



The Tucson Orienteering Club Newsletter

July 1990

Early-O Heatbuster even-fun -for-those-who-think-they- know-everything-about- Greasewood-Park Meet Sunday July 15th

On Sunday, July 15th, the Tucson Orienteering Club will be holding an event at Greasewood Park. The easy-to-reach location is just west of the west campus of Pima College - on Greasewood Road between Speedway and Anklam Roads. The map is beautiful and richly detailed with two foot contour intervals. Cross-country courses for beginners and intermediate orienteers will be offered. Advanced orienteers will be challenged with a Memory-O (no map; you must memorize the route to the next control from the map tied to your current control) and a Window-O (the terrain details are erased over large areas of the map, details are seen only around controls). To combat the dreaded brain-fry, courses will open at 7:30 AM. Participants will be able to start courses until 10:30 AM, with all courses closing at noon. Beginner's clinics with all the instruction needed to complete a basic course will be offered at 7 AM and anytime afterward on request. Costs will be \$4 for individuals and \$6 for teams (bring your friends) with a \$1 discount for Tucson Orienteering Club members. Bring a compass or rent one for \$1.

Winners in the Selfless Devotion Sweepstakes

Every meet requires a course setter and a meet director. Who does it? From statistics compiled by Tim Fahlberg comes this listing of how many times the following people have directed a meet or set courses since the January 15th meet at Sabino Canyon in 1989.

- 6 - Dan Cobbledick
- 5 - John Maier
- 4 - Dale Bruder, Tim Fahlberg, April Bahl
- 3 - Bill Hamilton, Marilyn Cleavinger, Keith McLeod, Warren Kossmann
- 2 - John Little, Helen Deluga, Rachel Gelbin, Mike Kessler, Pat Penn
- 1 - Pat Geranis, Ed Rawl, Kelly Cook, Dale Cole, Peters&Jansen, Mike Pfeiffer, Mark Parsons

Would you like to have your name in one of the following slots?

date	location	meet director	course setter
Sept. 16	Palisades	filled	_____
Oct. 21	Cave Creek	_____	_____
Nov. 18	Helvetia	_____	_____
Dec. 16	Bajada Loop	_____	filled
Jan. 20	Catalina S.P.	_____	_____

Yes? Call Dale Bruder at 323-7028 or Tim Fahlberg at 624-6955.

Reminder - July 7th Night-O

The ever-generous John Maier will be hosting a full moon Night-O down at his spread on Cottonwood Wash. Mark your calendars for a 7:30 PM mass start on Saturday, July 7th. Get there by 7 PM to mark maps and register. Course lengths will be 60 and 90 minutes. Since this will be a Score-O, remember to bring your watch. Since this will be a Night-O, remember to bring your flashlight. We're invited to camp out afterwards at the 4000 ft. elevation. John is thinking about organizing a hike the next morning - interested? To car pool or get further information, call Peg Davis at 628-8985. To reach the site, take I-10 toward Benson, exit at State Highway 90 (exit 302). Go south 1.5 miles (0.25 miles south of milepost 291). Head east on a dirt road and follow the O-signs for about 2 miles to the site. Slimjims, coathangers, and Molotov cocktails provided.

The Competitive Edge

Copying the master map.... As anyone in our club knows, copying the master map and control descriptions are part of your overall course time. Other clubs may do it differently, so you should beware that our way is not the only way. This is a skill you can practice at home or with friends if you have difficulty doing it quickly. Since copying is part of your time, it is your first opportunity to get ahead of your fellow competitors. When copying your attention needs to be focused. It's best to copy the control circles in order (forward or reverse; it doesn't matter) starting with the start/finish triangle so as not to skip any points. For each point on the master map pick an obvious map mark (e.g.- road bend, intersection of a wash and a bold contour line, boulder group, cliff, etc.) which is close to the control circle or maybe even at the control circle) and is easy to locate on your blank map. Use this as a reference point from which to find and mark the control circle on your map. After completing all points, connect and number these circles to avoid later confusion and to make sure you haven't omitted any circles. Be very accurate with the circles (copying them correctly is the most important part of the whole event), but the connecting lines and numbers can be done very quickly, even sloppily. Your second task at the master map is to copy down the scorecard information. Do this quickly but legibly; it won't do you any good if you can't read it. Know the IOF symbols for control descriptions. These should be given if you're doing an intermediate or advanced course, but even if not you should learn their meaning because it's a lot faster to write \cap instead of re-entrant or \otimes instead of rootstock or \circ instead of hilltop. Try it. Sit at a table with a buzzer timer and see how many more times you can write the IOF symbol in one minute than its English equivalent.

Copying from the master map is the most important part of your course time but if done in an efficient manner you may be able to pick up a minute or more over other competitors before you even start to move your legs. It's the first step on your way to a good run.

