

February 2001

February 18: Petroglyphs and Metates at Catalina

—Jim Stamm

During several sessions of field checking the map or setting the courses, I have not seen another person outside of the parking lot—even on weekends. Yet Catalina State Park is full of signs of past activity. I couldn't help but feel that fewer souls use the area now than in the past. Old roads (trails), fences, etc., attest to the ranching that took place in the recent past, while petroglyphs, metates, and Hohokam ruins testify to the population that occupied itself there in more recent times.

My goal was to set courses that would give orienteers a connection to the past. When you stop at some controls to punch your control card, you will be in the exact spot where those before you conducted their tasks.

The five classic courses will be set in the northeast corner of the map at 1:10,000 scale. The beginner's course (White) will be about 2 km, while the long advanced course (Red) will be 7 km.

Registration/Start/Finish will be at the eastern parking lot, which is the main trailhead in the park. There is an entrance fee of \$5 per car for the state park, so it might be a good idea to carpool to the meet. There is a Home Depot just south of the park entrance where people can meet.

There will be a map walk of the Orange course, led by Peg Davis, at 1p.m. for anyone interested in improving their orienteering skills. More information about this is on page 7.

Liz Brace (360-4535) and Amy Boyd (624-2552) will be directing the meet, and they would appreciate any help that you can offer. This is one of the easiest locations to work, since we utilize the park's facilities right next to a large parking area. See you there!

Directions: The entrance to Catalina State Park is located on Oracle Road (Arizona 77), six miles north of the intersection of Oracle Road with Ina Road. If you come on I-10, take Exit 248 and drive east on Ina for five miles to its intersection with Oracle. Visitors from Phoenix, take the Pinal Parkway to Oracle Junction, from where it is approximately 10 miles southbound on Arizona 77 to the park entrance. Start and Finish will be located in the major car park near the head of the Romero Canyon and Sutherland Trails. You reach this area by driving from the ranger station for 1.5 miles straight to the end of the paved road. The State Park day-use fee is \$5 per car.

Fees: \$8/individual, \$10/team, plus \$1 per map for color maps, when used. \$5 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets* is required to carry some type of safety whistle.

Schedule:

9:00 a.m. Registration opens. Beginners' clinic starts.

9:00 a.m. Courses open.

11:00 a.m. Last time to start a course.

12 noon-1 p.m. Route choice reviews, near Start/Finish area.

12:30 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 12 noon with the meet director.

Check-In: To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:45 and 9 a.m.

What is Orienteering?

Orienteering is a fun and challenging outdoor activity in which participants navigate their way on foot through the "great outdoors," using only a map and a compass. (There are other versions of orienteering, such as on bicycles, skis, horseback, or in canoes, at night, relay teams, etc., but the idea is basically the same.)

Each participant is given a specially prepared topographic map marked with a series of checkpoints to be visited. At each of these checkpoints, the organizer places an orange and white "control." The object of the sport is to use the map with the compass to locate the control features and navigate back to the starting point. Using your imagination and your navigational skills, you try to select the best route to each control.

Once at the control marker, you punch a score card which verifies that you have found the control feature.

At each event, there are several courses offered, rated in length and difficulty. You can choose the course that suits your ability and inclination, and you can make it a stroll, a hike, or a race, as you prefer. It is a family sport where each member of the family may choose his/her course, or the entire family may go as a team. Beginner courses are typically along trails or other easy-to-follow routes. Intermediate courses are partially on trails and partially cross-country. Expert courses are on difficult-to-follow cross-country routes.

Preparation, Clothing, and Equipment

A beginning orienteer should be fit enough to walk at a leisurely pace for about one mile, in about an hour, over easy terrain. Expert orienteers are trained endurance athletes, walking or running for many hours over rugged terrain.

Wear comfortable clothing appropriate to the season, long pants, a hat, and walking shoes or hiking boots. Events are timed, so a watch is recommended. Bring plenty of water, and a snack if desired.

