

June 2001

Palisades Ridge in the Catalinas

—Jeff Brucker

On Sunday, June 17, we will leave the desert and cactus behind and do our thing in the cool pine forest at 8000 feet. Remember, on the mountain it can get chilly in the shade even when it is 100 degrees in Tucson, so I recommend bringing a jacket.

We will have the traditional five courses, ranging from beginner to advanced (White to Red). The black and white map was updated last year. The scale will be 1/10,000 for all courses.

Even though the ravines are steep, the courses will be designed to minimize the steepness. Also, there is not a lot of brush or scratchy nasties.

Pete and Judy Cowgill (887-1514) will be meet directors, and would appreciate some volunteers, so please show up early if you can help.

Camping: We do NOT have a Showers Point group camping permit. See separate article on page 6 about camping in the Mt. Bigelow area, about two miles away.

Directions: Take Catalina Highway up about 20 miles to Organization Ridge road. (It is just before the Palisades Ranger station). Look for orange O-sign. Turn left and follow Organization Ridge road about .5 miles. Look for orange O-signs near the Palisades trailhead.

Parking: Parking is very limited at Palisades trailhead, so please call your friends and carpool up the mountain. Also, each car must pay a \$5 use permit, if you don't already have a Mt. Lemmon annual pass. If you plan on arriving late, be forewarned, you may have to park a 10-minute walk from Registration.

Fees: \$8/individual, \$10/team, plus \$1 per map for color maps, when used. \$5 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets* is required to carry some type of safety whistle.

Schedule:

9:00 a.m. Registration opens.
Courses open.

9:15 a.m. Beginners' clinic starts.

11:00 a.m. Last time to start a course.

12 noon-1 p.m. Route choice reviews

12:30 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 12 noon with the meet director.

Check-In: To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:45 and 9 a.m.

Route-Choice Reviews: Between noon and 1 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Start/Finish area.

Have you paid
your dues? Check your
mailing label.

What is Orienteering?

Orienteering is a fun and challenging outdoor activity in which participants navigate their way on foot through the "great outdoors," using only a map and a compass. (There are other versions of orienteering, such as on bicycles, skis, horseback, or in canoes, at night, relay teams, etc., but the idea is basically the same.)

Each participant is given a specially prepared topographic map marked with a series of checkpoints to be visited. At each of these checkpoints, the organizer places an orange and white "control." The object of the sport is to use the map with the compass to locate the control features and navigate back to the starting point. Using your imagination and your navigational skills, you try to select the best route to each control.

Once at the control marker, you punch a score card which verifies that you have found the control feature.

At each event, there are several courses offered, rated in length and difficulty. You can choose the course that suits your ability and inclination, and you can make it a stroll, a hike, or a race, as you prefer. It is a family sport where each member of the family may choose his/her course, or the entire family may go as a team. Beginner courses are typically along trails or other easy-to-follow routes. Intermediate courses are partially on trails and partially cross-country. Expert courses are on difficult-to-follow cross-country routes.

Preparation, Clothing, and Equipment

A beginning orienteer should be fit enough to walk at a leisurely pace for about one mile, in about an hour, over easy terrain. Expert orienteers are trained endurance athletes, walking or running for many hours over rugged terrain.

Wear comfortable clothing appropriate to the season, long pants, a hat, and walking shoes or hiking boots. Events are timed, so a watch is recommended. Bring plenty of water, and a snack if desired.

The only specialized equipment you will need are a compass and a whistle. If you forget these items, compasses may be rented or a whistle purchased for \$1 each.

Safety

If navigating in the outdoors sounds a little scary, then an orienteering event is the place to be. The beginner courses are in carefully selected areas, safely contained within recognizable boundaries, so it is almost impossible to get truly lost. In addition, each participant's start and finish time is monitored so that anyone who is overdue will be safely rounded up by skilled orienteers.

Newcomers

We highly recommend that you attend the *free* Beginners' Clinic, which is offered at every meet, if you haven't orienteered before. It is usually held 15 or 20 minutes before the courses open. Try to arrive at or before the time that Registration opens in order to attend.

