



**November 2003**

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## **Santa Rita Rogaine**

### **Sunday, November 16, 2003**

### **8 hour Map and Compass Adventure Race**

Using only your feet, compass, and the specially designed map, the goal is to find as many control checkpoints as possible in 8 hours. No vehicles, GPS, pedometers, altimeters or other geegaws allowed. Competitors will benefit from a combination of accurate map reading skills, good route planning, foot speed, and endurance.

The foothills of the Santa Rita Mountains, south of Tucson, lie at 4500 ft elevation. The undulating spur and gully terrain grows oak, juniper and cat claw. Dress to protect yourself from hostile vegetation. The weather will probably be hot and sunny. Protect yourself from sunburn and heat exhaustion. You must carry at least one liter of water, a compass, and a whistle. We recommend carrying a first aid kit and food.

Allow one hour from central Tucson to drive to the event site. Drive east on Interstate 10 to Route 83, then south 14 miles. At milepost 44, turn right and follow the orange and white signs to parking and the start.

Preregistration must be postmarked by November 8, 2003. This will guarantee you a map. To run the 2- or 4-hour events, you may register on site the day of the meet.

While everyone registers singly, informal teams may run together. Divisions: men under 40, men 40+, women under 40, women 40+.

Entry fee is \$15, with a \$5 discount for members of Tucson Orienteering Club or any USOF club. (Entrants in the 2- and 4-hour events will pay the normal club fee of \$5 for members and \$10 for nonmembers. They will also receive pre-marked maps.)

#### **Schedule:**

- 7:30 a.m. Maps distributed for route planning
- 8:00 a.m. Mass start for 8 hour racers
- 9:00 a.m. Mass start for 2- and 4-hour racers (no pre-race map planning)
- 11:00 a.m. 2-hour finish
- 1:00 p.m. 4-hour finish
- 4:00 p.m. 8-hour finish (*Massive penalty for late arrivals*)
- 4:30 p.m. Prize presentation

More about rogaining in general at <http://www.rogaining.com/>. Event registration forms at [www.tucsonorienteering.org](http://www.tucsonorienteering.org) (one copy is included in this newsletter and may be copied).

If you have questions, or would be able to help with registration and timing, call Peg Davis at 628-8985.

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# Catalina State Park

—Mike Thompson

The October 19, 2003, meet was held at Catalina State Park, on a record-breaking hot day. The turn-out was surprisingly high, with many desert rats braving the heat to hunt for a few little orange-and-white boxes. However, no one was brave enough to stay and retrieve controls when the meet was over and the sun had hit its zenith. With no volunteers, the controls remained at the park for several days.

**Jim and Josh Stamm** set an excellent course with 35 controls available. There were four categories of competition: 35 controls, 30 or over, 20 or over, and 10 or over. No one achieved all 35 controls, but two of our regularly outstanding competitors got 30 or over, and nine achieved 20 or over.

**Jeff Berringer** conducted several Beginners' Clinics, and at the Registration Table were **Judy Cowgill, Yen Chamberlain, and Valerie Thompson**. **Jim Stamm** handled the Timing table. A big thank you to these volunteers.

Thank you also to those who returned to Catalina in the following week to retrieve the controls. It's easy to understand that everyone was too hot and tired immediately following the meet to go back out and get them, but we should also remember that cleaning up after our meets and leaving no mark on public lands will help our club to keep good relations with those who approve our permits to have meets.