The only specialized equipment you will need are a compass and a whistle. If you forget these items, compasses may be rented or a whistle purchased for \$1 each.

Safety

If navigating in the outdoors sounds a little scary, then an orienteering event is the place to be. The beginner courses are in carefully selected areas, safely contained within recognizable boundaries, so it is almost impossible to get truly lost. In addition, each participant's start and finish time is monitored so that anyone who is overdue will be safely rounded up by skilled orienteers.

Newcomers

We highly recommend that you attend the *free* Beginners' Clinic, which is offered at every meet, if you haven't orienteered before. It is usually held 15 or 20 minutes before the courses open. Try to arrive at or before the time that Registration opens in order to attend.

Fees

Fees for Tucson Orienteering Club events are as follows (other clubs' fees may vary): \$8 per individual or \$10 per team, for nonmembers, with a \$5 discount for members of Tucson Orienteering Club, Southern Arizona Hiking Club, Southern Arizona Search and Rescue, Phoenix Orienteering Club, or United States Orienteering Federation; \$1 for color maps when used (no charge for black-and-white maps); \$1 to rent a compass; \$1 to purchase a whistle. Annual membership fees are \$10 for an individual and \$15 for a household.

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Phone: 628-8985
e-mail: loiskim@aol.com
Web site: <http://go.to/tucsonorienteering>

Next Month's Meet

will be held on March 18, 2001, at Rosemont South.

The Course Setter will be Wilkey Richardson (529-1105) and the Meet Director will be Jim DeVeney (323-0936). Registration will open at 9 a.m. Rosemont South is about 10 miles south from I-10 Exit 281 (Highway 83).

For further information, call 628-8985.

Mini-Rogaine, Super Score-O, Great Day

—Peg Davis, Carl and Linda Moore

What a fabulous day! On January 21 at Chimney Rock, Redington Pass, we missed the rain and snow, the wind died just before the start, and everyone came back from the course scratched but healthy.

Course-setters Linda and Carl Moore came from Las Vegas, then braved the horribly potholed and wet Redington Road to hang thirty bags all over the 1996 A meet map. After spending Saturday drawing 30 controls each on 56 preregistered maps, they drove out again on Sunday to run the meet. And they said they had fun! We must clone these people!

Three entries found all 30 controls in less than four hours. Three entries suffered the pain of a 50 point/minute late penalty. Those deadlines are tough—remember that, at a regular meet, you have only three hours to complete any course before you are disqualified as OVT (overtime).

Seventy-six human participants (and three dogs) made up this excellent turnout, with entrants from as far as Chicago and British Columbia. [Note: You should now be well tuned up for the 8- and 24- hour Rogaine in May. Registration forms are available at the TOC website <http://go.to/tucsonorienteeing>.]

Thanks to **Girl Scout Troop 684: leader Sabra Castle, Paul Stocks, Chloe Castle, Katie Stocks, Karynne Kokot, Courtney Wright** for running Registration, taking a Beginners' Clinic, finding controls, and then retrieving controls.

Preregistration, equipment, and clue sheets: **Peg Davis**

Finish: **Linda Moore and Helen Deluga**

Control retrieval: **John Maier, Mark Parsons, Matt Chamberlain, Ludwig Hill, Mary English, Lois Kimminau, Jeff Brucker, Linda Moore, Carl Moore, Pete Shifflett, Brett Cook**

And our most effusive thanks for course design and bag hanging: **Linda and Carl Moore**

Following are the results. Faster time breaks a tie in points.

