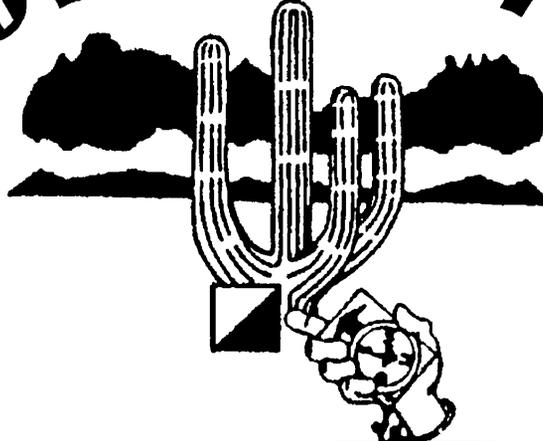

Tucson Orienteering Club



May 1997

Choice Early-O at Rosemont North

—Mark Parsons

A cool idea for May 18 is an Early-O at 4300 feet elevation, and it's also closer to most of the city (in minutes) than Mount Lemmon. Choose between a beginners' course, a "billy goat," and a mountain bike course (MBO), all starting and finishing from a location never used before.

Approved at the International Orienteering Federation Congress last summer, MBO is the newest discipline of our sport, with 2002 as the year proposed for the first World Championship. MBO is an interval-started event in which the course designer expects finish times of 50 to 75 minutes. Start times will be available from 6:30 to 8:30 a.m. Riders must wear helmets and carry whistles.

We will also offer a single conventional Foot-O course of Yellowish-White difficulty with starts available also from 6:30 to 8:30 a.m.

The "billy goat" is a mass start event (at 7 a.m.) where participants navigate (on foot) a prescribed course on a pre-printed map which no one sees until the starting signal. You can miss or skip any one control and still be a finisher.

Several clubs hold "goats." Billy goats traditionally have prizes. The winner of our first-ever "goat" will have the honor of naming the event. Will it be Canyon Goat, Thorn Goat, or maybe Snake-O?

Frequently in these events the winner is a surprise. Goats are usually over 15k and happen in fall or winter. This dry heat event will be about 6k in length and will have 13 burnt Orange controls. The winner will have time to do the MBO!

These events are being held in an area being seriously considered for trade by the US Forest Service to ASARCO. If the trade occurs, our use of the area will be history. The area is shady, offers lots of primitive campsites for Saturday night, and on Sunday we can enjoy Alternative-O.

Directions: Take I-10 east from Tucson to Exit 281, go south on AZ 83 for 10 miles. Turn right (west) on a good forest road marked "Rosemont Junction" (immediately following a roadside table). Follow the O signs for 3 miles.

Fees: \$5/individual, \$7/team; \$2 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets is required to carry some type of safety whistle.*

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Schedule:

May 17

5:00 p.m., O-signs on Highway to campsite.

May 18

6:00 a.m., Registration opens. Beginners' clinic starts.

6:30-8:30 a.m., Interval starts for MBO and Beginners' walking course.

7:00 a.m., Mass start of "goat" event.

10:00 a.m., Control retrieval begins.

12 noon—We're outta there.

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To allow time to register before attending the beginners' clinic, arrive between 5:45 and 6 a.m.

Route-Choice Reviews: Between 10 a.m. and noon, the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Registration or Results area.

Lost and Found



Personal belongings left behind at a meet are collected with club equipment and brought to later meets. If you're missing something, check the Lost/Found basket near Registration. (Between meets, call the Equipment Chairman.)

April Business/Planning Meeting

—Helen Deluga

The April 1997 business meeting was held on April 15, 1997, at the home of Helen Deluga, John Maier, acting president, presiding. Attendees included Wilkey Richardson, Roger Sperline, Peg Davis, Chris Kraft, and Helen Deluga. Helen Deluga has officially stepped down as Secretary/Treasurer. Please consider whether this might be a role you can volunteer for. *Ok, now REALLY consider it, don't just read this!* Helen will be happy to meet with the new Secretary/Treasurer to go over what is involved in the job. Thanks.

