

March 2002

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## Head South in March

—John Little

Be sure to join us for the March meet on Sunday, March 17. It will be held in an area formerly called Rosemont South, on the way to Sonoita. (The Club has changed the site name to "83 Crest," to distinguish between it and the other Rosemont site.) The area that was used before has been fenced off by the Forest Service, so Registration and Timing will be in a slightly different spot, but, not to worry, the orienteering signs will lead you there. The usual White, Yellow, Orange, Green, and Red courses will be set up. The area is a bit hilly and steep, gullies and spurs, so the Green and Red courses will have more climbing than usual. You advanced people, tone up those muscles! There is a fair amount of vegetation, with oak and juniper trees for pleasant shade-breaks out on the course. At this time of year, be prepared for needing that shade, or for needing a jacket. It's pretty unpredictable.

The meet director will be Jim DeVeney. Please call him at 323-0936 if you can help. You can volunteer for an hour at the beginning or end and still run a course, and you'll be so-o-o-o appreciated.

**Directions:** Take I-10 east to Exit 281 (Hwy. 83) south towards Sonoita. After about 10 miles, you'll pass the Rosemont Junction sign. Go another ~2.6 miles to Milepost 44, to a dirt road on the right. Turn here and follow the "O" signs to the site.

**Fees:** (Note new fees. See Board Meeting report.) \$5/individual, \$8/team, for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets,* is required to carry some type of safety whistle.

**Schedule:**

9:00 a.m. Registration opens.  
Courses open.  
9:15 a.m. Beginners' clinic starts.  
11:00 a.m. Last time to start a course.

12 noon-1 p.m. Route choice reviews  
12:30 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 12 noon with the meet director.

**Check-In:** To insure that all are safe, *everyone, whether finished with the course or not,* must check in formally at Start/Finish before leaving the meet site.

**Newcomers:** Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:45 and 9 a.m.

**Route-Choice Reviews:** Between noon and 1 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Start/Finish area.

### *Mini-Rogaine in April*

A special Tucson Orienteering event is going to occur on Sunday, April 21. This event will be a special four-hour rogaine set by Jeff Brodsky at the Buenos Aires National Wildlife Refuge. Full details will be in next month's newsletter and on the club website. This is an early "alert" to remind you to set aside this day, and also to pre-register so that you will get a pre-marked map. To pre-register, contact Jeff Brodsky (jabrodsky@worldnet.att.net, or 520-886-6304).

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## What is Orienteering?

Orienteering is a fun and challenging outdoor activity in which participants navigate their way on foot through the "great outdoors," using only a map and a compass. (There are other versions of orienteering, such as on bicycles, skis, horseback, or in canoes, at night, relay teams, etc., but the idea is basically the same.)

Each participant is given a specially prepared topographic map marked with a series of checkpoints to be visited. At each of these checkpoints, the organizer places an orange and white "control." The object of the sport is to use the map with the compass to locate the control features and navigate back to the starting point. Using your imagination and your navigational skills, you try to select the best route to each control.

Once at the control marker, you punch a score card which verifies that you have found the control feature.

At each event, there are several courses offered, rated in length and difficulty. You can choose the course that suits your ability and inclination, and you can make it a stroll, a hike, or a race, as you prefer. It is a family sport where each member of the family may choose his/her course, or the entire family may go as a team. Beginner courses are typically along trails or other easy-to-follow routes. Intermediate courses are partially on trails and partially cross-country. Expert courses are on difficult-to-follow cross-country routes.

### Preparation, Clothing, and Equipment

A beginning orienteer should be fit enough to walk at a leisurely pace for about one mile, in about an hour, over easy terrain. Expert orienteers are trained endurance athletes, walking or running for many hours over rugged terrain.

Wear comfortable clothing appropriate to the season, long pants, a hat, and walking shoes or hiking boots. Events are timed, so a watch is recommended. Bring plenty of water, and a snack if desired.

The only specialized equipment you will need are a compass and a whistle. If you forget these items, compasses may be rented or a whistle purchased for \$1 each.

