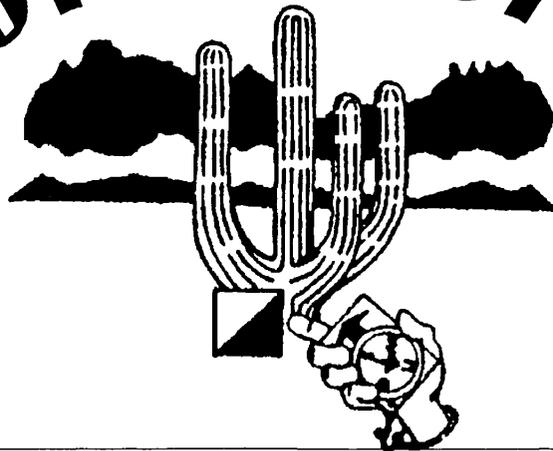

Tucson Orienteering Club



January 1998

Catalina State Park, January 18, 1998

—Jim Stamm

My first winter in Tucson was wet and snowy ('89-'90). When I agreed to set this course in June, El Niño was big news, and, remembering that first winter, I envisioned snow all over the park in January. I wanted to set a course that everyone could enjoy no matter what the weather. That's why we will present a Score-O with 20 controls placed along several major trails, each within 100 meters of the trail. They will be exactly placed, but a little bit hidden. Participants can set their own course, bagging as many controls as they like, and need only declare their course (White, 10 controls; Orange, 15; Red, 20) and type (Recreational or Competitive) when they return. The only time restraint is to be back by 2 p.m. when control retrieval begins. Scoring will be based on time. The necessary strategy increases with course level and will involve trail sequence selection, and route selection between trails. The 1:15,000 color map will be pre-printed, as will the control cards. (There is a \$1 surcharge for color maps.) There will be no water controls, but water will be available at the Registration/Start/Finish area.

Chris Kraft (885-1735) is meet director. Please give her a call to volunteer your assistance. I've heard that she does so much that a volunteer's job is nominal. Control retrieval should be especially easy, and we may even make it a four-person short competition.

Directions: The entrance to Catalina State Park is just north of mile post 81 on Oracle Road (State Highway 77). From I-10, take the Tangerine Road exit east. There is a \$4 per car entrance fee, but a car pool area exists just outside the park.

Schedule:

- 9:00 a.m. Registration opens.
- 9:30 a.m. Courses open. Beginners' clinic starts.
- 12:00 noon. Last time to start a course.
- 12 noon-2 p.m. Route choice reviews.
- 2:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

Fees: \$8/individual, \$10/team; \$5 discount for TSN, PHX, USOF, or SAHC members. (\$1 surcharge for each color map.) Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets* is required to carry some type of safety whistle.

Check-In: To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To allow time to register before attending the beginners' clinic, arrive between 9 and 9:15 a.m.

Route-Choice Reviews: Between noon and 2 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Start/Finish area.

December Business/ Planning Meeting

—GeeGee Larrington

The meeting was held at the home of Peg Davis on December 8, 1997. Present were John Maier, Peg Davis, Wilkey Richardson, Roger Sperline, Mary English, Jeff Brucker, Lois Kimminau, and GeeGee Larrington.

◆ Meet sites and course setters for most of 1998 were established. (See updated calendar.)

◆ The ROGAINE was tentatively set for May 9-10 with John Maier in charge at Chevron Lake, near Strawberry and Pine, Arizona.

◆ There will be a supplemental May event at Greasewood Park.

◆ The Arizona State Championships will be in October; Greater Phoenix Orienteering Club is in charge of the 1998 event. Peg Davis will contact them.

