



The Tucson Orienteering Club Newsletter

August 1991

Get cool with Kessler at Palisades on Sunday August 18th

Has anyone out there forgotten what it feels like to be cool and comfortable, not running around just this side of heat stroke? If so and you want to be reminded of how wonderful it can be, come on up to the top of Mount Lemmon for our next orienteering meet.

This wondrous event will be held Sunday, August 18, with starting times between 9:30 AM and noon. There will be a beginner's clinic at 9:00 AM for anyone new to the sport who would like some help before taking off into the great unknown. Pumpkin time is 2:00 PM for anyone still looking for controls, as we then begin gathering them up. Non-existent controls are even harder to find than the normal ones, so please make sure you have checked back in at the start/finish table by then. This is important whether you have completed your course or not because anyone who has not checked in is considered lost. (Looking for non-existent people is no more fun than looking for non-existent controls.)

The cost is \$4 for individuals and \$6 for teams with a \$1 discount for TOC and SAHC members. Compasses can be rented or safety whistles purchased for a buck more.

For those interested in camping the night before, just come on up Saturday afternoon/evening. We will be camping at or near the starting site - there will be orange and white markers directing you. Remember, it's cooler at 7000 feet than most of us desert dwellers are used to, so clothing is advised.

To get there from here, take the Mount Lemmon Highway to milepost 20 and turn left on Organization Ridge Road. Follow the main road for about 1/2 mile to the Amphi Men's Club lot and all the control markers.

For more information, call Mike Kessler at 888-4034. See you there.

Calendar

August 12	Business meeting-see tidbit
August 18	Palisades
Sept. 15	Motala at Lincoln Park
Oct. 20	Catalina State Park
Nov. 17	Bajada Loop
Dec. 15	Sabino Canyon

Groovin' with PHXO up north

July 27 & 28th

The Phoenix Orienteering Club (PHXO) earned its place in the hearts of 17 TOC-ites who visited with them in Northern Arizona, July 27 & 28. Dave Hensley found a beautiful site about 10 miles south of Flagstaff with tall pines, rolling hills, and no cactus. He and Carl Beyerhelm (of Flagstaff) set three great courses and were assisted by Betty Conner, Fred Padgett, Keith McLeod (control retrieval), and several others. Nearly 50 people participated in the day meets, some of them first-timers. The weather was lovely, the company was swell, and we got to do almost enough orienteering (when have you ever done too much?). Dave was looking a little tired by the end of it all, but he managed to remain polite through directing three meets. The Phoenix club is looking great; brand new bags are a beautiful sight. Let's try to find a site within two hours' drive of both Phoenix and Tucson and have an annual O-fest for a few days. If the turn-out was this good (a LAOC-ite and a ranger from Sedona showed up) with a site so distant from both clubs' homes, imagine the possibilities!

Saturday day event

Basic: 3 k., 11 controls

Recreational

Jeff Furst
Tasmanian Devils
Wendell Goode
Miller Team
Conner Team

Competitive

1T. Lounge Lizards 1:12:47
1W. Lena Parsons 1:21:34
2T. Livergood-Trojans 1:33:45
Elizabeth Baldwin DSQ

Intermediate: 4.8 k., 11 controls

Recreational

D²
Sue Roberts
Bean & Furst

Berger Team

Ringnes Team

Wilkey Richardson

Back Seat Hikers

Competitive

1W. Pat Penn 1:10:41
1M. Tim England 1:13:48
2W. Peg Davis 1:29:13

Advanced: 7.0 k., 12 controls

1M. John Maier 1:20:59
2M. Dave Kreider 1:46:14
3M. Roger Sperline 1:54:37
4M. Tim England 2:12:56
5M. Mark Parsons 2:45:23
1W. Marilyn Cleavinger 3:25:09
2W. Helen Deluga 3:32:45

Saturday Night-O results

(one hour time limit, 22 controls, 185 points)

Penn & Cleavinger 160 two heads are better than one
Helen Deluga 145 triumphed though wearing sunglasses
John Maier 140 claims to have lost card
Mark Parsons 140 known to have lost mind
Peg Davis 105 chicken, stuck to paths

Tim England 87.5 came back late
 The Crawfords 80 hadn't seen the terrain in daylight
 Betty Conner 75 Phoenix parks&rec bigshot/mainstay
 Barbara Bean 65 ok, I confess I don't know her
 Fred's Map Hikers (the dirty half-dozen) recreational

Comments included: It was fun. It was dark. Son said: scary, but my mommy was there. Mother said: scary, but my son was there. We all say PHXO night-0 controls are incredibly reflective.

