



# The Tucson Orienteering Club Newsletter

October 1990

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## October 21st event to be at Bear Canyon Notice the change in location!

Have you ever walked to Seven Falls? Then you've been by the area of the October event! The Bear Canyon map was made by Bill Hamilton and Pat Geranis and features 40 foot contour intervals sprinkled with some scratchy vegetation - pull out those thorn resistant clothes. Mike Pfeifer will be directing the meet. Call him at 721-7701 for more information or to volunteer your services at the registration or timing tables. Basic, intermediate, and advanced courses will be set as the traditional loops. Please note that the start point is not reached from the main Sabino Canyon parking lot. Directions: From Tanque Verde Road, turn north on Bear Canyon Road. Turn left at the end of the pavement and follow the dirt road for 1/4 mile.

Times: Courses can be started from 9:30 until noon. Courses close at 2 PM. Beginner's clinics are at 9 AM and any other time you ask for one at the registration table. Compass use explanations are also available on request.

Fees: \$4 for individuals, \$6 for teams with a \$1 discount for TOC members. Compasses can be rented for \$1. Whistles can be purchased for \$1. We even have t-shirts for sale - complete with club logo.

Special Request: The Park Service is requiring us to provide a toilet for this meet. We could rent a Port-a-potty for a lot of money or.... perhaps one of you has an RV with a little bano we could use? If you could provide this service or have some other great idea on how to deal with this problem, please call Dale Bruder at 323-7028.

The meet at Cave Creek had to be moved because the site is popular during hunting season. Maybe we all could have just worn red, but to be on the safe side, hunting season will have to be over before we go back. The Helvetia meet in November is safe and will not be changed since the Fish & Game department reports that the area we want to use is not open to hunters.

# Orienteer on Halloween- Night-O at Lincoln Park

It's the long awaited new improved version of the Lincoln Park map with 2 ft contour intervals! And it's being unveiled on Halloween! And the nearly full moon will be rising early and the lights will be off on the Santa Rita High School athletic field! Yes! It's all true! Mapmaker, course setter, and meet director is his satanic majesty Dale Bruder - definitely the scariest guy you'll see all evening. He's setting up a long and a short loop for your orienteering pleasure. Feel free to come in costumes. Dale has promised that all tricks will be nice ones and he may even have treats. Bring your flashlights to pick out the reflective Night-O control markers. They look like fishing bobbers. Explanations and strategy tips are available on request.

Directions: Enter Lincoln Park on the south side of Escalante Road between Pantano and Camino Seco.

Times: The courses open at 7 PM and you must get off them by 9:30 PM. Even Dale needs his beauty sleep.

Fees: \$3 for individuals and \$4 for teams with a \$1 discount for TOC members.

## TOC to elect new officers

Nominations are now open for TOC officers for 1991. It seems that all 1990 officers will be leaving their posts, therefore new ones must be found. Nominations close after the October 21st meet. Ballots will be included in the November newsletter and must be returned by December 16th (the day of the meet).

All nominated persons must be TOC members (join up quick!). Self nominations are encouraged. If nominating someone else for an office, be sure to have their approval beforehand. Turn in your written nominations at the meet or mail them to Marilyn Cleavinger at the TOC address (P.O. Box 13012, Tucson 85732) or call them in to Marilyn or her answering machine at 795-2081.

President - directs and co-ordinates the affairs of TOC. Presides at board meetings and general meetings. Can appoint chairs of special committees.

Vice-president - meet co-ordinator. Appoints a director for each scheduled meet and, if necessary, obtains members who are willing to help at meets. Presides in absence of president.

Secretary/Treasurer - maintains financial records, picks up mail from P.O. box and distributes on a timely basis. Answers inquiries about membership. Informs membership chair of new members and changes of addresses. Records minutes of meetings.

Membership chair - maintains an accurate membership status list of

club members. Provides mailing labels for the newsletter. Keeps all meet registration records. Current system is on an IBM compatible DBASE.

Newsletter editor - prepares, prints, and mails newsletter to reach members 10-14 days before the monthly event.

