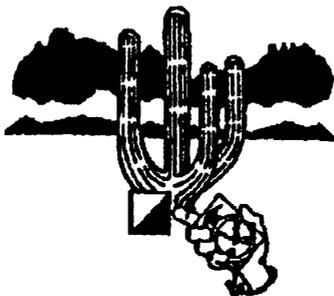

TUCSON ORIENTEERING CLUB



MAY 1995

CAVE CREEK COMPETITION

—Mike Huckaby

The May meet will be on the 21st in the Santa Rita Mountains at Cave Creek. Clark Lohr will be the meet director. Call him at 298-8290 to volunteer for timing or registration. Course setting will be by Wilkey Richardson and Mike Huckaby.

At this time, three courses are planned. The advanced course will be a Long-O, with about half the usual number of controls, but with some long legs for those fleet of foot. Sighting should be good with direction indicators like Mt. Wrightson and Josephine Peak so close at hand. There will also be an intermediate course somewhere between green and orange in difficulty, and a White course with plenty of handrails.

Directions: Take I-10 east to exit 281 (AZ 83 to Sonoita and Patagonia). Proceed south for 21 miles and turn right at Gardner Canyon Road (milepost 37.3). This is Forest Service Road 92. Stay on FR92 about six miles, until you see the O-bags which will take you to the registration site.

Schedule:

- 9:00 a.m. Registration opens.
- 9:30 a.m. Courses open. Beginners' clinic starts.
- 12:00 noon Last time to start a course.
- 2:00 p.m. Courses close. Participants aim to check in by this time.
- 2:00 p.m. Control retrieval gets underway. Good practice in orienteering—lots of help always needed. Volunteer before 2 p.m. with the meet director.

To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

SLAVIN GULCH RESULTS	Page 2
VAMPIRE-O AND POTLUCK	Page 3
APRIL NIGHT-O RESULTS	Page 4

Newcomers: Check in at the Registration Table and tell them you are entering for the first time. They will give you additional information. To allow time to register before attending the beginners' clinic, you should arrive between 9 and 9:15 a.m.

Cost: \$5/individual, \$7/team; \$2 discount for TSN Club and USOF members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets* is required to have some type of safety whistle.

Cochise Stronghold Attracts Easter Crowd

—Mike Huckaby

Easter dawned overcast but bright at Slavin Gulch on April 16. The sun came out, but a strong breeze encouraged everybody to keep moving. The field drew 27 entries, 7 of which were teams. That's not counting two folks who went around a second time. Color maps and the fairly level terrain made for some good times in all categories.

Special thanks to Helen Deluga and Ann Haber on registration, and to Peg Davis and Roger Sperline for the beginners' clinics. Jim DeVeney, Keith McLeod, and John Maier volunteered for control retrieval. Results follow:

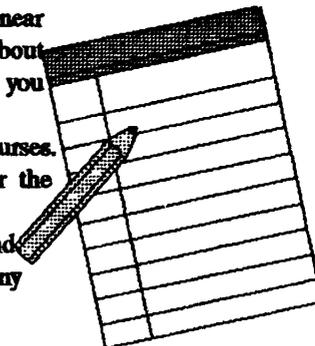
		<u>Time</u>			<u>Time</u>
White (Basic)					
(2k, 40m climb, 10 controls)					
✓1T	Flat Tire 10 Miles Out Gil Viera	39:20	✓3M	Michal Lebl	1:27:41
		Rec.		Wilkey Richardson	1:45:41
				Sergey Nahakshin	2:07:15
			✓1W	Sally Oey	2:09:33
			✓2W	Sue Roberts	2:12:51
			✓1T	John & Georgie Andrews	2:17:44
			✓3W	Peg Davis	2:25:38
				Ann Haber	2:37:18
				Marley Beard	3:37:56
Orange (Intermediate)					
(3.4k, 55m climb, 12 controls)					
✓1M	Rio Telge <i>Bisbee</i>	51:13	Red (Long Advanced)		
✓1T	Luurs/Johnson	1:04:46	(7k, 130m climb, 14 controls)		
✓2M	Al Byrd	1:15:05	✓1M	John Maier	1:06:55
✓1W	Molly Parsons	1:26:28	✓2M	Mark Parsons	1:18:28
✓2T	Control Eaters	1:37:05	✓3M	Alexandre Savine	1:29:19
✓2W	Helen Deluga	1:38:25		Jan Urban	1:32:27
	J & G Larrington	Rec.		Dan Cobbletick	1:33:19
	Easter Bunnies	Rec.	✓1W	Marilyn Cleavinger	2:24:57
Green (Short Advanced)					
(5k, 80m climb, 12 controls)					
✓1M	Dave Graser	1:17:18			
✓2M	Jim DeVeney	1:22:31			