Sunday Long-0
 Course A: 11.8 k., 1020 ft
 elevation change, 11 controls
 Recreational:
 Manager/Kauling
 Competitive:
 Fred Padgett finished after
 Tim England I left
 Elis Eberlein
 John Maier 1:54

Course B: 3.6 k., 240 ft
 elevation change, 3 controls
 Recreational:
 Sperline & Roberts
 Lounge Lizards
 The Starrs
 Competitive:
 Connie Fitzmarie 1:54

Course C: 6.5 k., 660 ft.
 elevation, 5 controls

Recreational:
 Jeff Furst
 Competitive:
 Dave Kreider 1:10
 Marilyn Cleavinger 1:33:15
 Pat Penn 1:39:15
 Wilkey Richardson 1:53:07
 Helen Deluga 1:56:31
 Keith McLeod 2:04:40

Course D: 5.6 k., 520 ft.
 elevation change, 5 controls

Recreational:
 Barb & Judy
 Berger & Vatcher
 Competitive:
 Peg Davis 1:29
 The Crawfords 1:33
 Mark & Lena Parsons 1:40

Did they learn to orienteer at Tohono Chul on July 24th?

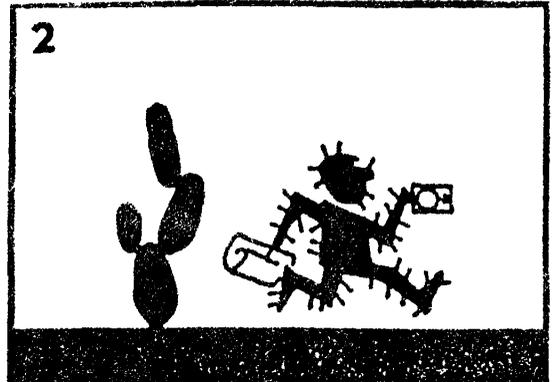
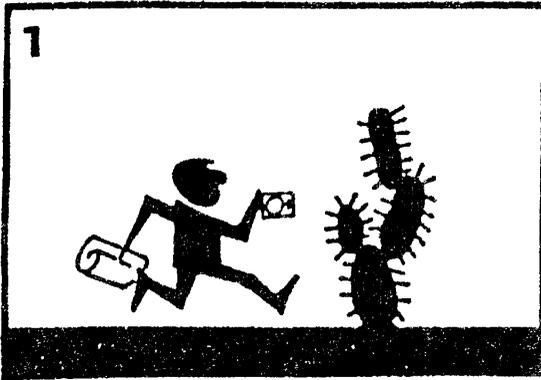
On Wednesday, July 24th, Roger Sperline gave a map/compass workshop at Tohono Chul Park. The talk was followed by a short night-0. Twenty-three people attended the talk and walked the course afterward.

The map used was drawn from the original park site map and an aerial photo. The final map has one foot contours and a scale of 1:2000. Every sqauaro is on the map! The participants, mostly first-timers, took 30-45 minutes to walk the course.

An event on this scale is an excellent introduction to map-making for the first time cartographer. Roger and Sue Roberts field checked the map and mapped some new trails in about 45 minutes one Sunday morning. Setting and vetting the course took about 45 minutes - including last minute changes. Roger picked up all the controls in about 15 minutes. Reproductions, Inc., recommended by Dan Cobbledick at his mapping talk at the last meeting, was very helpful with scaling and copying the maps.

Sue Roberts

JUST FUN - NO NEWS



Orienteering World 1990 No. 4

Cartoon: Breislav Koc

Lines and shadows by Mark Maher Orienteering Kansas (OK)

Latest in a series on the metaphysics of orienteering

A few weeks after my first meet I went for a run in nearby pastures and woods and made a point of trying to imagine how the terrain would look on an O'map. I was just getting used to the idea that the world could be represented by the lines and shadings of orienteering maps when I began to climb a terraced hill through ankle-deep snow. The late afternoon sun was casting shadows of the treeline on my left across my path and out into the field. Even the terraces were accented by low shadows and the contrasting glare of the sun off the snow. The shadows of the terraces defined contour lines, those of the fence row defined vegetation, and the snow was the blank background of a map waiting to be drawn.

As I approached the top of the hill and looked back at my own tracks and at the complex terrace pattern over the steepening hillside which had developed a couple of reentrants, I became short of breath. While in this state of oxygen deprivation, I thought how life could be seen as a pattern of lines and shadows. My analysis of this concept did not long continue because the perspective had been gained while suffering oxygen debt, not an endorphin-induced runner's high.

There are other degrees of *feyness*, as of punishment, besides the capital; and I was now led by my good spirits into an adventure which I relate in the interest of future donkey-drivers. The road zigzagged so widely on the hillside, that I chose a short cut by map and compass, and struck through the dwarf woods to catch the road again upon a higher level. It was my one serious conflict with Modestine. She would none of my short cut; she turned in my face; she backed, she reared; she, whom I had hitherto imagined to be dumb, actually brayed with a loud hoarse flourish, like a cock crowing for the dawn. I plied the goad with one hand; with the other, so steep was the ascent, I had to hold on the pack-saddle. Half a dozen times she was nearly over backwards on the top of me; half a dozen times, from sheer weariness of spirit, I was nearly giving it up, and leading her down again to follow the road. But I took the thing as a wager, and fought it through. I was surprised, as I went on my way again, by what appeared to be chill rain-drops falling on my hand, and more than once looked up in wonder at the cloudless sky. But it was only sweat which came dropping from my brow.

