

TUCSON ORIENTEERING CLUB

NEWSLETTER

APRIL, 1985

Next With Spring here and the weather warming up, its time  
O-Meets start our migration up to higher elevations. Our next  
orienteeing meet will be at the Old Prison Camp on  
Mt. Lemmon. To get there go up the Catalina Highway  
to milepost 7 and start looking for the sign indicating  
the turn-off. If you come to milepost 8, you have gone  
too far. The turnoff is to the left.

**Date: APRIL 21---RAIN OR SHINE!!**

We are expecting quite a large turn-out for this event  
and your help would be greatly appreciated. Please  
read John Maier's article on page 3 about how meets  
are put together and various jobs you could do. Even  
a couple of hours a month would help out immensely.  
Meet Director for April is Keith McLeod,

Future The summer schedule is as follows:  
O-Meets

<u>Date</u>	<u>Director &amp; Phone</u>
May 19	Dennis Orrico
June 16	
July 21	Barbara Grandstaff 742-7953
August 18	Dale Cole

New June is coming, and with it our club's first anniversary.  
Officers It's also time to elect new officers. Our current officers  
have done a great job of getting the club off the ground,  
and no doubt they will still be around to keep it strong,  
meanwhile, new faces, new ideas, and new energy will  
be most welcome. If you would like to nominate someone  
for an office, or put your own name on the ballot, please  
notify one of the current officers of your interest.  
They are: President Barbara Grandstaff  
Vice-President Dale Cole  
Secretary Kelly Cook  
Treasurer Dennis Orrico

NOTICE

Mailing Be forewarned all you armchair orienteers! This might  
List be your last newsletter. With our mailing list growing  
by leaps and bounds and newsletters costing about 50¢  
each to produce and mail, we must trim costs. Therefore,  
you will only receive a newsletter if you: 1. are a paid  
member (\$5.00/yr.) or 2. were a participant at one of  
the last three meets. We don't want to discourage anyone  
who's interested in orienteering, and by participating  
in only 4 events/year you will maintain your active  
status.

## REPRESENT YOUR CLUB IN THE BAY AREA MEET

Calif. The Bay Area Orienteering Club will be hosting a 2-day  
Orienteering Class A meet May 18-19 at Joseph Grant Park, San  
Jose, CA. For further information, call John Maier at  
882-7355 (before April 30) as he will be coordinating  
the trip there to represent our club. There will also  
be a 2-day Class A meet near Tacoma, WA May 25-26 which  
will be hosted by the Niqually Orienteering Club. Here's  
a chance for some inter-state competition. Travellers  
take note!

Training People have been asking about between-meet orienteering  
activities. We will begin holding practices in April  
which will continue as long as there is interest. The  
location of these will be near Tucson- Saguaro National  
Monument (East and West) and Sabino Canyon Recreation  
Area. The group will meet at 5:30PM on Thursdays begin-  
ning April 4. But if you don't get your newsletter by  
then, start April 11. Call John Maier, 882-7533, for  
specifics or if you prefer an alternate day.

Results We had a great time at the March meet at Picture Rocks!  
of March Once again almost 100 people participated in the event.  
O-Meet The weather was beautiful, and nobody got permanently  
lost. The warm weather, however, contributed to one  
of the area's inherent hazards; that of emergent  
snakes. Several participants reported seeing a rattle-  
snake near one of the controls. We are grateful that  
everyone kept their heads (including the snake), left  
each other mutually alone, and continued on their  
respective paths unharmed (including the snake!)  
However that is one of the reasons we will be moving  
to higher elevations now.

A look at the results sheet shows a sweep by the  
Cole family. On the intermediate course, Papa Norman  
was bested only by his two sons, Dale and Glen.  
Daughter, Laura Lim took first in the women's division.  
All finished in under an hour. Good work! On the  
advanced course, there were several participants with  
times under 2 hours. It takes outstanding thinking  
and running skills to cover 4 miles of rough terrain  
in that length of time. Congratulations!

MEET RESULTS--MARCH 17--SAGUARO NATIONAL MONUMENT WEST

ADVANCED COURSE

<u>Men</u>		<u>Women</u>	
1. John Little	1:34:43	1. Toni Allison	1:59:30
2. Paul Delligatti	1:49:32	2. Jill Bielawski	2:23:00
3. Rick Fisher	1:53:44		
4. Tim Hoover	2:52:47		
5. Max Muramoto	4:22:38		
		<u>Teams</u>	
		1. Birch team (6)	1:55:55
		2. Krefting/ Mendehlson	4:12:46

Intermediate Course

<u>Men</u>		<u>Teams</u>	
1. Dale Cole	41:33	1. Orrico (2)	1:02:11
2. Glen Cole	50:32	2. Waskowski (6)	1:14:38
3. Norman Cole	51:45	3. McKay/ Skogen	1:23:40
3. Keith McLeod	51:45		
5. Ben Lim	1:10:45	4. Miles/Kessler	1:26:06
6. Michael Trumbo	1:26:10	5. Fairall (2)	1:36:42
7. Michael Williams	2:14:08	6. Fiegan (5)	1:40:45
8. Richard Van Horne	2:16:02	7. Walton(3)	1:50:50
9. Al Steinman	2:34:27	8. Viehland(4)	1:52:37
10. Mitchell Lapis	3:47:09	9. Wheatly/ Kearney	1:54:39
		10. Dluhush(2)	1:58:38
<u>Women</u>		11. Lazaroff(2)	2:06:21
1. Laura Lim	59:44	12. Hunter/Hauser	2:19:26
2. Sandi Shroads	2:31:38	13. Duncan(2)	2:52:36

