to help at the meet will be appreciated. Please contact Meet Overseer Peg Davis at 628-8985 or [pegdavis@u.arizona.edu](mailto:pegdavis@u.arizona.edu) if you can help or have questions. It is possible to help out and compete on the same day. Meet directors are Jeff Brucker on Saturday and the Mudhens on Sunday.

The map is on national forest land, so camping (with no water or developed facilities) is possible on site. Nights will be cold. Feel free to bring firewood. You may also camp there Friday and Sunday nights.

### **State Championship Qualifications**

You must complete your championship course on each day, have your primary residence in Arizona, and be a member of an Arizona orienteering club. You can qualify in one of the following categories:

- \* Junior men (under 21) on the Yellow course
- \* Junior women (under 21) on the Yellow course
- \* Open men on the Blue course
- \* Open women on the Red course
- \* Veteran men (35+) on the Red course
- \* Veteran women (35+) on the Green course

---

Continued on page 3

---

**Continued from page 1**

\* Superveteran men (50+) on the Green course

\* Superveteran women (50+) on the Orange course

**Directions:** From Tucson, take I-10 East to the intersection with Highway 83. Exit and take 83 south toward Sonoita for 20+ miles to Gardner Canyon Road (i.e., Forest Road 92) and turn right (west). The turn-off to this road is signed. Go west 0.8 miles to find Forest Road 163 on the right. Take Road 163 2-4 miles, passing through the private section, and follow orange and white signs to the meetsite.

**Schedule (both days):**

8:30 a.m. Registration opens. Beginners' clinic starts.

9:00 a.m. Courses open.

11:00 a.m. Last time to start a course.

1:00 p.m. Courses close. Begin control retrieval. Orienteers must check-in at the finish by this time.

1:00 p.m. On Sunday, Control retrieval.

## GPHXO Upcoming Events

Our sister club, Greater Phoenix Orienteering, has several interesting events scheduled. On November 12, there is a meet at Coon Bluff. Then in December, there is a JROTC joint meet on the 10th at First Water/Needle Vista. On January 21, there is a B meet at Saguaro Lake.

For information about these meets, or any of their future events, check their website at:

[www.phoenixorienteering.org](http://www.phoenixorienteering.org).

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: [TucsonOrienteering-subscribe@topica.com](mailto:TucsonOrienteering-subscribe@topica.com). To send a message, simply address it to: [TucsonOrienteering@topica.com](mailto:TucsonOrienteering@topica.com). It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at [JimStamm@ComCast.net](mailto:JimStamm@ComCast.net).

Volunteers to help with this will be appreciated.

**Fees:** \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, is required to carry some type of safety whistle.

**Check-In:** To make sure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:15 and 8:30 a.m.

**Route Choice Reviews:** Between noon and 1 p.m., an advanced orienteer will be available near the Start/Finish area to discuss route choices with returning participants.

*P.S. Watch for details on an 8 hour rogaine on January 29<sup>th</sup>.*

## Board Meeting

All local lovers of orienteering are invited to attend the next business meeting of the Tucson Orienteering Club at 7 p.m., Thursday, November 17th at Casa Peg Davis (2241 East Parkway Terrace, call 628-8985 for directions).

See your esteemed board in action! Discuss upcoming meets! Repair and assemble equipment! Share your ideas for the future of orienteering in southern Arizona!

All members are welcome and eligible to vote.

## E-mail Discussion Group

## New Mexico Mini Rogaine

New Mexico Orienteers will be holding a mini-rogaine, Saturday, November 12, on their new map just north east of Albuquerque. There will be four-hour and two-hour options, with a mass start for the four-hour rogainers at 10 a.m. and for two-hour rogainers at 12 noon. Start and finish will be at the Doc Long picnic site. Full details are at [www.nmorienteers.org](http://www.nmorienteers.org), the NMO website. If you click on the date you get pre-registration information. If you click on the meet site location, you get directions and camping information.

Anyone planning to camp should contact Judy Opsahl, [opsahl@losalamos.com](mailto:opsahl@losalamos.com) for information on where others will be camping before the meet.



**At Last!!**

### Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: (520) 296-2108

Fax: (520) 290-8071

E-mail: [loiskim@aol.com](mailto:loiskim@aol.com)

US mail: 10633 E. Mary Stephey Place  
Tucson, Arizona 85747.

