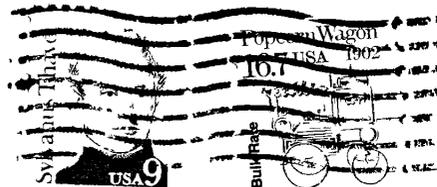


Tucson Orienteering Club  
P.O. Box 13012  
Tucson, Az. 85732

Address Correction Requested



SCORE-0  
at BEAR WALLOW  
Sunday, May 21st

In a score-0, the course planner selects a large enough number of features so that no one can visit them all within a specified time, say 60 minutes. Each control is assigned a point value, and a penalty is deducted for every minute the participant stays out beyond the time limit. The orienteer's task is not only to navigate from point to point, but also to decide which points to visit, and in what order, to maximize his/her score. (taken from DNA, November 1988)

SINCE THIS IS A TIMED EVENT, BE SURE TO BRING A WATCH IF RUNNING COMPETITIVELY! Recreational (untimed) participants are always welcome.

How to get there: From Tucson, take the Catalina Highway up Mount Lemmon 1/2 mile past milepost 22 to a dirt road on the right. Follow this road about 1/2 mile to the sharp curve and parking area.

Terrain: Mature pine forest in a steep area around 8000 feet elevation. The main off-trail obstacle is getting traction on the pine needles.

Map: Scale 1:10,000

Courses: Start times between 10 AM and noon. Course closes at 2 PM. Score-0 designed by Dale Cole. Meet director will be Marilyn Cleavinger. This year both the start and finish points will be at the picnic/parking area. Beginner clinics available on request.

Entry fees: Individuals - \$4. Teams - \$6. Club members pay one dollar less.

EVENT HELD RAIN OR SHINE!

## 1989 ARIZONA CHAMPIONSHIPS

Our first two-day meet since 1987 was almost certainly our biggest event ever. We had more courses than ever before (eight) and the greatest non-TOC participation we've ever seen. The seventy-four competitors came from: Tucson (29), other Arizona cities (23), California (13), other states (3), and three other countries (6). Forty people ran both days, eleven ran on Saturday only, and twenty-three came for Sunday alone.

The original plan was to hold two-day championships in six categories: Elite Men (any age) on the 'A' courses, Elite Women, Senior Men (over 35), and Junior Men (under 17) on the 'B' courses, and Senior and Junior Women on the 'C' courses. In addition, anyone could compete on any of the above courses, or a new novice-level 'D' course, on either day on the usual one-day basis. However, since two women chose to run the 'A' course on both days, we created an additional category for Super Elite Women and awarded them the absent Junior Men's medals. If you compare their times to those of the Elite Men, you'll see how we couldn't let their performance go unrecognized.

Championship medals this year, created by Dale Bruder and John Maier, were made of polished mesquite slices stamped with the TOC logo, and were awarded to the first and second finishers in each class in addition to the highest Arizona finisher, if different. Indeed, out-of-state participants won all the contested categories, but our top local runners were quite competitive, and congratulations go to our new Arizona Champs: John Maier, John Little, Peg Davis, April Bahl, and Bernice Little.

Virtually all of the local contingent in attendance volunteered to help with registration, timing, scoring, and control retrieval, and at least three, Diane Torrey, Bill Hamilton, and Dale Bruder, did not even compete! Visitors Ron Hudson and Knut Granheim also assisted. Major thanks go to course setters Keith McLeod and Dale Bruder for the 'A' courses, with vetting assistance from John Little, and John Maier for the 'B', 'C', and 'D' courses both days with, as it turned out, rubber-stamp vetting by Dan Cobbledick. Dan also got on-the-job training directing his first major meet and gained new appreciation for the large amounts of work and responsibility (and power!) that go with the job.