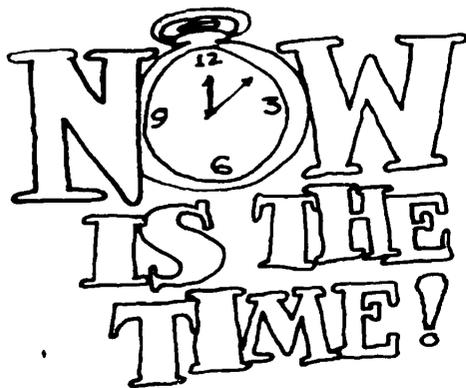
◆ Wilkey Richardson will obtain all BLM meet permits; John Maier will obtain Forest Service group permits and County permission.

◆ New maps are being worked on for Buenos Aires (to be used 3/98) and Brady Wash (planned use 11/98).

◆ Jeff Brucker presented a proposal to approach Tucson Map and Flag to work out a mutually beneficial sponsorship arrangement. Board approved.

◆ Jeff Brucker presented several ideas for improving communication with members and other interested parties and for increasing membership.

The next meeting will be held January 13, 1998, at 6:30 at the home of Peg Davis (2441 East Parkway Terrace—from Broadway Boulevard, turn south on Tucson Boulevard, past church and school; turn right on Arroyo Chico one long block). Call Peg at 628-8985 for other information.



**TO COME TO
THE AID OF
YOUR CLUB!**

VOLUNTEER!

Call Peg Davis at
at 628-8985.

Interesting Information Via WWW

Did you know Tucson Orienteering Club is listed on the Arizona Highways website in the section "Our Excellent Links"? At

<http://www.azhighways.com/> scroll down to the Links at the bottom of the page. We are listed under "Outdoors and Conservation." (Thanks to Bev Parks for this information. Bev designed and maintains our excellent TSN site.)

From Wilkey Richardson: I found a web page with a schedule of all the things going on in Kamloops (the Sage Stomp) next summer—

<http://oabc.ca.ss98/ss98.htm>.

The 1998 Nike World Masters Games Orienteering Event will be held in Portland, Oregon, and Goldendale, Washington, August 10-14, 1998. The Nike World Masters Games is the largest multisport competition in the world and 25,000 athletes from over 100 countries are expected to enter. Of these, about 400 will be competing in orienteering. Volunteers are much needed, and there are some very nice "goodies" available for workers. For a volunteer application form or for more information, please call (503) 226-1998, or visit the web site at:

<http://www.worldmasters.org>

Silver Bell in December? Sounds Great!

—Alexandre Savine

The first try of a new site at Silver Bell Mountains December 21 was a success. Despite the uncertain weather forecast, 16 teams and 38 individuals tested themselves on five courses set by **Wilkey Richardson**. He did a great job; there were no complaints about missing or misplaced controls.

Runners on the Green course praised the variety of choices, but others were unhappy about controls placed too far apart. Well, those suggestions reflect nothing but diversity of runners' 'taste'. The technical complexity of the Red course was paid back by beautiful scenery. Some problems with the size of the hills may be addressed prior to future events during the map checking.

Runners (especially on Green) liked the high-hanging controls and asked for an extra control located closer to finish. Well, high-hanging controls make the course easier—but is that what we are after?

My sociological analysis of this event shows an even representation of Men, Women, and Teams on all courses but the Red. The Red course was dominated by Strong Male Individualists! They run fast and compete so tight... next time we'll need a photofinish to separate them.

I have to express special thanks to **Mary English**. She keeps all this O-miscellany perfectly organized, and it makes setting up the event a piece of cake! **Ann Haber** and **Chris Kraft** assisted in Registration—and the tables were running smoothly. **Peg Davis** (before winning first spot on Women-Green) provided our beginners with a good clinic; the only DNF missed Peg's instructions.

At the end of the event, a brigade of control retrievers (**Chris Kraft**, **Jesse Laplante**, **Roy Parker**, **Mark Parsons**, and **Max & Christopher Suter**—sorry if I missed someone!) did their job very fast, and the site was cleared well before 4 p.m.

