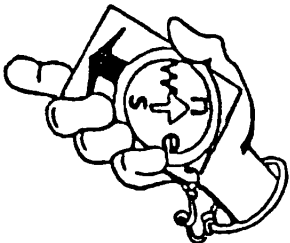
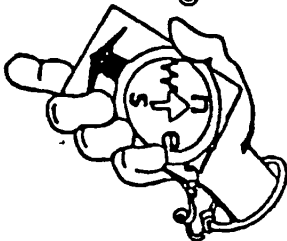
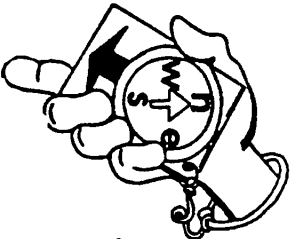


Tucson Orienteering Club  
P.O. Box 13012  
Tucson, Az. 85732

Address Correction Requested



# The most important article in this issue

A meet director's greatest worry is that not everyone who starts a course will come back. Here are some guidelines to reduce worry and increase safety.

- Always check in at the timer's table before leaving the site even if you are not finishing the course (DNF) or ran recreationally. This is the only way for the club to truly know that you are off the course.

-When the course closes at 2 PM, come back to the finish and check in at the timer's table. You may have to quit before finding all the controls. Control pick-up begins at 2 PM, so don't expect to find them anyway. If you know (or suspect) you'll take a long time on a course, start at 9:30 AM. This will allow you 4.5 hours to complete the course.

-Carry a whistle. TOC offers official snazzy white whistles for the low price of one dollar. Or bring your old boy scout whistle or the one out of the cereal box. The important thing is to have it when you're on the course. If you get in trouble out there, you can only call for a short time before losing your voice, but you can whistle all day. And if you're out there after 2 PM, we'll be looking and listening for you.

One meet director for the October meet  
One course setter for the November meet  
Training, guidance, and advice available.  
No experience required  
Call Dale Bruder at 323-7028.

## Help Wanted

### Another source for orienteering information

Are you suffering from orienteering withdrawal between meets? Would you like to get a little more expertise even when there's no meet for weeks? Check out the public library! They have a fair selection of books on our favorite topic and multiple requests could spur them to purchase some more.

## How did we do at the Colorado High-O?

The complete results for the June Colorado High-O in Colorado Springs are available on the newsletter ring for your reading enjoyment at the next meet. See how the locals - all four of them - fared.

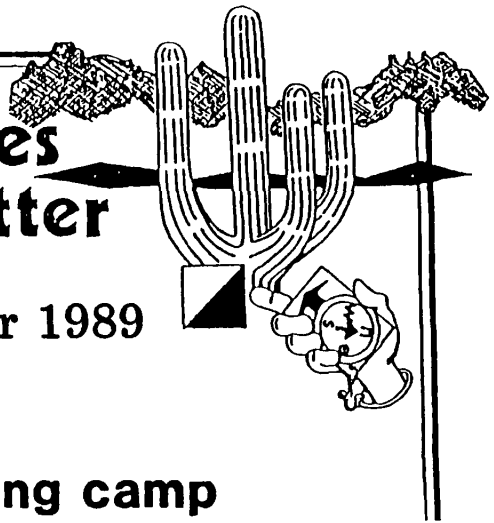
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# Terrain Games

## newsletter

TUCSON  
ORIENTEERING  
CLUB

September 1989



## November mapping camp

A wonderful opportunity to improve your orienteering skills is coming up November 17-20th. Wilderness Orienteering Camps is offering a mapping class in Cold Spring, New York. The curriculum will cover all stages of mapping - from aerial photography to photogrammetry, field checking, cartography and printing. Creation of full-color and black and white maps will be covered. No experience is needed and a special program will be offered for beginning level orienteers. This is the 5th annual camp and would probably improve the skills of any level orienteer. For a registration form, please call Peg at 628-8985.

## New beginner's clinic procedure

Beginner's clinics will be offered 30 minutes before the course opens at EVERY meet. We want to do all we can to encourage beginning orienteers or those who want a review. Topics covered include reading a topographic map, relating the terrain to map features, what in the world a re-entrant is, etc., and all questions are welcomed. Since compass work is not needed for beginner's courses, instructions in that will be brief. Clinics will also be offered on request after the course is open.