Please Feed the Feedback Board

Feedback for Course Setter sheets are displayed on a small board near the timing table at club meets. The sheets ask: "What did you like about the course?" "What didn't you like about the course?" "What would you like to have different or added in future courses?"

Everyone is invited to offer comments there about the day's courses. Take a minute after you've handed in your control card to look for the Feedback board and jot down your ideas.

When you work the timing table, remember to set up the board and then direct people to it as they come in from the courses. We get many helpful suggestions this way.



Sun★Fest Meeting May 17

—John Maier

Our next meeting will be on Wednesday, May 17, at 7 p.m. at Pat Penn's house (931 N. Norris, phone 326-2339), where we will continue the work begun at the April meeting. Six people were present at that meeting. We identified the items which need attention before we can finalize the registration form, and we looked over our tentative budget.

Positions which still need to be filled are: Finish Chief, Field Supervisor (in charge of coordinating all activities on the playing field), and Accountant, plus numerous volunteers for the various crews and meet services. Volunteers will receive T-shirts identifying them as Sun★Fest Team Members. Support your club and the team effort!

Halloween in June

—John Maier

As darkness embraces Lincoln Park, our picnic will culminate with the club's inaugural Vampire-O. It's an event you will not want to miss: It's FUN, it's FREE, it features wingless vampires!

Cunning and the element of surprise count more than "O" ability in this 60-minute event. Set up as a Score-O, you will try to get as many controls as possible, in any order, in the allotted time, but with a twist in the strategy. Here's how it goes.

At the mass start, everyone will have their first look at their scorecards. If you hear a gasp from the person next to you, it's because his scorecard wasn't a scorecard at all, but a vampire card. As all the rest head out onto the course, our wingless vampires exchange their cards for vampire lights, then go out to find victims.

If you are the vampire's victim, you will not need to worry about his or her teeth sinking into your neck. Biting is definitely not allowed. There is only one way to fall victim to a vampire; that is to have his/her red beam of light strike you. You will know when this happens, believe me. At that point, you become the vampire, exchanging your scorecard (bye-bye, points) for the vampire light.

Now the fun really begins, because you get to pick your victim. If you see a Dan Cobbledick

or a Roy Parker within range, that would be a real temptation. The tempo really picks up in the last few minutes, when the vampires are scurrying around in hopes of finding a victim before time runs out on them. When the final whistle blows, vampires may only prey on late returnees—an easy take—or suffer the ignominy of remaining a vampire until the next Vampire-O.

Tips:

- 1) Be wary of anyone lurking around a control, as that's a prime vampire feeding habitat.
- 2) If, late in the game, your scorecard has low points, try to look like a tempting morsel for a vampire to feast upon. If vampirized, you can then in turn prey on someone who's likely to have more points.
- 3) If you have a great scorecard, run with the right crowd, or slink around a lot undetected, and pretend there's a price on your head.

As usual, it's the person with the best scorecard at the end who wins. But with all those vampires lurking about, it's unlikely you'll finish with the same one as you started with. Do not forget the essentials: **WATCH & FLASHLIGHT** (red lights reserved for vampires only).