Name	Time	Controls	Free Rangers	20:15:53	10	Tucson Mt. Trio	Rec	5
<b>30 or More</b>								
Max Suter	03:03:21	31	Lois Kimminau	02:26:00	12	Pythons	Rec	4
Wolf Song	03:34:03	30	Sue W	02:38:00	13	Cobras	Rec	4
<b>20 or More</b>								
Jeff Brucker	02:50:00	24	Double Lutz	02:41:58	19	Coyotes	Rec	4
David Mack	03:00:30	21	Don Baker	02:56:34	15			
Ludwig Hill	03:05:03	25	Jim O'Donnell	03:54:56	19			
Jeff Brodsky	03:06:46	20	Mike Thompson	04:08:00	16			
Joe Raterman	03:09:45	20	La Familia Gris	04:09:51	12			
Pete Cowgill	03:39:20	21	<b>Less than 10</b>					
Peter Johnson	03:41:03	21	Walter Banks Jr.	04:47:10	6			
Larry Lamb	03:42:50	20	Team Quin	01:46:45	6			
Jason Bowman	04:22:50	20	<b>Recreational</b>					
<b>10 or More</b>								
Yen Chamberlain	01:25:27	10	Saddlebrooke 1	Rec	15			
Don Fallis	01:32:48	10	Sheena Barrett	Rec	12			
Casa	01:43:00	10	Gregg/Pat	Rec	10			
Mudhens	02:03:57	10	Eilert Gals	Rec	10			
Guervich Michail	02:07:33	11	Chris	Rec	10			
Rambling	02:08:56	12	Jeff Berringer	Rec	10			
Annemie Baker	02:09:20	11	Orientators	Rec	9			
Olena Krawciw	02:14:37	11	Harrilson	Rec	7			
			Tigers	Rec	7			
			Team Hopley	Rec	7			
			Girl Power	Rec	6			

## Lewis & Clark Cup

We can be proud of our members representing us at the 2003 U.S. Rogaining Championship Meet, which was held at Clark State Forest, Indiana, on October 11-12, 2003. The team of Jeff Brucker and John Maier placed 9<sup>th</sup> overall, and 1<sup>st</sup> in the Supermasters category, with 1610 points. (The #1 team overall had 2120 points.) In addition, the team of Don Moden and Jack Crawford placed 16<sup>th</sup> overall, and 7<sup>th</sup> in the Open category, with 1450 points. Congratulations, guys!

## Board Meeting

The next board meeting will be held on Wednesday, December 10, at the home of Peg Davis (2241 East Parkway Terrace). Please call Peg at 628-8985 for directions, if needed. There will be a potluck dinner at 6:30, and the meeting will begin promptly at 7 p.m. All members are invited and encouraged to attend and are eligible to vote. To place an item on the agenda, please call or e-mail Jeff Brucker, President (886-2528, jeffbrucker@cox.net).

## E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: [TucsonOrienteering-subscribe@topica.com](mailto:TucsonOrienteering-subscribe@topica.com). To send a message, simply address it to: [TucsonOrienteering@topica.com](mailto:TucsonOrienteering@topica.com). It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at [JimStamm@ComCast.net](mailto:JimStamm@ComCast.net).

# Santa Rita Rogaine

## 8 hour Rogaine Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

Emergency contact name and phone \_\_\_\_\_

For member discount: of TOC? \_\_\_\_\_ or which other USOF club? \_\_\_\_\_

Category: Women <40 \_\_\_\_\_ Women 40+ \_\_\_\_\_  
Men <40 \_\_\_\_\_ Men 40 + \_\_\_\_\_

Date of last orienteering course or rogaine \_\_\_\_\_

If above line is blank, do you have the map and compass skills to get yourself back to the finish line by 4 PM? \_\_\_\_\_

***Please read this waiver carefully and sign it.***

I understand that cross-country travel is not without certain risks and that I am responsible for my own safety. Therefore, I, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, voluntarily assume all risks of accident or injury and release and forever discharge the Tucson Orienteering Club, the State of Arizona, the United States Government, and their employees, officers and agents from any and all liability for personal injury or property damage of any kind sustained during the November 16, 2003, ROGAINÉ whether such personal injury or property damage is caused by the negligence of the Tucson Orienteering Club, the State of Arizona, the United States government, or its employees, officers, or agents or other participants in the event. If any provision of this Liability Waiver shall be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Liability Waiver and shall not affect the validity and enforceability of any remaining provisions.