## California State Championships

The California championships are coming! A two-day class B meet will be held September 30th and October 1st at Palomar Mountain (about 90 miles northeast of San Diego). You must register before September 15th to get a pre-marked map, so don't delay. Carpools are forming and a good showing of Tucsonans is predicted. This is TOC's chance for a rematch with all those wild Californians we met at our state championships. To register, call Mike Lebo at 619-278-5851. For carpooling plans to Palomar, call Peg at 628-8985. The next two-day meet near us will be the U.S. championships at Annadel State Park, northern California on October 7-8th. Call Joe Scarborough at 415-530-3059 to register.

# August Sabino Canyon results

We got lucky once with our first low-elevation summer meet at Greasewood last month, but not even a 7:30 start could mitigate the fact that it was hot, hot, HOT for this month's event. That didn't stop sixty-two highly motivated desert rats from testing themselves against three challenging courses over the subtle (and scratchy) Sabino Canyon terrain. Attendance was undoubtedly boosted by the Friday publication of Pam Parrish's excellent feature in the Arizona Daily Star on her experience at the July meet at Greasewood Park. We welcomed many new faces and others familiar but lately seldom seen.

Almost half the forty-four entries were recreational, evenly split between the basic and intermediate courses, including seven hero-types who completed both. All three courses saw excellent competition as well. The three first-place winners on the basic course all finished within five minutes of each other. Fifteen entries tackled an intermediate similar in distance, difficulty, and layout to the advanced, and all but three of them finished it. On the advanced course, two runners reported fast and flawless runs, and only seventy-three seconds separated them at the finish.

Possible-record hot-weather turnout was matched by possible-record numbers of course-setters this month. Charlene Peters, Marty Jansen, Mike Pfeifer, Dave Flieger, and John Little all contributed to course design (Char, Marty, and Dave for the first time, and Mike for the second), with vetting by Sabino mapper Bill Hamilton and Pat Geranis. This crew did an excellent job under tough conditions, producing fair courses on a map that really needs a smaller contour interval than forty feet. Registrars, timers, scorers, and control retrievers included Rachel Gelbin, Nancy Skocy, Dave Flieger, Keith McLeod and Dale Bruder. Marty Jansen handled the well-attended and well-regarded beginners' clinic with help from Dave Flieger. Thanks to all for excellent, sweaty, and indispensable work. Let's go somewhere cool next summer!

-Dan Cobbledick  
Meet Director

## RESULTS - SABINO CANYON MEET August 20, 1989

### BASIC COURSE - 2.1 KM, 7 Controls, 190 Foot Climb

Steve and Joan Cass	43:25	1st Team
Beverly Ann Burwell	46:23	1st Women
Rick Flieger	48:00	1st Men
The Brendels*	59:33	2nd Team

### Recreational entries:

Rex and Karen Adams	Carl Beatty*
Britton family	Linda Edman*
Ivy and Andy Duquette	Noel de Tierra
Fimbres-Hill	Chuck Wilson*
Roberts-Sperline*	
The Waltons	

\*Went out again on Intermediate

**INTERMEDIATE COURSE - 3.5 KM, 7 Controls, 440 Foot Climb**

Keith McLeod	72:09	1st Men
Warren Kossmann	85:28	2nd Men
Peg Davis	93:21	1st Women
Terri Welsh	100:53	2nd Women
The Numbies	104:09	1st Team
Larry Howard	109:29	3rd Men
Becky Deatherage	114:00	3rd Women
Dennett-Spittlehouse	114:54	2nd Team
The Mascots	144:56	3rd Team
Drahovzal-Bolley-Hammond	167:39	Reunited at finish
Ralph Prince	167:50	Iron Man
Robert Stewart	212:53	Titanium Man
Louie Bauer	DNF	Too
Laura Lim	DNF	Much
Dale Bruder	DNF	Course

