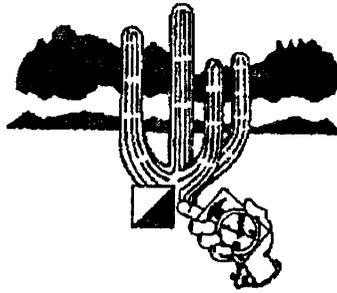

TUCSON ORIENTEERING CLUB



OCTOBER 1995

European Meet: The Sequel

—Martin Lebl

The October 15 meet is located in the north end of the beautiful Whetstone Mountains. The forest there is fairly dense oak woodland with an intricate spur and reentrant network, elevation 4,500 feet. This is a very nice spot for people who love to orienteer in the wilderness.

We will be offering the usual courses (White, Orange, Green, and Red). This time Michal promises that the courses will be challenging, but not excessively difficult. The map and terrain are challenging enough by their nature. (Editor's Note: The Lebl family did the very popular meet at Slavin Gulch in May 1994.)

Though it is only 35 miles east of Tucson and seven miles south of I-10, the last couple of miles are a dirt road, so a low-clearance car isn't recommended (meaning: Ferrari, Porsche, etc.) unless you are really set on destroying it. The vehicle doesn't have to be 4-wheel drive as long as it has enough ground clearance. If you don't have a suitable vehicle, we suggest you carpool. There is some space for parking around the first gate on the dirt road. Up to this gate, the road is drivable in all vehicles; beyond this you need the higher clearance.

If you can make it there, we will be happy to welcome you to our meet, which promises to be fun, as well as challenging. The views are really breathtaking, so you might want to bring lunch and spend a while. Please call me at 297-8375 to volunteer to help with the meet. (If you prefer, you may send me a FAX at 742-9252.)

Directions: I-10 east to exit 302 (marked Sierra Vista and Arizona route 90). Go south less than two miles; take a dirt road to the west 0.2 miles south of milepost 291. At 1.8 miles, there will be a gate and a fork in the road, one branch turning sharply right. Take the other one straight through the gate (be sure to close it). After 0.55 mile there will be another gate, and another

ARIZONA CHAMPIONSHIPS RESULTS	Page 5
HALLOWEEN-O AND CLUB PICNIC	Page 3

about 1.55 miles later, then go another 0.6 miles until you see the site. You will spend only about 4.6 miles on this dirt road, so do not worry. This part will be marked by the orange and white signs, so you shouldn't have trouble finding the place. Please be sure to close all gates after you have passed through.

Fees: \$5/individual, \$7/team; \$2 discount for TSN, PHX, USOF, or SAHC members. Compasses rent for \$1. Safety whistles sell for \$1. *Every person, all courses, all meets* is required to carry some type of safety whistle.

Schedule:

- 9:00 a.m. Registration opens.
- 9:30 a.m. Courses open. Beginners' clinic starts.
- 12:00 noon Last time to start a course.
- 2:00 p.m. Courses close. Participants aim to check in by this time.
- 2:00 p.m. Control retrieval—good orienteering practice, lots of help always needed. Volunteer before 2 p.m. with the meet director.

To insure that all are safe, *everyone, whether finished with the course or not*, must check in formally at Start/Finish before leaving the meet site.

Newcomers: Check in at the Registration Table and tell them you are entering for the first time. They will give you additional information. To allow time to register before attending the beginners' clinic, you should arrive between 9 and 9:15 a.m.

Opportunity's Knocking!



For the November 19 meet at Cat Mountain, course setter Roy Parker is offering to have a couple of trainees work with him on designing and setting the day's courses.

Also, for the October 27 club social at Lincoln Park, course setter John Maier can take a trainee to help him. He will set a night O course, and he expects to do some more field-checking to improve the club map. (If you are interested in designing the course and/or setting controls for the Halloween 'O', see the article on page 3.)