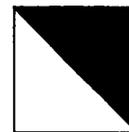
♦ John Maier presented an article on how an O-club had grown from a few people to over 200 members in just a few years. The biggest reasons were advertising and making newcomers feel welcome. Sometimes we get so involved in running our course that we just show up, run our course, and take off the minute we're through. Next meet you attend, take a few minutes to meet someone you don't know. It may make the difference in whether that person shows up next time. And you just might make yourself a new bud!

♦ Empire Ranch will need further field checking if it is to be used for the State Champs this year. Since there may be people interested in how to do this, we are planning a mapping clinic in the fall, probably at the mysterious Silverbell Mountains. Watch for future updates.

♦ Permits for the upcoming year were discussed. We have applied for most of them, but still need a few more.

♦ John Maier has volunteered to lead some map hikes aimed at intermediate orienteers interested in moving up to or improving on an advanced course. He will walk through several controls on a green course, explaining the route choices and decisions he makes for each control. Talk to John or one of the officers if you are interested in attending a map hike. If you would like to LEAD a map hike, talk to John or an officer, or just let the meet director know at the next meet you're at. You can just do it there.

The next meeting will be held at the home of Chris Kraft on Tuesday, May 13, 1997, at 7 p.m. Call Chris at 885-1735 for directions. See you there!



There is only one control that matters on an O course: the next one.

Murphy

Weekend at Slavin Gulch

—*Peg Davis*

John Maier went for the record at our April 19 and 20 meets: he set a total of seven courses for two days of fab orienteering!

The Saturday Night-O featured an easy course with controls set fairly tightly around the start, while the hard course sent the footloose a little farther afield. The almost full moon rose early in a cloudless sky, the light breeze was balmy, and I found one control by walking toward the Hale-Bopp comet. And yes, I did get to the control before I got to the comet.

About 20 people camped out at the Gulch. We had some drive-throughs from people who were looking for the Magnificent Seven film set a bit further up the road.

Some folks we haven't seen for awhile showed up to run the courses and brought a lot of friends with them. This is where some of the best new orienteers come from. Running a course with an experienced friend is an easy and fun way to start orienteering.

Roger Sperline ran the beginners through a clinic. Everyone who started the white course finished it as proof of his effectiveness. Thanks, Roger.

There was a little confusion about times the courses open and close. One can start a course (usually) between 9:30 a.m. and noon. Some people went out earlier than 9:30; this was possible because the course setter told the meet director that all controls were in place and the meet director had the registration and timing tables prepped before 9:30. While we try to have this happen as often as possible, never count on it. If you want to start early, talk to the meet director the day before.

Registration closes at noon. This allows most of the meet materials to be organized before the courses close at 2 p.m. and control retrieval begins. For example, the treasurer and meet director save a lot of time if the treasurer takes the meet registers and fees back to town at noon. You can't start after noon because you can't register (required to protect the club from liability) or pay (which allows us to put on a meet next month). If you know you can't make it to the meet until after noon, prearrange with the meet director to have a really juicy set of controls saved for you to retrieve at 2 p.m. This way you can still get some orienteering in, though you can't compete.

At 2 p.m., two things happen. The course closes and we assume anyone still out on the

***Confused
about when
you can start a
course? Or
when you must
check in?***

course is lost. When 1:59 rolls around and there are still some blanks on the timing log, as a meet director, I start to worry. First I check to see if the entry's car is still parked—they may have left without checking in. Then I inquire if anyone knows their skill level, or if anyone has seen them recently on the course. This month I started collecting Orange course controls in reverse order to sweep up the last team and lucked out at the next-to-last control.

The meet director stays at the site until all the controls are collected and orienteers accounted for. Please check back in by 2 p.m. Sundays can get very long otherwise.