Basic Course

<u>Men</u>		<u>Teams</u>	
1. Ron McConnell	1:26:58	1. Beggy/Campbell	58:05
		2. Clark(2)	1:07:34
		3. Geranis(4)	1:15:29
		4. Brooks(2)	1:16:15
		5. Parry(2)	1:21:37
		6. Seckman(2)	1:22:20
		7. Rothfield(3)	1:30:22
		8. Gin/Cisneros	1:56:00
		9. Resker/Marmas	2:02:55
		10. Wiegand(2)	3:02:57
		11. Nelson/Woods(4)	DNF
		12. Knelson(3)	DNF
		13. Redding/Coy	DNS
<u>Women</u>			
1. Katy Brown	54:15		
2. Avis Allen	1:12:55		
3. Susan Waite	1:21:20		
4. Cindy Gershain	DNF		

## THE NUTS AND BOLTS OF AN "O" MEET

by J. Maier

Ever wonder what goes on behind the scenes to make each meet a success? As a conservative estimate, it takes roughly 100-120 hours of work to put on a typical meet. It begins at the planning stage when we pick areas and dates for future meets. Meet Directors are chosen and volunteers assume responsibility for the various tasks which must be done before the meet becomes a reality. Publicity, newsletter, mapping, and course setting are major tasks to be accomplished before meet day.

Planning is done at our monthly meetings which are on the 3rd Monday of each month. The newsletter is put together the last week of the month so it can be mailed out around the 1st of the month. Publicity begins 3 weeks before the meet when news releases and flyers must be designed, typed, and copied. News releases are sent to approximately 40 newspapers and radio stations. Flyers are distributed to 30-40 stores and posted at other locations around Tucson. A couple of days prior to the meet, people on the mailing list are called as a reminder. If publicity does not adhere to this schedule, attendance will suffer.

Mappers and course setters begin by obtaining a Special-Use permit from the appropriate state or federal agency 3-6 weeks ahead of the meet. Then, starting with a 7½-minute USGS topo map, the section to be used is photocopied and enlarged. This process screens out the green and blue from the map. Washes and streams are redrawn, unnecessary or obsolete information is removed, new information (trails, fences, bldgs.) are added, and magnetic north lines are superimposed. This involves a lot of painstaking drawing and a lot of legwork field-checking the map to make certain it is an accurate representation of the terrain.

Course Setting involves designing a course on the map, then checking in the field for feasibility (some points look good on the map but don't pan out because of brushiness, lack of access, etc.). New control points are then selected and checked again until a good course is finalized. Map detail in the vicinity of the controls must be verified for accuracy as well as terrain features which may be used in navigating between controls. The course setters must also select points which are appropriate for the course: easy for the basic course, moderate for the intermediate course, and challenging for the advanced course. The higher the level, the more complex the decisions for route finding become, and control locations are more subtle.

Once the courses are finalized, the terrain is marked with colored engineering tape at each control site. A couple of days later the courses are "vetted". That is a second person(s) walks all the courses to verify that the tape was tied to places that correspond exactly to the points marked on the map. Discrepancies are double-

checked by both the course setter and the course vetter and either the tape or the map point is corrected. Mapping and course setting should be completed one week prior to the meet.

In the final week copies are made of maps, scorecards, registration forms, start/finish sheets, etc. Registration packets are put together. Master maps are drawn, beginner's clinic materials are prepared, supplies of pencils, pens, compasses, water jugs, etc., etc, are checked.

Day before the meet. Markers are put in place and water is put on the course.

Meet Day. Early morning: Controls must be checked to verify they're still in place- haven't been blown over by the wind or gone to someone's home to be a souvenir. Start/Finish area is arranged, master maps are put out.

9:00 AM : the courses open, the meet begins. Everybody knows about this part, right? This is what you've been waiting for all month. Beginner's clinics, start times, fun times, finish times, elapsed times, scorecard verification, results board, course analysis (what I did, what you did, what was easy, what was hard.)

2:00PM: Courses close. That's it, right? Everybody goes home, right? WRONG! Course finisher verifies that everyone has returned. (It's important that you check in even if you don't finish the course or someone will be looking for you. They are usually not amused to find that you have been at home all afternoon.) Volunteers remove control markers. Normally everything is all packed up within 2 hrs. and we're ready to leave. Back at home results are tabulated, times verified, press notified of winners.

Next day. It's still not over! Ribbons are mailed out to the winners. A letter of appreciation is sent to the appropriate agency for use of the terrain, new names are added to the mailing list.

#### ITS TIME TO START THINKING ABOUT THE NEXT MEET.

As you can see there's an awful lot of work that needs to get done before each meet can happen. Participation at meets has grown geometrically, (100 at the last two meets), but the number of volunteers has remained constant at 4-6 individuals doing most of the work. Not that they are complaining. They are dedicated people who love orienteering, but they would like to get in on some of the fun. We need your help! There are so many tasks to do that any time you can give will lessen the burden that much. The only tasks requiring some expertise are mapping and course setting, but most of the other tasks require only time. The news-letter needs artists for cartoons, typists, mailing crew. Publicity needs artists, typists, drivers (poster distribution), telephoners. On Meet Day we need registrars, starters, finishers, scorecard checkers, results tabulators, refreshment suppliers, drivers, and control retrievers. If you cannot attend the meet, you could get in a good hike by helping put out control markers the day before. We also need a club historian and photographer to capture some of the action of meet day. None of these (except course setting) will affect your eligibility to compete. If you have a skill we have work that you can do. If you have no skill we have work that you can do. Please volunteer. Put a check mark on the volunteer section of your registration form, or call one of the officers. We'll love you for it!

**TUCSON ORIENTEERING CLUB**

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ADDRESS CORRECTION REQUESTED**