Anyone interested in helping with courses for either of these meets should call Mike Huckaby, vice president, 881-0559, as soon as possible. (Even if neither of those dates fits your calendar, at least let Mike know you're interested in that sort of training when there's another opportunity.)

Club Shirts

All cotton, several colors, large sizes; \$9 short sleeves, \$12 long sleeves.

Available at most meets.

Halloween-O and Club Picnic

—John Maier

On Friday, October 27, from 4-10 p.m., we return to Lincoln Park for a socializing good time, this time under refreshing fall skies. This event will be highlighted by volleyball action (to work up your appetite), a potluck picnic (to assuage your appetite), and a Vampire-O (to work off the calories), plus a frolicking good time to test out your Halloween costume and see how many friends you can fool into believing you're not you!

VOLLEYBALL All you need is your good-looking self (Don't be too critical!) and your sense of fun. We provide the equipment and the sandlots. You provide the participants and the fun. Remember, this is social volleyball. Overly-competitive types and ball hogs will be asked to find another court.

POTLUCK PICNIC This is the time to appease the hunger pangs in a socializing atmosphere. The club provides sodas, ice, grills, a table, and grass to sit on. You provide a potluck dish to share, your own main entree for the barbecue (burgers, chicken, dogs, corn on the cob, you name it), and any beverages above and beyond what the club is supplying. The club has purchased a beer permit, but note that park rules prohibit glass containers. You may wish to bring additional seating, if grass is not your style.

VAMPIRE-O By popular demand and in keeping with the theme for the month, we offer you this blood-sucking variation of the Score-O. Well, perhaps blood-sucking is a bit too strong. Our vampires will have to make do with red-ray lights rather than penetrating fangs. But look out just the same. This is a Score-O with a mass start and about 20 controls worth one point each. You'll have 60 minutes to maximize your score, but you must return on time or you'll lose one point for each minute late.

However, life is not meant to be quite so simple and that's where the vampires come in. If you get caught in a vampire's red beam, you must swap roles with the vampire. You get his red-ray light (neat, eh?) and he gets your scorecard (bye-bye points). Then off you go into the night in search of your own victim. And may I suggest someone such as Mark Parsons, whose scorecard is likely to have lots of points on it. Of course, if you don't see him in the neighborhood, and this may be difficult if he wears a good disguise, then you'll want to settle on some other victim.

There's a bonus in this event if you dress up in the Halloween spirit. For a full costume, you get 5 bonus points; lacking that, a mask or face paint is worth 3 bonus points. The best part about the bonus is that if a vampire gets you, you do not switch costumes; those bonus points stay with you.

Hints at how to succeed in a vampire-O were provided in the May 1995 club newsletter and will be posted at the site. Here's one additional hint: If you wear a light-colored costume, your chances of being vampirized are



greater than if you wear a dark-colored costume. If you want a good costume suggestion, come as Batman or Zorro and flap your cape as little as possible. A poor suggestion would be to come as Michael Jackson, waving a white-gloved hand in the air.

This is a social, fun event and not a serious hard-core event, so come with the intent of having a hilariously good time and you should not be disappointed.

The club provides official red-ray lights for vampires, an official briefing, a playing field, pre-marked maps and scorecards, a mass start, a time limit, and the dark of the moon (well, almost dark). You provide vampire bait (yourself), a flashlight, a watch, a whistle, a sense of fun, and \$2 per person for anyone 12 years and older, and to your great advantage (though not required) a costume. Please note: Red flashlights are reserved for vampires only, whistles may be purchased for \$1, and costumes will gain you bonus points.

COSTUMES See if you can fool the crowd. In addition, the right costume can aid and abet your chances for success in the Vampire-O. Also, you'll be eligible for various non-monetary awards to be bestowed at the conclusion of the evening's activities.

QUESTIONS, SUGGESTIONS, TO VOLUNTEER Please call the event director, Michael Collins, at 318-4905. He will need help with registration, the finish, tabulating results, and control retrieval, plus a few volunteers as costume judges. None of those roles except the finish will keep you from experiencing the Vampire-O, and finish personnel need sacrifice only the last 10 minutes of the event.