For the most part, thing ran very well, but there were some avoidable glitches we should look out for in the future. First, the Saturday start was delayed by the "removal" of two controls. Though we later got them back, the undesirability of locating markers in sight of roads or near popular camping places was demonstrated. Another Saturday delay was caused by the necessity to run into Sonoita for copies of the 1:12,000 map for the 'A' course. Second, not all courses were equally well supplied with drinking water. This is a safety issue, especially in warm weather; dehydration and muscle cramps are no fun! Finally, our most grievous sin was beginning competition with an unvetted control, and we paid for it. That marker later proved to be mislocated, and we had to throw out the results on the Sunday 'A' course! The San Diego group tried to offer some consolation; the same thing happened to them at a convention 'A' meet they held not long ago. But folks, if the map's not right, it's hard to have fun.

But both days were sunny and warm, and the balmy nights made for pleasant camping. We particularly enjoyed swapping orienteering perspectives with our Californian and Scandinavian guests. It was good to see the student groups from Buena and Apollo high schools there on Sunday, and to see the Laplante family make it to their first meet in years (and get a ribbon!). Special "die-hard" recognition goes to one of our newest orienteers, Billy Eichenbaum, last seen in Sunday twilight still studying the maps of his weekend runs. Thanks go out to all who helped, and congratulations to all our 1989 champions.

1989 ARIZONA STATE ORIENTEERING CHAMPIONSHIPS

CAVE CREEK AREA, SANTA RITA MTNS., APRIL 15 & 16, 1989

TWO-DAY STATE CHAMPIONSHIP RESULTS (Arizona Champs Underlined):

<u>ELITE MEN ('A' Course)</u>	Saturday	Sunday (Course Voided)
1. Ron Hudson (Reseda CA)	71:42	(104:09)
2. <u>John Maier</u> (Benson)	74:59	(71:09)
3. Ingar Hakonsen (Norway)	75:07	(80:11)
4. Edwin Gookin (San Diego)	84:40	(150:54)
5. Dan Cobbledick (Tucson)	91:15	(82:50)

6. Dave Kreider (Grand Canyon)	109:58	(DNS)
7. Mike Pfeifer (Tucson)	142:56	(DNF)
8. Sherman Gibson (San Diego)	173:42	(133:38)
Eric Lehtonen (San Diego)	DNF	(120:54)

<u>SENIOR MEN ('B' Course)</u>	Saturday	Sunday	Total
1. Rami Pitkanen (Finland)	53:05	32:32	85:37
2. <u>John Little</u> (Tucson)	58:20	40:58	99:18
3. David Irving (San Diego)	72:37	67:33	140:10
4. Scott Dickson (Encinitas CA)	81:54	67:47	149:41
5. Bill Gookin (San Diego)	84:58	65:15	150:13
6. Keith McLeod (Tucson)	95:31	71:42	167:13
7. Mike Lebo (San Diego)	162:44	66:21	229:05
Mike Coltrin (Tucson)	94:33	DNS	DNF
Mark Parsons (Bisbee)	DSQ	DNS	DNF
John Kearney (Los Angeles)	DNF	DNS	DNF

<u>SUPER ELITE WOMEN ('A' Course)</u>	Saturday	Sunday (Course Voided)
1. Kari Fladmark (Norway)	79:28	(68:40)
2. Hannah North (Boise ID)	102:30	(92:25)

<u>ELITE WOMEN ('B' Course)</u>	Saturday	Sunday	Total
1. Olive Kearney (Los Angeles)	108:54	93:28	202:22
2. Donna Gookin (San Diego)	121:38	85:02	206:40
3. <u>Peg Davis</u> (Tucson)	107:25	109:31	216:56
4. Ellen Sweet (Tucson)	120:47	113:39	234:26
5. Terri Welsh (Tucson)	139:58	113:44	253:42
6. Helen Deluga (Tucson)	130:44	142:34	273:18
7. Marilyn Cleavinger (Tucson)	165:40	112:16	277:56
8. Karen Dennis (San Diego)	178:30	111:54	290:24
Rachel Gelbin (Tucson)	142:50	DNF	DNF

<u>SENIOR WOMEN ('C' Course)</u>	Saturday	Sunday	Total
1. <u>April Bahl</u> (Tucson)	135:43	142:58	278:41

JUNIOR WOMEN ('C' Course) Saturday (Results Voided) Sunday

1. Bernice Little (Tucson) (DNF) 82:04

SATURDAY ONE-DAY EVENT RESULTS:

'A' COURSE

MEN 1. Stefan Bergstrom (Ottawa, Ont.) 81:24  
2. Tim Fahlberg (Tucson) 201:12

TEAM Warren & Paul Kossman (Tucson) REC

'B' COURSE

MEN 1. Ray Alley (San Diego) 93:58  
2. Billy Eichenbaum (Tucson) 173:28  
Larry Howard (Tucson) DNF  
John Rickel (Tucson) REC

WOMEN 1. Kari Haakonsen (Norway) 168:07

TEAM 1. Peters/Jansen (Tucson) 217:15

'C' COURSE

MEN 1. Knut Granheim (Norway) 39:06  
2. Brad Hudson (Grand Canyon) 85:54

'D' COURSE

MEN 1. Andrew Coltrin (Tucson) 117:00  
Marcus Coltrin (Tucson) DNF

TEAM Las Vegas Runners (Las Vegas) REC  
Two Czechs (Chandler) REC

SUNDAY ONE-DAY EVENT RESULTS:

'A' COURSE (Voided)

MEN Bill Hamilton (Tucson) (DNF)  
Tim Fahlberg (Tucson) (REC)



TEAM Paz/Callura (Glendale AZ) (DNF)

'B' COURSE

MEN 1. Dave Kreider (Grand Canyon) 47:53  
2. Ray Alley (San Diego) 65:50  
3. Mark Parsons (Bisbee) 66:47  
4. Warren Kossman (Tucson) 88:07  
5. Brad Hudson (Grand Canyon) 91:57  
6. Billy Eichenbaum (Tucson) 102:37  
Knut Granheim (Norway) DNF

TEAM 1. Wike/Jacobosky (Glendale AZ) 67:40  
2. Walsh/Minor (Glendale AZ) 125:54  
Maestas/Mihm/Shaw (Glendale AZ) DNF

'C' COURSE

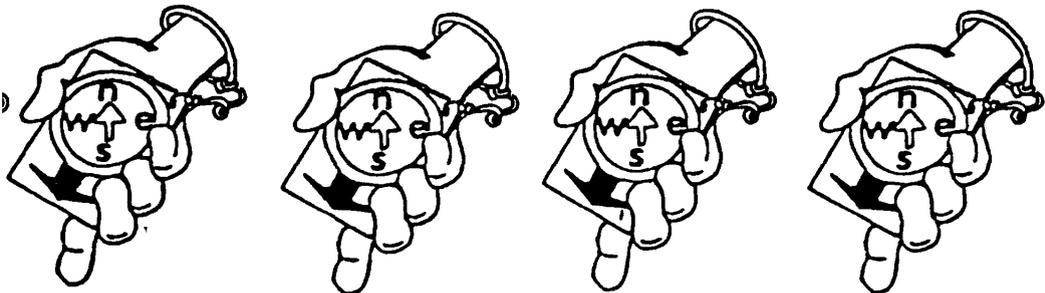
MEN John Kearney (Los Angeles) DNF

TEAM 1. Jansen/Peters (Tucson) 130:57  
2. Johnson/Chon (Sierra Vista) 150:06  
Hall/Clark/Laytart (Glendale AZ) DNF  
Radke/Sanders/Gill (Sierra Vista) DNF

'D' COURSE

WOMEN Sarah Taylor (Tucson) REC

TEAM 1. Jesse & Peggy Laplante (Tucson) 116:38  
The Waltons (Tucson) REC



All TOC members should soon be receiving information about the USOF convention in Colorado at the end of June. I've seen the letter and this looks like a great opportunity - two days of seminars and two days of meets in cool Colorado Springs. The deadline to register is May 31, so if you haven't gotten registration info close to then, call me and I'll send you a copy of mine. Peg Davis 628-8985. P.S. Would anyone driving up there have room for me to ride along?



Profi

A business meeting will be held at the May 21st meet around 1:30 PM. Topics to be covered include meet locations and course setters for the next few months. Club officers, members, and all other interested orienteers are requested to show up and throw in their ideas.

