

# TUCSON ORIENTEERING CLUB NEWSLETTER

Oct. 1991



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## CATALINA STATE PARK -- OCTOBER 20

by Carol Matty

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October's bright blue weather - not too hot, not too cold - is upon us at last. And what could be a more amiable meet spot than Catalina State Park with its gorgeous views of the north face of the Catalinas and terrain a bit more challenging than some of our recent courses.

As a new attraction four categories will be offered, basic, advanced basic, intermediate and advanced. Course setter Roger Sperline notes that there seems to be a big skill gap between basic and intermediate so some good people hesitate to attempt the step up. New beginners can learn in a noncompetitive atmosphere; advanced beginners may compete and will be asked not to read the extra hints given to the real novices.

Roger has drawn a helpful new 20' contour map to use instead of the usual USGS 40' contour map. This will be a wonderful aid in avoiding some of the rough

spots, especially the sticky cat's claw in the ravine.

Catalina State Park charges a \$3.00 per vehicle entry fee, so carpooling would be a good idea. Camping is available at \$6.00 per vehicle, no reservation, first come first served. You will need to make your own arrangements. Camping is open 24 hours. The park area is open 7AM to 10PM; the park contact desk is open 7AM to 5PM.

Fees for orienteering: \$4.00 individuals, \$6.00 teams (\$1.00 discount for TOC and SAHC members). \$1.00 for compass rental, \$1.00 for whistle purchase.

Times: 9:00 Beginner's Clinic  
9:30 Courses Open  
12:00 No one starts after noon  
2:30 Controls will be picked up

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# MARILYN'S MOTALA

by Dale Bruder

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Forty nine enthusiastic orienteers ranging in age from 8 to 66 enjoyed the September 15th event at Lincoln Park. Club President Marilyn Cleavinger set 26 controls that provided 3 loops for the Intermediate and Advanced courses, and two loops for the Basic course. There were seven sets of mass starts from 9 to about 11AM. Marilyn's choice for the start on the far south side of the park provided a unique presentation to the lower elevations.

Meet director Dale Bruder doubled as beginner clinic leader offering three sessions. Christine Cray and Rachel Gelbin managed registration and timing. Marilyn had help from at least six people producing multiples of the various maps. Fred Padgett, Charlie Massieon, Molly and Mark Parsons, Mike Kessler and Andy Dockery retrieved controls.

Thanks to all.

## LOOKING BACK, LOOKING FORWARD

by John Maier

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Looking back over the past year or so I find that the events which gave me the most enjoyment were those that were north of Phoenix. Without question my #1 favorite, far and away, was the joint venture (joint in participation, workwise it was almost all Dave Hensley and PHXO) at Lk. Mary near Flagstaff. My #2 favorite site in very technical desert terrain was the Lk. Pleasant event a short ways north of Phoenix. Why were these such standouts? Many reasons: excellent terrain, well-designed courses, great location (elevation wise) for time of year, good weather, good people, etc., etc. The Lk. Mary event had the added attraction of being a multiday affair including a night-O and of course the campout. In Fact I can only think of one disadvantage to these events and that was distance (at least for our club).

The solution was to carpool to save gas and socialize. Probably the main reason I enjoyed these sites so thoroughly, however, was that they were new sites. Orienteering is more than just finding your way with map and compass; it is finding your way in unfamiliar terrain. After a site has been used a few times, the unfamiliar becomes familiar, and after a few more times it becomes downright stale. Orienteers need new terrain just like politicians need new blood. We must continue to develop new sites. Several new sites will be developed in the year ahead. This year's Rogaine site holds the promise for several new maps. Kelly Cook has an area in the Tortolitas that looks good for a new low elevation site if we can get a good base map for it. Mark Parsons is working to develop a

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# LINCOLN PARK MOTALA RESULTS

## BASIC

	Robin Staples	REC
1W	Adison Adams	15:01
2W	Molly Parsons	17:30
1M	Kim Marinelli	19:34
	Kevin Keating	REC
	Andy Dockery	REC
2M	Bill Licbson	22:45
	Weed Eaters	REC
3M	Nabil Khouri	28:20
	The Dockerys	REC
	The Pagacs	REC

## ADVANCED

1M	Mark Parsons	40:04
1T	U of A	45:57
2M	Dan Cobbledick	46:30
3M	Roy Parker	48:57
	Roger Sperline	50:44
	Keith McLeod	69:51
1W	Peg Davis	81:55
	Fred Padgett	89:32
	Mike Kessler	118:42
2W	Ann Haber	144:36

## WESTERN STATE CHAMPIONSHIPS

The Western State Championships will be held Saturday and Sunday November 23 and 24 (the weekend before Thanksgiving) near Fremont, California. Those interested in carpooling should call Peg Davis at 628-8985.