If anyone would like to design the course or set controls, contact me (John Maier, 586-7300 or Benson). I will then become course vetter, instead of course setter.

Directions: Lincoln Park is located in the southeast part of Tucson. It has several entrances. From the Pantano/Escalante intersection, go south approximately 1/4 mile to take the first entrance past Santa Rita High School, on the east side of the road.

We've reserved Ramada #5, which is not the same one we used last June. Easier to find, it is located immediately on the north side of the parking lot next to the volleyball sandlots. All activities—volleyball, BBQ picnic, Vampire-O, and costume judging—will take place there.

Fees: \$2/person 12 years and older; under 12 free.

Schedule:

4:00 p.m.	Volleyball or cheerleading
5:30 p.m.	Potluck picnic and barbecue
7:00 p.m.	Vampire-O; don't be late for mass start.
9:00 p.m.	Awards and control retrieval
10:00 p.m.	Ramada closes
10:30 p.m.	Park closes

**Happy
Halloween!**

Arizona State Championships 1995 *Rosemont Junction, September 16-17*

—John Andrews

Sixty-seven orienteers from Arizona, California, and Maryland enjoyed two days of challenging orienteering at Rosemont Junction in this year's state championships meet. Course setter Dan Cobbledick made the most of rugged terrain, a 40-foot contour interval, and careful control placement. In his course notes, he wrote, "There are 1,000 spurs and 1,001 gullies on the map, and they all look alike. Don't lose touch with the map or you'll regret it." Or, as Wilkey Richardson put it, "It was a typical Cobbledick course: mess up on one control and you're totally (expletive deleted)." While many had troubles with a control or two, no single control was problematic for everyone. In fact, most controls that were hard for one person were easy for someone who had trouble elsewhere. Happily, no controls were eaten by cows or shot away by riflemen. Pre-printed maps and clue sheets were greatly appreciated.

Occasional light showers and clouds kept things fairly cool on Saturday. Over-nighters enjoyed spacious camping and a delicious barbecue with enormous portions. Thank you, Mark Parsons.

Two-day meets take lots of work. We kept extra help at the finish, had separate start and finish crews, and a separate chase start on Sunday. There were 62 controls to be retrieved. Thank you to **Aurora Andrews, Marley Beard, Jeff Brucker, Marilyn Cleavinger, Dan Cobbledick, Mike Collins, Helen Deluga, Mary English, Paul Friedland, Kelly Gaither-Banchoff, Rachel Gelbin, Ann Haber, Mike Huckaby, Lois Kimminau, Gee Gee Larrington, George Lebl, John Little, Clark Lohr, Jason Luurs, David Mackstaller, John Maier, Bettina Martin, Keith McLeod, Mark Parsons, Pat Penn, Dick Simpson, Roger Sperline, Jim Stamm, Max Suter, and Tim Ward.**

SATURDAY, SEPTEMBER 16

Yellow, 10 controls

1T	Niedrauer	62:44
1M	Joe Norris	68:40

Orange, 3.9 k., 116 m. climb, 11 controls

1W	Rachel Gelbin	82:47
2W	Margrit McIntosh	87:54
1T	Brown Family	108:50
3W	Jelinda Pepper	118:20
	Sue Roberts	152:18

2T	Cranes	152:25
3T	Kelly	166:00
	Mary Ellen Clark	DSQ
	Norma Acuña	DNF
	Kelli Gaither-Banchoff	DNF
	Paul Friedland	DNF

Green, 4.8 k, 220 m. climb, 11 controls

1M	John Little	71:22
2M	Fred Padgett	92:02
1W	Peg Davis	92:20
2W	Marilyn Cleavinger	97:10
3M	George Lebl	98:32

	Keith McLeod	109:00
	Alan Pepper	114:00
3W	Pat Penn	115:58
	Marley Beard	158:10
	Helen Deluga	171:30
	Jim Stamm	184:50
	Kathy Creath/Tim Johnson	DNF
	Bud Farmer	DNF