Here's a relay game to practice your master map technique with other orienteers. This is a timed event. Divide the group into equal-sized relay teams. Each team member must copy the course and descriptions from a master map and scorecard, replacing the original with his/her copy. Next teammate copies from the copy, leaving her/his copy in place of the first copy. Continue in this manner until all teams have finished and have overall team times. Now measure how far the control circles have migrated from the original ones and add one minute for each centimeter of error. Also add time for incorrect control descriptions. Shortest time wins, of course. Do a study: men vs. women, tall vs. short, extrovert vs. introvert, etc. Use your imagination and most of all, keep laughing!

John Maier

Results of the June 17 event at Palisades North

Finding the meet was as challenging as the course at the June Palisades meet. After hearing compliments about Paul and Peg's placement of car controls as "the best ever", the controls were abruptly removed about 9:30 (a friendly? ranger informed us we could not place them on the roadways). Paul Kossmann volunteered to be a human control, but several carloads of orienteers reportedly spent an hour searching for the meet, nonetheless. Warren Kossmann set interesting courses with Peg Davis and Dale Bruder vetting. Of the 48 entries, 26 singles and 22 teams, most people chose to tackle the intermediate course, which proved to be tricky on those 40 foot contours (how many unmapped re-entrants were there at #4?). Teams were definitely the preferred mode on this course - 14 teams to 12 single entries - turning in some good times. Also on this course, el presidente al dente Bruder noted that this may be the first time in club history that the first woman's time (intermediate) was better than the first man's. (ed. note: Modesty precluded Ms. Penn's mentioning that SHE was the top intermediate dog - all this while directing a meet. May she be an inspiration to us all.) Concerning the old question of is it better to be fast and possibly run past something or go slower and hit it dead on, the top two advanced placers reported going slower than their usual pace, so Hares:0, Tortoises:2 this month. Peg Davis lead the beginner's clinics for the first time and liked it so much that she gave five of them. Thanks to those already mentioned and the following for making the meet possible: Dale Bruder, Dan Cobbledick, Warren Kossmann, and John Maier for timing and scoring; Rachel Gelbin and Sue Roberts for registration; Marilyn Cleavinger for set-up; Mark Harkness for back-up (and tax consulting); and the five who retrieved controls, etc. My first time at meet directing was easy with all of this great help!

Pat Penn

	IOF symbol Scoreboard (how people marked their control cards)				
	words only	incomplete word/symbols	symbols only	both	neither !!!
Basic	2	0	0	10	2
Intermediate	6	2	2	18	0
Advanced	0	3	7	0	0

COMPETITIVE ADVANCED

Women

1. Marilyn Cleavinger 3:17:36
2. Helen Deluga 3:25:44

Men

1. John Little 1:11:33
2. Dan Cobbledick 1:22:14

3. Roy Parker	1:57:34
4. Mike Pfeiffer	2:14:04
5. Jim Beving	2:53:25
- John Maier	DNF
- Mike Cordier	DNF
Teams	
1. Schweigert	3:33:34

INTERMEDIATE

Women			
1. Pat Penn	1:34:46		
- Diane Ewald	DNF		
- Joanne Striker	DNF		
Men			
1. Roger Sperline	1:41:30		
2. Keith McLeod	1:43:25		
3. Julian Spittlehouse	1:59:43		
4. Mark Harkness	2:09:04		
5. Larry Howard	2:20:48		
6. Ralph Prince	3:38:02		
Teams			
1. Grippped	1:24:44	7. The Spinners	2:42:31
2. Los Parsons	1:34:42	8. The Carlsons	2:44:16
3. No B.S.	1:50:47	9. Windjammers	2:45:19
4. Crawford Family	1:52:10	10. Groundhogs	2:56:54
5. Personett & Miller	2:02:03*	- The Cranes	DNF
6. Travellers	2:04:28		

BASIC

Men	
1. Lon Berg	33:12
2. Jim Huebner*	1:05:48
Teams	
1. The Hesters*	1:02:04
2. Barnes & Olsen	1:23:10
3. The Taylors	1:34:27

RECREATIONAL INTERMEDIATE

Sue Roberts
 Jim Huebner
 Dale Bruder
 Sweet & Bastron

* These entries attacked both the basic and intermediate courses.

