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# Wilson Orienteering Club



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September 1996

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## Rosemont South in September

—Roger Sperline

September 15 at Rosemont South could range anywhere from blistering summer heat, through monsoon rains, to a beautiful cool fall day. Everyone pray hard!

This is a familiar area to veteran club members, with mostly gully and spur terrain, a fair amount of vegetation, and oak and juniper trees for pleasant shade-breaks out on the course.

Because Rosemont is on a 40-foot map, the courses will be a bit shorter than usual. The Green and Red courses will have a few long legs with many route choices. Orange will have lots of catching features and aiming off. White will not be all on trail, but will have lots of handrails and linear features. We will probably use a color map.

Ann Haber will be directing this meet. Please call her at 293-0262 if you will be able to help with registration, timing, or control pickup. Volunteers are always needed, welcomed, and appreciated.

**Directions:** I-10 east to exit 281 (Highway 83); head south toward Sonoita about 10 miles. Look for Rosemont Junction sign. Go 2.6 miles beyond this sign to a dirt road that goes to the right; turn right. Follow the "O" signs from here to the site.

**Fees:** \$5/individual, \$7/team; \$2 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

**Schedule:**

9:00 a.m. Registration opens.

9:30 a.m. Courses open. Beginners' clinic starts.

12:00 noon. Last time to start a course.

12 noon-2 p.m. Route choice reviews

2:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

**Check-In:** To insure that all are safe, everyone, whether finished with the course or not, must check

in formally at Start/Finish before leaving the meet site.

**Newcomers:** Check in at the Registration Table and tell them you are entering for the first time. They will give you additional information. To allow time to register before attending the beginners' clinic, you should arrive between 9 and 9:15 a.m.

**Route-Choice Reviews:** Between noon and 2 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Registration or Results area.

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# Showers Point Wet T-Shirt Contest

—Peg Davis

On August 18 at Showers Point, many of us took an impromptu shower! Although it had been dark and cloudy most of the time, the rains didn't hit until afternoon, but those of us still out on the course got very wet. (But it felt good!) Also got some jumping exercise from the sudden, very loud, cracks of thunder.

Motalas are a classic strategy for using a map that's a little too small for a regular meet. Jim Stamm set one at Palisades using a 1:5000 scale map. Five loops were set at easier levels and six at an advanced level.

While the meet was a bureaucratic nightmare with 110 individual starts, the results were fascinating. Follow a few names through the rankings on the different courses and you can get a good idea of how good some really are and the great range of times one person can turn out on the same day.

Looks like the women's advanced standings will yield some interesting competition at next month's state champs. Is Pat Penn having some new worries?

Some people did so well that I recklessly ignored their wishes and moved them from recreational to competitive standing, so they would know just how good they are.

How can ribbons be awarded for a meet like this? As meet director, I recklessly announce that ribbons are not being awarded this month. Seeing your name at the top of the list is your reward.

I was really encouraged by some new and fairly new faces. Seven people took the map hike with me on Saturday. They were all great sports, and some of them did beautifully the next day.

I want to say thanks for the mountains of help I got running the meet. After being trained by registrar extraordinaire **Marley Beard**, **Maria Call** registered the whole meet. **Jim Stamm** worked through the whole meet after setting 11 courses the day before. **Wilkey Richardson** and **Ann Haber** jumped in on timing. **El Presidente** also taught the beginners' clinic. **Pat Penn**, **Jim DeVeny**, **Jim Stamm**, **Francisco Luttmann**, and **Ann Haber** collected controls. Hope I didn't miss anyone—I really appreciated all your efforts.