Red, 5.7 k, 253 m. climb, 12 controls

1M	Jeff Brucker	80:18
2M	John Andrews	81:41
1	Mark Parsons	82:10
	John Maier	87:47
	Michael Collins	88:20
	Max Suter	97:20
	James Lingar	100:28
	Roger Sperline	107:24
	Alan Pepper	114:00
	Mike Huckaby	175:54
	Dick Simpson	DSQ
	Clark Lohr	DNF

SUNDAY, SEPTEMBER 17

Yellow, 10 controls

Rec.	Gee Gee Larrington	67:55
1M	Ron Ingram	69:35
1T	Mackstaller	115:53
2T	Andersen	171:10

Orange, 3.8 k, 146 m. climb, 11 controls

1W	Gee Gee Larrington	68:25
1M	Larry Lamb	103:47
2W	Norma Acuña	122:17
3W	Jelinda Pepper	138:35

	Margrit McIntosh	143:22
1T	Kathy Creath/Tim Johnson	175:30
2T	Cranes	184:45
2M	Robert Kelly	185:35
	Ann Haber	DNF

Green, 4.8 k, 216 m. climb, 11 controls

1M	John Little	92:30
2M	George Lebl	95:53
3M	Alan Pepper	99:21
	Roger Sperline	101:19
1W	Peg Davis	103:07
2W	Pat Penn	112:02
	Keith McLeod	136:05
	Sparky	136:32
3W	Marilyn Cleavinger	143:23
	Jim Stamm	144:22
	Bud Farmer	160:15
1T	Where is the Tree	161:02
	Marley Beard	164:26
	Fred Padgett	165:11
	Helen Deluga	173:25
	Los Rinones	DNF

Red, 5.8 k, 252 m. climb, 12 controls

1M	John Maier	73:28
2M	Mark Parsons	80:36
3M	James Lingar	105:23
	Max Suter	107:28
	John Andrews	108:42
	Jeff Brucker	108:54
	Dick Simpson	123:24
	Michael Collins	162:24
	Mike Huckaby	238:15
	Wilkey Richardson	DNF

**TWO-DAY TOTALS
STATE CHAMPIONSHIPS**

M18 (Green)

1. George Lebl 193:55

W21 (Green)

1. Peg Davis 195:27
2. Pat Penn 228:00
3. Marilyn Cleavinger 240:33
4. Marley Beard 322:36
5. Helen Deluga 344:55

M50 (Green)

1. John Little 163:52
2. Keith McLeod 245:05
3. Fred Padgett 257:13
4. Jim Stamm 329:12

M21 (Red)

1. John Maier 161:15
2. Mark Parsons 162:46
3. Jeff Brucker 189:12
4. John Andrews 190:23
5. Max Suter 204:48
6. James Lingar 205:51
7. Michael Collins 250:44
8. Mike Huckaby 414:09

September Business/Planning Meeting

—Mary English

Held September 22, 1995, at Mike Huckaby's home; John Maier, presiding; minutes taken by Helen Deluga. Ten members present.

- Heard Sun*Fest reports: new Redington Pass map, from John Maier and Roger Sperline; publicity for November issue of *Orienteering/North America*, from Marilyn Cleavinger and Mark Parsons.
- Planned specific arrangements for Halloween-O and potluck picnic October 27. See page 3 for details.
- Agreed to apply for Showers Point group campsite again for August 1996 meet at Palisades Ridge; also to try to organize a mapping clinic in the area a month or two before the meet, because that map needs quite a bit more work.
- Heard report on State Championships meet last month, from John Andrews, Marilyn Cleavinger, and Michael Collins. Because the meet was used as a dry run for Sun*Fest staff, analyzed procedures for registration, start and finish timing, and results reporting. Agreed to continue practicing those procedures, insofar as is feasible, at regular meets between now and next February.
- Decided to restock supply of club shirts, with Pat Penn handling the order.
- Discussed ways to make registration procedures at regular meets simpler for volunteers to manage.

