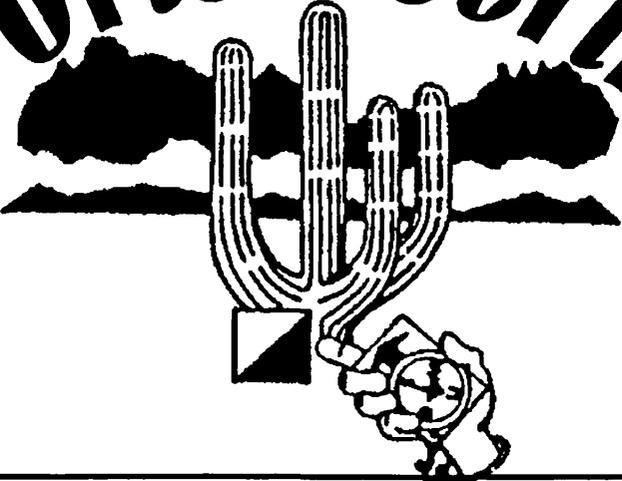

Tucson Orienteering Club



April 2002

Buenos Aires National Wildlife Refuge

—Jeff Brodsky

On Sunday, April 21, all wildlife will be seeking refuge, because a special Tucson Orienteering event is going to occur! That's right, folks, there're going to be orienteers running over hill and dale. This event will be a special four (4) hour ROGAINE. We're not talking about putting the fur back in place, we're talking about that unique O event, where you run amuck looking for controls everywhere. For those who don't know what I'm talking about, a Rogaine is a special event where everyone starts at the same time and attempts to get as many controls as possible. You can get these controls in any order you want. Each control will have a point value associated with it, from 10 to 80. The goal is to get as many points as possible. Time is critical: we'll start at 10 a.m., and we'll end at 2 p.m. If you are late coming back in, there will be a penalty of 10 points per minute! So, don't be late.

If you pre-register (see below), you'll get a map with all of the controls already marked on the map. If you don't, you'll have to waste precious time copying controls from the master map. This area is ideal for a fast event—good running conditions should exist (unless it rains). You will not see the map until the course starts, so be prepared to think quick, and on your feet !! Standard White and Yellow courses will be set for those who feel more comfortable with a standard-type course.

Wilkey Richardson has volunteered to vet the courses (thanks, Wilkey), and Helen Deluga will be our much-appreciated Meet Director. If you can spare a little time to help her (perhaps with registration for White and Yellow courses, which open earlier than the Rogaine), give her a call at 795-6005. Because of the event type and location, we will need as much help as possible with control retrieval. So plan to stick around and assist !! To pre-register, please get your name to Jeff Brodsky by e-mail (jabrodsky@worldnet.att.net), or phone (520-886-6304). Pre-registrants will get a map with all controls pre-marked.

Directions: The site is about 75 minutes from Tucson. Take Ajo Way (Highway 86) off I-19 west towards Kitt Peak and Ajo. At Robles Junction (aka Three Points), turn south towards Sasabe on Highway 286. Just before milepost 12, turn left on the Arivaca Road, and go just over two miles. The site is on the right. Please car pool from Tucson. If the ground is muddy, we may have to do a shuttle

from the intersection of Arivaca Road and Highway 286. You can also come from the town of Arivaca; the site is nine miles west of Arivaca.

Fees: \$5/individual, \$8/team, for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets*, is required to carry some type of safety whistle.

Schedule:

9:00 a.m. Registration opens. White and Yellow Courses open. Beginners' clinic starts.
10:00 a.m. Mini-Rogaine mass start.
12:00 a.m. Last time to start a course.
1-2 p.m. Route choice reviews

April, Continued on page 4

What is Orienteering?

Orienteering is a fun and challenging outdoor activity in which participants navigate their way on foot through the "great outdoors," using only a map and a compass. (There are other versions of orienteering, such as on bicycles, skis, horseback, or in canoes, at night, relay teams, etc., but the idea is basically the same.)

Each participant is given a specially prepared topographic map marked with a series of checkpoints to be visited. At each of these checkpoints, the organizer places an orange and white "control." The object of the sport is to use the map with the compass to locate the control features and navigate back to the starting point. Using your imagination and your navigational skills, you try to select the best route to each control.

Once at the control marker, you punch a score card which verifies that you have found the control feature.

At each event, there are several courses offered, rated in length and difficulty. You can choose the course that suits your ability and inclination, and you can make it a stroll, a hike, or a race, as you prefer. It is a family sport where each member of the family may choose his/her course, or the entire family may go as a team. Beginner courses are typically along trails or other easy-to-follow routes. Intermediate courses are partially on trails and partially cross-country. Expert courses are on difficult-to-follow cross-country routes.