### Safety

If navigating in the outdoors sounds a little scary, then an orienteering event is the place to be. The beginner courses are in carefully selected areas, safely contained within recognizable boundaries, so it is almost impossible to get truly lost. In addition, each participant's start and finish time is monitored so that anyone who is overdue will be safely rounded up by skilled orienteers.

### Newcomers

We highly recommend that you attend the *free* Beginners' Clinic, which is offered at every meet, if you haven't orienteered before. It is usually held 15 or 20 minutes before the courses open. Try to arrive at or before the time that Registration opens in order to attend.

### Fees

Fees for Tucson Orienteering Club events are as follows (other clubs' fees may vary): \$5/individuals, \$8/team for members, or \$10/individual, \$15/team for nonmembers. The member price is available to members of Tucson Orienteering Club or any orienteering club affiliated with the United States Orienteering Federation or the International Orienteering Federation. Compasses are available to rent for \$1; whistles may be purchased for \$1. Annual membership fees are \$10 for an individual and \$15 for a household.

**Tucson Orienteering Club**  
P. O. Box 13012  
Tucson, AZ 85732

Phone: 628-8985  
e-mail: [loiskim@aol.com](mailto:loiskim@aol.com)  
Web site: <http://go.to/tucsonorienteering>



**Join the new E-group for discussions of matters relating to our club, meets, volunteering, upcoming events, or any other subject pertaining to orienteering. To join, call or e-mail Discussion Group Moderator Jim Stamm at 575-0830 or [jimstamm@Mac.com](mailto:jimstamm@Mac.com). He will help you get registered with the group and/or answer any questions you may have about it.**

# The Southern Hemisphere Takes the Goat

—Yen Chamberlain

Once again, a great day with a big turn out for the Italian Trap event on February 17. The weather was fine, though it was very gusty for those who stayed to clean the course. The area was relatively open, offering clear views of hills on the course and of Mica Mountain to the south. Cross-country travel was relatively easy, unless you were intimidated or attacked by shin daggers!! Less of a worry was the occasional barrel cactus or prickly pear. Typical for this area, the only wildlife to be seen were driving around in jeeps. We had a grand total of 53 entrants. Most participated in the Goat with some takers for the White and Yellow courses.

Congratulations to the Aussie, **Matt Chamberlain**, for taking first place in the Long Goat. The Kiwis, **Emily Lane** came in second with **Chris North** hobbling into third. So as not to be biased, congratulations to the following Short Goaters: **John Little** came in first, **Mikhail Gurevitch** in second, and third place was strategically taken by a dynamic duo, **Peg Davis and Pat Penn**.

Before I proceed, my sincere apologies to Stephen and Peggy Denson who had to pull out of the Yellow course as the courses weren't ready and therefore the maps were not available at 9 a.m.

I'd also like to congratulate you all on your brilliant effort at saving the ozone layer. We had car-poolers, walkers, and cyclists arriving at Registration. The majority of entrants were in the "4 or more" car-pool category, with only five entrants arriving with an empty seat or two.

I'd like to thank you all for your patience at Registration. Being new to a Billy Goat event, I hadn't realized the maps would be handed out immediately before the start. I understand everyone who pre-registered was able to get a pre-marked map. There were also enough (just) colored maps for the 18 people who did not pre-register. For future reference, pre-registering is pretty straightforward, and just think of the time you would have saved at the start. Not to mention the angst about whether you'd get a map at all! It also makes our job easier in catering for the meet's needs adequately and economically.

I understand from those who participated that the courses were tougher than usual. Given the number of newcomers at the event, I expect they have a new appreciation for reading the little wiggles in the fine red contour lines! Everyone made it home, though one team took close to five hours. I was starting to wonder how I and myself would carry out a search and rescue if necessary, without any map and compass reading skills!!!! Fortunately, **John Muir** was around and five dedicated control retrievers (who were out on the course). **Thank you, Ludwig Hill, Mark Parsons, Jim O'Donnell, Jim De Veny and Matt Chamberlain.**

Yes, we had a volunteer drought!!!! Not so irrelevant is the fact that I wonder if my non-orienteeing friends will so eagerly agree to give a hand in the future. I'll also think more seriously about volunteering to meet direct again, without club member assistance. It is a shame that with so many eager participants, it is hard enough to get a meet director but then there is also no one to help out. I am aware that the club is looking at creative ways to address this problem. In future, I do hope you will all volunteer a little time to retrieve controls, or man the registration and timing tables. These are not difficult tasks, and then the meet director would be able to locate the course setter and find the maps!!!!!! (Despite this gripe, I enjoyed myself.)