1M	John Maier	900	Gators	420	John & Shane Lewis,	
1T	Peter Zurcher/Alex Cameron	900	Joaquin Fox	410	Shannon Reynolds	150
	Dan Coombs	900	Beauty and	400	Wanderers	90
2M	Jeff Brucker	840	Free Rangers	390	Michael Gurevitch,	
	Mark Parsons	840	Ed Stiles	380	Kevin Keating	-110
	John Little	750	Pete Shifflett/Brett Cook	360	Mike Wilke	-220
2T	Sasha & Pavel Savine	710	Fighting Irish	350	Chris Johnson	-970
	Ludwig Hill	710	Age before Beauty	350		
	Paul Hoyt	610	Robert Andrews	310	RECREATIONAL	
1W	Peg Davis	600	Joey Gray/Andrew &		Leif Lundquist, Carol Brucker, Cathy	
3T	Mike Huckaby/Gary Cash	510	Walter Daniels	300	Waterman, Becky & Dave Houge, David	
2W	Helen Deluga	470	MALO	270	& Kimberly McElroy, Patrice Barkley, Ice	
	Jeff Brodsky	470	TomKat	240	Cube, Phil Kirby, Jeremy Kirby/Scott	
	Michael Schneiderman	440	3W Shirley Donald	230	Pretchel, Ted Norris, Pat Penn	
	Matt & Yen Chamberlain	430	David Barfield	210		
	Jeff Berringer	430	Michael Thompson	150		

Newsletter Submittals

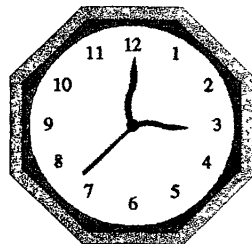
The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108 Fax: 290-8071

E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota,
Tucson, Arizona 85715.

Lois Kimminau, Editor



New Course Hours

To make things easier for meet directors, minimize the number of workers, and still allow orienteers the official three hours (per United States Orienteering Federation regulations) to finish a course, these will be the regular hours for TOC meets:

Courses can be started between
9 a.m. and 11 a.m.

Courses close and control retrieval
begins at 12:30 p.m.

Expect some exceptions—like Early-O in the summer, or special events, such as the January 4-hour Rogaine. Apologies to you late sleepers.....

Deities of Tucson Orienteering 2000

—Peg Davis

Thanks go out to these people (gods?) for keeping orienteering meets going in Tucson in 2000. The number in parentheses indicates number of events or days.

Course Setters (designed courses and hung controls): John Maier (5), Jeff Brucker (2), Dan Coombs (2), Jim Stamm, Wilkey Richardson, Mark Everett, Peg Davis, Sue Roberts & Roger Sperline, Kevin Gross.

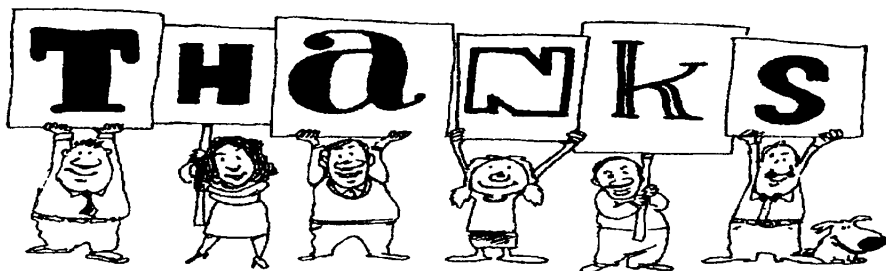
Designed (but didn't hang) or hung (but didn't design): Bill Bryant (2), Ron Hudson, Jeff Brodsky, Emily Lane.

Meet Directors: Peg Davis (4), Rachel Gelbin (2), Mike Thompson (2), Jeff Berringer (2), Sasha Savine (2), Vicky Hervert, Jim DeVeney & Maureen Jamieson, Pat Madea, Greg & Carol Starr, Pete & Judy Cowgill, Mike Wilke

I notice two things about this list.

(1) Seven of the names were also on the board of directors. This is too much work: one should be on the board OR setting and directing.

(2) There are 28 names on this list. Seventy-six people attended our last meet. There are waaay more than forty-eight people who attended Tucson meets, but didn't set or direct. Time to step up to the plate and work a meet, waaay mores. If you're not ready to set or direct, work for a setter or director at a meet and learn how.