## INTERMEDIATE

1M	Scott Hill	50:41
2M	Thom Wade	56:40
1T	Fred's Friends	60:07
	Robin Staples	REC
3M	Charlie Massieon	68:36
1W	April Bahl	69:34
2T	Killer Guinea Pigs	72:52
	Kelly Cook	72:55
3T	Only 4 Big Feet	73:22
2W	Chris Hannum	78:32
	Phillip Lee	REC
3W	Sue Roberts	86:28
	Goin' Bananas	91:07
	The Cranes	113:37
	Deb Bird	DNF
	Peur Worrell	1 loop
	Alison Adams	DNF
	Mark Harkness	DNF

## IMPORTANT DATES

Oct. 16	Business Meeting at Peg Davis' (1229 E 13th); 6:30 PM potluck; 7:00 PM meeting. Meeting will end promptly at 8:30 PM
Oct. 20	Catalina State Park
Nov. 13	Business Meeting at Pat Penn's (931 N Norris); 6:30 PM potluck; 7:00 PM meeting
Nov. 17	Bajada Loop
Nov. 23/24	Western State Championships
Dec. 15	Sabino Canyon

# THE COMPETITIVE EDGE

by John Maier

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Where do you lose most time when you do your course? Most people do pretty well on the first 80-90% of each leg but have trouble with the last 10-20% when they're honing in on the control. Kind of like the golfer who can't putt. In fact many people end up searching for the control instead of having a methodical plan for consistently hitting it right on. How much greater joy do you experience when you hit it right on versus having to spend 2-3 minutes or more searching about? Have you tried to analyze the differences between your successes and misses? You should. Most likely you will find that greatest success comes from approaching the control from the least risky direction -- the one that is easiest to follow, has terrain features which you can easily identify, and which has a good catching feature a short ways beyond the control in case you do miss. But you don't always take the least risky way, do you? If the easiest approach is from the left but you are to the right, most likely you'll not sacrifice the time to go over to the other side. But could you have had a better plan that would've put you there instead of where you find yourself? These are some of the things you should consider trying to debug the problems you had in honing in on controls.

Often these problems are the result of not having a clear plan for the next control or having one that's just half-baked. If you punch without a plan for the next leg, you may rush off a ways before planning to avoid being a beacon at the control which others are looking for. But in rushing away a

ways you are already beginning to commit yourself before you're ready to. You'd be better off to make your plan before going in to punch the control rather than after. The reason is easy to illustrate with an example. If there are two obvious routes to the next control which diverge at the beginning of the leg, but one is much better due to an excellent attack point at the end, then rushing out from the preceding control arbitrarily in one of the two directions will, by the law of averages, put you on the second best route 50% of the time. But if you took the time to plan the best route beforehand you will not increase your risk (and possible errors) by going the second best way, nor will you lose time in switching back to the best route. You can go the best way (best as you can determine) every time if you plan ahead! So plan beforehand. If you see the control 50 meters away, plan your next leg before going in to punch. Other orienteers seeing you looking at your map will think you're lost or confused and you will not alert them to the control which you already see. Try it! Then when you have your plan decided move on through the control, stopping only for that instant it takes you to punch, then continuing right on according to the plan you've chosen.

In formulating your plan do not figure out how to go from the start of the leg to the vicinity of the control and then decide what must be done to zero in. No! Instead first look at the control location to see which approach will be easiest for you to execute  
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# EXTRACURRICULAR ACTIVITIES

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Mark Parsons co-authored an article on the ROGAINE John Maier almost singlehandedly produced in a recent issue of ONA.

Roger Sperline presented a night orienteering event at Tohono Chul Park.

Dale Bruder presented a class and a field exercise to the Saguaro National Monument volunteers in June. He also gave a talk to the local windsurfers club in September.

Peg Davis published a piece in the Pima Trails Association newsletter and snagged a photographer from the Tucson Citizen at the Palisades meet. The paper published a wire service article with the photos.

Dale's telephone rang for days with

inquiries and the Pima Community Campus class "Terrain Games" may need two sessions to satisfy the interest.

LaDonna Edwards is giving a talk at her church.

All of these accomplishments increase the success of the club as a member driven vehicle and as a fine experience offered to the general public.

EDITOR'S NOTE: If you have been doing something or know of someone else's accomplishments, let us know! Send a note to the PO Box address, Attn: Newsletter Editor. This month Dale Bruder collected all of these tidbits-- thanks, Dale!

## LOOKING BACK... (cont'd from Pg 2)

new high elevation site in the Huachucas. There are two other sites I have in mind: one in the Whetstones and one in the Grahams. Roger Sperline has a new site in the Tucson Mountains as well as some city parks that could be developed for orienteering.

The more distant sites should offer more than just a single day event; let's make them 2-day events or precede them with a night-O. Sites I'd like to see a night-O at include Rosemont Canyon, Bear Wallow and Cave Creek. What would you like to see? Sound off!

## CATALINA MEET (cont'd from Pg 1)

Directions: Catalina State Park is north on Oracle Road (Highway 89) to milepost 81, then turn right. Start and finish will be in the picnic area, follow the Orange and White Orienteering Signs.

Thanks, Mary English, for pointing me to the experts. Thanks, experts Mike Kessler, April Bahl, Steve Personett and especially Roger Sperline for the on-the-job training. Thanks, all you others who will be working at the October 20 meet. If you would like to volunteer, call me at 881-3350.