WHO: All members are invited, and guests are welcome.

WHAT: Potluck picnic, social time, Vampire-O. The club will provide sodas, ice, grills, and eating utensils.

WHEN: June 9, 1995, 6 to 10 p.m.

WHERE: Lincoln Park, Ramada #7. Enter the park on the east side of Pantano Road, between Escalante and Irvington Roads and south of Santa Rita High School.

WHY: Just for fun, of course!



APRIL 15 NIGHT-O

—Mark Parsons

No full moon came out to help us on this dark and stormy night. Were there tax collectors lurking about? The scene was confusion and vexation as something was eating the controls. Cows. Hundreds of cows lurked in the darkness. Those pesky cows ate my controls! Eat more beef!

The 1:5000 scale map Roger made for the event was very detailed. (Of course, he also won the event.) Following are the results of the 75 Minute Score-O.

Men:

Roger Sperline	280 points
John Maier	110 points
George Lebl (70 min.)	90 points
Michal Lebl (75 min.)	90 points
Rio Telge (77 min.)	90 points
Jan Urban	70 points
Wilkey Richardson	60 points
Mike Huckaby	20 points
Keith McLeod—late, late, late	0 points

Women:

Molly Parsons	80 points
Peg Davis	40 points
Helen Deluga	40 points
Teams:	
Banacek	120 points
John & Georgie Andrews	70 points
Ann and Marley (I can't find their scorecard)??	

TUCSON ORIENTEERING CLUB MAY-JUNE 1995						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 Sun*Fest Planning Meeting	18	19	20
21 MEET, DETAILS PAGE 1	22 Business Planning Meeting	23	24	25	26	27
28	29 Newsletter for June deadline	30	31	1	2	3
4	5	6	7	8	9	10

May 17 Sun*Fest Planning Meeting, 7 p.m.,
at Pat Penn's, 931 N. Norris (326-
2339)

May 21 Cave Creek, Santa Rita Mtns.
Courses: Wilkey Richardson and
Mike Huckaby
Director: Clark Lohr
(phone 298-8290)
See details, page 1.

May 22 Business/Planning Meeting, 7 p.m.
All TSN Club members invited. See
April meeting report this issue.

May 29 June newsletter deadline: mail to
9055 Calle Bogota, 85715; or FAX:
290-8071 eves., or 327-4504 days.

June 9 Club Potluck Picnic and Vampire-O,
6 to 10 p.m., Lincoln Park.
Details in this issue.

June 18 Carr Canyon, Huachuca Mtns.
Courses: Mark Parsons
Director: ??

July 16 Bear Wallow, Catalina Mtns.
Courses: ??
Director: ??

- Aug. 19- Palisades Ridge, Catalina Mtns.
20 Showers Point campsite reserved.
Courses: ??
Director: ??
- Sep. 16- 1995 Arizona State Championships
17 Meet: Rosemont Junction-South,
Santa Rita Mtns., organized by TSN
Club. Event will count for national
rankings.
Courses: ??
Director: ??
- Oct. 15 Meet: tentatively Brown Mountain,
new site in Tucson Mountains
Courses: ??
Director: ??
- Nov. 19 Meet: Cat Mountain, Tucson Mtns.
Courses: ??
Director: ??
- Dec. 17 Meet: Catalina State Park
Courses: ??
Director: ??
- Feb. 17- Arizona Sun*Fest (A-Level Meet)
18, 1996 & Western States Championships
Redington Pass
Director: John Maier
(Benson, 586-7300)
Registrar: Marilyn Cleavinger
(795-2081)
Accommodations, T-shirts, Saturday
dinner: Rachel Gelbin, (326-7504)
Many volunteers are needed to
organize this major, national event.

TSN Club meets are held regularly on the third Sunday of the month, year-round. Each meet is organized and staffed by volunteers. If you can help, even for just an hour or so, please call the meet director or Mike Huckaby, vice president, 881-0559.