Fees

Fees for Tucson Orienteering Club events are as follows (other clubs' fees may vary): \$8 per individual or \$10 per team, for nonmembers, with a \$5 discount for members of Tucson Orienteering Club, Southern Arizona Hiking Club, Southern Arizona Search and Rescue, Phoenix Orienteering Club, or United States Orienteering Federation; \$1 for color maps when used (no charge for black-and-white maps); \$1 to rent a compass; \$1 to purchase a whistle. Annual membership fees are \$10 for an individual and \$15 for a household.

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Phone: 628-8985
e-mail: loiskim@aol.com
Web site: <http://go.to/tucsonorienteering>

**Next Meet is scheduled at
Lake Mary in July. Help is still
needed to bring this off.**

2001 North American Rogaine Championships

May 5 & 6, Mogollon Rim, Arizona

—Peg Davis

The snow flurries and freezing rain of the previous day cleared by the start of the North American Rogaine Championships, giving us a weekend of beautiful Arizona weather. The skies were clear, the days warm but not hot, and the full moon was brilliant. Fifty-three perfectly placed controls were cunningly spread over 135 sq. km. Two-hundred-and-nine competitors, the largest Arizona Rogaine yet, went out on 8- and 24-hour courses. Adventure racers and military joined the usual contingent of orienteers. Unfortunately, only seven Canadians joined us, but 24 U.S. states were represented.

Spotted on the course were bear, elk, deer, and coyotes. Also spotted moving quickly were Alar Ruutopold and Ernst Linder who found all the controls. Returning two hours and fifty-three minutes before the deadline to politely turn in their control card, they became the first finishers overall and champs of their men's veteran division. This was Alar's second Arizona Rogaine; in 1993, he also found all the controls and returned early. (Warning to course setters: if Ruutopold, then more controls.) Trotting in 109 minutes early were men's open division champs David Frei and Gary Thompson, also with a perfect score of 2950. The finishers in general looked spry. All winners were able to walk unaided to collect their prize mugs at the awards ceremony.

The course setter's ideal route of 93 km with one counter clockwise loop to the east, back through the hash house, then one counter clockwise loop to the west may appear on the website.

This was a calamity free Rogaine. Participants could easily find the hash house, there was enough food, and the lack of fire restrictions allowed us to have a warm fire to gather around at night. All the competitors came back under their own steam, though there were a few late arrivals. The only injuries were a sprained ankle and a sharp stick in the eye, happily not inflicted on the same competitor. Competitors were good about following the more formal Australian rules we tried out this year: control cards were turned in whenever a team spent time at the hash house and specifics about the course were not discussed during the competition period with non-teammates. One team was disqualified for separating on the course.

The Tucson Orienteering Club plans to hold another 24-hour Rogaine next year. Keep checking our schedule for 4-hour versions to be held sooner. We enjoyed seeing all the Rogainers, appreciate the sporting spirit displayed, and hope all will return for future events.

24 hour women's open

101	Elizabeth Jennison/Debra Moore	MO	1370
104	Lex Bundschuh/Eva Ruutopold	NH	1000
109	Helen Deluga/Cathy Waterman	AZ	930
105	Clare Durand/Laura Garvin	CA	580

24 hour women's veteran

106	Pamela Fletcher/Susan Murphy	CA	730
102	Anndy Wiselogle/Virginia Church	OR	670

24 hour women's superveteran

103	Sharon Crawford/Robin Spriggs	CO	1740
107	Lois Kimminau/Mary English	AZ	lost card

24 hour mixed open

207	Annabel Fernandez-Valledor/Luis Cumellas	CA	2760
210	Melissa Coombes/Vytenis Benetis	MD	2520
211	Marcy Beard/Kipley Fiebig	TX	2470
208	Michael Ehredt/Kathy Bullard	IL	2320
221	Todd Kurth/Kim Bear	NM	2240
201	Barb Bryant/John Lee	MA,WA	2110
227	Heidi Onkst/David Onkst	DC	1850
250	Elise Harrington/Kurt Gibson	MI	1810