Your name \_\_\_\_\_ Date \_\_\_\_\_

Send this completed form and your check made out to "Tucson orienteering Club" for \$10 (members) or \$15 (nonmembers) and postmarked before November 9<sup>th</sup> to:  
Santa Rita Rogaine

Tucson Orienteering Club  
P.O. Box 13012  
Tucson, AZ 85732

For event information or another form, visit [www.tucsonorienteering.org](http://www.tucsonorienteering.org)

# Orienteering by the Golden Gate

—Leif Lundquist

The Bay Area Orienteering Club celebrated National Orienteering Day with a meet in Presidio Park at the San Francisco end of the Golden Gate Bridge. By chance, I had to visit San Francisco to see an elderly relative that week, so what could be better than to run among the eucalyptus trees and colorful fall flowers on the old Army base?

In June of 1776, Juan D'Anza's overland expedition from Tubac arrived at the Golden Gate. On Saint Francis' birthday, September 16, 1776, a new city called San Francisco was founded. D'Anza himself had returned to Arizona and the expedition was led by Lieutenant Moraga, who set up the first Spanish Army Presidio on the meadow overlooking the bay. The Presidio remained an army post until just a few years ago, when the Army turned it over to the city.

It was a beautiful sunny day, with temperatures in the eighties. My morning walk to the starting point took me past the parade ground in the middle of the park, where a few stones mark the location of the original Spanish fort. Then I walked around the old army cemetery, under the freeway to the Golden Gate Bridge, and up to Fort Scott where the meet was being held.

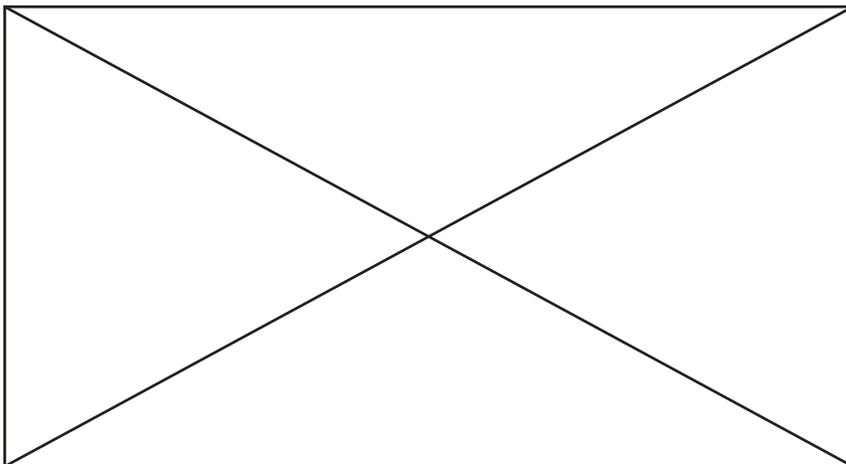
The map was good; BAOC has produced a detailed 1:10,000 orienteering map for the whole park. Over the years the Army has scattered buildings of all kinds around the Presidio grounds, but in between there are woods and open meadows. For most of the course, I was in the shade of big trees, and the brisk smell of eucalyptus was in the air.

My Orange course was about five kilometers long and had nine controls. Embarrassingly for me, the last one was about twenty meters from the finish and I ran right past it. I'm not sure I would have placed a control that close to the finish line, but as usual you can only blame yourself for not paying attention. A lifetime of orienteering is no guarantee that you won't make a mistake—don't they say that's part of the charm of our sport?

At the second control, I caught up with a British chap who mumbled as he ran, "Blimey, why can't they put the controls in the right place?" He didn't like the placement, so he simply moved the bag to the adjacent reentrant. I didn't argue; by that time I was on my way to the next control, a stream that, just like our desert streams, was dry as a bone.

The most interesting control was placed north of Hwy 101 as it comes off the Golden Gate Bridge. You had to run right through the center of the Presidio, alive with Sunday activities. The view over the San Francisco Bay was gorgeous; on the bay the sailboats and the kite surfers were out in full force, and around the parade ground there was a bicycle race in progress. There were two ways to get under the highway—going over was not an option. I chose to go to the right just under the road. It meant running past a whole lot of makeshift beds and miscellaneous debris of the homeless, but the inhabitants were elsewhere so I didn't disturb anyone.