Thank you to **Amy & Drew Milsom, Nora Daniels, and Brian Stress**—my dear friends who have forgiven me for dragging them into the meleé.

## Short Goat

Place	Name	Time Elapsed	Fork, Skip
1	John Little	102:53	L, 12
2	Mikhail Gurevitch	114:04	L, 12
3	Pat Penn	120:45	L, 10
4	Peg Davis	120:45	L, 10
5	Sue Roberts	141:19	L, 7
6	Roger Sperline	141:22	L, 7
7	Larry Lamb	144:13	L, 3
8	Jim De Veny	151:19	L, 11
9	Alexis Mills	154:27	L, 1
10	Jim O'Donnell	170:51	R, 13
11	Sara Johnson	208:53	R, none

Place	Name	Time Elapsed	Fork, Skip
13	Michael Dumke	216:28	R, none
14	Stevie Ploetz	216:42	R, none
15	Michael Ozevanic	295:15	L,13
16	Robert Sells	295:15	L,13
	Winnie Gilmer	DNF	R
	Phil Gilmer	DNF	R
	Mike Hollywood	DNF	R
	Ann Hollywood	DNF	R
	Carol Brucker	DNF	R

Continued on page 4

**Continued from page 3****Ways to Use the Orienteer's Most Important Tool****(No, it's not the compass)****—Brad Snyder**

Place	Name	Time Elapsed	Fork, Skip
	Gail Milkey	DNF	
	Gail Fowler	DNF	
	David Barfield	DNF	
	Gary Thomas	DNF	
	Judy Cowgill	DNF	
	Pete Cowgill	DNF	
	Ralph Prince	DNF	
	Leif Lundquist	DSQ MSP	L, 4
	Kevin Gross	REC	
	Jean Molina	REC	
	Anne Gross	REC	

**Long Goat**

1	Matt Chamberlain	112:53	R, 15
2	Emily Lane	121:57	L, 15
3	Chris North	132:38	L, 15
4	Jeff Brucker	137:45	R, 15
5	Dave Kreider	137:50	R, 15
6	Mark Parsons	142:23	L, 15
7	Ludwig Hill	165:53	L, 15
8	Jeff Brodsky	211:32	R, 15
9	Barry Fowler	211:46	R, 15
10	Jessica Beecham	233:10	L, 15
11	Lyle Schaeffer	233:10	L, 15
12	Julie Lucente	241:26	L, 15
13	Seth Lucente	241:26	L, 15
14	Max Suter	DNF	lost card

**White**

Place	Name	Time Elapsed
	Milsoms	REC
	The Stragglers	DNF

**Yellow**

Place	Name	Time Elapsed
1T	Mojo Monsters	96:21
2T	Malo	182:32
	Jack Schulman	DNF

Map interpretation is reading and understanding a map. Orienteers read their map to determine the best route between the control points and to know their current location. Orienteering map-reading techniques include the following:

**Map Skimming:** Orienteers like to see maps with a lot of details giving them an unlimited number of possible control points. In an orienteering event, you use only those small features when precision orienteering. Out on an easy, fast part of a leg (a section of an O course between control points), you don't need to check off these details. You are only interested in the major features of the terrain. Try to skim away the smaller features to make the major features easier to pick up, memorize, and use for your navigation.

**Rough Map Reading:** This technique is handy when you need to know approximately where you are or where you are going. Rough map reading is done by concentrating on the major features for navigation and ignoring the smaller features of the map. The skimmed map features should be large enough to permit you to consult the map while walking, jogging, or running. During rough map reading, you navigate your way through the terrain by following handrails and collecting features.

**Precision Map Reading:** This technique is used when you need to know exactly where you are or where you are going. It is used for finding small control features located in more difficult areas, where you need accurate map reading and navigation to find them. This technique is done by checking off nearly every feature along the route while thumbing (keeping an accurate thumb-pointer on the map). This technique can only be used in areas with lots of features. Remember to glance at the compass as necessary to be sure you are maintaining the correct direction.