*Lois Kimminau, Editor*

# October Silverbell Meet

—*Jeff Brucker*

Forty-three rugged individuals participated in the Silverbell meet Oct 16, revelling in the excellent courses designed by yours truly. I am happy to report that all survived and had fun, or else. Ludwig Hill and Max Suter were neck and neck on the almost-long-o Red course. Ludwig arriving in 89 minutes, edging Max by a minute. John Little aced the classic Green course, with a very respectable time of 67 minutes. Team Killer Guinea Pigs had the only completed, although unofficial, time on Orange in 86 minutes, because they had already won the Yellow in 46 minutes. Team Carfish (I hope I spelled that correctly) won the White in 52 minutes.

Condolences to Team Neill on Yellow and Team Kelly on Red, both of whom had respectable times on their courses, with one exception.....they both mispunched a control. Both teams punched White 1(Bend in Road) instead of Yellow 1 / Red 9 (Wash Junction). Remember, in orienteering, we look for the described feature, then the flag. Also, orienteering events are designed for varying skill levels, so there are often control flags from other courses in the same vicinity, but always at least 60 meters apart (further if the same type of feature). Why 60 meters? Possibly because it happens to be the width of the control circle. Also, each flag has a two-letter code, which should be checked before punching.

One Red team somehow got separated on the course going from Red 5 to Red 6 (naturally, at the absolutely farthest place on the map and far from any road or trail). This caused some worry regarding one team member who didn't return until well after the 1 p.m. course closure.

I might as well take this opportunity to discuss the problem of teams separating. Usually they do it as they near an unseen control, in an attempt to widen their search area, or to allow one member to rest while the other searches. This is certainly logical, but it is also against the rules. At other times, one member is simply moving faster than the other, and "goes ahead" until the other member "catches up." If you think about it, there is absolutely no logical rationale for this scenario. It seems to be caused purely by adrenaline, emotional exuberance, or partner disagreement. It does not make the team go faster. It is a lose-lose situation.....i.e., the best possible outcome produces no net benefit whatsoever, and all other possible outcomes produce something worse than that (disgrace, disqualification, dismemberment, death, etc). Orienteering is called the "thinking sport," and Adventure Racing requires the same thoughtful discipline as orienteering. Navigation beats speed every time. Separating, whether for a logical competitive reason, or for an illogical emotional reason, is against the rules.

By the way, this rant is not for the benefit of our wayward Red team, who didn't need any further chastisement, but is rather a reminder for all of us in the future. In my first rogaine, I chose to separate from my partner to snag a control while he rested. Never again.

Remember, it is not about winning, it is about being the best. (Yeah, right.)

Thanks to the following volunteers: **Ludwig Hill** for coming with me the day before to hang beginner and intermediate bags, setting up the morning of the event, timing table duties, and packing up after the event; **Peg Davis** for beginner clinic; **Peg Davis, Rachel Johnson, Lois Kimminau and Jason Bowman** for registration and timing tables; **Max Suter, John Little, Brad and Yvonne Poe, and Wendy and her friend** (I couldn't read her name on the retrieval map) from Phoenix for control retrieval.

## WHITE

1T The Carfish 0:52:25  
1F Raphaella 1:07:00

## YELLOW

1T Killer Guinea Pigs 0:46:30  
1M Michael Ruhe 1:09:02  
2T Team Dustan 1:33:00  
Rec Raphaella  
MSP Team Neill 1:26:04  
Rec Xiodo  
Rec Bullets

## ORANGE

Rec Killer Guinea Pigs  
DNF Lois Kimminau  
DNF Mudhens  
DNF Laura Wasyhenski

## GREEN

1M John Little 1:07:30  
2M John McCarthy 1:52:29  
1F B O'neal 2:10:06  
DNF Red Energy

## RED

1M Ludwig Hill 1:29:56  
2M Max Suter 1:30:57  
3M David Marks 1:56:16  
1T Team Tubac 2:22:08  
4M Peter Johnson 2:28:36  
5M Jeff Brodsky 2:50:40  
1F Peg Davis 2:52:03  
MSP Team Kelly 2:15:31  
DNF Wendy Marks  
DNF Cecil MacPherson  
DSQ Team Ascent



**Happy Thanksgiving,  
Everone!**

## Letter from the President

**“I have always relied on the kindness of strangers.”**

*Blanche DuBois, A Streetcar Named Desire*

In Tucson we'll soon be relying, not on the comfort of actual strangers, but on the comfort of the friends most of you haven't met: out-of-towners. We're a small club with some tired volunteers, but we have one great advantage. Our winter weather is beautiful.