Preparation, Clothing, and Equipment

A beginning orienteer should be fit enough to walk at a leisurely pace for about one mile, in about an hour, over easy terrain. Expert orienteers are trained endurance athletes, walking or running for many hours over rugged terrain.

Wear comfortable clothing appropriate to the season, long pants, a hat, and walking shoes or hiking boots. Events are timed, so a watch is recommended. Bring plenty of water, and a snack if desired.

The only specialized equipment you will need are a compass and a whistle. If you forget these items, compasses may be rented or a whistle purchased for \$1 each.

Safety

If navigating in the outdoors sounds a little scary, then an orienteering event is the place to be. The beginner courses are in carefully selected areas, safely contained within recognizable boundaries, so it is almost impossible to get truly lost. In addition, each participant's start and finish time is monitored so that anyone who is overdue will be safely rounded up by skilled orienteers.

Newcomers

We highly recommend that you attend the *free* Beginners' Clinic, which is offered at every meet, if you haven't orienteered before. It is usually held 15 or 20 minutes before the courses open. Try to arrive at or before the time that Registration opens in order to attend.

Fees

Fees for Tucson Orienteering Club events are as follows (other clubs' fees may vary): \$5/individual or \$8/team for members, or \$10/individual, \$15/team for nonmembers. The member price is available to members of Tucson Orienteering Club or any orienteering club affiliated with the United States Orienteering Federation or the International Orienteering Federation. Compasses are available to rent for \$1; whistles may be purchased for \$1. Annual membership fees are \$10 for an individual and \$15 for a household.

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Phone: 628-8985
e-mail: loiskim@aol.com
Web site: <http://go.to/tucsonorienteering>

E-mail Discussion Group

Tucson Orienteering Club has its own discussion group. It is maintained as Tucson "O" Club by Topica, and is an e-mail based service. You must be subscribed before you can read or send messages.

To subscribe, send a blank message to: TucsonOrienteering-subscribe@topica.com. To send a message, simply address it to: TucsonOrienteering@topica.com. It will then go to all the list subscribers. To unsubscribe, see the Unsubscribe link at the bottom of any message.

For more information about this list, visit: <http://www.topica.com/lists/TucsonOrienteering>. Any problems, questions, or concerns can be sent to Jim Stamm, the E-Group Moderator, at JimStamm@Mac.com.

Celebrate National Orienteering Day on May 5

—Ludwig Hill

On Sunday, May 5, Tucson Orienteering Club will hold its meet at Greasewood Park on the western outskirts of Tucson. This 160-acre park features rolling terrain and a good number of trails, with natural and man-made features. This site is conveniently located close to town and yet provides for a wide range of orienteering challenges.

Four courses will be available. There will be our usual White, Yellow, and Orange courses for beginners and intermediate level orienteers. In addition, there will be a Contour-O, similar to last year's, which will challenge more advanced orienteers with a map which will have contour-only information.

Picnic tables and potable drinking water are available close to the parking area; however, the only toilet facility is a porta-potty. Depending on the turnout, parking may be limited at the registration area. Extra parking is available at Maxwell Middle School, located south of and adjacent to the park.

Come out on Sunday and bring your friends. This is a great opportunity to try out new orienteering techniques or to introduce someone to this fun sport.

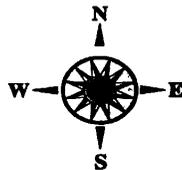
Mike Thompson will be directing this event. If you would like to volunteer to help out with Timing or Registration (you will still have time to run a course, of course), please call him at 743-9687.

Directions: From I-10 in Tucson, take Exit 257 at Speedway Boulevard and head west 2.2 miles until reaching Greasewood Road. Turn left at Greasewood. The entrance to Greasewood Park is the first road approach you come to on the right.

Fees: \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets, is required to carry some type of safety whistle.*

Schedule:

8:00 a.m. Registration opens. Beginners' clinic starts.
8:00 a.m. Courses open.
10:00 a.m. Last time to start a course.
11:00 a.m. to 12 noon Route choice reviews.
11:30 a.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 11:30 a.m. with the meet director.



Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the Beginners' Clinic, arrive between 7:45 and 8 a.m.

Route Choice Reviews: Between 11 a.m. and 12 noon, an advanced orienteer will be available to discuss route choices with returning participants near the Start/Finish area.

This May, our National Orienteering Day event will once again feature a compass raffle. Bring your friends and family, and all those people who say "That sounds interesting," when you tell them what you do the third Sunday of every month!