# BECOME MORE INVOLVED IN TOC !!

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So, have you been thinking about becoming more involved with TOC? Do you know someone who would be "just right" for one of our special positions? It's time to think about nominations for the Board of Directors for the 1992 year.

If you would like to run, or would like to nominate someone for an office (with their permission, of course) call Marilyn at 795-2081. We'll run the list of those nominated in the next newsletter, and if more than one person is nominated for any position, ballots will be in that newsletter also.

Remember, you must be a TOC member to hold an office (registration form on the back of this newsletter). Only the Map Chair requires any real orienteering experience; anyone with an interest has the most important qualification for any of the other offices.

## President

Directs and coordinates the affairs of the Tucson Orienteering Club. Presides at board meetings and at general meetings. Plans and sets dates for all meet sites and activities. Empowered to appoint chairs of special committees. Signature - Bank.

## Vice President

Coordinates the preliminary meet logistics and obtains permits for meets. Sets up meet director and course setter(s) for each meet, and if necessary, obtains members who are willing to help at meets. Presides in the

absence of the president.

## Secretary/Treasurer

Picks up mail from P.O. box and distributes on a timely basis. Answers inquiries about membership. Informs membership chair of new members and changes of addresses. Records minutes of meetings. Maintains financial responsibilities and maintains financial records of the club.

## Membership Chairperson

Maintains a computerized database for club membership and meet participation records. Provides mailing labels for the newsletter. Keeps all meet registration records. Current system is on an IBM compatible Dbase.

## Newsletter Editor

Prepares, prints and mails the newsletter. Is responsible for printing information from president of upcoming meets, results (from meet director) of past meets, and information or articles of interest to the membership. Shall mail newsletter 10-14 days before scheduled monthly meets. Shall set publication guidelines.

## Publicity and Education Chairperson

Upon notification of upcoming events shall prepare press releases and distribute information to appropriate media sources. Coordinates educational services.

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# PUT YOUR THINKING CAP ON

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Bill Borowitz submitted this Orienteering Brain Teaser to the Hudson Valley Navigator, and it's reprinted here via the DVOA "Briar Patch" and the SLOC "Contour Line".

Four orienteers, each on a different course (Blue, Red, Green and Orange), are heading for the GO control, each from a different direction. From the following clues, determine the direction each orienteer is coming from, the color of the course he/she is running and the order in which they punched the last control.

a. The orienteer from the east was the

first to arrive at the control. The orienteer on Orange was next.

b. The Blue course orienteer did not come from the east or west.

c. The Red course orienteer arrived just after the runner from the north.

d. The Green and Orange course orienteer came into the control from opposite directions.

Can you figure it out? Correct answer in next month's newsletter.

## COMP. EDGE (cont'd from Pg 4)

as dictated by attack points, terrain readability, climb vs. descent, and the existence of possible catching features a short distance beyond in case you do miss. After deciding your approach figure out the best way to arrive there to execute it. In effect you will be planning your route in reverse.

If you haven't been planning completely and have been letting chance dictate from which direction you must approach your control at the end of the leg, take command! Take the chance out of it. Replace it with a deliberate plan to put yourself in position for the approach you want to make to guarantee greatest success!

## TOC OFFICERS (cont'd from Pg 6)

### Equipment Chairperson

Maintains an accurate inventory of club equipment and supplies. Shall give equipment and supplies to meet director 4 to 7 days in advance of scheduled meet. Upon completion of meet, shall store, maintain, and replenish equipment and supplies when needed. Shall notify the President of equip. losses and needed replenishments. Needs some shed, closet or garage space.

### Map Chairperson

Maintains map library which is available for course setters use. Identifies new areas for map development, coordinates mapping activities for new and existing areas.



Address Correction Requested

Tucson, Az. 85732  
P.O. Box 13012  
Tucson Orienteering Club

## MEMBERSHIP FORM

Check One:  New Member  
 Renewal \_\_\_\_\_ Date on Mailing Label

Name \_\_\_\_\_

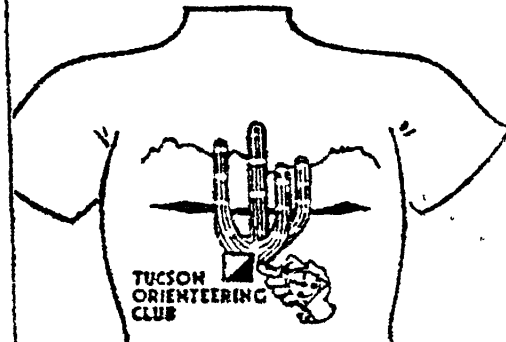
Address \_\_\_\_\_

Telephone \_\_\_\_\_

Check One:  Individual \$6.00

Family \$11.00

Members receive a monthly newsletter, have voting privileges, and receive a \$1.00 discount per major meet. Make checks payable to : Tucson Orienteering Club, and send to P.O. Box: 13012, Tucson, AZ 85732.



**GRACE YOUR  
BODY \$8.**