Publicity, public relations, and education chair - prepares press releases, co-ordinates educational services, and publicizes club events.

Equipment chair - maintains inventory of club equipment and supplies. Gives equipment to meet director 4-7 days in advance of meets. Stores, maintains, and replenishes equipment as needed. Notifies president of losses and replenishments needed. Needs some shed, closet, or garage space.

Map chair - develops new maps and improves existing maps.

Please remember that only the map chair requires any real orienteering expertise. Anyone with an interest has the most important qualification for any of the other offices.

## Palisades Score-O results from September 17th

The September "PINE-O" at Palisades was a refreshing change from the hot weather of the last couple of weeks. Even though it threatened rain we had a good turnout. Dale Bruder, Tim Fahlberg, and Mark Parsons set a challenging course with lots of variety including two diabolical controls set on the far side of nowhere. Only the Desert Rats went for and got both of them, proving themselves to be mountain rats as well. Peg Davis gave an inspired beginner's clinic. Thanks to Beverly Burwell, Rachel Gelbin, Mary Kennedy, and Warren Kossmann for taking care of the registration and timing tables and to Pat Penn, Paul Kossmann, Dale Bruder, Mark Parsons, and Warren Kossmann for retrieving all the controls.

Julian Spittlehouse and Eileen Dennett, meet directors

### RESULTS

SHORT COURSE: 60 minutes	points	INTERMEDIATE COURSE: 105 minutes	
1M Paul Kossmann	20	1M Julian Spittlehouse	95
Recreational entries		1T The Crawford Team	85
John & Jeff Lowy		2M Wilkey Richardson	80
The Kennedys		3M Keith McLeod	75
Heidi Schewel		4M David Steele	67
Jack Madore		2T Muller/Slanaker	67
Dick Toups		3T The Pious Pimps	60
LONG COURSE: 150 minutes		4T Personett/Miller	59
1T Desert Rats	182	1W Susan Gallegos	58
1M Warren Kossmann	115	2W Ann Haber	55
2M Mike Pfeifer	105	3W Diane Ewald	49
1W Peg Davis	70	5M Omar Suwarno	46
2T The Cranes	55	4W Pat Penn	40
3T The Batmob	30	5W Beverly Burwell	35
3M Dan Cobbledick	10	5T Garfield & Friends	31
4T The Worthens	10	Recreational entries	
		The Ratliff Team	

# The awesome ROGAINE in Alberta

Of all the events one could enter while attending APOC, the one that stood out, not only beforehand, but also during the event and afterwards, was what was billed as "The Most Awesome ROGAINE in the world". The only thing I didn't like about it was the long cumbersome title; everything else was superb. This was a 24-hour event lasting from noon to noon (August 14-15) in the rolling eastern hills of the Rockies, 140 km south of Calgary. The scenery was magnificent, a combination of forested and open areas with the Rockies in the distance.

Actually, I hadn't even given serious consideration to entering this ROGAINE since only pairs may enter and I had no partner. But during the preceding week at APOC I learned that Ron Hudson (BAOC) was in the same boat. Since our abilities are fairly equal, we decided to sign up as a team. Ron had the experience of several previous ROGAINES to his credit; I had none. It was an opportunity not to be passed up. Ron's experience was a great help in deciding what to carry and what to leave behind as well as how to plan in general. Our final decision on how heavy to go couldn't be made until seeing the maps and planning our strategy. Could we make several loops out of it, returning to camp for supplies, or would it be more efficient to stay out the whole time, bivouacking if necessary and carrying everything needed for the full 24 hours?

Maps were distributed at 10 AM giving each team 2 hours to plan. We planned individually and then compared. There were many similarities but basically we went with Ron's plan of doing a large outer loop first, collecting as many high pointers as possible (controls were valued from 20 to 100 points each), returning to base camp after dark for a few hour's sleep, then rising early to benefit from the waning moon's pre-dawn light, and collecting as many more points as possible on the second day before time ran out.