White Course (7 entries)

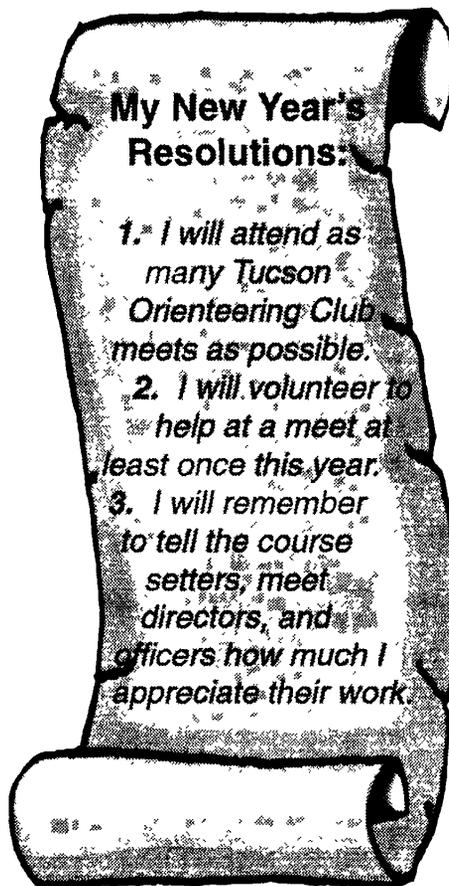
1T	The Natives	37:40
1W	Caroline Lake	55:55
1T	1st Times Part II	77:45
Rec	Ft. Myers, Sam Plair, Lisa Melcad	
DNF	Christopher Suter	

Yellow Course (7 entries)

1T	Burnham	37:50
2T	Malan Family	52:26
Rec	Christine Michalowski, Bill Denis, Carol Smythe, GeeGee Larrington, Burchill & Koras	

Orange Course (17 entries)

1M	Gary Thomas	83:03
1W	Rebecca Montgomery	84:24
2M	Bill Dennis	104:27
2W	Carol Smythe	104:36
1T	Catalina Javelinas	108:06
3M	Mike Wilke	118:33
4M	Jesse Laplante	124:35
2T	Bar Ciwi	139:11
5M	Peter Bengtson	141:10
3W	Louise Irwing	173:58
3T	D,D & D	159:25
Rec	Bush Boy, Christine Michalowski, The Celtics, The Natives	
DNF	Heather Collins, Chris Kraft	



Green Course (14 entries)

1M	John Little	65:34
1W	Peg Davis	78:03
2M	Jim Stamm	85:38
3M	Keith McLeod	92:29
4M	Larry Lamb	115:23
2W	Sue Roberts	115:58
3W	Ann Haber	120:00
1T	Slothmeisters	121:24
2T	Explorers	126:01
3T	Slobbering Bell Dogs	127:10
4T	Beauty and	150:19
5T	Malo	236:26
Rec	Art Wells	
DNF	Clark Lohr	

Red Course (9 entries)

1M	Roy Parker	75:31
2M	Max Suter	77:02
3M	Mark Fochesato	77:17
4M	Peter Zurcher	86:08
5M	Michael Collins	92:55
6M	Jeff Brucker	105:09
7M	Roger Sperline	111:04
8M	Don Fallis	118:08
9M	Mark Parsons	135:18

Ribbons earned from this and past meets are available at meets, near the Results table.

November 16 at Redington Pass

—Ann Haber

OK, shin daggers and harsh vegetation aside, wasn't it great to be back on the Redington Pass/Chimney Rock map again? It is by far the Club's best map, and we were happy to have **Dan Coombs** set five courses for us.

Dan opted for a remote start on the Green and Red courses so that those inclined would have an opportunity to orienteer on a part of the map that is less often used.