**Continued on page 6****Membership Memo**

Recently, the club has shifted its mailing from bulk mail to normal, first class mail. What this means is that we no longer have to have a minimum number of newsletters each month. So what, you ask? It means the "evil membership chairman" is going to drop you like a hot rock if your membership or complimentary newsletter copy expires. Well, the ever-inquiring Orienteer asks, how do I know when my newsletter will end? It's elementary—look on the label. If it says "Exp 6/02," it means you are a dues paying member, in good standing, and that your membership will expire on 6/02. If it says "Ends 6/02," it means you have NOT paid dues, and are getting a complimentary copy because we like you, and that will end on 6/02 (the newsletter, not the liking. We will always like you). So, the morals of this story are: (1) look at your label, (2) renew your dues, or (3) become a new member, so we can continue to share the best of Orienteering with you all year long.

## President's Message

Hello, Orienteers—

For my first official President's message, I will introduce several new and not-so-new volunteers to you, in no particular order.

**Jerry Sims** has volunteered to take on the "Schedule Coordinator" position. That means he will be responsible for contacting prospective meet directors and course setters, and scheduling them for upcoming meets (i.e., filling out all those "vacant" slots in our schedule). Jerry and I spent a week backpacking in Wyoming with friends a few years ago, and he is really a great guy. I'll never forget the time a lightning storm trapped us unprotected just below a high ridge. Jerry's good humor was surely appreciated. Well, many of you lucky folks will get to experience Jerry's kind ways in the near future, when he calls to help you get on the schedule.

Next, we have a pair of volunteers to take care of what used to be lumped together under the title of Publicity/Education. **Peg Davis** and **Peggy Rogers** will double-team to take care of this very important aspect of our club. Peg Davis will handle special Education and "Outreach" projects which will attract new members to the sport we love. Her recent interview in the newspaper was a highly successful example of the type of projects she will tackle.

**Peggy Rogers** has volunteered to take care of Publicity Announcements, replacing Gary Thomas. Gary has been doing this job in the background for the last two years or so, even though he lives in Phoenix! I think we all owe a lot of thanks to Gary for his work. Peggy will be responsible for making sure the local newspapers and periodicals receive timely announcements for our events each and every month. In conjunction with Publicity Announcements, Peggy will also make sure that Course Setter and Meet Director reports are written and sent to Lois by the deadline for publication. In the past these have all been written by the Course Setters and Meet Directors themselves, but often they do not get written until the last minute, or miss the deadline entirely.

Probably some of the Meet Directors and Course Setters will wish to continue to write their own articles, which is fine, but I am guessing that many will be relieved to have someone else available to help with the writing. As a Course Setter myself, it is the hardest part of the job for me. Peggy's job will entail contacting the Meet Directors and Course Setters (just like a newspaper reporter), getting the info, adding embellishments, writing the article, and forwarding it to Lois by the deadline. Peggy is a retired teacher and is newly enthusiastic about orienteering. She is working hard on her O skills.

Wait, there's more. **Jim Stamm** has volunteered to be our "E-group Moderator." He has already set up our account with Topica, which is an internet company that offers free e-mail "discussion group" service for clubs such as ours. If you want to sign up to be in the discussion group, contact Jim for instructions at [JimStamm@Mac.com](mailto:JimStamm@Mac.com).

Next, **David Barfield** has volunteered to be our Map Librarian. He will make sure that the course setters get their maps each month. David has also been learning the ropes about OCAD and the various mapping resources which are newly available on the Internet.

*Happy O!  
Jeff Brucker*

### Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071

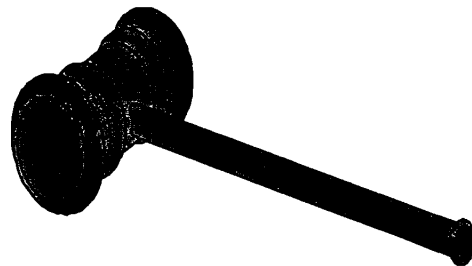
E-mail: [loiskim@aol.com](mailto:loiskim@aol.com)

US mail: 9055 Calle Bogota

Tucson, Arizona 85715.