If you're an internet surfer, and you'd like to check out some of the orienteering sites, here are some easy-to-remember addresses:

***Tucson Orienteering
Phoenix Orienteering
So. Cal. clubs (all)
Major clubs & meets in U.S.
Rogaines
Goat events***

***www.go.to/tucsonorienteering
www.geocities.com/yosemite/trails/5132/
www.go.to/SCONET
www.us.orienteering.org
www.rogaining.com
www.billygoat.org***

April, Continued from page 1

2:00 p.m. All courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 12 noon with the meet director.

Check-In: To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:45 and 9 a.m.

Route-Choice Reviews: Between 1 and 2 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Start/Finish area.

**Have you paid your dues?
Check your label for the
expiration date.
Remember, the discount
on meet fees is for
current members only.**

May Board Meeting

There will be a Board Meeting at the home of Peg Davis on Wednesday, May 8. Preceding the meeting, at 6:15 p.m., there will be a potluck dinner/social period. The meeting will begin promptly at 7 p.m. Anyone who has a topic they wish to place on the agenda, please contact Jeff Brucker at 886-2528 or e-mail him at jeffbrucker@cox.net. Peg's address is 2241 E. Parkway Terrace. Please call her at 628-8985 for directions.

Saints of Orienteering—2001

—Peg Davis

Each event was counted separately. Either directing a short Night-O or a 24-hour Rogaine would count as one event. The number in parenthesis shows the number of events if greater than one. Some saints both directed and set events. Some previous year's directors set last year, some previous year's setters directed this year. Some saints are also officers on the board of directors. Some saints are amazingly good-looking or charming, but none are both. Two saints, Chris North and Emily Lane, hung many, many bags. Those of you reading this list, but not on this list, are regarded as pre-saints and should work toward achieving sainthood as soon as possible.



Equipment Needed

At the last meet, one of the blue fold-up tables bit the dust and is now too hazardous to use. We need to replace it with a good sturdy card table or camp table. We also need two or three camp chairs. Any donated items need to be in good condition, sturdy, and light weight. Chairs need to be table height, not the low reclining type.

Take a look through your old camping and patio equipment and see if you might have some of these items that you are no longer using. Remember, they must be *sturdy*, but, for the sake of our overworked meet directors, not heavy.

Setters:

John Maier (4)
Kevin Gross (2)
Carl & Linda Moore
Jim Stamm
Wilkey Richardson
Ludwig Hill
Jeff Brucker
Matt Chamberlain
Sue Roberts & Roger Sperline
Max Suter

Directors:

Peg Davis (5)
Anne Gross (2)
Jim DeVeney (2)
Liz Brace & Amy Boyd
Mike Thompson
Pete & Judy Cowgill
Sasha Savine
Mike Wilke

Set and Directed:

Mark Parsons (2 + 2)
Jeff Berringer (1 + 1)

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071

E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota
Tucson, Arizona 85715.

Lois Kimminau, Editor

83 Crest Meet Results

—*Jim De Veny*

The March 17th meet was held at a familiar place, but with a new name: 83 Crest. The site is located some 40+ miles SE of Tucson near the high point of SR83 on the way to Sonoita. Six hardy souls camped out the night before the meet, braving freezing temperatures. The reward was a nice view of Comet Ikeya Zhang low in the western sky just after sunset. The day of the meet, the weather was ideal for running—cool, dry air and clear, blue skies.

John Little, aided by Tamarack Little and Mary English, meticulously set 41 controls on five courses. John estimates he made 6-7 trips to the area in the weeks before the meet, planning the courses and checking control locations. His efforts paid off handsomely for a fun day by the forty-odd entrants. Peg Davis, again, offered help to the newcomers with her patented Beginner's Clinic.

The Club would like to thank Ramir Evarola, Peg Davis, and Yen Chamberlain for taking care of Registration. Mark Everett, Wilkey Richardson, and Matt Chamberlain handled the Timing. There was great volunteerism for control retrieval. Thanks go to Leif Lundquist, Ludwig Hill, Mark Parsons, Max Suter, Jim O'Donnell, Diane Lo Conte, David Barfield, Pat Penn, and John Maier for fetching back the controls. Thanks are also due to Mary English for preparing, organizing, and maintaining the meet equipment. We all greatly appreciate Mary's efforts in having the equipment ready-to-go each month.