My enthusiastic thanks go to the people who worked the registration and timing tables: **Chris Kraft and Marilyn Brongo (Cosmic!), Ann Haber, Clark Lohr, Keith McLeod, and Wilkey Richardson.** I would especially like to thank **Mike Huckaby** for taking over after running his course and convincing me that I had time to run a course. It's a great motivator to finish a course quickly when you know you need to get back and take the meet apart. **Keith McLeod, John Maier, Mark Parsons, Clark Lohr and Mike Huckaby** helped me pick up

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controls. I would like to add that I did not have to make a single phone call to ask for volunteers this month. I appreciate the help at the meet and the generosity of the volunteers.

This was a great weekend for me. Slavin Gulch is pretty, the weather was perfect, and the courses were set perfectly. Thanks, John, for doing the most important and difficult task in orienteering: course-setting. I got to orienteer three times this weekend: at the Night-O, doing the orange course on Sunday, and retrieving controls after the meet. That's almost enough to tide me over until May....

NIGHT-O**Easy course: 24 controls, 60 minutes**

1T	Dave Graser + 3	18
	Clark Lohr	Rec

Hard course: 24 controls, 60 minutes

1M	Roger Sperline	17
1W	Pat Penn	13
2W	Peg Davis	7

DAY-O! DAAAAAY-O!**White Course: 2.2 km, 40 m climb,****8 controls**

1T	Prowlers	46:07
2T	Nite Lizards	48:35
3T	The Daredevils	51:06
4T	MG's	61:33
	Dolphin Wildcats, Catalina Cats	Rec

Yellow Course: 2.9 km, 75 m climb,**10 controls**

1T	MAD-AX	62:38
	Trebor, Kat McLellan, Daredevils	Rec

Orange Course: 4.1 km, 110 m climb,**9 controls**

1W	Peg Davis	70:42
2W	Bev Parks	131:46
1T	Casa Del Rio	164:30
2T	Cosmic	146:50
1M	Rich Giacchetti	Oops!

	Ann Haber	DNF
	Novice Novelties	DNF
	Bitsy Weintraub	DNF
	Arsenal	DNF
	Equipe Sauvage	DNF

Green Course: 4.6 km, 90m climb,**9 controls**

1M	Mike Huckaby	53:47
1T	Aimless Wanderers	74:37
2T	Godda P	75:24
1W	Pat Penn	79:14
2M	Wilkey Richardson	96:16
3T	Malo	194:45
	Beauty and	DNF
	Sue Roberts	Rec

Red Course: 6.5 km, 120 m climb,**12 controls**

1M	Mark Parsons	68:22
2M	Roger Sperline	69:41
3M	Alexandre Savine	73:54
	Clark Lohr	DNF
	Dan Coombs	Rec

**Interested in becoming a member of Tucson Orienteering Club?**

Call our Membership Chairman, Chris Kraft, at 885-1735. Individual membership is only \$8, household or family \$11. You get a discount on meet fees and receive the newsletter each month, among other benefits.

EBER GLENDENING 1935-1997

Although never a member of Tucson Orienteering Club, Eber was a long-time supporter. In 1989, he offered to print the monthly newsletter at cost, which was the first important step in getting the Club on its feet financially. He continued to do this monthly until about a year ago, when his health forced him to cut back.

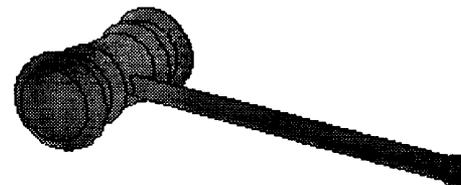
He always loved the outdoors, and particularly hiking and climbing in areas "off the beaten track." He was a founder and first member of the Southern Arizona Hiking Club, and his enthusiasm and interest started many hikers in SAHC. Many of our members came to us through reading about orienteering events in the hiking club bulletin.

Eber was also a "character," fun and interesting. He was well known for his campfire stories, and his total naturalness. It wasn't unusual for him to greet you at his door in jockey shorts, shirt, and a big grin.

Eber—thank you for everything. You will be missed.