SAVE THESE DAYS!

Keep open the first weekend in May, the 5th and 6th, for our Annual Rogaine.

Information is available on-line (<http://go.to/tucsonorienteering>, then click on the link to the Rogaine site). Full information and the entry form will be in the March issue of the newsletter.

January Board Meeting

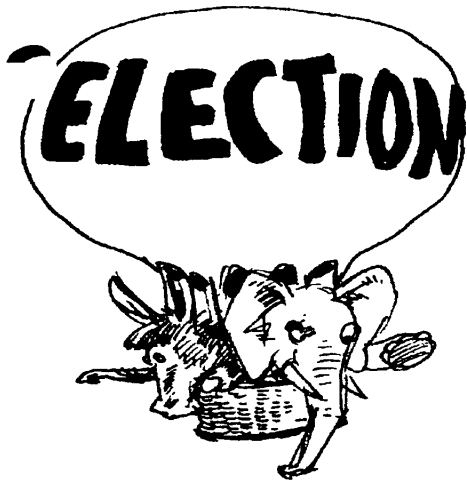
The January board meeting was held on Wednesday, January 24, at the home of Peg Davis, with Peg Davis, Jeff Brucker, Jeff Berringer, Jeff Brodsky, Mark Parsons, Wilkey Richardson, Mike Thompson, John Maier, and Lois Kimminau in attendance. Motions passed at this meeting:

- > No club expenses over \$50 will be reimbursed without prior approval of a quorum of the TOC board of directors. The only exception will be for expenses directly relating to an office: newsletter expenses to the newsletter editor, permit expenses to the permit director, etc. or map copying expenses for course setters.
- > Course setters will be reimbursed for mileage at a rate of twenty cents per mile for two round trips to the meet site (one trip to design, one trip to hang bags). Course setters need not charge the club if they are feeling generous.
- > New course hours for regular meets. (See special notice in this newsletter.)

Next Board Meeting

The next Tucson Orienteering Club business meeting will be Wednesday, March 7, 2001, at 6:30 p.m. at Casa Peg Davis, 2241 East Parkway Terrace. Call 628-8985 for directions. See this year's board in action for the last time!

Thinking about becoming an officer? Come and see, with your own eyes, how the club gets things done.



Would You Like to Be an Officer?

It's that time again! Yes, elections are in March, and officers serve 4/1 to 3/31.

This is a call to TSN members: Get in on the agony and the glory of it all. Consider serving as a club officer. To suggest the name of someone who should be invited to be an officer (feel free to nominate yourself!), call Peg Davis, President, 628-8985, by February 15. (The March newsletter will carry ballots, if they are needed.)

Some positions involve computer abilities, but none except map chair require any great orienteering expertise. Here is a summary of duties for TSN officers.

President. Directs and coordinates club affairs. Presides at board meetings and general meetings. Appoints chairs of special committees. Signatory at bank. For all club orienteering events, coordinates preliminary logistics, finds course setters and meet directors; if necessary, finds other staffing for meets.

Secretary/Treasurer. Picks up mail regularly from post office and distributes it promptly. Transmits membership inquiries and updates to membership chair. Keeps minutes of all business meetings; provides excerpts from minutes and updated club calendar to newsletter. Keeps financial records. Signatory at bank.

Membership Chair. Maintains computerized database for club membership and meet participation records. Provides mailing labels each month to newsletter editor. Prepares other reports, as needed. (Needs appropriate software/computer.)

Newsletter Editor. Prepares and arranges for printing of monthly newsletter; and delivers to mailing volunteer to assemble and mail 10 to 14 days before each regular meet. Prepare lists of ribbons earned in previous meet. Sets publication guidelines. From meet directors/course setters, obtains necessary information about future meets and results of past competitions. Seeks other items of interest to members. (Logos and graphics currently in WordPerfect 7.0 format on IBM-compatible PC; layout templates are in PageMaker 5.0.)