203	Lisa Barnes/Don Moden	NM,AZ	1710
223	Deborah Humiston/Scott Bailey	NH	1510
222	Fleur Keough/Adrian Keough	AZ	1500
254	Bridget Brunnick/Joe Prusaitis	TX	1490
226	Jenny Hadfield/Dan Phillips	IL	1400
225	Sarah Boardman/Andy Daylor	IL	1400
202	Diana Vengsarkar/Jeff Wagener	PA,NJ	1320
252	Tommie Wright/Gary Wright	CA	1290
235	Ron Grayson/Robyn Benincasa	CA	1270
258	Ries Robinson/Jen Beckly	NM	1260
256	Rod Jaehn/Kim Morse	CA	1260
229	Alyson Denk/Chet Williams	CA	1190
205	Stephen Churchill/Theresa Churchill	CA	1010
234	Deanna Rich/Raymond Rich	CA	720
228	Bob Lutz/Amy Lutz	AZ	510

24 hour mixed veterans

214	Daniel DesRosiers/Ann & Charles Leonard	NY,QE	2210
218	Eric Smith/Mary Smith	NY	2160
219	Ellyn Brown/Kimball Forrest	AK	1810
232	Melody McBroom/Jack McBroom	CA	1310

Continued on page 4

Continued from page 3

215	Ken Lotze/Carol Johnson	CO	1130	310	Jeff Brucker/Mike Huckaby	AZ	2030
216	Debbie Wojtowicz/Kevin Schoenfeld/Leon Berzins	CA	1050	325	Pete Bundschuh/Bob Walsh	NH	1950
220	Kat Manton/Tom Spinosa	AZ	200	24 hour men's super veteran			
230	Pam Filson/Jim O'Donnell	AZ	Rec.	311	Robert Anglin/Kalon Kelley	CA	1990
24 hour mixed superveterans				312	Mike Shifman/Bob Malkames	KS	1390
213	Linda Moore/Carl Moore	NV	1430	8 hour women's open			
212	Shirley Donald/Scott Donald	BC	850	809	Donna Gaudet/Mary Hannaman/ Francene Capages	AZ	490
24 hour men's open				802	Yen Chamberlain/Jani Radebaugh	AZ	430
306	David Frei/Gary Thompson found all controls in 22 hours, 11 minutes; second finishers	MO	2950	8 hour mixed open			
322	Mike Wilke/Matt Chamberlain	AZ	2920	801	Eric Buckley/Yvonne Deyo	MO	1310
328	Mike Springer/Ron Hudson	CA	2710	204	Bridget Thomson/Joel Thomson	CA	1090
303	Dave Van Wicklin/Garrett Ford	AZ	2680	852	Mike Brunnick/Joyce Prusaitis	TX	700
317	Derek Maclean/Thorsten Graeve	CO	2590	217	Michael Schneiderman/Audrey Schneiderman	PA, IL	520
304	Peter Zurcher/Ralf Willecke/Alex Cameron	AZ	2460	8 hour mixed veteran			
318	Jeff Lewis/Brett Lehigh	CA,OR	2450	804	Jackie Ciccolo/Chuck O'Hara/Alexis Mills	AZ	260
314	Mal Harding/Clai Gardner	TX,OR	2370	8 hour mixed superveteran			
361	Nathan Siria/Greg Eason	AR	2250	810	Alan Vyse/Frances Vyse	BC	780
332	Jason Poole/Todd Holmes	CO	2200	224	Judy Cowgill/Pete Cowgill	AZ	620
305	Joe Pontisso/Brendan Dozier	CA	1930	8 hour men's open			
302	Jeff Brault/Aaron Aaker	MO	2090	853	Stefan Huesler/John Salomonsson	CA	1370
327	Jerry Rhodes/John Bartholomew	OR,WA	1870	851	Mike Cordier/Justin Siglow	AZ	760
320	Renne Gardner/Paul Rudman	CA	1820	807	Fred Gaudet/Paul Patterson/Steve Schauer	AZ	730
316	Danny Trudeau/Nick Rodriguez	CA	1780	803	Max Suter/Chris Suter	AZ	530
352	Ludwig Hill/Paul Piorkowsky	AZ,MI	1760	362	Chris Frei/Steve Frei	TX	430
301	Mike Reason/Allan Pincus	CA	1680	339	Robert Isaacson/Richard Isaacson	AZ	280
331	Mark Prior/Dorsey Moore	CA	1600	806	William Bryant/Richard Chrisman/Tim Stanford	AZ,MD	220
324	Brad Bogowski/Chad Schmidt	NM,IL	1560	805	Jon Judge/Joe Miller/William Miller	TX	Rec.
307	John Beard/Jason Mittman	TX	1550				
321	Ron Rickman/Bryan Carey	AK	1510				
315	Peter Ash/Dave Pojtinger	CA	1440				
313	Joaquin Fox/Dan Coombs	AZ	1400				
334	Nathan Nutter/Michael Prindiville	CA	1400				
354	Jeff Brodsky/Jim Kusner	AZ,OH	1360				
330	Doug Stein/Syd Reader/Trevor Pering	CA	1270				
335	Jamie Monroe/Steve Prescia	CA	1230				
323	John Pascal/Richard Locke/Randy Larvingo	NM	1220				
326	Art Cook/John Crowther	TX	1180				
333	Steve Sieders/Ian Ramsey	CO	1080				
370	Syd Reader/Doug Stein	CA	970				
353	Jeff Berringer/Mark Sadler	AZ	800				
360	Matt Battison/Brian Strange	CA	DSQ				
24 hour men's veteran							
308	Ernst Linder/Alar Ruutopold found all controls in 21 hours, 7 minutes; first finishers	WA,NH	2950				
319	Desmond Mott/Richard Matthews	BC	2550				
309	Orlyn Skrien/Ken DeBeer	MO	2270				
338	Walter White/Jan Bear	TN	2240				
332	Greg McDuffie/Ted Calahane	AK	2220				