Prior to the event I was secretly apprehensive about becoming too tired during the latter stages. I was dreading the onset of exhaustion. I needn't have concerned myself. Once we began, those thoughts receded from awareness. At the starter's gun the masses broke up, dispersing in different directions, eventually becoming recognizable as individual team units. It appeared only a few other teams were travelling the same way as us from the start. We skipped the close-by low pointers near camp, saving them for the final moments of this 24-hour event when we would want to be very close to the finish. The penalty for tardiness was severe: you would lose points at approximately 10 times the rate you could collect them! Definitely must return on time.

For the most part we walked the uphill, jogged the downhill and some of the flats, and slowed somewhat as time progressed. The event was a blast but differed markedly from a regular O-meet. The map was 1:50,000 scale making it similar to a 15' USGS map. No corrections were made; we even crossed roads/jeep trails which did not appear on the map. You had to trust the contours. Vegetation (green for forested, white for open), though often correct, was frequently wrong, especially in details. Streams were unreliable:

sometimes they were flowing, sometimes not, sometimes muddy, sometimes clear. Route choice was more critical than at your typical O-meet because the distances between controls were long, often taking 30 minutes. It had more in common with an off-trail hike than an O-meet and I would guess we were walking 80-90 % of the time, though at a good pace. Control placements were on larger, more easily recognized features so navigation was easier. We had to compensate for a difference in contour interval: 100' contours on one half of the map, 50' contours on the other. Yeah, this was a real life-like hiking situation with the added thrill of controls spread over 150 square km. of terrain, a super-giant Score-0! We started out carrying half of our 2-liter water capacity (each), planning to fill the other half if/when waterless stretches dictated. This was a tactical error. Water was unreliable. After refilling to half capacity early on and being deluded (perhaps) into thinking water would be abundant, we ran short about 4 hours out and had to drop and then re-climb almost 400' of elevation just to refill our bottles. Then less than an hour later we hit a clear running stream (though others had been dry or muddy). We could have held out 'till then had we known. But we'd at least learned our lesson: fill up to full capacity at every opportunity. This being cattle country, we had to purify the water. I set a lifetime record of iodine tablets consumed in a 24-hour period.

At 5 hours out we had already collected 1/4 of the 50 controls so we figured a number of teams would get them all and it would be a question of which perfect team got back first. Things continued to go well until darkness overtook us. We chose to short-circuit our outer loop in an effort to make camp by 11:30, hopefully picking off a few more controls on the way in. It didn't go as planned. By midnight we'd just bagged our 24th control having gotten just two in the previous 2 hours. We were still 3 km from camp but moving so slowly that it was 2 AM when we finally dragged in. But the camp kitchen was open so we had some hot soup before hitting the sack. The moon was already rising in the eastern sky so our original plan to use its light for an early morning start was lost. We were too tired; we had to rest.

I was concerned about over sleeping our agreed wake-up time 3 hours hence. Not to worry. Dead to the world I was until a projectile launched from Ron's tent made contact with my sleeping body, disrupting my state of bliss, and shocking me into wakefulness. As soon as I remembered why I was sleeping in this crowded field, I snapped into action. By 6 AM we had eaten, re-organized our gear, and were homing in on our next control. The short sleep had worked wonders in rejuvenating us.

Although we were making good progress, the day was marching along at an equally rapid pace. If we could only slow it down. But, alas and alack, time ticked on. Soon it was 10 o'clock and we had to abort our intended game plan. Then with 30 minutes to go, we had to abort our abortion. The clock was racing as we and hundreds of others were stampeding back to the finish. We grabbed one final 20 pointer close to camp before coming in with just 5 minutes to spare.

No team had a perfect score. The best team came back well before dark, got plenty of sleep, and got an early start the next morning. Our team covered 65 km in 20 hours in the field.