Phoenix Orienteering Club Schedule

- May 8/7 Chino Valley Meet
June 4 Christopher Creek Meet
Info: Judy Donaldson, 837 W. Fairmount Avenue, Phoenix 85013-3334; phone 602-956-7522.

April Business/Planning Meeting

The April meeting was held at the house of Roger Sperline and Sue Roberts; John Maier, president, presiding. Eight people attended.

- The June 9 Vampire-O and Potluck was discussed. It will be held at Lincoln Park at Ramada #7. The club will provide sodas, ice, grills, and eating utensils. John Maier volunteered to set the course and no entry fee will be charged.
- We discussed whether the club should raise the meet fees when we provide color-copy maps, as at Slavin Gulch. Color maps cost about 79¢ vs. 2¢ for black and white. Discussion was postponed until a meet when we would be using the color maps and could check alternative copying methods.
- Marilyn Cleavinger has volunteered to look into programs to tabulate the results for the State Champs and the Sun*Fest.

- John Maier reported on the progress of the Redington Pass map. A special meeting was scheduled for April 26 to discuss whether we want to hire an outside mapper to help complete the map more quickly.
- Next meeting will be held May 22 at the home of Mike Huckaby, 3002 E. 20th Street. Call 881-0559 for directions. Potluck will be at 6:30, meeting at 7. All club members are welcome.

Kudos to.....Roger Sperline



People doing the Red course at Slavin Gulch in April punched in at some controls sporting spiffy new flags—with blue stripes that give better visibility. The new flags were assembled by Roger Sperline. (When control flags arrive from our supplier, they need to have punches and code labels attached, as well as the visibility enhancement stripes.)

And while he was storing and transporting our meet equipment last month (as well as setting the courses), Roger also found time to recondition one of our small folding tables, so that it's actually quite beautiful now.

Thank you, Roger, from all of us who appreciate having a lovely, smooth surface to work on.

Upcoming Orienteering Events

The 1995 Pacific Crest 3-Day Orienteering Challenge and Third Annual Pacific Crest ROGAINE is being held at Mount Laguna, California May 27-29. A flyer with information on this meet is available from Marilyn Cleavinger (795-2081) or from Lois Kimminau (296-2108).

The 1995 USOF Convention and Colorado 7-day Orienteering Competition will be held June 23-July 2 at Florissant and Lake George, Colorado. George Bramhall of Boulder, Colorado, issued a personal invitation to our club members.

"Hello, you stalwart (syn.-intrepid) orienteers: Come visit us in Colorado. These fine little western towns won't last long. They will be condominiumed; so come now! We can use the Lake George School for Workshops. We can use the 100-year-old (the West is hardly 100 years old!) Florissant Grange on Friday. The VFW offers us food. These people are very nice. (I am not stalwart, but the word is great.)"

For further information, call Marilyn Cleavinger at 795-2081.

The Canada '95 Orienteering Festival, over a 16-day period in July, offers a series of competitive and recreational events for skilled orienteers, novices, and children at various sites in the Rocky Mountain region. The terrain is pine-forested hillsides and glacial moraine. The organizers suggest side visits to Jasper National Park, Banff, and the Royal Tyrell Museum of Paleontology, among other nearby attractions.

The festival consists of two parts, each with its own registration procedure.

The Sage Stomp 3-Day is July 8 to 11 near Kamloops, British Columbia. For information, contact: Orienteering Association of British Columbia, 1367 W. Broadway, Vancouver, B.C., Canada V6H 4A9; phone 604-737-3000, extension 430, or FAX 604-737-6043.

The Canada '95 International 5-Day is July 15 to 23 at three sites near Edmonton and Calgary, Alberta. Entry deadlines for the 5-Day are June 5 and July 2, but recreational orienteers may register on the day on site. Details and entry forms for the 5-Day are available from Marilyn Cleavinger, 795-2081.