White			3M Marcos Espaza	120:37	Jeff Berringer	DNF
1T	Delta Team	52:05	4M Steve Denson	126:44	Rita Reed	DNF
2T	Guerrero	79:27	2T The Scones	141:18	Beauty and ...	DNF
	Trinder Team	REC	2W Alexis Mills	145:13	Paul & Pam	REC
			3T McElroy Team	164:36	Jeff Fisher	DSQ-OT
			4T OD	178:50		
			David Barfield	REC	Red	
			Peg Davis & Yen	REC	1M Mark Everett	73:50
					2M Max Suter	94:38
Yellow			Green		3M Matt Chamberlain	113:36
1T	Help-U-Sell	150:56	1M Mark Parsons	82:12	4M Adrian Keough	114:03
	Mike Thompson	DNF	2M Leif Lundquist	102:11	5M Ludwig Hill	135:30
	Slayer Team	DNF	1W Pat Penn	124:31	6M Jeff Brodsky	136:34
	City Girls	REC	3M Robert Reed	124:54	1W Fleur Keough	140:38
	Trinder Team	REC	4M Mikhail Gurevitch	133:17	Ed Stiles	DNF
			5M William Florence	135:05	Wolffsong	DNF
Orange						
1T	Paul & Pam	61:59				
1M	Mike King	77:28				
1W	Susan Wenberg	102:08				
2M	Ramir Evarola	117:45				

A Better Rosemont Map

—*John Little*

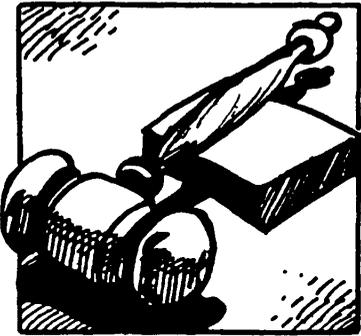
My recent experience setting courses at Rosemont South, aka 83 Crest, confirmed two of my long-held beliefs. First, this is a great area for orienteering! Second, it needs a much better map. Our present map is a lightly field-checked version of a USGS map, with 40-foot contours. I found repeatedly that I couldn't use certain areas for controls because there were many small features that didn't happen to cut a contour line. Indeed, I found a long and major re-entrant that was almost entirely missing for this reason. I did have a few complaints that locations I did use had similar unmapped features close enough nearby to be confusing (if not baffling).

Rosemont South is great for several reasons: 1) intricate terrain; 2) not a lot of other activities; 3) a wide variety of terrain features; 4) no shindaggers! The main disadvantages are that the ground tends to have a lot of fist-sized rocks, some catclaw, and is pretty steep, at least in the areas I used. Other parts aren't so steep, however.

I suggest that the club consider making at least a base map of this area. As I understand it, once we decide to have an area flown, it is a trivial additional expense to get photos of large areas near the target. Other parts of Rosemont are also excellent for orienteering (though they do tend to be denser in the population of shooters and ORV'ers); Cave Creek is also nearby, and it is likewise an excellent area. I'd also be in favor of having a high-quality map made of Rosemont South, but that is a decision we can make later.

The threat of a large open-pit mine obliterating this area seems to have gone away, so the time is right. Let's do it!

April Message from the President



The topic for this month pertains to the February Billy Goat at our new Italian Trap site, which was conceived, mapped, set, and awarded by our very own John Maier, aka Wolffsong. Most of you don't realize the amount of time which John spent on the map. In his write-up he recognized those, including myself, who helped him, and we appreciate that. But the fact is, John did more work on this event than all the other mapping volunteers combined. I am truly in awe of John's dedication. I can't speak for everyone, but I want to go on record to say that this event really renewed my interest in competitive orienteering. There was a lot of enthusiasm shown by every participant I spoke to after the event. In my opinion, John's Billy Goat course was a work of art.

Rarely in orienteering do I get to see my competitive peers in action for an extended period. For over two hours I got to see fleeting, and sometimes in-your-face, glimpses of Mark Parsons, Dave Kreider and Chris North as our route choices intertwined. Very exciting and complex. This event really added a new dimension to our beautiful sport.

I would have put this in my last month's message, but time did not permit it, and there were other club issues to be addressed. So I want to take the time now to officially thank Wolffsong on behalf of myself and all the participants in the event who had such a wonderful and challenging time on John's courses. Thanks, John.

I would also like to add a word about the February Meet Director, Yen Chamberlain. Not only did she come through in the nick of time to direct the Italian Trap meet and bring a crew of volunteers with her, but this last month she stepped up to the plate when I asked her, and has agreed to become our new Schedule Coordinator, replacing Jerry Sims, whose job took him out of town before he could assume those duties. Thanks, Yen.

