



June 2002

PALISADES MEET SITE CLOSED DUE TO FIRE JOIN US AT LINCOLN PARK

Because of the devastating Bullock forest fire on Mt. Lemmon, the June meet has been changed to Lincoln City Park.. Let's look at the Silver Lining—we're going to get two short meets instead of one! Ramada #6 is reserved for the meet headquarters.

On Saturday night, June 15, **Jeff Brucker** is setting up a "Spooky Nite-0" for all you ghosts and goblins. There will be a potluck at 7 p.m., registration at 8 p.m., course opens at 8:30 p.m., and all the ghouls must be back by 10 p.m.! Join us for a fun social evening, with a bit of night orienteering thrown in for practice. Usual fees apply. [Note: Be sure to bring watches and headlamps or flashlights.]

Get a quick night's sleep and return early on Sunday for more.

Sunday, June 16, **Jeff Brucker and Matt Chamberlain** are setting the courses, and they are scurrying around at the last minute to get them completed. Courses for all levels of ability will be set.

Call Meet Directors **Pete and Judy Cowgill** at 887-1514 if you are interested in helping. All assistance is much appreciated..

Directions: From Kolb Road and 22nd Street, go east about 3/4 mile. Turn right (south) on Pantano Road (NOT Pantano Parkway, which is on the east side of the bridge). Go south about 2-1/2 miles. You will see Santa Rita High School on the southeast corner of Pantano Road and Escalante. Continue south, and turn left just past the school grounds into the park entrance.

Fees: \$5/individual, \$8/team, for members of any recognized orienteering club. \$10/individual, \$15/team for non-members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets,* is required to carry some type of safety whistle.

Schedule:

7:00 a.m. Registration opens.

7:30 a.m. Courses open. Beginners' clinic starts.

8:30 a.m. Last time to start a course.

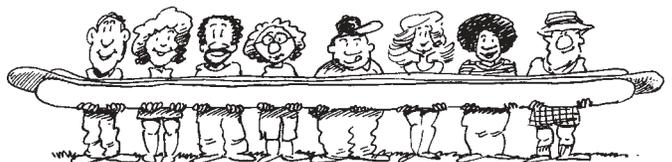
10:00 a. m. Courses close. Begin control retrieval—good

orienteering practice, lots of help always needed. Volunteer before 10 with the meet director.

Check-In: To insure that all are safe, *everyone, whether finished with the course or not,* must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive before 7:30 a.m.

Route-Choice Reviews: Between 9:30 and 10 a.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Start/Finish area.



What is Orienteering?

Orienteering is a fun and challenging outdoor activity in which participants navigate their way on foot through the "great outdoors," using only a map and a compass. (There are other versions of orienteering, such as on bicycles, skis, horseback, or in canoes, at night, relay teams, etc., but the idea is basically the same.)

Each participant is given a specially prepared topographic map marked with a series of checkpoints to be visited. At each of these checkpoints, the organizer places an orange and white "control." The object of the sport is to use the map with the compass to locate the control features and navigate back to the starting point. Using your imagination and your navigational skills, you try to select the best route to each control.

Once at the control marker, you punch a score card which verifies that you have found the control feature.

At each event, there are several courses offered, rated in length and difficulty. You can choose the course that suits your ability and inclination, and you can make it a stroll, a hike, or a race, as you prefer. It is a family sport where each member of the family may choose his/her course, or the entire family may go as a team. Beginner courses are typically along trails or other easy-to-follow routes. Intermediate courses are partially on trails and partially cross-country. Expert courses are on difficult-to-follow cross-country routes.

Preparation, Clothing, and Equipment

A beginning orienteer should be fit enough to walk at a leisurely pace for about one mile, in about an hour, over easy terrain. Expert orienteers are trained endurance athletes, walking or running for many hours over rugged terrain.

Wear comfortable clothing appropriate to the season, long pants, a hat, and walking shoes or hiking boots. Events are timed, so a watch is recommended. Bring plenty of water, and a snack if desired.

The only specialized equipment you will need are a compass and a whistle. If you forget these items, compasses may be rented or a whistle purchased for \$1 each.

Safety

If navigating in the outdoors sounds a little scary, then an orienteering event is the place to be. The beginner courses are in carefully selected areas, safely contained within recognizable boundaries, so it is almost impossible to get truly lost. In addition, each participant's start and finish time is monitored so that anyone who is overdue will be safely rounded up by skilled orienteers.

Newcomers

We highly recommend that you attend the *free* Beginners' Clinic, which is offered at every meet, if you haven't orienteered before. It is usually held 15 or 20 minutes before the courses open. Try to arrive at or before the time that Registration opens in order to attend.

Fees

Fees for Tucson Orienteering Club events are as follows (other clubs' fees may vary): \$5/individual or \$8/team for members, or \$10/individual, \$15/team for nonmembers. The member price is available to members of Tucson Orienteering Club or any orienteering club affiliated with the United States Orienteering Federation or the International Orienteering Federation. Compasses are available to rent for \$1; whistles may be purchased for \$1. Annual membership fees are \$10 for an individual and \$15 for a household.