It was a great day—if you're ever in the Bay area, check out the BAOC website (<http://www.baoc.org>) to see if there's a meet. They are a nice bunch, and whatever quick snatches of views you get as you run are a spectacular bonus.



## Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071

E-mail: [loiskim@aol.com](mailto:loiskim@aol.com)

US mail: 9055 Calle Bogota

Tucson, Arizona 85715.

*Lois Kimminau, Editor*

## CLUB CALENDAR

	Location	Course Setter	Course Vetter	Meet Director
<b>2003</b>				
Nov. 1	Lake Pleasant (Jt. JROTC)	GPHXO		**
Nov. 16	Highway 83-8-Hour Mini-Rogaine	Chris North (322-9758)		Peg Davis (628-8985) and ??? NEEDED
Nov. 20	NOTE EARLY NEWSLETTER DEADLINE!! Submittal instructions on page 2.			
Dec. 13	Bomboy Mine (Jt. JROTC)	GPHXO		**
Dec. 21	Cat Mountain	Ludwig Hill (299-9041)		Gary Hinman (297-3129)
<b>2004</b>				
Jan. 10	Site to be announced	GPHXO		**
Jan 18	Italian Trap Tank	Max Suter (797-8850)		
Feb. 14	First Water (Jt. JROTC)	GPHXO		**
Feb. 15	Chimney Rock, Mini-Rogaine	Leif Lundquist		
Mar. 6	Saguaro Lake (Jt. JROTC)	GPHXO		**
Mar. 21				
Apr. 18				
May 8-9	World Rogaining Champs	John Maier	Jeff Brucker	Peg Davis
May 16				
June 20				
Jul. 18				
Aug. 15				
Sep. 19	Greasewood City Park	Ludwig Hill (299-9041)		

**TSN Club meets are held regularly on the third Sunday of the month, year-round.**

**Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.**

**Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.**

**Please call Jim Stamm at 575-0830 if you can help with any of these meets.**

### 2003-2004 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

President	Jeff Brucker	jeffbrucker@cox.net	886-2528
Secretary/Treasurer	Jeff Berringer	jaberringer@earthlink.net	512-4685
Membership	Jeff Brodsky	jabrodsky@cox.net	275-9351
Schedule Coordinator	Jim Stamm	jimstamm@comcast.net	575-0830
Map Librarian	David Barfield	david77barfield@hotmail.com	505-661-7686
Equipment	Mary English		881-4786
Permits	David McElroy	david.mcelroy@hua.armymil	520-439-0640
Webmaster	Margrit McIntosh	memcinto@email.arizona.edu	
Publicity	Peggy Rogers	pjrogers@surfbest.net	
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Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108
E-Group Moderator	Jim Stamm	jimstamm@comcast.net	575-0830

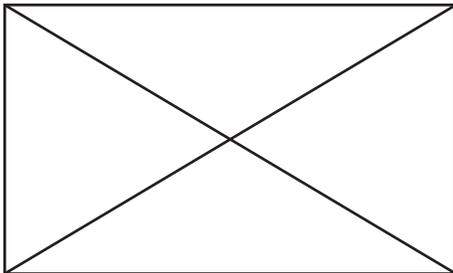
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Tucson Orienteering Club  
P. O. Box 13012  
Tucson, AZ 85732

Address Service Requested

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***Get your pre-registration  
mailed by November 9  
for the Santa Rita Rogaine!  
November 16, 2003***



Check out the Tucson Orienteering Club web site!  
Type **<http://www.tucsonorienteering.org>**  
Also, for links to all the West Coast club sites,  
just type **<http://go.to/sconet>**  
or for Pacific Region rankings, type  
**<http://go.to/pacreg>**

### Tucson Orienteering Club Membership Application

Check one: New Member

Renewal

Date on label \_\_\_\_\_

Check one: Individual (\$10)

Household (\$15)

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Can you help staff a club meet?

Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,  
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club  
and send to P. O. Box 13012, Tucson, AZ 85732.