THANKS!

As you can see from the length of this list, lots of people are needed to make a Rogaine happen. Many of the people listed worked far longer than originally planned, and several just decided on site that it would be fun to work, sometimes at hard jobs at horrible hours. I really appreciated not just the volunteers' generosity, but their kindness and sense of fun while working.

May I suggest competitors plan to stay an extra day after the next Arizona Rogaine and participate in our free event—control collecting?

Course Setter, John Maier: map creation, meet permit, course design and notes, control card design, bag hanging, way too much control retrieval, hauling equipment, results.

Continued from page 4

Meet Director, Peg Davis: registrar, food, copying, merchandise, results, volunteer coordination

Food: Robbyn Lennon, Russ Lennon, Yvonne Deyo, Eric Buckley, Yen Chamberlain, Jani Radebaugh, Alexis Mills, Nancy Aucella, Stefan Huesler, Johan Salomonsson, Gloria Christin, Rachel Gelbin, Bridget Owers

Miscellaneous: Helen Deluga, Maria Harper, Mary Obregon, Jeff Brodsky, Marilyn Cleavinger, Mary English

Control Retrieval: Mary English, Lois Kimminau, Jeff Berringer, Kat Manton, Tom Spinosa, Pete Cowgill, Judy Cowgill, Jim O'Donnell, Pam Filson, John Maier

Website Guru: Dan Coombs

Additional publicity: Renne Gardner

Equipment hauling: Jeff Brucker, Jeff Brodsky, Jeff Berringer, John Maier, Jim O'Donnell, The Cowgills, Manton & Spinosa, Chuck O'Hara, The Lennons, Helen Deluga, Max Suter, John Lee & Barb Bryant, Dan Coombs, Lois Kimminau

Equipment Loans: Jackie Ciccola, Ron Gardner, Roger Sperline, The Lennons, Rachel Gelbin, Carol & Greg Starr, Paul Kimminau

Results: Johan Salomonsson, Stefan Huesler, Jani Radebaugh, Yen Chamberlain, Alexis Mills, John Maier

Services: Sunrise Silkscreen, Diamond S Portable Toilets

SOUVENIRS

Orders will be taken until May 31 for these fine goods. All prices include postage. Please include your mailing address when sending a check made out to the Tucson Orienteering Club to:

Peg Davis
2241 East Parkway Terrace
Tucson, AZ 85719-6339.