It was a bit tough to get volunteers for this meet. My undying thanks go to **Mary Horvath** and **Ted Norris** for handling the first hour rushes at the Registration and Start tables, respectively. **Roger Sperline** came through in the final hour after a week of the flu to conduct the Beginners' Clinic. **Helen Deluga** and **Jeff Brodsky** helped on the Finish table, and **Rick Hudson**, **Ted Norris**, **John Maier**, **Mark Parsons**, **Jeff Brucker**, and **Pat Penn** picked up controls. Several people participated in the Green Course map walk and control retrieval conducted by **Peg Davis**.

There were glitches on the Yellow, Green, and Red courses. Control #11 (SB on Red and Green) was actually the next rocky reentrant north of where it was drawn on the map. Yellow #3 control was mislabeled on the clue sheet as SY when it should have been ST. For these reasons, the results on these courses may be somewhat inaccurate.

These errors could easily have been picked up by a course vetter. However, we have had trouble enough finding volunteers to *set* courses, much less *vet* them. After 17 phone calls, three people agreed to help me with Registration and Start tables. These meets *cannot* happen without Club members who volunteer to help. **Please call** the meet directors and volunteer to help! Or be a meet director yourself. No experience is necessary! We'll train on the job. Thanks!

White Course

1M	Michael Wilke	39:17
1T	Apple Fritters	75:35
Rec.	Team Bob, Manta Rays, The Explorers, Michael Thiemann	

Yellow Course

1M	Pat (Slobbering Dog) Madea	46:45
1T	Lost in the Desert	79:45
Rec.	Pathfinders, Mike Wilke, Ted Norris	

Orange Course

1M	David Sam	50:36
1T	Mary's Vengeance	67:45
1W	Peg Davis	68:09
2T	Slothmeisters	74:37
3T	Team Opel	78:39
2M	Rick Hudson	84:18
2W	Kay Matheison	99:45
4T	Pathfinders	102:18
3W	Lois Kimminau	129:25
DNF	D, D, & D	
Rec.	Mary English, GeeGee Larrington, Carol Smythe, Lavender Hill Mob, VIPs, Team Bob	

Green Course

1W	Pat Penn	114:04
1T	Shop Vac	136:35
1M	Wilkey Richardson	144:39
	Holly & Will	DNF
	Keith McLeod	DNF

Red Course

1M	John Maier*	83:32
2M	Mark Parsons*	86:08
3M	Don Fallis*	118:21
4M	Alexandre Savine	120:55
5M	Jeff Brucker*	128:05
6M	Chuck Richards	DNF

*Did not punch SB.

Orienteering, a la René Descartes

—Extracted from *Delaware Valley Orienteering Association Newsletter, September 1997*

"Cogito ergo orienteerum." "I think, therefore I orienteer."

Most of us use the Descartes method of reasoning to navigate an O course. His method was to establish a "first undeniable truth" (an attack point) as a foundation upon which he could then build a "second truth" (route choice), and so on. He might approach the task of navigating from one control to another in the following manner:

"I think, therefore I am." > "I am thinking, therefore I orienteer." > "I am orienteering, therefore I think I can get to there from here." > "I think the stream that should be over there is missing." > "I think this trail should be more distinct." > "I think this map might be a little off." > "I think I am now there, therefore the control flag should be here too." > "I think the control must be misplaced." > "Oh, oh, ...I think I'm not where I think I am."

Elections

The election for club officers is just around the corner. Below, you will find the duties of office listed for the various positions. The election occurs in March with new officers taking over April 1.

Running for office is one of the greatest contributions you can make for your club and for orienteering. We hope many of you will consider it. Do not hesitate to call any current officers to learn more about what is involved. All current officers, candidates, and tentative candidates should make their intentions known as soon as possible.

THIS IS YOUR CLUB. GET INVOLVED!



Would You Like to Be an Officer?

We need YOU!

This is a call to TSN members: Get in on the agony and the glory of it all. Consider serving as a club officer. To suggest the name of someone who should be invited to be an officer, or to put your name in for a position, call Peg Davis, vice president, 628-8985, by February 15. (The March newsletter will carry ballots, if they are needed.)