**Recreational entries:**

The Brendels	Pete Cowgill
The Hawks	Carl Beatty
Team LaPlante	Linda Edman
Ron and David Olson	Chuck Wilson
Personett family	
Roberts-Sperline	

**ADVANCED COURSE - 3.8 KM, 8 Controls, 520 Foot Climb**

Mark Parsons	47:53	1st Men
Ken Castle	49:06	2nd Men
Steven Dentali	93:00	3rd Men
Mark Abbott	182:40	Mr. Perseverance
Dan Cobbledick	DNF	Brain Dead

# the Palisades on Mt. Lemmon

## Orienteering Event

### Sunday, September 17th

Come up to cool Mt. Lemmon for some fun amongst the pines! April Bahl will be directing the meet which will feature courses designed by veteran Keith McLeod and first-timer Warren Kossmann. While there are few thorny plants at this altitude, be prepared for gigantic mosquitoes.

9:00 Beginner s clinic

9:30 Courses open

12:00 Last start time

2:00 Courses close

Fees are \$4 for individuals and \$6 for teams (\$1 discount for TOC members). Compasses are available for rental for \$1.

The meet start point is the Girl Scout camp in the Palisades. Drive up Catalina Highway to Organization Ridge Road. Drive 1.3 miles down the dirt road to the start, following the orange and white 0 signs.

# PimaCommunityCollege

# O r i e n t e e r i n g C l a s s



## IN, AROUND, ABOUT THE SOUTHWEST

### TERRAIN GAMES — Orienteering

Learn the art and sport of finding your way across terrain with map and compass. You will discover how to interpret maps, choose and follow a route and judge distances, through outdoor exercises and simulated experiences designed to hone your skills. Primarily taught as a sport, orienteering is beneficial to anyone who wants to improve their land navigation techniques. For beginners and those with limited experience. Compass (\$5-\$15) required; should not be purchased prior to class; instructor will help with selection.

9020 A299 THR 10/5-10/26 7-9pm 4 wks \$45

Field Exercise; SAT 10/7-10/28

Location: 220 E. Speedway Blvd.

Dale M. Bruder, active member of Tucson Orienteering Club; award winning competitor

Past sessions of this class have produced some talented orienteers who have added greatly to TOC. Please tell all your interested friends about this opportunity to gain both theoretical and practical knowledge. Last spring's class walked straight out of class and onto intermediate courses - including April Bahl, Arizona Senior Women's champ for 1989.

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## Highlights of the business meeting

A business meeting/potluck dinner was held at Helen Deluga's on August 29th. Topics discussed were safety, beginner's clinics, developing a meet director's format, use of IOF symbols during meets, and other topics. Five officers were present. We were joined by the Dennett & Spittlehouse team - two month orienteering veterans - who offered a fresh perspective and some helpful suggestions. These meetings are open to all interested orienteers and all input is appreciated. We'll probably have another before the end of the year and hope to see even more of you.

## Let's meet some Swedes

The club recently received a letter from two 19 year old Swedes who plan on coming to the U.S. for the next six months. They are elite level orienteers interested in visiting clubs around the country. In exchange for a place to stay and some sort of job (perhaps au pair) they are willing to share their expertise in planning events and training. This could be a fabulous opportunity to learn from skilled orienteers who have international experience. Any ideas how we could help them out? To read their complete letter, call Peg at 628-8985.



...now if I could only get my hands close  
enough together to punch...

The problem Tucsonans long for....

MEMBERSHIP FORM

FILL IN APPLICATION, MAKE CHECK PAYABLE TO: TUCSON ORIENTEERING CLUB, AND MAIL TO: TUCSON ORIENTEERING CLUB, P.O. BOX 13012, TUCSON, AZ 85732.

CHECK ONE: \_\_\_\_\_ NEW MEMBER \_\_\_\_\_ RENEWAL \_\_\_\_\_  
Date on mailing label

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELE. # \_\_\_\_\_

CHECK ONE: \_\_\_\_\_ INDIVIDUAL (\$7.00)  
\_\_\_\_\_ FAMILY (\$10.00)

Members receive a monthly newsletter, have voting privileges, and receive a \$1.00 discount per major meet.



ORIENTEERING