*Lois Kimminau, Editor*

**Are your dues paid? Check  
your label!**



### *Board Meeting*

A board meeting was held on Wednesday, March 20, at the home of Peg Davis. Preceding the meeting was a potluck dinner. The meeting was called to order at 7 p.m. with the following members in attendance: Peg Davis, Yen and Matt Chamberlain, Jeff Brucker, Ludwig Hill, Jim DeVeny, Lois Kimminau, Wilkey Richardson, John Maier, Pat Penn, Mike Thompson, Mary English, Peggy Rogers, and Jeff Brodsky.

Discussions included the following:

**Staffing:** Jeff Brucker has agreed to be Club President for the coming year, and he was unanimously approved for this position (and thanked) by those present. He has suggested some reorganization, including a few new positions. These are: Publicity Announcements, nominee Peggy Rogers; Outreach and Education, nominee Peg Davis; E-Group Moderator, nominee Jim Stamm; Schedule Coordinator, nominee Jerry Simms; T-Shirt Chair, to be filled at a later date. These positions and the nominees were approved by those present.

**Fees:** Meet fees have not changed in some time. It was felt that the fee should include maps, whether color or black and white, to avoid confusion when registering at a meet. Therefore, the fees should be raised to cover this expense. The following fees were approved: \$5/individual, \$8/team for members; \$10/individual, \$15/team for nonmembers. Team fees will include as many maps as needed. The member discount will be given to members of Tucson Orienteering Club or any other club affiliated with the United States Orienteering Federation or the International Orienteering Federation.

**Adventure Racing:** An adventure racing meet is to be held in the Phoenix area, and the Club has been approached to have an event in conjunction with this. Peg Davis will get further information on this.

**Group Waiver Form:** At meets, one waiver form could be used, with the regular waiver wording and lines where members can sign to show their agreement. This would replace each member entering having to fill out a separate waiver form. The group waiver would list all members, with a line for signing, which would also verify that the entrant is a member in good standing at the time of the meet. The separate waiver forms would still need to be filled out by nonmembers. There was a lot of discussion regarding whether this would actually save the registration volunteers time or would prove to be more confusing. A form will be prepared for meets, but it will be up to the meet director to decide whether to use this or to follow the same procedures as in the past. After it has been used at a few meets, a decision will be made as to whether to change the registration procedures.

**Volunteer List:** It was discussed whether it would be useful to have a list of volunteer jobs needing to be filled at each meet, such as helping at the registration or timing tables. The meet would not open for registration until the positions were filled. This suggestion was tabled.

**Next Meeting:** A date for the next member meeting was not scheduled. Please check the web site (<http://go.to/tucsonorienteering>) or join the e-mail discussion group (information on joining is elsewhere in the newsletter) for notice of the meeting.

The meeting was adjourned at 9:06 p.m.

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#### **Skill-level Map Interpretation:**

**Beginner:** Concentrate on obvious features such as man-made, black (trails, roads, buildings, fences), easy blue (lakes, rivers), green (thicker vegetation), and yellow (open areas). First, look at the terrain; then read it on the map to understand how features are mapped. Second, read the map and develop a mental picture of what you will be seeing before you actually see it. Practicing this technique will help improve your map-reading skills.

**Intermediate:** Understand basic brown features (high and low ground, hill, rise, spur, valley, reentrant, saddle, depression) and natural black features (boulder, cliff, stony ground). An open mind and experience are required in identifying all features. Understand that human beings decide whether to show a feature or not and then how to show it. The choices are governed by what other features are present or absent, and by judgment. Other people's decisions might not be the same as yours.

**Advanced:** Understand smaller blue features (pond, marsh, stream, water hole) and smaller brown features (knoll, small depression, pit, ditch, gully).

Remember, the major tool for the orienteer is the map; the compass is secondary.

*Reprinted from Orienteering Minnesota, May/June 1998*

## CLUB CALENDAR

### March 17, Rosemont

Course Setter: John Little (327-8973)  
 Course Vetter: Vacant  
 Meet Director: Jim DeVeney (323-0936)

### March 26, Newsletter Deadline

See page 5 for details.