Some positions involve computer abilities, but none except map chair require any great orienteering expertise. Here is a summary of duties for TSN officers.

President. Directs and coordinates club affairs. Presides at board meetings and general meetings. Appoints chairs of special committees. Signatory at bank.

Vice President. For all club orienteering events, coordinates preliminary logistics, obtains permits, finds course setters and meet directors; if necessary, finds other staffing for meets. Presides in president's absence.

Secretary/Treasurer. Picks up mail regularly from post office and distributes it promptly. Transmits membership inquiries and updates to membership chair. Keeps minutes of all business meetings; provides excerpts from minutes and updated club calendar to newsletter. Keeps financial records. Signatory at bank.

Membership Chair. Maintains computerized database for club membership and meet participation records. Provides mailing labels each month to newsletter editor. Prepares other reports, as needed. (Needs appropriate software/computer.)

Newsletter Editor. Prepares and arranges for printing of monthly newsletter; assembles and mails 10 to 14 days before each regular meet. Prepares ribbons earned in previous meet. Sets publication guidelines. From meet directors/course setters, obtains necessary information about future meets and results of past competitions. Seeks other items of interest to members. (Logos and graphics currently in WordPerfect 6.0 format on IBM-compatible PC; layout templates are in PageMaker 5.0.)

Publicity/Education Chair. Prepares news releases; distributes information to appropriate media outlets. Coordinates educational services. Answers requests for information about club.

Equipment Chair. Stores, maintains, and replenishes club equipment and supplies; keeps up-to-date inventory. For each meet, provides materials to meet directors four to seven days in advance; assures timely return of materials. Notifies president of equipment needs. (Requires storage area—about 4 ft. x 6 ft. x 8 ft.)

Map Chair. Maintains map database on computer and makes it available to course setters. Identifies new areas for map development. Coordinates mapping activities for new and existing areas; develops and updates club maps. Must be computer literate, but not a "power user." Computer and archiving activities might be shared with a co-chair. Should be willing to train additional or future computer operators.

Training Tip: Control Pickup

—Dennis Wildfogel

Bay Area Orienteering Club Bulletin, Nov.-Dec. 1997

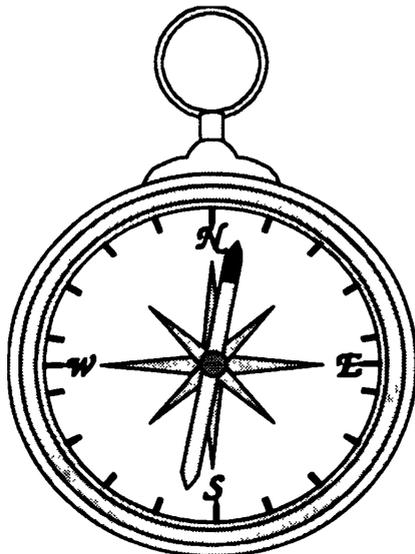
In the last Training Tip, we talked about course setting as a technique for improving orienteering skills. Kelly Wells, who moved up from Orange to advanced courses not too long ago, wrote to say that this tip made him think about some similar benefits that one gets from picking up controls after an event. Here's what Kelly had to say:

"Another way to improve your orienteering skills is to volunteer for control pickup after an event. The benefits include:

- ◆ More Orienteering. This is my number one reason. I get to go out and get immediate feedback on the course just completed. Controls from the various courses may be in the same area and I can plot a route choice between them that is unique. I also enjoy the workout of the extra hike.
- ◆ No Stress or Pressure of Competition. This allows me to study the map and pay more attention to features I might have missed when I ran through a few hours earlier.
- ◆ Solitude and Quiet. Avoids the tendency to be distracted by other orienteers. I used to assume that everyone else was more experienced and therefore were not making errors. This might or might not be true, but it does distract.
- ◆ Work on Other Techniques: I might pace count up a hill or while contouring rugged terrain and record the paces for future reference.
- ◆ Experiment Before Moving Up Levels. White or Yellow may pick up one or two Orange controls in the vicinity of other White or Yellows. The same goes for an Orange competitor picking up a few advanced controls that are near Orange or Yellow.
- ◆ Perfect Set-up for Mentoring. A beginner or intermediate orienteer might accompany an advanced individual for a section of controls and get confidence and feedback under actual course conditions.