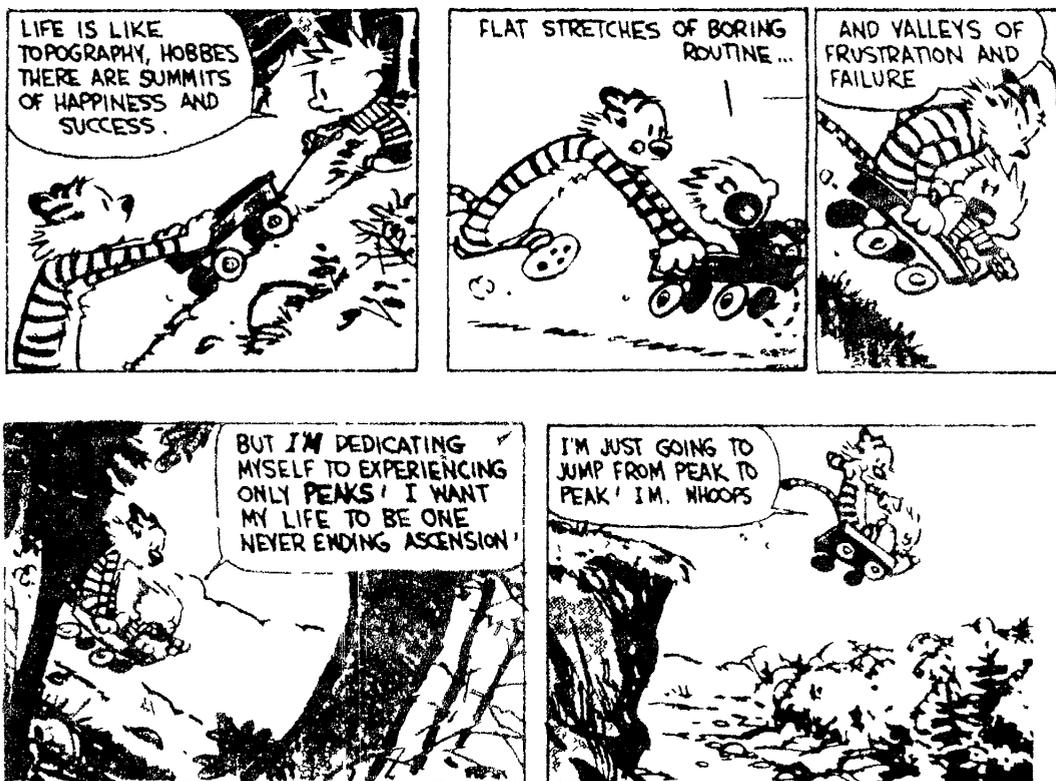
BASIC

Jean Cordier
 Wilkey Richardson
 Alan Lipman
 The Worthens
 Old & Lost*
 The Lost Team
 Rico & Merkle*
 The Ho Team
 The Cuts

Tidbits

John Maier is looking for others wanting to carpool to the Northwest and Canada for the APOC events. Intended departure - late July. Anticipated return - late August. For more information on the trip or the APOC orienteering schedule please call him at 538-7300 (Benson).

calvin and hobbes



The next meet within driving distance will be October 6 & 7 in Colorado.

On Vetting For The First Time

The day before the June meet, I went to the event site with the course setter and vetted the intermediate course. I've been running the advanced courses for about 6 months, attending John Maier's clinics, and doing some reading on orienteering, so I figured I ought to be able to handle it. I took a map marked exactly as the intermediate entries would have - with control location circles and word clues. Working through the locations numerically (letting Dale take the common intermediate/advanced controls), I went to number one first. I heard a lot of people complaining about this one at the meet - here's how I called it. I walked along the path to the boulder group, took a bearing, and bee-lined to the re-entrant. No marking tape in sight; what bend could Warren be thinking of? I walked downstream - no tape. I walked upstream - and voila! Orange plastic tape around a tree! Was it in the right place? Yes. While the word clue had been "bend in the re-entrant", looking at the control circle on the map showed the control was about 20 feet from a water tank. The control seemed perfectly placed in comparison to the water tank. If the tank was incorrectly mapped, there was nothing we could do about it. Moral: go for the big obvious landmark on the map instead of the florid prose of the word clue. In orienteering, tension seems to begin as one leaves a control, building as one covers the terrain, to be released massively as one spots the control. With vetting, going to the control is just an alert stroll, while finding begins the tension of determining if it's right. For all the other controls, I used obvious attack points (like trail kinks or re-entrant junctions) as close to the control as available. I pace counted on a bee-line to where I thought the control should be, then moved to where the tape was if needed, took another bearing and bee-lined back to the control point, and looked to see if the control surroundings matched what I should be seeing on the map. After 2½ hours (no running, taking roads and trails when possible), I had found all my controls. My recommendations to the course setter? Change no control tape locations, but move three circles on the map a hair. Vetting was more meditative than doing a course during the meet, fun in a different way. And since I had seen no other control locations on a map or in the terrain, I could still run the advanced course. Two days of orienteering for the price of one! I would recommend vetting to people who want to improve their orienteering skills (even the basic course needs to be vetted - any intermediate finisher should be capable), those who are available Saturday, but not Sunday, and those who want to squeeze in every possible chance to orienteer. Call Dale Bruder at 323-7028 or Tim Fahlberg at 624-6955 to snag a vetting slot for an upcoming meet.

Peg Davis

MEMBERSHIP FORM

FILL IN APPLICATION, MAKE CHECK PAYABLE TO: TUCSON ORIENTEERING CLUB, AND MAIL TO: TUCSON ORIENTEERING CLUB, P.O. BOX 13012, TUCSON, AZ 85732.

CHECK ONE: _____ NEW MEMBER _____ RENEWAL _____
Date on mailing label

NAME _____

ADDRESS _____

TELE. \$ _____

CHECK ONE: _____ INDIVIDUAL (\$8.00)
_____ FAMILY (\$11.00)

Members receive a monthly newsletter, have voting privileges, and receive a \$1.00 discount per major meet.



Tucson Orienteering Club
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Address Correction Requested