## Basic #1

1T D&J	8:09
2T Team Jarvis	9:00
1F Kathleen McLellan	9:35
3T Pacers	11:59
1M David Maniccia	13:06
4T Carole & Erik	13:24
5T Suzushiinaa	16:02
6T Team Opel	18:00
7T The Leopards	19:00
2F Heather Collins	19:00
2M Brian Starr	25:30
8T Pacers	42:47

Rec.: Morton Mounties, T&C, Trios,  
Carol Smythe, Mike McGarry Team

## Basic #2

1T Team Jarvis	10:34
2T D&J	16:03
1F Heather Collins	20:00
1M David Maniccia	23:00
3T Team Opel	32:25
4T Pacers	39:45
5T Suzushiinaa	40:00
6T Carole & Erik	41:57
7T The Leopards	43:00
Rec.: Morton Mounties, T&C, Trios, Rose Folse, Kathleen McLellan, Carol Smythe, Mike McGarry Team	

## Basic #3

1T Team Jarvis	6:04
2T T&C	9:20
1F Heather Collins	13:22
3T The Leopards	16:00
3T Carole & Erik	16:00
5T Pacers	17:00
6T D&J	27:00
1M David Maniccia	28:18
7T Team Opel	33:01
Rec.: Rose Folse, Carol Smythe, Mike McGarry Team	

## Basic #4

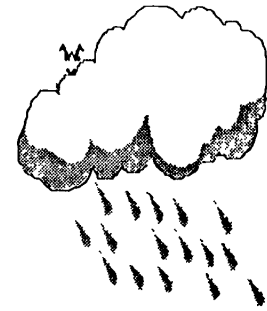
1T Team Opel	14:35
2T D&J	15:30
3T Team Jarvis	15:40
4T Carole & Erik	17:38
5T The Leopards	23:00
1F Heather Collins	23:48
1M David Maniccia	26:00
Rec.: Cathy Hinman	

## Basic #5

1T D&J	27:10
1M David Maniccia	38:00
2T The Leopards	39:45
1F Laura Denton	49:44
2F Heather Collins	DNF
Rec. Cathy Hinman	

## Advanced #1

1M Michal Lebl	20:31
1F Laura Denton	24:40
1T Catalina Javelinas	25:45
2M Gary Hinman	27:00
2F Cathy Hinman	29:00
3F Pat Penn	46:40
2T High Entropy	52:38
3M Jim DeVeny	63:00
3T Young & Bell	108:00



## Great Rivers Orienteering Week

### Advanced #2

1M Jim DeVeney	25:09
1T Andrews Guys	27:00
1F Laura Denton	33:30
2F Pat Penn	40:20
2M Michael Collins	DNF

### Advanced #3

1M Dan Coombs	15:52
2M Jeff Brucker	27:30
3M Michal Lebl	28:36
4M Jim Deveny	30:00
1F Ann Haber	34:24
2F Laura Denton	43:42
1T Malo	65:22

### Advanced #4

1M Jeff Brucker	27:55
2M Michael Collins	31:14
1T Catalina Javelinas	45:05
1F Pat Penn	52:24
2T Malo	110:00
3T Over the Hill Gang	169:00
Ann Haber	DNF

### Advanced #5

1T Andrews Guys	28:30
1M Jim DeVeney	34:23
2M Dan Coombs	34:50
3M George Lebl	36:00
4M Michael Collins	38:14
1F Ann Haber	39:23
5M Jeff Brucker	44:33
6M Michal Lebl	44:51
7M Keith McLeod	74:55
8M John Jamieson	93:00
Gary Hinman	DNF

### Advanced #6

1M Michael Collins	10:08
2M Jeff Brucker	13:20
3M Dan Coombs	14:20
1F Ann Haber	17:50
4M Michal Lebl	18:04
5M Keith McLeod	19:00
6M Gary Hinman	19:50
2F Pat Penn	20:10
1T Catalina Javelinas	21:19
7M Jim DeVeney	63:38

### Advanced #1 & #2 Medley

Marley Beard	82:00
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—Peg Davis

If you love to orienteer, love the Midwest, and have the week of October 19-27 to spare, there may be no better way to spend it than at the Great Rivers Orienteering Week. Sites will be along the Mississippi, Missouri, and Ohio Rivers (thus the name).