Welcome



to new members Rio Telge (Bisbee), Debra Rouse, Jason Luurs, and Brad Haber; also to newcomers Jan Urban (Bellevue, WA), Gil Viera, Elisabeth Bowne, Phoenix Wheeler, and Carol Heller. NICE TO SEE YOU BACK: Ismails (Benson), Sally Oey, and John and Georgie Andrews.



How We Orienteer

—Bill Teahan

(Continued from April newsletter)

Tactic 2: Expect the worst—you will make a mistake.

According to Murphy's Law, if anything can go wrong, it will. You can make a mistake anywhere. You can be cruising along imaginatively fitting the map to where you aren't. Be prepared to admit that you've made a mistake. The sooner the better, before it becomes a bigger error. Don't continue ignoring a minor discrepancy, such as an extra track or clearing, hoping it'll sort itself out later on. It won't.

Know your weaknesses. "A man has got to know his limitations." Recognize where you are likely to make a mistake from the mistakes you've made in previous events. If you often keep running without knowing exactly where you are going, learn to keep asking yourself, "Do I know where I am going?" If you keep running out of a control without checking your direction, consciously remind yourself after each control to check. If you often miss important features leaving a control, learn to look for them. If you regularly miss seeing viable choices, deliberately check all options when deciding on a major route choice.

Tactic 3: Don't make a mistake worse than it is.

Admit you've made a mistake. Do something about it. Don't ignore it. Choose the safest method of relocation. Don't keep running on without a plan or start a grid search. Run to the nearest major attack point or collecting feature, or try to work out where you could be. Try to remember where you have been recently and where things started not fitting. Look for places where you could have made an error, such as parallel features. In most cases, however, it's quickest and safest to relocate on the nearest collecting feature rather than try a riskier technique.

Forget all about it. "What's behind is not important." Don't try to make up time. Try to beat it. Not: "I've lost five minutes at that control. I've got to make it up somewhere." Instead: "I don't think I can beat 50 minutes, but I'll have a good try," or "Let's see if I can do the last four controls in 10 minutes."

It's the next mistake that will finish you, not the previous one.

Tactic 4: Learn from your mistakes; don't repeat them.

Look at your weaknesses—try not to repeat them. Consciously remind yourself of things you often do wrong while you are competing. Learn to recognize your mistakes earlier while you are doing them.

It's hard to find out for yourself where you are going wrong. It's difficult to self-criticize. Often, it's easier for someone else to do it for you. Analyze your mistakes after each event. Keep a record of them. Get someone to look them over or re-read them after a month or so. Don't jot down aimless observations. Be organized. Try to get to the *real* reasons for your mistakes.

A postmortem after each event is very important. The usual form a postmortem takes is writing down a description of what happened leg by leg and noting what you should have done. This is worse than useless. Often, there might be more than one mistake in a leg. Figuring out what you should have done is relatively simple. Figuring out what went wrong and why is harder, and far more important.

Compile a dossier on all the mistakes you make. Look for recurring problems, and keep them in mind at your next orienteering event.



GUEST COMMENT

Meets, Maps, and Money

—Sue Roberts

At the last meet at Slavin Gulch, we received several complaints about the 50¢ surcharge for color maps and the extra \$2 fee for nonmembers. If you have an opinion on whether our fees are too high, or if the color maps are worth the cost, please call a Board member (or two) and let them know your opinion. My opinions follow:

MONEY: Where does all the money that we collect go?

1. To put on meets. Each meet requires a permit from the Forest Service, State parks, or whatever entity owns the land. For Slavin Gulch, the permit was \$45, about \$1 per entry.
2. For maps. Maps cost money. Just to print the Slavin Gulch maps cost 89¢ for the color side and 10¢ for the other side (safety info)—another dollar (OK, 99¢) per entry.