At big national meets this past year, Ludwig Hill and I have advertised for visiting course setters, pointing out how Tucson is a wonderful place to set courses right at the time of year when most of the country is quite inclement. Happily, we got some responses.

In March, Scott Drumm, Vice President for Planning of the Columbia River Orienteering Club, will be setting a two-day event at Kentucky Camp. Scott was involved with this year's US Orienteering Champs in Oregon. To find out just how interesting he is, you'd have to read his account in the CROC newsletter of his trip to Japan this summer to compete in both Trail-O

and Foot-O championships. Or you could ask him when you see him in March.

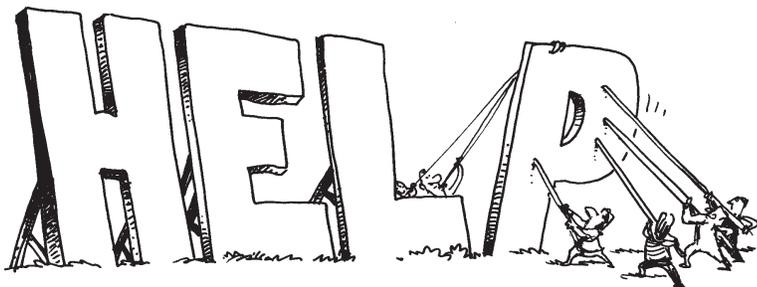
After the Anza-Borrego Extravaganza January 14-16, our old friends Scott and Shirley Donald will be coming to visit us to set an 8 hour ROGAINE on January 29. The Donalds began the tradition of out-of-town setters when they set our state champs in the early 1990's. These Canadians will be back to visit us and give us our first rogaine event since the World Rogaine Champs in May 2004.

More help comes in February, when the lovely and talented Barb Bryant of Cambridge, Massachusetts, will return to meet direct for the third time. Yes, third. This wild-animal-who-can-not-be-stopped flies out just to help us—and catch a little mild weather. She also does a great job of recruiting her local friends to come out and try the sport. Leif Lundquist will be setting in February. Sadly, Leif leaves us every summer for Sweden, but happily, he's a great pleasure and wonderful volunteer for TOC every winter.

We offer out-of-town volunteers the same lack of benefits we offer locals. Gas money to the site and expense reimbursement is about all they get, along with a place to crash at my house. We'll have to show our appreciation metaphysically, so heap them (and all volunteers) with gratitude when you see them at a meet. Years ago, I learned from Keith McLeod's example to thank every meet director before I left. It makes a huge difference to me after directing to hear that others enjoyed the meet, so I try to pass along the good vibes.

And when I meet direct, feel free to kiss me on the cheek if you liked the meet.

*xxoo, Peg*



### Help Wanted!

Would you like to manage the Tucson Orienteering Club website? Our noble and long-serving webmistress Margrit McIntosh is stepping down. The website materials need to be updated at least once a month with the calendar changes and meet results. Since the website is already established, this might not take long. This job can be done in the comfort of one's own home, at the hours one likes, and requires NO map and compass skills. This is a great job for someone who would prefer to not set, direct, or serve on the board of directors. Please contact [pegdavis@u.arizona.edu](mailto:pegdavis@u.arizona.edu). Your club needs you!



### And a Big Thank You.....

Jeff Brucker appointed himself a team of one (but helpers are solicited and more than welcome) to see that our Club equipment is reorganized, repaired, and replaced, if necessary. This will conserve storage space, but, more importantly, it will make it much easier to meet direct. Items for Registration will be together, supplies for the Timing Table will be together, and other necessities will be together. And the *whole thing* will fit in the back of a compact car!! Makes it lots harder to claim you can't direct a meet because you don't have any way to haul the equipment, doesn't it? So let's hear it from you small car owners!!