The first weekend features the North American Championships in St. Louis, the second weekend the U.S. Championships in Ohio, with an "A" meet in Kentucky on Wednesday. Seven total days of high quality orienteering! This could be as much fun as the Colorado Four-Day! Call Peg Davis at 628-8985 for an entry form.

## Training Tip: Technique

—Dennis Wildfogel (BAOC Bulletin)

When leaving one control for the next, the natural tendency is to look at where you are and to try to plan a route towards the next control. However, orienteering experts counsel you to do the opposite: look first at the next control and work your way backwards (in your planning) to where you are. Let's discuss a few things that you should look for when doing this sort of planning.

**Attack Point:** An attack point is a distinct feature near a control that is easier to get to than the control itself. For instance, suppose your control is a boulder on a hillside with many boulders and that there's a fence junction 150 meters in front of this control. Make that junction your attack point, because it should be easy to get to there. The idea is to pick out an attack point, get there quickly, and then navigate carefully to the control. Orange courses are supposed to be designed so that there is always a good attack point 100 to 200 meters from the control.

**Collecting Feature:** this refers to a large feature (e.g., field, pond) between you and the control you're heading for. It should be something you can't miss if you head in that general direction. The idea is that, if you recognize a collecting feature on a particular leg, you go as quickly as you can in that direction, paying only minimal attention to other details; once at the collecting feature, you slow down and navigate carefully to your attack point or to the control itself.

**Catching Feature:** A catching feature is a large, usually linear, feature beyond the control you're heading towards. An example would be a road or a fence running perpendicular to your line of approach and lying 100 meters beyond your control. The idea here is that, if you run past your control, you'll be "caught" by this feature. That enables you to be more bold in your approach to the control, moving more quickly and hesitating less, hoping to nail back to the control.

Next time you're out on a course, concentrate on picking out appropriate attack points and look for available collecting and catching features. After you've finished your course, study your map to see if you might have missed some of these, or ask an advanced orienteerer how he/she might have approached each of your controls. In this way, you'll learn to take advantage of these aids.

## Note from LAOC

--Lois Kimminau

I received a friendly e-mail note from Olive Kearney of the Los Angeles Orienteering Club. After some kind words about the newsletter, she asked me to tell Peg Davis that her map hike was a very good idea, and that it inspired her to plan some.

LAOC is considering a 24-hour ROGAINE next September and wondered if there would be any interest from the Tucson club. Also, they missed us this past Memorial Weekend at Mount Pinos, and hope TSN will have some representation there next spring.

If anyone would like to contact Olive by e-mail about these meets, please call me (296-2108) for her address.

**Go to the AZ State Champs &**

**BEAT PHOENIX!**

Attention! Notice! Please Read!

There will not be a regular October newsletter. Tucson Orienteering Club will not be holding a regular meet in October, due to the Arizona State Championships, which are being hosted by the Phoenix O Club. The results from Rosemont South will appear in November, along with results from the Arizona State Championships.

The deadline for the November newsletter will be Monday, October 28. All submittals need to be sent to me by that time.

## July-August Business/Planning Meeting

—Mary English

August 12, 1996, at Peg Davis's home: Marilyn Cleavinger, Peg Davis, Helen Deluga, Mary English, Pat Penn, Wilkey Richardson.

- ◆ Wracked our brains and placed several phone calls to find a course setter for September's meet. Cheered when Roger Sperline agreed to save the day. (The vice president usually recruits course setters and meet directors, but that POSITION IS VACANT.)
- ◆ Approved loan of our control flags and some other equipment to the Phoenix O Club for the State Championships meet.
- ◆ Next meeting: October 8. See Club Calendar, page 5.

### TSN MEMBERSHIP APPLICATION

Check one: New Member       Renewal       Date on label \_\_\_\_\_  
 Check one: Individual (\$8)       Household (\$11)

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
 Address: \_\_\_\_\_

Can you help staff a club meet?  Yes, call me.