Publicity/Education Chair. Prepares news releases; distributes information to appropriate media outlets. Coordinates educational services. Answers requests for information about club.

Equipment Chair. Stores, maintains, and replenishes club equipment and supplies; keeps up-to-date inventory. For each meet, provides materials to meet directors four to seven days in advance; assures timely return of materials. Notifies president of equipment needs. (Requires storage area—about 4 ft. x 6 ft. x 8 ft.)

Map Chair. Maintains map database on computer and makes it available to course setters. Identifies new areas for map development. Coordinates mapping activities for new and existing areas; develops and updates club maps. Must be computer literate, but not a "power user." Computer and archiving activities might be shared with a co-chair. Should be willing to train additional or future computer operators.

Permit Chair. Obtains all permits for meet sites. Maintains record of offices to be contacted with phone numbers and copies of all correspondence. Does not require great orienteering expertise.

Positions urgently needing to be filled: President and Equipment Chair (or Assistant Equipment Chair).

Call Peg Davis at 628-8985 with your nomination.

CLUB CALENDAR

February 18, Catalina State Park

Course Setter: Jim Stamm (575-0830)

Course Vetter: Vacant

Meet Director: Liz Brace (883-5360)

February 26, Newsletter Deadline

Submittal information on page 2.

March 7, Board Meeting

See page 4 for information and directions.

March 18, Rosemont South

Course Setter: Wilkey Richardson (529-1105)

Course Vetter: Vacant

Meet Director: Jim DeVeney (323-0936)

April 15, Slavin Gulch

Course Setter: Mark Parsons (520-432-3013)

Course Vetter: Vacant

Meet Director: Mark Parsons (520-432-3013)

May 5 & 6, North American Championship Rogaine on the Mogollon Rim

Course Setter: John Maier (520-586-7300)

Course Vetter: Vacant

Meet Director: Peg Davis (628-8985)

May 20, National Orienteering Day at Greasewood Park

Course Setter: NEEDED!

Course Vetter: Vacant

Meet Director: Vacant

June 2 & 3, Map field checking at Lake Mary, near Flagstaff**June 9 & 10, B Meet at Mt. Pinos, Los Angeles Orienteering Club (LAOC)****June 17, On Mt. Lemmon**

Course Setter: Jeff Brucker (886-2528)

Course Vetter: Vacant

Meet Director: Pete and Judy Cowgill (887-1514)

July 15, (Tentative) State Champs at Lake Mary

Course Setter: Vacant

Course Vetter: Vacant

Meet Director: Vacant

September 15 & 16, Potato Patch on the Mogollon Rim

Course Setter: John Maier (520-586-7300)

Course Vetter: Vacant

Meet Director: Vacant

November 18, Silverbell Mountains

Course Setter: Kevin Gross (326-0739)

Course Vetter: Vacant

Meet Director: Vacant

December 8 & 9, Vasquez Rocks, Los Angeles Orienteering Club (LAOC)

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.

Brochures

A new club brochure will be available soon in sporting goods stores and at our meets. If you have friends or relatives you think may be interested, please take one to give to them. We need new members, volunteers, and participants at the meets. All are welcome, and there is a skill level suitable for almost anyone.

February "O" Skills Clinic at Greasewood City Park

— *Wolfsong*

The January clinic at Lincoln City Park had 12 participants and 2 instructors (Jeff Brucker and myself). There have been requests for intermediate instruction as well as beginner level. On Saturday, February 10, we will offer both if there is enough interest (which it appears there will be).

Greasewood is a vast improvement over Lincoln, especially as we delve into understanding contour lines, which is fundamental to orienteering success at all levels. At Greasewood we will be focusing more on the individual than in the first clinic. If you are having difficulty with a particular skill, we'll spend more time on that. As you demonstrate proficiency of a given skill, you'll move on to the next, adding to your arsenal of orienteering tools of the trade.