## CLUB CALENDAR

2005	Location	Course Setter	Meet Director
Nov. 17	Board Meeting, Peg Davis home.	See announcement, page 2.	
Nov. 19-20	Kentucky Camp	Mark Everett	Saturday, Jeff Brucker, Sunday, The Mudhens
Nov. 28	Newsletter deadline. See submission information box on page 2.		Lois Kimminau (296-2108)
Dec. 18	Catalina State Park	Dale Cole	Margrit McIntosh/Pat Penn
<b>2006</b>			
Jan. 14-16	A-Meet at Anza-Borrego	SDOC/LAOC, see <a href="http://home.earthlink.net/~smitty/anzaAmeet/">http://home.earthlink.net/~smitty/anzaAmeet/</a>	
Jan. 29	Location TBA, 8 hour Rogaine	Scott & Shirley Donald	
Feb. 19	Greaterville	Leif Lundquist	Barb Bryant
Mar. 18-19	Kentucky Camp	Scott Drumm (CROC)	The Mudhens
Apr. 16	Empire Ranch (Rogaine?)		
May 20	Lincoln Park Night-O (Club meeting/picnic??)		Patricia Townsend
June 16-18	Mogollon Rim or White Mt. Event	John Maier	
July 16	Greasewood Early-O		
Aug. 19-20	Lake Mary--State Championships	Ludwig Hill	
Sep. 17 Oct. 15 Nov. 19 Dec. 17	Palisades Ridge Slavin Gulch Catalina State Park Kentucky Camp West	<b><i>Coursesetters: Look at all these great sites to pick from! Pick your date and site and call Jim Stamm (575-0830) to make it official.</i></b> <b><i>Meet Directors: You can get your choice of date and site if you sign up early. Call now.</i></b> <b>We need ALL of you to make this a successful orienteering club, and a successful orienteering season.</b> <b>VOLUNTEER NOW!</b>	

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Jim Stamm at 575-0830 if you can help with any of these meets.

### 2005-2006 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

President	Peg Davis	pegdavis@u.arizona.edu	628-8985
Vice President	Jeff Berringer	jaberringer@earthlink.net	512-4685
Secretary/Treasurer	Jeff Berringer	jaberringer@earthlink.net	512-4685
Membership	Jeff Brodsky	jabrodsky@cox.net	275-9351
Schedule Coordinator	Jim Stamm	jimstamm@comcast.net	575-0830
Map Librarian	David Barfield	david77barfield@hotmail.com	
Equipment	Mike Thompson	oclubmike@cox.net	743-9687
Permits	Jim Stamm	jimstamm@comcast.net	575-0830
Webmaster	Margrit McIntosh	memcinto@email.arizona.edu	
Publicity			
Outreach & Education	Peg Davis	pegdavis@u.arizona.edu	628-8985
Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108
E-Group Moderator	Jim Stamm	jimstamm@comcast.net	575-0830

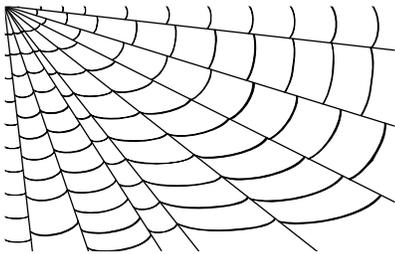
---

Tucson Orienteering Club  
P. O. Box 13012  
Tucson, AZ 85732

**Two Days This Month!**  
**Kentucky Camp**  
**November 19 & 20**

Address Service Requested

---



Check out the Tucson Orienteering Club web site!  
Type **<http://www.tucsonorienteering.org>**  
Also, for links to all the West Coast club sites,  
just type **<http://go.to/sconet>**  
or for Pacific Region rankings, type  
**<http://go.to/pacreg>**

### Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label

\_\_\_\_\_

Check one: Individual (\$10)

Household (\$15)

Name:

\_\_\_\_\_

Telephone:

\_\_\_\_\_

Address:

\_\_\_\_\_

City, State, Zip:

\_\_\_\_\_

E-mail:

\_\_\_\_\_

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,  
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club  
and send to P. O. Box 13012, Tucson, AZ 85732.