Members receive a monthly newsletter, have voting privileges, and receive a \$2 discount per meet. Make checks payable to Tucson Orienteering Club, and send to P. O. Box 13012, Tucson, AZ 85732.

# Club Calendar

# MEET

**September 15, Rosemont South**  
 Santa Rita Mountains  
 Courses: Roger Sperline (577-8519)  
 Director: Ann Haber (293-0262)

**November 17, Chimney Rock Meet**  
 Redington Pass  
 Courses: John Maier (Benson, 586-7300)  
 Directors: \_\_\_\_\_??

**No Newsletter Deadline for October**  
 See article, page 4.

**December 15, Catalina State Park**  
 (Note change of site)  
 Courses: \_\_\_\_\_??  
 Directors: \_\_\_\_\_??

**October 7, Postmark Deadline for Pre-Registration for Arizona State Championships**

**October 8, Business/Planning Meeting**  
 6:30 p.m., potluck, 7 p.m., meeting, at Peg Davis's house, 2241 East Parkway Terrace (from Broadway, south 0.3 mile on Tucson Boulevard, right on Arroyo Chico, 0.2 mile to circle), 628-8985. All TSN Club members invited and eligible to vote.

**October 19-20, 1996 Arizona State Championships**  
 Hosted by Phoenix Orienteering Club. Near Florence Junction. See enclosed flyer for details.

**October 28, November Newsletter Deadline**  
 See submittal information below.

**1997**

**January 19, Cat Mountain Meet**  
 Tucson Mountains (Note change of site)  
 Courses: Max Suter (797-8850)  
 Directors: \_\_\_\_\_??

**March 1-2, North American ROGAINE Championships**  
 Empire Ranch, organized by Tucson Orienteering Club  
 Course Designers: Wilkey Richardson and Roger Sperline  
 Director: Wilkey Richardson

*TSN Club meets are held regularly on the third Sunday of the month, year-round.*

*Experienced course setters are usually happy (with advance notice of about a month) to work with apprentices who want to learn to set courses. If there is enough interest, separate training for course setting can be organized.*

*Directing a meet consists essentially of setting up and supervising the Registration and Timing areas, with help from other volunteers. Teams of two are encouraged.*



### Newsletter Submittals

The deadline for newsletter items is shown in the monthly calendar. Please try to meet the deadline, or call the editor if there is a problem. All members are invited and encouraged to send informational or opinion articles on any orienteering topic.

Phone: 296-2108

FAX: 290-8071

E-mail: loiskim@aol.com

US mail: 9055 Calle Bogota

Tucson, Arizona 85715

—Lois Kirminau, Editor

### 1996-97 TUCSON ORIENTEERING CLUB OFFICERS

President	Wilkey Richardson	529-1105
Vice President	POSITION OPEN	
Secretary/Treasurer	Helen Deluga	795-6005
Membership	Chris Kraft	885-1735
Mapping	Pat Penn	326-2339
Equipment	Mary English	881-4786
Publicity/Education	Peg Davis	628-8985
Newsletter Editor	Lois Kirminau	296-2108

# September 15 - October 26, 1996

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep 15 Rosemont South Meat	Sep 16	Sep 17	Sep 18	Sep 19	Sep 20	Sep 21
Sep 22	Sep 23	Sep 24	Sep 25	Sep 26	Sep 27	Sep 28
Sep 29	Sep 30	Oct 1	Oct 2	Oct 3	Oct 4	Oct 5
Oct 6	Oct 7 Pre-Registration Deadline, AZ State Champs	Oct 8 Business/Planning Meeting	Oct 9	Oct 10	Oct 11	Oct 12
Oct 13	Oct 14	Oct 15	Oct 16	Oct 17	Oct 18	Oct 19 AZ State Champs
Oct 20 AZ State Champs	Oct 21	Oct 22	Oct 23	Oct 24	Oct 25	Oct 26

Tucson Orienteering Club  
 P. O. Box 13012  
 Tucson, AZ 85732

Address Correction Requested



See you  
**September 15 at**  
**Rosemont South**