Your ideas and submissions to this newsletter are welcome. Please send them to Peg Davis (1229 e. 13th Street 85719) by June 5th.



# LINCOLN PARK NIGHT-O April 25, 1989



Twenty five people ran by the dark of the moon this night (there was none), but despite the blinding Pima College parking lot lights in our eyes, several controls were actually found! We even got out of the park by closing time! Some people even finished! Actually, everybody finished Tim Fahlberg's short course, but Dan Cobblestick's long one, while producing very close times, was apparently too tough for the light conditions.

The Walton team ate up the short course, and Mark Parsons demonstrated the value of perseverance by posting the best time on the long course, going back out to find the last control after initially finishing without it. The Dragons utilized the same technique, but were aced out for the team title (by 36 seconds) by the powerful Ladies of the Night.

The finishing flashlight dance did not disappoint, as spectators tried to guess who was who on the final controls.

## LONG COURSE

Mark Parsons	85:00 (#1 Man)
Ladies of the Night	94:54 (#1 Team)
The Dragons	95:30 (#2 Team)
Peg Davis	96:50 (#1 Woman)
Warren Kossmann	DSQ (Punched one wrong control)
The Perverts	DNF (Missed same one Warren did)
The Blind Bats	DNF (But had fun going out twice)
Helen Deluga	DNF (But had most fun by staying out longest)

## SHORT COURSE

The Waltons	47:58 (#1 Team)
Rick Krueger	55:50 (#1 Man)
The Hawks	69:00 (#2 Team)
Bahl/Erway Team	99:55 (#3 Team)

# ORIENTEERING

## STANDARD "O"

The most common form of Orienteering is either called simply "Orienteering", or sometimes "free-style" or "cross-country" Orienteering. For this type of event, the course planner picks out a sequence of points which are to be visited in order. Usually, participants start one by one, in a timed sequence, so that each orienteer is on his/her own with map, compass, and terrain. Sometimes all competitors start at the same time in a "mass start". This is most likely to be true in long distance events and relays.

The points to be visited are chosen so that each leg presents good navigational problems. These must be solved in order for the orienteer to make the trip efficiently, without extended wandering around. The recreational orienteer wants simply to find the correct points, while the competitive orienteer wants to solve the problems quickly—on the run, since his/her goal is to cover the course in minimum time.

Next month you will have a chance to practice these very skills at a location familiar to us, all- Bear Wallow! John Maier will be setting courses for the June 18th meet.

National trivia:

What is the official abbreviation (registered with the USOF) for the Tucson Orienteering Club? Hint: it's not TOC - that stands for the Toronto OC.

TSN. Although we use TOC locally, we are TSN nationally and worldwide.



Rob Dunlavy

Championship trivia:

Bernice Little won the Western U.S. Championships in her age category in both 1987 and 1988. John Maier was ranked 2nd nationally in his age category in 1988 (Pete Gargarin was first).

Club trivia:

How many different individuals have served as president since the formation of the Tucson Orienteering Club?

Five! They are Eric, Barb Grandstaff, Dennis Orrico, John Maier, and Dale Bruder. Eric's last name is lost in obscurity as he never showed up for any club meetings or events subsequent to his election.

# O R - W Z F - W W R - Z G

## Tucson Orienteering Club Membership Application

May

Fill out the application, make check payable to: Tucson Orienteering Club, and mail to:  
Tucson Orienteering Club, P.O. Box 13012, Tucson, Az. 85732

Check One:  New Member  Renewal \_\_\_\_\_  
Date on mailing label

Members receive a monthly newsletter, have voting privileges, and receive a \$1.00 discount at all club sponsored events and meets.

Name \_\_\_\_\_

Address \_\_\_\_\_

### T-Shirt Order Form

Adult Sizes \$8.00+50¢  
postage

Kids Sizes \$6.00+50¢  
postage

Zip \_\_\_\_\_

Small 34-36

Small 6-8

Check One:  \$4.65 Single

Medium 38-40

Medium 10-12

Telephone \_\_\_\_\_  \$6.65 Family

Large 42-44

or Team

X-Large 45-48