I had mixed feelings on coming into camp. On the one hand it had

been a great event with many nationalities taking part and it had been a super introduction to the world of ROGAINE. I had held up and felt good and certainly could yet be out there had the clock not run out. On the other hand I felt somewhat disappointed that we hadn't better executed our original plan. It was easy to see (so very easy in retrospect) how we could have come out much better by altering our strategy a little bit here, a little bit there. Still it was a good effort and we worked together fairly well as a team. I felt the same pride that everyone must have felt for just having done it. The feeling was of belonging to one big family and my brothers and sisters were all those hearty souls around me. We had all done it together. And now we stood a cut above.

John Maier

Note: There has been talk of holding a ROGAINE, though probably a less than 24 hour version, in the TOC area the first half of next year. Developments will be passed along. Our boy John will be returning sometime in November, and boy, will we be glad to see him!

## Results from the September 8th Ft. Huachuca Score-O

The results for the Fort Huachuca Score-O are in. Warren Kossmann won the three hour event with a score of 245 points. He bagged 13 out of 35 controls in 2 hours and 50 minutes, was one of the few orienteers not to return late, and the only one to even attempt the three hour category. Keith McLeod won the men's two hour (or not completely nuts) division by collecting 11 controls for a total of 140 points. He was followed by new face Don Tordsen with 120 points and old favorite Sam Dean with -10 points. How do you get negative points? Just get back late and the penalty points really pile up with each minute over the deadline, eating away at those hard one controls. For example, the two hour women's class placement was determined by lateness (and near heat exhaustion). Pat Penn staggered in with the high of 95 points, laggingly followed by Peg Davis with 40 and Marilyn Cleavinger with 30. Team Shopvac (Roberts and Sperline) used perfect strategy (pick up controls both on the way out and back and arrive on time) to come in as first 2 hour team with 125 points. The underground wrapped up second place. Los Maestros came in third. The Cochrans came in fourth with 29 points. Fort Huachuca looked a little different than it did at the April meet - the grass was waist high in places and all the other vegetation was fightably lush. Although the sun was out in strength, control seekers were pretty well-off; meet directors/course setters Mike Cordier and the ubiquitous Mark Parsons had made 17 out of 35 controls water stops! Thanks go out to Dale Bruder and Keith McLeod for helping retrieve controls.

# Big bad board meeting coming up

The next business meeting will be held Tuesday, November 13th at the Peg Davis/Warren Kossmann-abode (1229 east 13th Street, 628-8985). Come at 6 PM to potluck or 6:30 PM to get right down to business. The meet will end at 9 PM so have your agenda ready and get your two cent's worth in. All members and interested parties are welcome.

## Tidbits

Newest TOC member takes 48 hours to complete course length of less than one foot. Meet directors and course setters Rachel Gelbin and Dan Cobbledick announce 4:11 AM finish time. Their son, Connor Thomas, was born Wednesday, September 19th and has been declared perfect by all viewers. The watermelon has landed! Rachel has plainly stated her intention to be back kicking some serious bootie on the courses very soon. Congratulations!

The Delaware Valley Orienteering Association printed the results of a member survey in one of their latest newsletter. Many of their members began orienteering when brought to a meet by a friend. Since they are one of the biggest O-clubs in the U.S., let's steal their strategy. Bring a pal, a co-worker, a family member, someone you want to expose to a wonderful experience to a meet!

The Los Angeles Orienteering Club (LAOC) is using a new designation to replace DNF (did not finish) and DSQ (disqualified). THB is being used - it means Tried His/Her Best.

MEMBERSHIP FORM

FILL IN APPLICATION, MAKE CHECK PAYABLE TO: TUCSON ORIENTEERING CLUB, AND MAIL TO: TUCSON ORIENTEERING CLUB, P.O. BOX 13012, TUCSON, AZ 85732.

CHECK ONE: \_\_\_\_\_ NEW MEMBER \_\_\_\_\_ RENEWAL \_\_\_\_\_  
Date on mailing label

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELE. # \_\_\_\_\_

CHECK ONE: \_\_\_\_\_ INDIVIDUAL (\$8.00)  
\_\_\_\_\_ FAMILY (\$11.00)

Members receive a monthly newsletter, have voting privileges, and receive a \$1.00 discount per major meet.



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Address Correction Requested