Tucson Orienteering Club

P. O. Box 13012

Tucson, AZ 85732

Phone: 628-8985

e-mail: loiskim@aol.com

Web site: <http://go.to/tucsonorienteering>

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@Mac.com.

Buenos Aires Meet Results

—*Helen Deluga*

April 21 dawned crisp and cold over the wildlife at Buenos Aires. A hardy bunch of 13 orienteers, friends, and dogs braved good food, companionship, and a below freezing night to greet a beautifully warm and sunny day of great orienteering.

Jeff Brodsky designed and set his first 4-hour mini-rogaie, along with Yellow and White courses for any newcomers. Jeff and assistant bag-hanger **Elliot George** made five trips to the area to design and set the courses and hang the bags by the desert with care. Thanks to **Wilkey Richardson** for vetting the course. Many compliments were heard about the course with just one little control switch noted. Most O-people figured out the situation quickly and moved right along.

Five Orienteers got all 25 controls (1100 points) in the time allotted. The overall fastest, Mark Everett, caught the meet director unawares by returning in under two hours. I thought he was just coming back to the hash house for some snacks. Everyone was back within two minutes after the return time; one of those teams, the Nucros, even won 2nd place. Dang good planning!

The club and meet director both would like to thank the gaggle of volunteers who stepped forward to help out at registration and timing. Thanks to **Gail Milkey and Phil Kirby** for getting everyone registered in time. Thanks to **Peg (Wild Javelina) Davis** for teaching the Beginners' Clinic again (You'd think she should be teaching them the advanced clinic by now). Thanks to **Cathy Waterman and Stevie Ploetz** for helping out at the nail-biting finishes of the timing table and doing the brain numbing arithmetic that's involved in adding up multiple 2-digit numbers while contestants are trying to share their wild-life sighting experiences with you. Special thanks to **David Barfield, Yen Chamberlain, Michael Dumke, Mark Everett, Ludwig Hill, Mike Huckaby, Chris North, Jim O'Donnell, Stevie Ploetz, Matt Teller, Cathy Waterman, and Wolfson** for control retrieval. And thanks to behind the scenes **Mary English** who gave me the equipment in much better form than I returned it. And thanks to **Lois Kimminau** who will turn all these electronic bits into a beautifully arranged piece of paper for your reading pleasure. And thanks to anyone I may have inadvertently missed. This is just like the academy awards. Ah yes! The Awards! Beautifully designed by Martha's Steward and Frank Lloyd Right. And the winners were...

Mini-Rogaine

Men

		Points	Time
1M	Mark Everett	1100	1:50:59
2M	Wolfson	1100	2:41:49
3M	Adrian Keough	1100	2:48:45
	Max Suter	1100	3:05:03
	Michael Dumke	970	4:01:23
	Don Fallis	900	2:47:03
	Robert Morden	790	3:53:22
	Jeff Fisher	730	3:54:03
	David Lord	700	3:46:46
	Michael Gurevitch	530	2:51:03
	Jim O'Donnell	490	3:21:25
	Phil Kirby	410	3:41:00
	Mike Huckaby	290	3:01:21
	Coyote	70	2:17:19

Women

1W	Fleur Keough	1100	3:52:18
2W	Yen Chamberlin	560	3:51:41
3W	Peg Davis	460	3:33:05
	Lois Kimminau	270	3:51:05

Team

1T	Sasha and Pavel Savine	980	3:55:22
2T	Nucros	940	4:01:45
3T	Chris North / Matt Teller	850	3:52:20
	Pivo	820	3:58:35
	The Scones	580	3:59:15
	Beauty and ...	570	3:10:29
	Milsom	560	3:52:50

White

1T	Team French	1:01:13
Rec	The Romos	

Yellow

1W	Stevie Ploetz	3:02:27
Rec	Cathy Soltero/Luther Belk	
DNF	Pathway	
Rec	Yates French	
Rec	Cathy Waterman	

National Orienteering Day Meet

—Mike Thompson

On May 5, a meet was held at Greasewood Park in celebration of National Orienteering Day. Some very interesting courses were set by **Ludwig Hill**, with **Jeff Brucker** helping out as Course Vetter, and **Jeff Berringer** doing the Field vetting.

Turnout was very good, with 50 participants showing up, six of whom enjoyed themselves enough to become new members.

Alexis Mills, Matt and Yen Chamberlain, and Ludwig Hill helped out at Registration, and **Jeff Berringer** manned the timing table. **Peg Davis and Matt Chamberlain** each provided multiple sessions of Beginners' Clinic. And, last but not least, **Alexis Mills, Jeff Brucker, Pat Penn, Carol Brucker, Jerry Knepper, and Debra Direnfeld** all assisted with control retrieval. Thanks a lot to all of our wonderful volunteers.

A National Orienteering Day raffle was held with compasses and other prizes given away. Thanks to the sponsors who provided these prizes.