MAPS: A fresh set of 2001 NA Champs Rogaine maps, just like those used in the competition. \$7. Competition maps from the 1998 Arizona rogaine, also on the Mogollon Rim. \$7

MUGS: Just like the champs got, except for the championship designation lettering. Official 2001 NA champs logo on both sides of an 11 oz ceramic mug. Add up to 40 characters personalization at no additional charge. Makes a great Christmas present for your teammate! \$20

T SHIRTS: Due to popular demand, another run of all cotton stonewashed blue shirts will be silk-screened. 2001 rogaine champs logo on the front, Tucson logo on the back. Choose S, M, L, or XL. \$22

LOST AND FOUND

Tan Supplex baseball cap,
Red stocking cap with a dark stripe,
Headlamp (owner needs to reidentify himself to me),

A left navy fleece glove.

Write or call Peg Davis at pegdavis@u.arizona.edu or call (520) 628-8985.

Sorry!

The results of the April Slavin Gulch meet are not yet available.

I know some of you would like to see how you did in comparison with your competitors, but I have not received the meet write-up yet.

Meet Directors, please remember that this is also an important part of your duties, and you aren't really finished with the job until you've submitted your report to the newsletter. Descriptions of the meet and interesting events are always appreciated, but a plain, no-nonsense report including the results is perfectly acceptable.

Where are our leaders?

I know everyone is sick of hearing about it and you don't want to be reminded again, but we do not have a President and also need several other positions filled. All of us are busy. Most of us work and/or have families that need care. The Tucson Orienteering Club is not *the* most important thing in our lives. But it is a fun part, and it's very good for us, both physically and mentally. To keep this Club going and to be able to offer quality meets month after month takes lots of people working a few hours each, *not* one or two people working their tails off. Get behind your Club and volunteer at least once a year.

Do You Have the Ft. Huachuca maps?

The maps of Ft. Huachuca seem to have done a disappearing act. They are needed for a possible meet there this fall. If you have these maps, please call Peg Davis at 628-8985. They are needed as soon as possible, as some revision may be necessary, and course setting takes time!

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071

E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota

Tucson, Arizona 85715.

Lois Kimminau, Editor

Attention! National Orienteering Day Winners!

Did you win a prize at the National Orienteering Day meet at Greasewood Park? If you're listed below, your hat or compass will be waiting for you at the Mt. Lemmon Meet in June. We had about 20 prizes generously provided by Brunton Compass, Maptech, and the National Orienteering Day project. Oddly enough, the two winners on the Maptech CDs of all the topographic maps of southeastern Arizona were right there to pick up their prizes!

Gary Hinman
Michael Gurevitch
Kathi Kitchin
John Lewis
Larry Lamb
Bob Crump
Kari Romero
Rebecca Theobald

Rogaine Reminiscing

Reunion and General Camping on June 16

—Peg Davis

Directing the Rogaine May 5 & 6 was a blast! However, I was so busy at the site that I neither got to socialize with anyone or really hear about the Rogaine itself. I'd love to hear what happened to everyone out on the course. Therefore, I propose we get together and camp out the night before the June 17th meet on cool and piney Mt. Lemmon.

Look for the orange and white signs along the Mt. Bigelow Road. We'll have an area staked out after 5 p.m. I'll bring up some cans of that wonderful chili and some bowls and spoons. You bring the tortillas and cornbread and whatever else.

If you didn't do the Rogaine, come along anyway. This is a great chance to spend some time with those people you usually only see running out on the course.

Questions? Write Peg Davis at pegdavis@u.arizona.edu or call 628-8985.