The *New Deal*: as explained last month, we want to work out a deal for the mutual benefit of you and the club. You want to improve your orienteering performance and the club wants to gain volunteers. So we've asked you to repay the club with an equivalent amount of volunteer time. However, we've neglected to consider other real costs of the clinic. For January, that was roughly \$40 for 12 participants (maps, mileage reimbursement, publicity). So for February we'll ask for \$3 each to cover the out-of-pocket cost to the club and reduce the volunteer repayment from 3 to 2 hours for each clinic. That will make it a little fairer. The satisfaction guarantee will apply to the volunteer hours, which is the most important part of the class fee.

We will again plan to hold the clinic for about three hours, starting at 9 a.m. You will be asked to confirm attendance in the week before so we can have the proper materials and instructors on hand. Except for those of you who have not given an address, we will contact you by e-mail, others by phone. (Note to Nadine: please furnish us with a current e-mail address or phone, as the last was undeliverable.)

For further information or questions, contact me at 520-586-7300 or wolffsong@juno.com.

Want to Improve Your Orienteering Skills?

— *Peg Davis*

If you're a Yellow orienteer who's thinking about moving up a course, an Orange orienteer who's not feeling confident enough out on a course, or even a Green orienteer who's finding controls mostly through luck and overly hard work, February will be your month for getting a better grasp of orienteering. When courses close at 1 p.m. at the February 18 meet at Catalina, Peg Davis will lead a map walk of the Orange course. We'll be covering the basic Orange skills: compass work, pace counting, route choice, and how to wring every crumb of information out of the map. Your questions decide what skills will be emphasized. The cost: an equal amount of your volunteer time to the club within the next three months.

You can bluff your way through courses month after month—or grab this opportunity to take command of your route. The Club wants you to be a better orienteer!

Upcoming Out-of-Town Meets

— *Peg Davis*

The Phoenix club has announced its spring schedule at their website:

<http://www.geocities.com/Yosemite/Trails/5132/>

Let's show some support and get in some more orienteering by carpooling to their February 24 meet at Coon Bluff and March 31 meet at Happy Camp.

Los Angeles will be hosting two two-day events on excellent maps in 2001. Details at

<http://www.geocities.com/Yosemite/Trails/6320/>

Here is a chance to do some very fine orienteering without going too far from home. Either carpooling or the fly-and-rent-a-car approach can be used. Call Peg at 628-8985 to go with the gang to any of these.

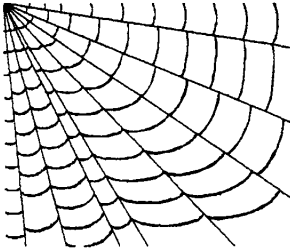
1999-2000 TUCSON ORIENTEERING CLUB OFFICERS

President	Peg Davis	pegdavis@u.arizona.edu	628-8985
Secretary/Treasurer	Jeff Berringer	jaberringer@west.raytheon.com	512-4685
Membership	Jeff Brodsky	jabrodsky@worldnet.att.net	886-6304
Mapping	Jeff Brucker	jeffbrucker@prodigy.net	886-2528
Equipment	Mary English		881-4786
Permits	C. Michael Thompson	cmthomps@email.arizona.edu	743-9687
Publicity/Education	Gary Thomas		480-899-8645
Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

Catalina State Park
February 18, 2001



Check out the Tucson Orienteering Club web site!
<http://www.fortunecity.com/greenfield/bypass/733/>
or type **<http://go.to/tucsonorienteering>**
Also, for links to all the West Coast club sites,
just type **<http://go.to/sconet>**

Tucson Orienteering Club Membership Application

Check one: New Member Renewal Date on label _____
Check one: Individual (\$10) Household (\$15)
Name: _____ Telephone: _____
Address: _____ E-mail: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges and access to Club library,
and receive a \$5 discount per meet. Make checks payable to Tucson Orienteering Club
and send to P. O. Box 13012, Tucson, AZ 85732.