3. **USOF Membership and insurance**—another big expense. (I don't know the exact cost of this, but it's significant.)
4. **Equipment.** All the stuff you see at the meet costs money: controls and punches (we lost a couple to cows last month, and eventually they fade beyond recognition); signs, water jugs, timing clocks, control cards, waiver forms, registration tables, compasses for rental, flagging tape to mark control locations, map boards, garbage bags, marking pens, etc.
5. Then there's the **Newsletter.** Printing costs us \$25-\$40 per month, mailing another \$40-\$50 (yes, they have 10¢ stamps on them, but that's nominal; real mailing costs are 15-20¢ each—and that was before the latest rate increase), and then there's the bulk mail permit of \$75 each year. (Oh, and the editor needs to assemble, fold, label, stamp, sort by zip, bundle, fill out the bulk-mail forms, and deliver the newsletter to the bulk mail facility during normal business hours—and gets paid nothing.)
6. **Creating maps costs money.** USGS quads and aerial photos must be purchased, the map must be drafted somehow and field-checked, and there's a whole bunch of individually-not-too-expensive, but collectively-significantly-expensive stuff needed for that work. One dollar of each entry goes to a map fund for development of maps. From it, we've paid expenses, the base map for Redington, bought software for drafting color maps (not a computer though; Roger and Wilkey have used their own hardware for this work!), and will pay the printing expenses for the Redington Pass (and probably the Catalina State Park) map.

You can see that we lost money on the Slavin Gulch meet—even paying nothing for the time/effort of the course setters, meet director, and vetter. The **ROGAINE** has been a money-maker for the past few years and has been subsidizing the club activities over the rest of the year.

Membership fees and meet fees for members haven't increased since I've been in the club. Meet fees for nonmembers were increased \$1 to encourage membership. Perhaps that's excessive and we need to lower the nonmembers' charge to just \$1 over members' fees (but we do need a surcharge for insurance and newsletter costs).

COLOR MAPS: Before the 1993 state champs at Catalina State Park, we voted to charge an extra 50¢-\$1 for color maps because of the increased cost of copying those maps. (And the "first" copy printed off the computer disk costs \$10.) Only those maps with sufficient detail and sufficiently accurate field-checking will be printed this way—Slavin Gulch, Catalina State Park, and maybe a few others.

I think the color maps are well worth the effort and extra costs. It's far easier to distinguish trails from contours from streams, cliffs stand out far better, I don't confuse trees and rocks any more (I confuse trees and water tanks now!). If it's a matter of paying an extra dollar for a copy of a clearer, more accurate map, I think it's worth the price.

LOST AND FOUND

Personal belongings left behind at a meet are collected with club equipment and brought to later meets. If you're missing something, check the Lost/Found basket near Registration (or between meets, call the Equipment Chairman).



Orienteering Etymology



Although there have been many contributions to this discussion, all have been well wide of the mark—the etymological equivalents of 180° errors.

"Orienteer" is of French origin and derives from the medieval custom, widely practiced in the Languedoc region, of holding naked races in the woods. These races had their origin in pre-Christian times, although they were sanctioned (among other heresies) by the local Christians of the era as a form of self-flagellation as penance for the participants' sins. Runners would be led into the brambles and bogs (a practice which survives in modern orienteering) in order to increase their suffering and hence their chances of achieving a state of grace.

The name derives from the standard reply to the newcomer to this activity who asked what to wear. It was: "oh rien attiser!" The participants were, of course, known as "rien attiseurs."

The modification of these terms to the modern forms was a gradual process which included the creation of the various local variations which previous contributors have already mentioned.

Dexter Palmer, Yalanga Orienteers (Australia)

Via O-Net



1995 TUCSON ORIENTEERING CLUB OFFICERS

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Secretary/Treasurer	Helen Deluga	628-8985
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Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732
Address Correction Requested

TSN MEMBERSHIP APPLICATION

Check one: New Member Renewal Date on mailing label _____
Check one: Individual (\$8) Household (\$11)

Name: _____ Telephone: _____
Address: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges, and receive a \$2 discount per meet. Make checks payable to: Tucson Orienteering Club, and send to P. O. Box 13012, Tucson, AZ 85732.