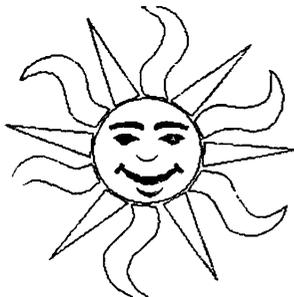
NEXT MEETING: Friday, October 20, 7-9 p.m. (about), potluck supper at 6:30, at (brand new!) home of Helen Deluga, 2402 E. Mitchell Street (one block south of Glenn Street, just west

of Tucson Boulevard). AGENDA: Sun*Fest staff meeting report; meet-site schedule for 1996; express-registration experiment; recruitment of volunteers to staff club meets. All club members are cordially invited and eligible to vote. If you can't attend, contact any officer to send along ideas, suggestions, and questions.

*Sun * Fest*

February 17 and 18, 1996

—Keith McLeod



Thanks to Dan Cobbletick, John Andrews, and their marvelous families for pitching in to make the Arizona State Championships meet such a success. Many others of the Sun*Fest staff helped too, for registration, starting, finish, results, and other fields. Practice at this and future meets will help us all to learn what needs to be done to make the February A meet run smoothly.

I'm struck at the wide variety of skills and personality types we have working together for our enjoyment of orienteering. I urge you to participate. In addition to your contribution, you will encounter some extraordinary individuals.

A meeting of the Sun*Fest committee, and those interested in helping, will be held on Friday, October 13, 1995, at 6 p.m. at Keith's office conference room, located on the northeast corner of Sunrise and Kolb. All orienteers are welcome to attend.

A Short Course in Orienteering

—Brian Teahan

Los Angeles Orienteering, March-April 1995

The Most Important word: Map.

The Least Important word: Lost.

Six words: Traffic Lighting: Green, Amber, and Red.

Five words: Simplification: Look for big features.

Four words: Plan Ahead Route Choices.

Three words: Orient the Map.

Two words: Attack Point.

One word: Handrails.

TUCSON ORIENTEERING CLUB OCTOBER 1995						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13 SUN*FEST Staff meeting	14
15 MEET See page 1.	16	17	18	19	20 BUSINESS/ PLANNING MEETING	21
22	23 DEADLINE FOR NOVEMBER NEWSLETTER	24	25	26	27 HALLO- WEEN-O See page 3.	28
29	30	31				

TSN Club meets are held regularly on the third Sunday of the month, year-round. NOTE: Meet-
ings are subject to change. The schedule is updated every month in this newsletter.

Oct. 13 Sun*Fest Staff Meeting, 6 p.m. at
Keith McLeod's office, NE corner of
E. Sunrise Dr. & N. Kolb Rd. All
orienteers welcome.

**Oct. 15 Whetstone Mountains—North
Meet**
Courses: Michal Lebl (297-8375)
Director: Martin Lebl (297-8375)
See page 1 for details.

Oct. 20 Business/Planning Meeting, 7 p.m.
All TSN Club members invited and
eligible to vote. See September
meeting report, page 7.

Oct. 23 November newsletter deadline.
Mail: 9055 Calle Bogota, 85715.
FAX: eves 290-8071; days 327-4504.

**Oct. 27 Halloween-O; potluck picnic and
vampire-style night-O, 4-10 p.m.**
Lincoln (City) Park
Courses: John Maier (586-7300)
Director: Mike Collins (318-4905)
See page 3 for details.

**Nov. 19 Cat Mountain, Tucson Mtns.
Meet**
Courses: Roy Parker (621-9347)
Director: Jason Luurs (751-6771)

Nov. 27 December newsletter deadline

Dec. 17 Catalina State Park
Meet Courses: Max Suter (797-8850)
Directors: Maureen Jamieson and
Jim DeVeny (323-0936)

Dec. 26 January newsletter deadline

1996

Jan. 21 Greasewood (City) Park
meet Courses: ??
Director: ??