From Travels with a Donkey
by Robert Louis Stevenson, 1879



Reader's Digest of the July O/NA

Orienteering North America is a monthly publication featuring news about upcoming meets, meet results, orienteering techniques, nutrition and health concerns, and anything else you can think of that concerns orienteering. Reading it regularly enables one to become familiar with people and policies at the national and international level - it may even make you a better orienteer. Since orienteering is a small sport, after attending even one 'A' meet, or even getting to know out-of-towners who come to TOC events, you will begin recognizing familiar names. This month's issue had so many fun articles that I thought I would pass along the highlights.

-O/NA must have heard how many babies we had at the Bear Wallow meet in June - their cover shot is a woman with a baby in a Snugli punching a control.

-Ron Hudson wrote a very flattering two-page article about our April Rogaine, complete with pictures and results. Anton Kniebugel's article about how he and Edwin Gookin ran the course was illustrated with the map marked with their route.

-The Bay Area Orienteering Club (BAOC) is holding the Western States Championships on November 23 & 24. This could be a wonderful way to spend the Thanksgiving weekend. Should we have a club carpool?

-BAOC is considering hosting the 1993 USOF convention in Lake Tahoe. This is the first convention within driving distance since 1989. The convention usually lasts 3 days covering many topics and with several small orienteering events. A two-day A meet is held at the end. Those wishing to send letters of encouragement may write to BAOB c/o Joe Scarborough, 3015 Holyrood Drive, Oakland, CA 94611.

-Would you like to receive a copy of O/NA? If you are a TOC member, call Peg Davis at 628-8985 (just leave a message) and a free copy will be sent to you courtesy of TOC.

Tidbits

Dale Bruder will be offering his next Pima College orienteering class in October. Call him at 323-7028 for details.

The next business meeting will be at the home of Helen Deluga (2743 north Park) on Monday, August 12th. The potluck begins at 6:30 PM and we get down to business at 7PM. All members, not just officers, are welcome to attend and contribute.

John Maier has begun his annual pilgrimage to the East. See him in mid-October.

Did they learn to orienteer at Greasewood Park on July 21st?

Intermediate - Recreational

Glenn Henderson
Cowgill Team
Schweigert Team
Joanne Striker
Starr Team
Philip Lee
Kelly Cook
Roadrunners
D squared
Dead Rocks
Sue Roberts
Laurie Fellows

Basic - Recreational

O'Hare Team
Doran Team
Robert Surma
Len Bruno
Michael Malone
Hatten Team
Willis Team
Camel Team
Mari-Jo Woolfe
Varner Team
PPP Team

Intermediate - Competitive

1W	Marilyn Cleavinger	28:00
1T	Annie & Pat	33:48
1M	Mike Pfeiffer	39:15
2W	Christine Hannum	54:02
3W	Carol Kochan	64:00
4W	Ann Haber	64:20
2T	Cranes	66:00
5W	Helen Deluga	79:07
	The Evil Mendu	DNF

Basic & Intermediate - Recreational (Yee Haw! Look at them go! category)

Massieon-Levine Team
Greased Lightening
Fred Waechter
Lostateers

A healthy crop of beginners wended their way through Greasewood for our July meet. Most of the people doing the basic course took advantage of the beginner's clinics and the guided map walks. Southern Arizona Hiking Club participants got a little practice on their way to the meet since incorrect directions to the park were printed in their bulletin. It's surprising how many of them drove around, cogitated, and found the start after all. The course setters/meet directors were very happy with the meet - the controls were in the right places, nobody got lost, and we even got some compliments on the course design! Sorry we couldn't deliver the rain we advertised. We gratefully thank Laurie Fellows, LaDonna Lee, Roger Sperline, Sue Roberts, Warren Kossmann, Dale Bruder, Mike Kessler, Pat Penn, Mary English, and Marilyn Cleavinger for their fine help at the tables, clinics, and walks. The future of the club depends on beginners. Let's plan more meets aimed at them - how about Lincoln Park this winter?

Peg Davis and Beverly Burwell



MEMBERSHIP FORM

Check One: New Member

Renewal Date on Mailing Label

Name _____

Address _____

Telephone _____

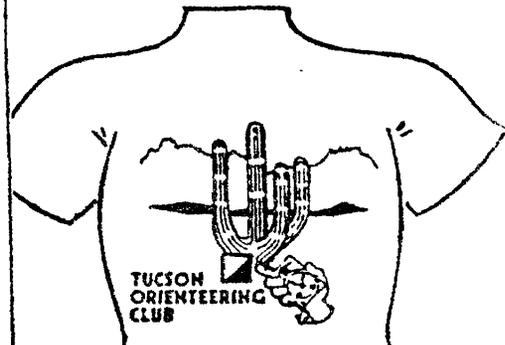
Check One: Individual \$2.00

Family \$11.00

Members receive a monthly newsletter, have voting privileges, and receive a \$1.00 discount per major meet. Make checks payable to : Tucson Orienteering Club, and send to P.O. Box 13012, Tucson, AZ 85732.

Address Correction Requested

Tucson Orienteering Club
P.O. Box 13012
Tucson, Az. 85732



**GRACE YOUR
BODY \$8.**