### April 21, Buenos Aires National Wildlife Refuge

Course Setter: Jeff Brodsky (886-6304)  
 Course Vetter: Vacant  
 Meet Director: Vacant

### May 5, Greasewood City Park

#### National Orienteering Day

Course Setter: Ludwig Hill (299-9041)  
 Course Vetter: Vacant  
 Meet Director: Mike Thompson (742-9687)

### June 16, Palisades with camping at Showers Point

Course Setter: Jeff Brucker (886-2528)  
 Course Vetter: Vacant  
 Meet Directors: Judy & Pete Cowgill (887-1514)

### July 21, Northern Arizona (the Rim? Lake Mary?)

Course Setter: Vacant  
 Course Vetter: Vacant  
 Meet Director: Vacant

### August 18, Lincoln Park Early-O

Course Setter: Vacant  
 Course Vetter: Vacant  
 Meet Director: Rachel Gelbin (326-7504)

### September 15, Short Rogaine? Slavin?

Course Setter: Vacant  
 Course Vetter: Vacant  
 Meet Director: Vacant

### October 20, Maternity Well (Empire Ranch)

Course Setter: Roger Sperline (577-8519)  
 Course Vetter: Vacant  
 Meet Director: Vacant

### November 17, Route 83

Course Setter: Vacant  
 Course Vetter: Vacant  
 Meet Director: Vacant

### December 15, Cat Mountain

Course Setter: Vacant  
 Course Vetter: Vacant  
 Meet Director: Vacant

**Let's fill those  
 "Vacants."**

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

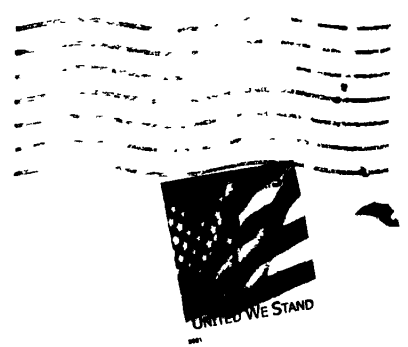
Please call Peg Davis at 628-8985 if you can help with any of these meets.

### 2002-2003 TUCSON ORIENTEERING CLUB OFFICERS AND BOARD

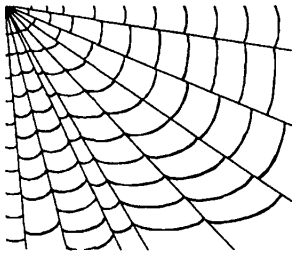
President	Jeff Brucker	jeffbrucker@cox.net	886-2528
Secretary/Treasurer	Jeff Berringer	jaberringer@earthlink.net	512-4685
Membership	Jeff Brodsky	jabrodsky@worldnet.att.net	886-6304
Schedule Coordinator	Jerry Sims	jpsims@att.net	745-3191
Map Librarian	David Barfield	codo321@hotmail.com	661-7686
Equipment	Mary English		881-4786
Permits	C. Michael Thompson		743-9687
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Outreach & Education	Peg Davis	pegdavis@u.arizona.edu	628-8985
Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108
E-Group Moderator	Jim Stamm	jimstamm@mac.com	575-0830

Tucson Orienteering Club  
P. O. Box 13012  
Tucson, AZ 85732

Address Service Requested



## Highway 83 Crest on March 17.



Check out the Tucson Orienteering Club web site!  
Type <http://go.to/tucsonorienteering>  
Also, for links to all the West Coast club sites,  
just type <http://go.to/sconet>  
or for Pacific Region rankings, type  
<http://go.to/pacreg>

### Tucson Orienteering Club Membership Application

Check one: New Member	<input type="checkbox"/>	Renewal	<input type="checkbox"/>	Date on label	_____
Check one: Individual (\$10)	<input type="checkbox"/>	Household (\$15)	<input type="checkbox"/>		
Name:	_____			Telephone:	_____
Address:	_____			E-mail:	_____
Can you help staff a club meet?			<input type="checkbox"/>	Yes, call me.	

Members receive a monthly newsletter, have voting privileges and access to Club library, and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club and send to P. O. Box 13012, Tucson, AZ 85732.