*Happy O,
Jeff*



USOF Standing Team

The USOF Standing Team for the year 2002 has been selected! Congratulations to the Pacific Region members: Penny DeMoss, Angelica Riley, James Scarborough, Wyatt Riley, Syd Reader (all Bay Area Orienteering Club) and Mark Everett (Tucson Orienteering Club). The 2002 USOF Standing Team includes our country's selections to represent the US at Elite orienteering events internationally. This year, these events include 17 events of the 2002 World Cup held between May and October in Belgium, Switzerland, Norway, Sweden, Hungary, and Czech Republic.

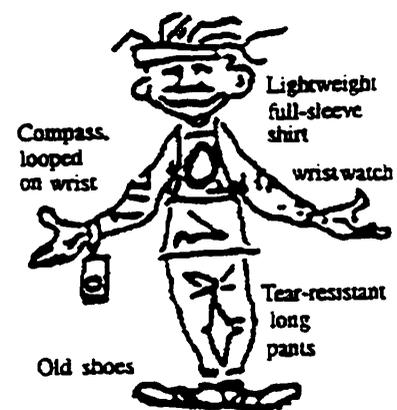
US team members spend many hours training hard to be the best representatives of competitive US orienteering internationally, and most even find time to contribute to local orienteering as well. Please support them and the team in their efforts at home and internationally.

Time for Get-Aways

Ralph Prince and wife Joan depart on an adventure to Yunnan Province in China, as well as Tibet and Nepal, on April 19, returning May 22, if all goes as planned. There will be no orienteering meets, but there will be a lot of trekking at altitudes as high as 17,000 feet. Ralph missed the Rosemont O-meet on March 17 because he was ill with a nasty cold virus.

Anyone else have some exciting plans?

The Well-Dressed Orienteer



CLUB CALENDAR

April 21, Buenos Aires National Wildlife Refuge

Course Setter: Jeff Brodsky (886-6304)
 Course Vetter: Wilkey Richardson (529-1105)
 Meet Director: Helen Deluga (795-6005)

April 29, Newsletter Deadline

See page 4 for details.

May 5, Greasewood City Park

National Orienteering Day

Course Setter: Ludwig Hill (299-9041)
 Course Vetter: Vacant
 Meet Director: Mike Thompson (743-9687)

June 16, Palisades with camping at Showers Point

Course Setter: Jeff Brucker (886-2528)
 Course Vetter: Vacant
 Meet Directors: Judy & Pete Cowgill (887-1514)

July 21, Northern Arizona (the Rim? Lake Mary?)

Course Setter: Vacant
 Course Vetter: Vacant
 Meet Director: Vacant

August 18, Lincoln Park Early-O

Course Setter: Vacant
 Course Vetter: Vacant
 Meet Director: Rachel Gelbin (326-7504)

September 15, Slavin Gulch Rogaine

Course Setter: Mark Parsons (520-432-3013)
 Course Vetter: Vacant
 Meet Director: Vacant

October 20, Maternity Well (Empire Ranch)

Course Setter: Roger Sperline (577-8519)
 Course Vetter: Vacant
 Meet Director: Vacant

November 17, Route 83

Course Setter: Vacant
 Course Vetter: Vacant
 Meet Director: Vacant

December 15, Cat Mountain

Course Setter: Ludwig Hill (299-9041)
 Course Vetter: Vacant
 Meet Director: Vacant

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Yen Chamberlain at 318-3630 if you can help with any of these meets.

2002-2003 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

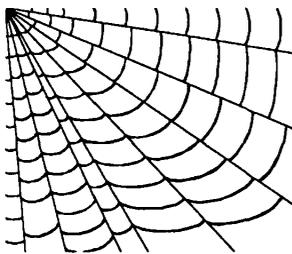
President	Jeff Brucker	jeffbrucker@cox.net	886-2528
Secretary/Treasurer	Jeff Berringer	jaberringer@earthlink.net	512-4685
Membership	Jeff Brodsky	jabrodsky@worldnet.att.net	886-6304
Schedule Coordinator	Yen Chamberlain	yenc@dakotacom.net	318-3630
Map Librarian	David Barfield	dbarfield1@juno.com	748-9877
Equipment	Mary English		881-4786
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Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

BANWR?

**BUENOS AIRES NATIONAL WILDLIFE REFUGE.
COME SEE IT ON APRIL 21.**



Check out the Tucson Orienteering Club web site!
Type <http://go.to/tucsonorienteering>
Also, for links to all the West Coast club sites,
just type <http://go.to/sconet>
or for Pacific Region rankings, type
<http://go.to/pacreg>

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____

Check one: Individual (\$10) Household (\$15)

Name: _____ Telephone: _____

Address: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club
and send to P. O. Box 13012, Tucson, AZ 85732.