Feb. 17- Arizona Sun*Fest (A-Level Meet)
18 & Western States Championships
Redington Pass
Coordinator: Keith McLeod (529-1808)
Courses: Mark Parsons & John Little
Map: John Maier, Plamen Djambazov,
and Roger Sperline
Registrar: Marilyn Cleavinger (phone:
795-2081; FAX 795-3227; E-mail—
clever@azstarnet.com)
Many volunteers still needed. Look
for sign-up poster at next club meet
or call Keith McLeod.

March TSN O Club Officer Elections
for April 1996-March 1997 term.

Mar. 17 Site: ??
Meet

All TSN Club meets are organized and staffed by volunteers. If you can help, even for just an hour or so, please call the meet director or Mike Huckaby, vice president, 881-0559.

1995 TUCSON ORIENTEERING CLUB OFFICERS

President	John Maier P. O. Box 1418, Benson 85602	Benson, 586-7300
Vice President	Mike Huckaby	881-0559
Secretary/Treasurer	Helen Deluga	628-8985
Membership	Marilyn Cleavinger	795-2081
Equipment	Mary English	881-4786
Maps	POSITION OPEN	
Publicity/Education	Mark Parsons 313 Powell St., Bisbee 85603	Bisbee 432-2507
Newsletter Editor	Lois Kimminau	296-2108 FAX eves: 290-8071 FAX days: 327-4504

Training Tip

—Dennis Wildfogel

BAOC Bulletin, Sept.-Oct. 1995

One way we lose time on an orienteering course is by stopping in order to read the map. Whether you run or walk, you can improve your time considerably by being able to get the information you need from the map while you continue to make forward progress. This issue's training tip describes a means of practicing to get better at reading while on the move.

The ideal circumstance would be to go for training runs or hikes at places for which you possess an orienteering map. But for most of us, that is very inconvenient. So, instead, when you go for a run or a hike, bring *some* orienteering map with you. The best ones to bring are ones that you are least familiar with and that have one or more courses on them. (A good source for such maps is the magazine *Orienteering/North America*.) Then while on your run or walk, try to study routes between controls without slowing down. You'll be amazed at how difficult this is! As a variation, bring reading material (e.g., the morning sports section) rather than a map. I've heard that in Scandinavia, they send kids out on training runs with comic books. When I first tried to read the newspaper while out for a morning run, I was appalled at how little I was actually able to read—a clear indication of how much work I needed to do on this valuable skill.

The above hints on learning to read your map quickly while moving combine well with the following reminders on getting the most help from your map.

Some Helpful Hints to O By

—Delaware Valley Orienteering Assn.

June 1995

The most important skill in orienteering is obvious—map reading. Your routes are based mostly on what the map tells you; therefore, you and the map end up being inseparable. The following are a few helpful hints to better your skills.

Get to know the IOF Symbols on the map in the legend. Take out one of your maps and study the legend for a while.

Get to know the IOF Standard Symbols for the Control Description sheet. This is particularly important for those advancing to Orange. The IOF Symbols are a type of hieroglyphics that describe the feature on which the control is hung or is near. These sheets are usually available at Registration.

Map read with your thumb. Continually position your thumb at your location on the map. That way when you look away and return to your map, you won't need to continually search out where you are.

Halloween-0
October 27 at
Lincoln Park



Tucson Orienteering Club
P. O. Box 13012
Tucson, AZ 85732
Address Correction Requested

X



TSN MEMBERSHIP APPLICATION

Check one: New Member Renewal Date on mailing label _____

Check one: Individual (\$8) Household (\$11)

Name: _____ Telephone: _____

Address: _____

Can you help staff a club meet? Yes, call me.

Members receive a monthly newsletter, have voting privileges, and receive a \$2 discount per meet. Make checks payable to: Tucson Orienteering Club, and send to P. O. Box 13012, Tucson, AZ 85732.