The President's Corner

—John Maier



Please notice that I am listed as the *acting* President. No one ran for the office, so I agreed to fill the void (as best I can) until someone can be found. Come on now, don't be shy. The problem is that I will be absent much of the year. In fact, from June 1 to mid-October, I'll only be here two weeks. Since one cannot do much from afar, I strongly encourage any of you with the slightest interest to make yourself known.

Secondly, I would like to call your attention to an article printed not too long ago in *Orienteering/North America* by the current U.S. Orienteering Federation president entitled "Growing a Club in Florida" (reprinted below), but which really has to do with any club's growth potential. That's right. If we did what they have done, we'd get a similarly fantastic growth rate.

The importance of growth is that it alleviates the volunteer shortages. Several of our events over the last year had to be changed or scaled down due to this shortage. Any one of you can help our club grow. Word of mouth is the Number One best way to get new orienteers. So, talk it up with your friends and bring someone new to an event.

Growing a Club in Florida

—Gary Knight

Growth of orienteering depends almost entirely on growth at the local club level. What makes a successful club grow and grow? We have had many success stories over the years and I think it is helpful to take a closer look at them from time to time—every club can learn something from a successful club's experience. Here is a story about one club's recipe for capturing and holding new members.

In the annals of USOF, there may never have been a club that can match the impressive growth record of Florida Orienteering. Founded in 1991 by Bob Putnam and Frank Kuhn, FLO currently has about 300 members. Look at these annual membership totals, beginning in 1991: 62, 124, 137, 230, 280. Every year FLO has

achieved substantial growth, and two of these years it almost doubled. How have they done it?

I spoke with Frank recently. He says that the number one key to success for FLO has been publicity. It is "the name of the game" for FLO—mostly newspaper, with some radio, television, and magazine exposure. For each event, 30 to 40 press releases are sent out. FLO goes out of its way to be beginner-friendly and family-friendly in its publicity. Even the word "club" has been dropped. That makes the events seem more open to the public and newcomers don't think they have to join an organization to participate. A typical press release will "welcome all to map hiking/orienteering....singles, couples,

families, and organized groups of any age to walk, jog, or run courses for any skill level...sunshine or rain."

After effective publicity, the second most important factor in FLO's success according to Frank has been outreach to newcomers. There is always someone in front of the registration areas to greet new people, welcome them to orienteering, explain the various steps (how to register, when is the next beginners' clinic, what to do at the start, etc.) and answer questions. No one stands around lost, at least before they are on a course. After new people have completed their courses, the greeter is available to "ask how they liked it" and share in the pride and excitement of accomplishing something new. FLO also

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does "follow-up." Within two weeks a "thank you for coming" card is sent to each newcomer, along with a listing of the next events.

Of course, there must be viable product behind the publicity. FLO always schedules at least one event every month and publishes its schedule a year in advance. Interestingly, the club finds that a 60%-40% split between Saturday and Sunday events works best. Consistency is important: avoiding changes in scheduled events, always being ready at the designated event start time (which remains constant from event to event), having clear directional signs, and consistency in course setting and vetting.

Finally, FLO club members retain their sense of enthusiasm and fun. FLO's eleventh commandment is "enthusiasm for orienteering is caught, not taught!" so catch some of that enthusiasm and bring it to your club. With a little more publicity and true effort to reach out to first-timers, every club in the

Orienteering Opportunities

—Peg Davis

Several opportunities to orienteer in the Southwest are coming up.

On the 7th and 8th of June, the Los Angeles club will be holding a two-day meet on their color map of Mt. Pinos. On June 28th and 29th, the San Diego club will be holding a ROGAINE and two-day meet on the Mt. Laguna map, and October 11th and 12th, they will have a two-day meet on the Palomar Mountain map.

All these maps are full color and high quality. I have copies of the Palomar and Mt. Laguna maps, which I would be glad to show anyone interested. These sites are all about seven-hour drives from Tucson.

Groups from TSN have carpooled over for these weekends before and had a great time. The host clubs are flattered that we come, the maps and courses are topnotch, you get to broaden your orienteering expertise, and you don't have to do any club-type work!