Unsung Heroine

—Lois Kimminau

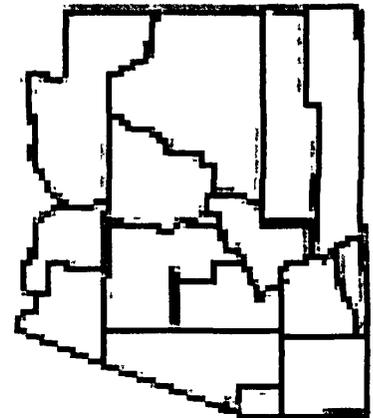
The Good: Do you know Beverly Parks? I'm sure many of you recognize the name, but those of you without internet access may not. Beverly has been our web mistress for several years now. Each month I e-mail her the meet announcement and the results of the prior month's meet and she posts them on the web. She established the website for the club, and has made it very attractive and efficient.

Because she works "behind the lines," she is not routinely thanked each month, as those who work at meets are. So I would like to give her a big THANK YOU from the Club. If you see her at a meet, be sure to let her know you appreciate her work.

Three cheers for Beverly!

The Bad: I had written the above article and intended it for this month's newsletter, when I was informed that Beverly will no longer be able to maintain our website. Like so many of us, she is pressed for time and when you can't do everything, you have to set priorities. We still thank you, Beverly, for your several years of service to the Club.

The Ugly: Of course this means that we need a new web master or mistress. There must be many of you out there with the knowledge, ability, and interest to do this (and, just think, you'll no longer have to feel guilty when we make our many pleas for volunteers!). You will receive the monthly announcement and results from the past month by e-mail from the newsletter editor (me) and will need to post them as soon as possible. You will have a free hand with designing and organizing the web site, or you can leave it as is, except for the new articles each month. If you are interested, or even want to discuss the possibility, please call Peg Davis at 628-8985.



Topographic Maps of Southeastern Arizona

The Tucson Orienteering Club is now the proud owner of the Maptech CD of topographic maps for southeastern Arizona. It was a donation from the company (thanks, Maptech!). Members can borrow it for a week. For access, call Pat Penn at 326-2339.

CLUB CALENDAR

June 2 & 3, Map field checking at Lake Mary, near Flagstaff

June 17, On Mt. Lemmon

Course Setter: Jeff Brucker (886-2528)

Course Vetter: Vacant

Meet Director: Pete and Judy Cowgill (887-1514)

June 25, Newsletter Deadline

Submittal information on page 5.

July 15, (Tentative) State Champs at Lake Mary

Course Setter: Vacant

Course Vetter: Vacant

Meet Director: Vacant

September 15 & 16, Potato Patch on the Mogollon Rim

Course Setter: John Maier (520-586-7300)

Course Vetter: Vacant

Meet Director: Vacant

October 21, Ft. Huachuca

Course Setter: Vacant

Course Vetter: Vacant

Meet Director: Vacant

November 18, Silverbell Mountains

Course Setter: Kevin Gross (326-0739)

Course Vetter: Vacant

Meet Director: Vacant

**Notice all those
“Vacants”? If we don't
get them filled, there
will soon be no meets
and no club. Think
about it.**

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.

1999-2000 TUCSON ORIENTEERING CLUB OFFICERS

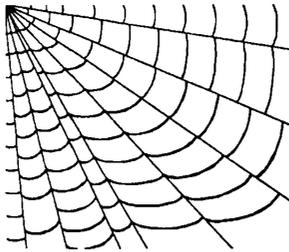
President	VACANT	PLEASE HELP!!	
Secretary/Treasurer	Jeff Berringer	jaberringer@west.raytheon.com	512-4685
Membership	Jeff Brodsky	jabrodsky@worldnet.att.net	886-6304
Mapping	Jeff Brucker	guidezone@home.com	886-2528
Equipment	Mary English		881-4786
Permits	C. Michael Thompson		743-9687
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Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested



Cool off on the mountain!
Join us June 17.



Check out the Tucson Orienteering Club web site!
Type <http://go.to/tucsonorienteering>
Also, for links to all the West Coast club sites,
just type <http://go.to/sconet>
or for Pacific Region standings type
<http://go.to/pacreg>

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____

Check one: Individual (\$10) Household (\$15)

Name: _____ Telephone: _____

Address: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club
and send to P. O. Box 13012, Tucson, AZ 85732.