White Course, 1.7 km, 30 m, 12 controls

1T	Mikelby	41:35
REC	Val Thompson, Shoshana, Mudhens, William Drabkin	

Yellow Course, 2.4 km, 50 m, 9 controls

1T	James Duprey	33:05
2T	The Slayer	65:53
3T	Free Rangers	66:00
REC	PJ's, Chuck's Raiders, Team G, Mudhens, Major, Team White, D.Direnfeld	

Orange Course, 3.1 km, 80 m, 10 controls

1M	Jeff Fisher	46:24
1F	Dorothy Harmon	56:00
2F	Cristina Luis	61:48
1T	Mojo Monsters	64:19
3F	DDCC	72:04
	Alexis Mills	91:52
2M	Mike Thompson	94:50
DSQ	Yen Chamberlain	
REC	James Duprey, Chuck's Raiders, Carol Brucker	

Contour Course, 3.7 km, 100 m, 11 controls

1F	Peg Davis	70:13
2F	Pat Penn	76:50
1M	Jim O	94:09
3F	Helen Deluga	115:08
DNF	Jim Stamm, Isaacsin	
DSQ	Don Fallis	
REC	English, Free Rangers, Jeff Brucker	

National Orienteering Day Celebration

—Peg Davis

The first weekend of May has been designated National Orienteering Day, with more than 60 clubs across the U.S. holding meets specially designed for newcomers to the sport. Flyers are posted around town and club members are encouraged to bring their favorite people in an effort to grow our sport.

Three beginners' clinics were held at Greasewood for our new buddies. If you have some ideas for next year's National Orienteering Day meet, please share them with your favorite board member.

National Orienteering Day raffle prizes were won by Chuck Richards, Greg Guerrero, Sue Wenberg, Pat Penn, Helen Deluga, Carol Brucker, and Tony Major (compasses from Brunton). The Maptech CD of SE Arizona topo maps went to his excellency Jeff Brucker. We also have a club set, so if you'd like to check it out and print out your own topo maps, call Peg (628-8985) to borrow it for two weeks. Thank you to our sponsors and national organizer Bob Rycharski.

Upcoming Out of Town Meets

August 2-4, the Phoenix club (GPHXO) hosts a meet at Mormon Mountain near Flagstaff (<http://www.geocities.com/phxo> for further information).

On September 7 & 8, Los Angeles O Club will hold a Pacific Ranking event at Mt. Pinos, featuring the new LAOC e-punch system.

On October 5 & 6, another Pacific Ranking event, this one sponsored by the San Diego Orienteering Club, at Mount Laguna (one hour closer to Tucson than San Diego).

Information on these events can be found at <http://go.to/pacreg>.

The Wyoming 1000 day meet will begin alternating years with a Rocky Mountain O Club two-day A meet in Colorado. Grab the opportunity to O nine days straight in Wyoming July 19-26 or wait until 2004! For more information, <http://www.geocities.com/Colosseum/Stadium/7418/raceinfo.htm>.

[Editor's Note: Also, for those interested in adventure racing, the Four Winds USA Supreme Adventure Race, based out of Provo/Salt Lake City, Utah, August 17-24, 2002. For information on this, www.4windsadventure.com.]

CLUB CALENDAR

June 15 & 16, CHANGED: Lincoln City Park

Course Setter: Jeff Brucker (886-2528)

Course Vetter: Vacant

Meet Directors: Judy & Pete Cowgill (887-1514)

June 24, Newsletter deadline

Submittal information in box below.

July 21, Northern Arizona (the Rim? Lake Mary?)

Course Setter: Vacant

Course Vetter: Vacant

Meet Director: Vacant

August 18, Lincoln Park Early-O

Course Setter: Vacant

Course Vetter: Vacant

Meet Director: Rachel Gelbin (326-7504)

September 15, Slavin Gulch ??

Course Setter: Vacant

Course Vetter: Vacant

Meet Director: Vacant

October 20, Maternity Well (Empire Ranch)

Course Setter: Roger Sperline (577-8519)

Course Vetter: Vacant

Meet Director: Vacant

November 17, Route 83

Course Setter: Vacant

Course Vetter: Vacant

Meet Director: Vacant

December 15, Cat Mountain

Course Setter: Ludwig Hill (299-9041)

Course Vetter: Vacant

Meet Director: Vacant

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor

if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071

E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota
Tucson, Arizona 85715.

Lois Kimminau, Editor

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.

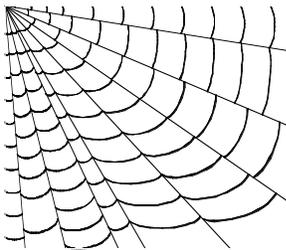
2002-2003 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

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Equipment	Mary English		881-4786
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Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

*Night and Day--
This is the one!*
June 15 and 16.



Check out the Tucson Orienteering Club web site!
Type **<http://go.to/tucsonorienteering>**
Also, for links to all the West Coast club sites,
just type **<http://go.to/sconet>**
or for Pacific Region rankings, type
<http://go.to/pacreg>

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____

Check one: Individual (\$10) Household (\$15)

Name: _____ Telephone: _____

Address: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club
and send to P. O. Box 13012, Tucson, AZ 85732.