I usually carry a small backpack for cups, trash, water, and control stakes. The controls themselves fold up and form a pocket for the string and punch. I like to thread them through a gear sling clipped to my pack, and they nest together nicely when folded. I'll also clip on empty water jugs. I always carry a whistle. Depending on the time, season, location, and the number of controls I'm picking up, I may also carry water, first aid kit, extra clothes, and a headlamp."

The following note is copied from the Delaware Valley Orienteering Association newsletter, September 1997.



Compass Repair

by Caroline Ringo

If you have a problem with a Silva compass, contact their service department before discarding the compass. We have had excellent service—often replacement at no charge—for air bubbles and once for a compass that came apart when dropped. The phone number is 1-800-572-8822. They will probably answer, "JWA Customer Satisfaction," as Silva is now a branch of Johnson Worldwide Associates.

Club Calendar

January 13, Business/Planning Meeting
Home of Peg Davis, 2441 E Parkway Terrace
See Business/Planning Meeting, page 2

January 18, Catalina State Park
Course Setter Jim Stamm (575-0830)
Meet Director Chris Kraft (885-1735)

January 26, Newsletter Deadline
For February one-page flyer
See submittal information below

February 15, Cat Mountain, Tucson Mountains
Course Setter Keith McLeod (577-0570)
Meet Director VACANT

March 15, Buenos Aires National Wildlife Refuge
Course Setter John Little, 327-8973
Meet Director VACANT

April 19, Chimney Rock, Redington Pass
Course Setter Jeff Brucker, 886-2528
Meet Director VACANT

May 9-10, ROGAINE, Chevron Lake
Near Strawberry, Arizona
Course Setter John Maier
Meet Director VACANT

May 17, Greasewood (City) Park
Course Setter Peg Davis
Meet Director VACANT

June 20-21, Lincoln (City) Park, Night-O and Early-O
Course Setter VACANT
Meet Director VACANT

July 19, Bear Wallow, Santa Catalina Mountains
Course Setter VACANT
Meet Director VACANT

August 16, Palisades, Santa Catalina Mtns.
Course Setter VACANT
Meet Director VACANT

September 20, Not Determined

October, Arizona State Champs
Arranged by Greater Phoenix Orienteering Club

November 15, Brady Wash (New Map)
Course Setter Wilkey Richardson
Meet Director VACANT

December 20, Empire Ranch, North of Sonoita
Course Setter VACANT
Meet Director VACANT

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized. Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.

1997-98 TUCSON ORIENTEERING CLUB OFFICERS

President	VACANT		
Vice President	Peg Davis	pegdavis@ccit.arizona.edu	628-8985
Secretary/Treasurer (Acting)	GeeGee Larrington	larring@azstarnet.com	297-8797
Membership	Chrs Kraft	tmax@azstarnet.com	885-1735
Mapping	Pat Penn	penn@ccit.arizona.edu	326-2339
Equipment	Mary English		881-4786
Publicity/Education	Pam Michalowski		882-0965
Newsletter Editor	Lois Kimminau	loiskim@aol.com	296-2108

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone 296-2108 FAX 290-8071 E-mail loiskim@aol.com

US mail 9055 Calle Bogota Tucson Arizona 85715

—Lois Kimminau Editor

January 1998

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1  New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13 6:30 PM Business/ Planning Meeting	14	15	16	17
18 Meet, Catalina State Park	19  Martin Luther King, Jr.	20	21	22	23	24
25	26 Newsletter Deadline	27	28	29	30	31

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Service Requested

Catalina State Park
January 18, 1998
start the
New Year
Right