For even more dazzling orienteering, the Colorado 1000-Day is coming up between July 5th and 13th. OK, it's not 1000 days—just seems like it. Several Tucsonans have already registered. If we can get a 5-person team, we can compete in the team relay. Participating in this week-long event is sure to boost your skills and be a fabulous vacation.

You don't have to be the hottest runner on the block to attend out-of-town meets. I've traveled to California and DNFed on an Orange course and still had a great weekend. I encourage anyone to attend. Perhaps you'll be near one of these meets on a trip anyway—attending just one day of a multi-day event is OK.

I have registration forms for Colorado; more information on all these meets will be available on the Internet. I would be glad to organize carpooling. Call me at 628-8985.

Training Tip: Home Study

—Olive Kearney, Los Angeles Orienteering Club

To improve your map reading and route choice skills, study your maps after the meet.

Before leaving an event, copy the next higher course onto your map. Once at home, always review how you did.

- ◆ Did you make the right choices?
- ◆ What errors did you make?
- ◆ Why did you make them?
- ◆ Note your time. How could you improve this?
- ◆ What are your weak spots? Contouring? Pacing? Feature recognition?

Review the other course:

- ◆ How is it different?
- ◆ What extra skills are needed?

All this from an "armchair." Although it sounds dubious, it is a proven O-skill builder. VISUALIZE and CONCENTRATE.

Club Calendar

May 13, Business/Planning Meeting

Chris Kraft's home, 320 S. Stefan Place, 7 p.m.
Call Chris at 885-1735 for directions.

May 18, Rosemont-North, Santa Rita Mountains

Course Setter: Mark Parsons
Meet Director: ?? Can you help?

May 27, Newsletter Deadline

See submittal information below.

June 15, Bear Wallow, Santa Catalina Mountains

Course Setter: Dan Cobblepick
Meet Director: ?? Can you help?

July 20, Palisades Ridge, Santa Catalina Mountains

TSN Club meets are held regularly on the third Sunday of the month, year-round.

Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.

Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.

Please call Peg Davis at 628-8985 if you can help with any of these meets.

August 17, Greasewood (City) Park

September 21, Cave Creek, Santa Rita Mountains

October 18-19, Empire Ranch

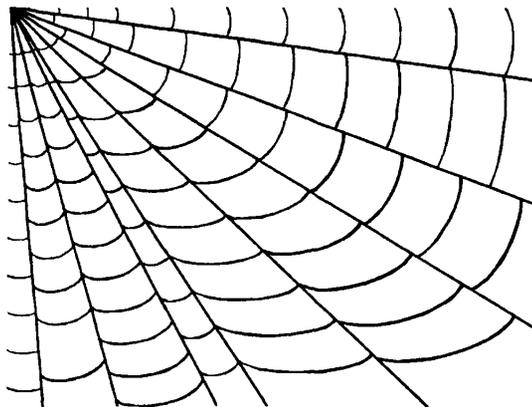
AZ State Champs (two days)

November 16, Chimney Rock, Redington Pass

December 21, Silverbells

January 18, 1998, Catalina State Park

February 15, 1998, Cat Mountain, Tucson Mountains



*Check out the Tucson Orienteering
Club Web site!*

<http://www.bayside.net/users/cbsites/toc/>

Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone 296-2108

FAX 290-8071

E-mail loiskim@aol.com

US mail 9055 Calle Bogota

Tucson, Arizona 85715

—Lois Kimminau Editor

1997-98 TUCSON ORIENTEERING CLUB OFFICERS

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Publicity/Education	Pam Michalowski	882-0965
Newsletter Editor	Lois Kimminau	296-2108

Tucson Orienteering Club

May 1997

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 <i>Cinco de Mayo</i>	6	7	8	9	10
11  Mother's Day	12	13 Business/Planning Meeting	14	15	16	17
18  Rosemont North Meet	19	20	21	22	23	24
25	26  Memorial Day (Observed)	27 Newsletter Deadline	28	29	30	31

Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732

Address Correction Requested

Rosemont North
May 18
Be there!

